

Office, By Appointment

November 13 – November 19

Estates & Homes





Based On Information Known At Time	Of Print					
Sunday 13	Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18	
OPEN SWIM	OPEN SWIM: 5:30am-	OPEN SWIM: 5:30am-	OPEN SWIM: 5:30am-	OPEN SWIM: 5:30am-	OPEN SWIM: 5:30am-	
9:30Chapel Service - Rev.	10am, 11am-10pm	10:45am, 11:45am-10pm	10am, 11am-10pm	10:45am, 11:45am-10pm	10am, 11am-10pm	10
Doug Wood (CH)	8:30Men's Social Hour	8:15Stretch and Flex (GP)	9:00Meijer Shopping-El PU:	8:15Stretch and Flex (GP)	9:00WHOLE FOOD'S	
6:15Chapel Service - Rev.	(SDR)	9:30Coffee Connections	9am, EII PU:9:05am-	9:30Coffee Connections	Friday Shopping -	7:0
Gerry Heyboer, HH	9:15Cardio Express (BWC)	(LA)	SUR (TRAN)	(LA)	Lobby PU, EI/9am &	
Chaplain (CH)	9:30Coffee Connections	9:30Balance and Core	9:15Cardio Express (BWC)	9:30Balance and Core	EII/9;05am (EL)	
	(LA)	Stability (BWC)	9:30Coffee Connections	Stability (BWC)	9:15Cardio Express (BWC)	
	9:45Strength Training	10:00Coffee Time (CR)	(LA)	9:30EII/Homes Donuts with		
	(BWC)	10:00EII Bible Study - John	9:45Strength Training	Development (LA)	(LA)	
CONTACTS	10:00Coffee Time (CR)	Steigenga (LDR)	(BWC)	9:45GR Ford Museum &	9:45Strength Training	
	10:00RAY'S BISTRO - COLD	10:00RAY'S BISTRO - COLD	10:00Coffee Time (CR)	Brann's Lunch Outing -	(BWC)	
ESTATES & HMS OFFICE	MENU ONLY -	MENU ONLY-	10:00Comcast	SUR - EI PU: 9:45am,	10:00Coffee Time (CR)	
616-235-5006	10:00am - 1:30pm (RB)	10:00am - 1:30pm (RB)	Informational Meeting	EII PU: 9:50am (OFFS)	10:00RAY'S BISTRO - COLD	
M-F, 8:00am-4:30pm	10:15Water Walking (POOL)	10:15Balance and Core	w/Resident Tech Mgr	10:00Coffee Time (CR)	MENU ONLY -	
	10:30Van's Market (MKT)	Stability (BWC)	Jessie Riley (FR)	10:00RAY'S BISTRO - COLD	10:00am - 1:30pm (RB)	
HEALTH CENTER	11:00Cardio Express (BWC)	11:00Water Aerobics	10:00RAY'S BISTRO - COLD	MENU ONLY -	10:15Water Walking (POOL)	
FI. 646 075 5704	11:30Strength Training	(POOL)	MENU ONLY -	10:00am - 1:30pm (RB)	10:30Van's Market (MKT)	
El: 616-235-5721 8:30am-12:00pm	(BWC)	1:15First Step (BWC)	10:00am - 1:30pm (RB)	10:15Balance and Core	11:00Cardio Express (BWC)	
·	1:00Raybrook Purls	2:00REAL: Reflections on	10:15Water Walking (POOL)	Stability (BWC)	11:30Strength Training	
Ell: 616-235-5675	Knitting/Crocheting	Christian Higher	10:30Van's Market (MKT)	11:00Water Aerobics	(BWC)	Sl \$\$
1:00pm-4:30pm	(LA)	Education w/Calvin	11:00Cardio Express (BWC)	(POOL)	3:00Coffee Time (LA)	Φ4
EMERG RESPONSE	1:30EI/EIII Bible Study	President Wiebe Boer	11:30Strength Training	11:00Chronic Pain Support	7:00Game Night (1st Friday	B١
5:00pm-8:00am	w/Barbara Hampton	(FR)	(BWC)	Group (SDR)	ONLY begins with	CI
	(CR)	3:00Coffee Time (LA)	2:00Open Swim (POOL)	1:15First Step (BWC)	BINGO) (CR)	C
VAN'S MARKET	2:00Exercise w/the GR	6:30Pool League (RBB)	3:00Coffee Time (LA)	2:00Tai Chi VIDEO (BWC)		E2
M,W & F - 10:30am-1:00pm	Ballet (FR)	7:00Game Night (CR)	3:30Open Gym (BWC)	3:00Coffee Time (LA)		GI GI
FACILITY SERVICES	3:00Coffee Time (LA)		6:30Pool League (RBB)	7:00Thanksgiving Hymn		SE
616-235-2787	3:00Open Gym (BWC)		7:00Game Night (Except	Sing w/Emily Brink &		L
ESTATES SALON	4:00Olive Garden		the 3rd Wed Each	Bruce Klanderman		L/ FF
616-235-5701	Restaurant Outing		Month) (GP)	(CH)		O
VOLUNTEED SERVICES	(OFFS)		7:00Piano 'Musicianary"			PC
VOLUNTEER SERVICES 616-235-5717	6:30Pool League (RBB)		Alex Zsolt (CH)			RE RE
	7:00Movie Night (FR)					RE
NOTARY SERVICES						RI

Saturday 19 OPEN SWIM

10:00EI/EIII Birthday Social (FR)

7:00Movie Night (SDR)

LOCATION LEGEND

SUR-Sign Up Required \$\$-Cost Involved

BWC-Buiten Wellness Center CH-Chapel CR-El Club Room CS-EII Coffee Shop E2P-EII Patio **GR-Game Room GP-Gathering Place** SDR-Small Dining Room LDR-Large Dining Room LA-EII Lounge FR-Friendship Room OFFS-Offsite POOL-Pool RB-Ray's Bistro RBB-Ray's Bistro Billiards RBC-Ray's Bistro Conf Room RMP-Manor Parking Lot TRAN-Transportation



November 20 – November 26 Estates & Homes



CHRISTMAS CONCERT Sign Up Begins Dec 2

Based On Information Known At Time Of Print				WELLNESS WELL-BEING FULFILLMENT DISCOVERY ENGAGEMENT		
Sunday 20	Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25	Saturday 26
(CH) 6:15Chapel Service - Calvin Seminary Sunday - TBD (CH)	9:30 Coffee Connections (LA) 9:45 Strength Training (BWC) 10:00 Coffee Time (CR) 10:00 RAY'S BISTRO - 10:00 am - 1:30 pm (RB) 10:15 Water Walking (POOL) 10:30 Van's Market (MKT)	OPEN SWIM: 5:30am- 10:45am, 11:45am-10pm 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00Ell Bible Study - John Steigenga (LDR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 2:00Friendsgiving Pie Tasting - SUR - \$6pp (FR) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (CR) 7:00REAL: Films with Chester Alkema - Titanic (SDR)	OPEN SWIM: 5:30am- 10am, 11am-10pm 9:00Meijer Shopping-El PU: 9am, Ell PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 2:00Open Swim (POOL) 3:00Coffee Time (LA) 3:30Open Gym (BWC) 6:30Pool League (RBB) 7:00Game Night (Except the 3rd Wed Each Month) (GP)	OPEN SWIM: 5:30am- 10:45am, 11:45am-10pm HOLIDAY - NO FITNESS CLASSES (BWC) 9:30COFFEE CONNECTIONS CANCELLED FOR HOLIDAY (LA) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - CLOSED (RB)	OPEN SWIM: 5:30am- 10am, 11am-10pm HOLIDAY - NO FITNESS CLASSES (BWC) 9:00NO Friday Shopping - Lobby PU, El/9am & Ell/9;05am (EL) 9:30Coffee Connections (LA) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - CLOSED (RB) 10:30Van's Market- CLOSED FOR HOLIDAY (MKT) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)	OPEN SWIM 10:00Coffee Time (Except when there is the EI/EIII Birthday Social) (CR) 7:00Movie Night (SDR) DECEMBER 2 EII ANNUAL BAKE & SOUP SALE EII LDR & SDR DECEMBER 3 CALVIN MESSIAH CONCERT Purchase Tickets thru Calvin Bus Sign Up Begins Nov 19 DECEMBER 10 CHRISTMAS/KERST SINGALONG OUTING More Details Coming Bus Sign Up Begins Nov 28 DECEMBER 12 BKFST @ WOLFGANGS & FMG OUTING Sign Up Begins Nov 28 DECEMBER 14 TWINKLE TOUR Sign Up Begins Nov 28 DECEMBER 16 GR CHOIR OF MEN & BOYS