

| Monday 23 | Tuesday 24 | Wednesday 25 | Thursday 26 | Friday 27 | Saturday 28 | Sunday 29 |
|---|---|---|---|---|--|--|
| <p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>8:15 Stretch & Flex (BS)</p> <p>8:30 Aqua Fit & Pool Volleyball (POOL)</p> <p>9:00 Prayer Group (TPDR)</p> <p>9:15 Strength Training (BS)</p> <p>9:30 Strength Training (IFC)</p> <p>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:15 Heart Healthy Dance (VI)</p> <p>11:00 Stretch & Flex (TT)</p> <p>12:30 Calvin University - The January Series - "And the Answer Is: Why Is It Better to Be a Generalist" w/ Ken Jennings (CP) (VI)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:45 Strength Training (IFC)</p> <p>6:00 Tai Chi (VI)</p> <p>6:30 Games (TT) (TL) (TB)</p> <p>7:00 "Tell Us Your Story" w/ Guest Hannah Malone "Musician's Ministry in Mozambique" (VI)</p> | <p>6:00 Open Swim (6:00 - 10:45 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (RI)</p> <p>8:15 Total Body (IFC)</p> <p>9:30 Balance & Core (IFC)</p> <p>10:00 Quilting (10:00 am - 4:00 pm) (AS)</p> <p>10:00 Ladies Billiards (RBR)</p> <p>10:30 Feldenkrais (BS)</p> <p>11:00 Water Walking (POOL)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>12:30 Calvin University - The January Series - "How Christianity Can Be a Healing Force in American Society" w/ Peter Wehner (CP) (VI)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:45 Balance & Core (IFC)</p> <p>2:00 Yarnstastics (TL)</p> <p>2:00 Knit Wits (BI)</p> <p>3:00 Balance & Core (BS)</p> <p>3:00 Ladies Tea (TPDR) (BI)</p> <p>3:00 Ladies Billiards (TBR)</p> <p>7:00 "Who Is Jesus?" Bible Study w/ Gerrit Koedoot (RI)</p> | <p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>7:00 St. Mary's Lab - by appointment only (RPDR)</p> <p>7:30 St. Mary's Lab - by appointment only (HC)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>8:15 Stretch & Flex (BS)</p> <p>8:30 Aqua Fit & Pool Volleyball (POOL)</p> <p>9:00 Blood Pressure Clinic (9:00 - 10:00 am) (HC)</p> <p>9:15 Strength Training (BS)</p> <p>9:30 Strength Training (IFC)</p> <p>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</p> <p>10:00 Catholic Communion (TPDR)</p> <p>10:15 Heart Healthy Dance (VI)</p> <p>11:00 Stretch & Flex (TT)</p> <p>11:35 Speed Walking (RL)</p> <p>12:30 Mah Jongg (TL)</p> <p>12:30 Calvin University - The January Series - "What Is African American Biblical Interpretation and Why Does the Whole Church Need It" w/ Esau McCaulley (CP) (VI)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</p> <p>1:00 Bus to Gaines Township Meijer (OCO)</p> <p>1:45 Strength Training (IFC)</p> <p>2:00 Men's Billiards (TBR)</p> <p>2:00 BretonNext Campaign Coffee (sign up required) (RPDR)</p> <p>3:00 Breton Readers (TPDR)</p> <p>4:00 Ridge Social Hour (RPDR)</p> <p>6:00 Games (BI) (RL)</p> <p>6:45 Mah Jongg (RL)</p> <p>6:45 Euchre (WC)</p> <p>7:00 Dominos (TL) (WC)</p> | <p>6:00 Open Swim (6:00 - 10:45 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>8:15 Total Body (IFC)</p> <p>8:30 Donuts w/ the HH Development Team (8:30 - 10:00 am) (WC)</p> <p>8:45 Breakfast and Thrift Shopping (sign up required) (OCO)</p> <p>9:30 Balance & Core (IFC)</p> <p>11:00 Water Walking (POOL)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>12:30 Calvin University - The January Series - "The Prosperity Paradox and the Power of Market-Creating Innovation" w/ Efosa Ojomo (CP) (VI)</p> <p>12:30 Line Dancing Basics - canceled today (VI)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</p> <p>1:00 Line Dancing - canceled today (VI)</p> <p>1:45 Balance & Core (IFC)</p> <p>2:00 Men's Billiards (TBR)</p> <p>2:00 Bretonaires Practice (TT)</p> <p>3:00 Balance & Core (BS)</p> <p>4:00 Terrace Social Hour (TPDR)</p> | <p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>8:15 Stretch & Flex (BS)</p> <p>8:30 Aqua Fit & Pool Volleyball (POOL)</p> <p>9:15 Strength Training (BS)</p> <p>9:30 Strength Training (IFC)</p> <p>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:15 Heart Healthy Dance (VI)</p> <p>11:00 Stretch & Flex (TT)</p> <p>11:00 Calvin University - The January Series - "Life After Perfect" w/ Kate Bowler - virtual (CP) (VI)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:45 Strength Training (IFC)</p> <p>3:00 Ridge Worship Service w/ Rev. Lamarr Gibson (VI)</p> <p>7:00 Movie Night - "The Volcano Rescue from Whakaari" (TT) (RT)</p> | <p>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>10:00 Hymn Sing (TL)</p> <p>5:00 Singles Potluck (sign up required) (WC)</p> <p>7:00 Movie Night - "New in Town" (TT) (RT)</p> | <p>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</p> <p>6:00 Terrace Worship Service w/ Rev. Lamarr Gibson (CP)</p> |
| | | | | | <h3>Location Key</h3> <p>Breton Terrace AS - Art Studio CA - Cambridge CP - Centre Place EX - Expressions HC - Health Centre IFC - Israel's Fitness Centre TB - Terrace Balcony TBR - Terrace Billiard Room TC - Terrace Courtyard TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WC - Woods Café WCP - Woods Café Patio WS - Woodshop</p> | <p>Breton Ridge</p> <p>BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RT - Ridge Theatre VI - Vineyard</p> <p>*****</p> <p>BRLC- Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South OCO - Off Campus Outing</p> |

| Monday 30 | Tuesday 31 | Wednesday 1 | Thursday 2 | Friday 3 | Saturday 4 | Sunday 5 |
|---|---|--|---|--|---|--|
| <p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>8:15 Stretch & Flex (BS)</p> <p>8:30 Aqua Fit & Pool Volleyball (POOL)</p> <p>9:00 Prayer Group (TPDR)</p> <p>9:15 Strength Training (BS)</p> <p>9:30 Strength Training (IFC)</p> <p>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:15 Heart Healthy Dance (VI)</p> <p>11:00 Stretch & Flex (EX)</p> <p>11:00 Ladies Lunch @ Fire Rock Grille (sign up required) (OCO)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:15 Strength Training (IFC)</p> <p>6:00 Tai Chi (EX)</p> <p>6:30 Games (TT) (TL) (TB)</p> | <p>6:00 Open Swim (6:00 - 10:45 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (RI)</p> <p>8:15 Total Body (IFC)</p> <p>9:30 Balance & Core (IFC)</p> <p>10:00 Quilting (10:00 am - 4:00 pm) (AS)</p> <p>10:00 Ladies Billiards (RBR)</p> <p>10:30 Feldenkrais (BS)</p> <p>11:00 Water Walking (POOL)</p> <p>11:00 ROMEO Men's Lunch @ Charlie's Bar & Grill (sign up required) (OCO)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:45 Balance & Core (IFC)</p> <p>2:00 Yarnastics (TL)</p> <p>2:00 Knit Wits (BI)</p> <p>3:00 Balance & Core (BS)</p> <p>3:00 Ladies Tea (TPDR) (BI)</p> <p>3:00 Ladies Billiards (TBR)</p> <p>7:00 "Who Is Jesus?" Bible Study w/ Gerrit Koedoot (RI)</p> | <p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>7:00 St. Mary's Lab - by appointment only (RPDR)</p> <p>7:30 St. Mary's Lab - by appointment only (HC)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>8:15 Stretch & Flex (BS)</p> <p>8:30 Aqua Fit & Pool Volleyball (POOL)</p> <p>9:00 Blood Pressure Clinic (9:00 - 10:00 am) (HC)</p> <p>9:15 Strength Training (BS)</p> <p>9:30 Strength Training (IFC)</p> <p>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</p> <p>10:00 Catholic Communion (TPDR)</p> <p>10:15 Heart Healthy Dance (VI)</p> <p>10:15 "The Parables of Jesus" Bible Study w/ Bill Schotanus (CP)</p> <p>11:00 Stretch & Flex (EX)</p> <p>11:35 Speed Walking (RL)</p> <p>12:30 Mah Jongg (TL)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</p> <p>1:00 Bus to Cascade Township Meijer (OCO)</p> <p>1:15 Strength Training (IFC)</p> <p>2:00 Men's Billiards (TBR)</p> <p>4:00 Ridge Social Hour (RPDR)</p> <p>6:00 Games (BI) (RL)</p> <p>6:45 Euchre (WC)</p> <p>6:45 Mah Jongg (RL)</p> <p>7:00 Dominos (TL) (WC)</p> | <p>6:00 Open Swim (6:00 - 10:45 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>8:15 Total Body (IFC)</p> <p>9:30 Balance & Core (IFC)</p> <p>9:30 Meyer May House Tour (sign up required) (OCO)</p> <p>11:00 Water Walking (POOL)</p> <p>11:00 Genealogy Group (TPDR)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>12:30 Line Dancing Basics (EX)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</p> <p>1:00 Line Dancing (EX)</p> <p>1:45 Balance & Core (IFC)</p> <p>2:00 Men's Billiards (TBR)</p> <p>2:00 Bretonaires Practice (TT)</p> <p>3:00 Balance & Core (BS)</p> <p>4:00 Terrace Social Hour (TPDR)</p> | <p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>8:15 Stretch & Flex (BS)</p> <p>8:30 Aqua Fit & Pool Volleyball (POOL)</p> <p>9:15 Strength Training (BS)</p> <p>9:30 Strength Training (IFC)</p> <p>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:00 REAL - "Ed's Story - Session 1" (CP)</p> <p>10:15 Heart Healthy Dance (VI)</p> <p>11:00 Stretch & Flex (EX)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:15 Strength Training (IFC)</p> <p>3:00 Painting Party with Art Prize Winner Kristen Zamora (sign-up required) (RI)</p> <p>3:00 Ridge Worship Service w/ Rev. Kwasi Kena (VI)</p> <p>7:00 Movie Night - "Parenthood" (TT) (RT)</p> | <p>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>10:00 Hymn Sing (TL)</p> <p>1:00 Bingo at the Terrace (WC)</p> <p>7:00 Movie Night - "Rocky" (TT) (RT)</p> | <p>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</p> <p>6:00 Terrace Worship Service w/ Rev. Kwasi Kena (CP)</p> |
| | | | | | <h3>Location Key</h3> <p>Breton Terrace</p> <p>AS - Art Studio CA - Cambridge CP - Centre Place EX - Expressions HC - Health Centre IFC - Israels Fitness Centre TB - Terrace Balcony TBR - Terrace Billiard Room TC - Terrace Courtyard TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WC - Woods Café WCP - Woods Café Patio WS - Woodshop</p> | <p>Breton Ridge</p> <p>BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RT - Ridge Theatre VI - Vineyard</p> <p>*****</p> <p>BRLC- Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South OCO - Off Campus Outing</p> |