


Monday 31	Tuesday 1	Wednesday 2	Thursday 3	Friday 4	Saturday 5	Sunday 6
<p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>8:15 Stretch &amp; Flex (BS)</p> <p>8:30 Aqua Fit &amp; Pool Volleyball (POOL)</p> <p>9:15 Strength Training (BS)</p> <p>9:30 Strength Training (IFC)</p> <p>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:00 Prayer Group (TPDR)</p> <p>10:15 Heart Healthy Dance (VI)</p> <p>11:00 Stretch &amp; Flex (TT)</p> <p>12:00 Costume Party (VI)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</p> <p>1:00 "Judges" Ladies Bible Study (RI)</p> <p>1:15 Strength Training (IFC)</p> <p>2:30 Bretonaires Practice (TT)</p> <p>2:30 REAL - "Fitness Center Essentials" (BS)</p> <p>6:30 Games (TT) (TL) (TB)</p>	<p>6:00 Open Swim (6:00 - 10:45 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (RI)</p> <p>8:15 Total Body (IFC)</p> <p>9:30 Balance &amp; Core (IFC)</p> <p>10:00 "Judges" Ladies Bible Study (TPDR)</p> <p>10:00 Ladies Billiards (RBR)</p> <p>10:00 Quilting (10:00 am - 4:00 pm) (AS)</p> <p>10:30 Feldenkrais (BS)</p> <p>11:00 Water Walking (POOL)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>12:45 "Judges" Ladies Bible Study (RI)</p> <p>1:00 Men's Billiards (RBR)</p> <p>2:00 Balance &amp; Core (IFC)</p> <p>2:00 Yarnstastics (TT)</p> <p>2:00 Breton Readers (RI)</p> <p>2:00 Knit Wits (BI)</p> <p>3:00 Balance &amp; Core (BS)</p> <p>3:00 Ladies Billiards (TBR)</p> <p>3:00 Ladies Tea (TPDR) (BI)</p> <p>7:00 "Deuteronomy" Bible Study w/ Gerrit Koedoot (RI)</p>	<p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>7:00 St. Mary's Lab - by appointment only (RPDR)</p> <p>7:30 St. Mary's Lab - by appointment only (HC)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>8:15 Stretch &amp; Flex (BS)</p> <p>8:30 Aqua Fit &amp; Pool Volleyball (POOL)</p> <p>9:00 Blood Pressure Clinic - canceled today (HC)</p> <p>9:15 Strength Training (BS)</p> <p>9:30 Strength Training (IFC)</p> <p>10:00 Catholic Communion (TPDR)</p> <p>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</p> <p>10:15 "The Sermon On the Mount" Bible Study w/ Bill Schotanus (CP)</p> <p>10:15 Heart Healthy Dance (BS)</p> <p>11:00 Stretch &amp; Flex (TT)</p> <p>11:35 Speed Walking (RL)</p> <p>12:30 Mah Jongg (TL)</p> <p>1:00 Dog Pawty (TC)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Bus to Gaines Township Meijer (OCO)</p> <p>1:15 Strength Training (IFC)</p> <p>2:00 Men's Billiards (TBR)</p> <p>2:00 REAL - Living Well Series - "Slip &amp; Fall Prevention" w/ Atrio (CP)</p> <p>2:00 Special Movie Presentation of "Where the Crawdads Sing" (TT)</p> <p>4:00 Ridge Social Hour (RPDR)</p> <p>6:00 Games (BI) (RL)</p> <p>6:45 Euchre (WC)</p> <p>6:45 Mah Jongg (RL)</p> <p>7:00 Dominos (TL) (WC)</p>	<p>6:00 Open Swim (6:00 - 10:45 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>8:15 Total Body (IFC)</p> <p>9:30 Balance &amp; Core (IFC)</p> <p>9:30 Creative Writing (RPDR)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:00 REAL - "Planning for the Future" (VI)</p> <p>11:00 Water Walking (POOL)</p> <p>11:00 Genealogy Group (TPDR)</p> <p>12:00 Comcast/Xfinity "Pop Up" Prep Session (12:00 - 2:00 pm) (TL)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>12:30 Line Dancing Basics - canceled today (VI)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</p> <p>1:00 Line Dancing - canceled today (VI)</p> <p>2:00 Men's Billiards (TBR)</p> <p>2:00 Balance &amp; Core (IFC)</p> <p>2:30 Bretonaires Practice (TT)</p> <p>3:00 Balance &amp; Core (BS)</p> <p>4:00 Terrace Social Hour (TPDR)</p> <p>7:00 "This is My Story ... This is My Song" Organ and Piano Duet Concert &amp; Sing Along (CP)</p>	<p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>8:15 Stretch &amp; Flex (BS)</p> <p>8:30 Aqua Fit &amp; Pool Volleyball (POOL)</p> <p>9:00 Pickleball (resident led) (BP)</p> <p>9:15 Strength Training (BS)</p> <p>9:30 Strength Training (IFC)</p> <p>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</p> <p>10:15 Heart Healthy Dance (BS)</p> <p>11:00 Stretch &amp; Flex (TT)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:15 Strength Training (IFC)</p> <p>3:00 Ridge Worship Service - canceled today (VI)</p> <p>7:00 Movie Night - "Our Souls at Night" (TT) (RT)</p>	<p>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>10:00 Hymn Sing - canceled today (TL)</p> <p>7:00 Movie Night - "Abel's Field" (TT) (RT)</p> <p><b>Holiday Market</b></p> <p>Over 15 outside vendors! Crafts, Baked Goods and Raffle Tickets</p> <p>9:00 am - 3:00 pm</p> <p>Breton Ridge 2772 Pfeiffer Woods Drive, SE Grand Rapids, MI 49512</p> <p>Transportation available.</p> <p>A luncheon will be available from 11:30 am - 1:00pm.</p> <p><b>Location Key</b></p> <p><b>Breton Terrace</b> AS - Art Studio CA - Cambridge CP - Centre Place EX - Expressions HC - Health Centre IFC - Israels Fitness Centre TB - Terrace Balcony TBR - Terrace Billiard Room TC - Terrace Courtyard TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WC - Woods Café WCP - Woods Café Patio WS - Woodshop</p>	<p>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</p> <p>6:00 Terrace Worship Service - Rev. Ruth Romeyn (transportation available) (CP)</p> <p><b>Daylight Savings Time ENDS. Don't forget to set your clocks BACK one hour!</b></p>  <p><b>FALL</b></p> <p><b>Breton Ridge</b></p> <p>BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RT - Ridge Theatre VI - Vineyard</p> <p>*****</p> <p>BRLC- Breton Rehab &amp; Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South OCO - Off Campus Outing</p>



Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11	Saturday 12	Sunday 13
<p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>8:15 Stretch &amp; Flex (BS)</p> <p>8:30 Aqua Fit &amp; Pool Volleyball (POOL)</p> <p>9:15 Strength Training (BS)</p> <p>9:30 Strength Training (IFC)</p> <p>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p>10:00 Prayer Group (TPDR)</p> <p>10:00 REAL - "Life EMS" (CP)</p> <p>10:15 Heart Healthy Dance (VI)</p> <p>11:00 Stretch &amp; Flex (TT)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</p> <p>1:00 "Judges" Ladies Bible Study (RI)</p> <p>1:15 Strength Training (IFC)</p> <p><b>2:00 November Birthday Celebration at the Terrace (WC)</b></p> <p>2:30 Bretonaires Practice (TT)</p> <p>6:30 Games (TT) (TL) (TB)</p> <p><b>7:00 "Tell Us Your Story" w/ Doug &amp; Elizabeth Howe "Calling To Haiti &amp; International Outreach" (VI)</b></p>	<p>6:00 Open Swim (6:00 - 10:45 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (RI)</p> <p>8:15 Total Body (IFC)</p> <p><b>8:30 Donuts w/ the HH Development Team (8:30 - 10:00 am) (RI)</b></p> <p>9:30 Balance &amp; Core (IFC)</p> <p>10:00 "Judges" Ladies Bible Study (TPDR)</p> <p>10:00 Quilting (10:00 am - 4:00 pm) (AS)</p> <p>10:00 Ladies Billiards (RBR)</p> <p>10:30 Feldenkrais (BS)</p> <p><b>10:45 Park Church: Music at Mid-Day w/ Dr. Christopher Dekker (OCO)</b></p> <p>11:00 Water Walking (POOL)</p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>12:45 "Judges" Ladies Bible Study (RI)</p> <p>1:00 Men's Billiards (RBR)</p> <p>2:00 Balance &amp; Core (IFC)</p> <p>2:00 Yarnastics (TT)</p> <p>2:00 Knit Wits (BI)</p> <p><b>2:00 Dining Services Open Forum Meeting (CP)</b></p> <p>3:00 Ladies Billiards (TBR)</p> <p>3:00 Balance &amp; Core (BS)</p> <p>3:00 Ladies Tea (TPDR) (BI)</p> <p>3:30 Caregiver Support Group (TT)</p> <p>7:00 "Deuteronomy" Bible Study w/ Gerrit Koedoot (RI)</p> <p><b>7:00 Jubilee (VI)</b></p>	<p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>7:00 St. Mary's Lab - by appointment only (RPDR)</p> <p>7:30 St. Mary's Lab - by appointment only (HC)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>8:15 Stretch &amp; Flex (BS)</p> <p>8:30 Aqua Fit &amp; Pool Volleyball (POOL)</p> <p>9:00 Blood Pressure Clinic (9:00 - 10:00 am) (HC)</p> <p>9:15 Strength Training (BS)</p> <p>9:30 Strength Training (IFC)</p> <p>10:00 Catholic Communion (TPDR)</p> <p>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</p> <p>10:15 "The Sermon On the Mount" Bible Study w/ Bill Schotanus (CP)</p> <p>10:15 Heart Healthy Dance (VI)</p> <p>11:00 Stretch &amp; Flex (TT)</p> <p>11:35 Speed Walking (RL)</p> <p>12:30 Mah Jongg (TL)</p> <p>1:00 Bus to Cascade Township Meijer (OCO)</p> <p>1:00 Dog Pawty (TC)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:15 Strength Training (IFC)</p> <p>2:00 Men's Billiards (TBR)</p> <p><b>3:30 West Michigan Homeschool Jazz Band Concert (CP)</b></p> <p>4:00 Ridge Social Hour (RPDR)</p> <p>6:00 Games (BI) (RL)</p> <p><b>6:30 "Come From Away" Broadway Show (pre-ticketed event) (OCO)</b></p> <p>6:45 Mah Jongg (RL)</p> <p>6:45 Euchre (WC)</p> <p>7:00 Dominos (TL) (WC)</p>	<p>6:00 Open Swim (6:00 - 10:45 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>8:15 Total Body (IFC)</p> <p>9:30 Balance &amp; Core (IFC)</p> <p>10:00 Breton Market (10:00 am - 12:00 pm) (TLL)</p> <p><b>10:00 REAL - "Resident WWII Experiences in the Netherlands" (VI)</b></p> <p>10:15 Library Committee (RPDR)</p> <p>11:00 Water Walking (POOL)</p> <p><b>12:00 Comcast/Xfinity "Pop Up" Prep Session (12:00 - 2:00 pm) (RPDR)</b></p> <p>12:30 Open Swim (12:30 - 10:00 pm) (POOL)</p> <p>12:30 Line Dancing Basics (VI)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:00 Breton Market (1:00 - 3:00 pm) (TLL)</p> <p>1:00 Line Dancing (VI)</p> <p>2:00 Men's Billiards (TBR)</p> <p>2:00 Balance &amp; Core (IFC)</p> <p><b>2:00 Veteran's Day Program (Terrace bus p/u at 1:45 pm) (VI)</b></p> <p>2:30 Bretonaires Practice (TT)</p> <p>3:00 Balance &amp; Core (BS)</p> <p>4:00 Terrace Social Hour (TPDR)</p>	<p>6:00 Open Swim (6:00 - 8:15 am) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>8:15 Stretch &amp; Flex (BS)</p> <p>8:30 Aqua Fit &amp; Pool Volleyball (POOL)</p> <p><b>8:45 Forest Hills Northern Veteran's Day Assembly and Lunch (OCO)</b></p> <p>9:00 Pickleball (resident led) (BP)</p> <p>9:15 Strength Training (BS)</p> <p>9:30 Strength Training (IFC)</p> <p>10:00 Open Swim (10:00 am - 10:00 pm) (POOL)</p> <p>10:15 Heart Healthy Dance (VI)</p> <p>11:00 Stretch &amp; Flex (TT)</p> <p>1:00 Men's Billiards (RBR)</p> <p>1:15 Strength Training (IFC)</p> <p>3:00 Ridge Worship Service - Rev. Lamarr Gibson (VI)</p> <p>7:00 Movie Night - "Warriors of Honor" (TT) (RT)</p>	<p>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</p> <p>8:00 Sunrise Social (8:00 - 10:00 am) (WC) (BI)</p> <p>10:00 Hymn Sing (TL)</p> <p><b>1:00 Bingo at the Ridge (BI)</b></p> <p>7:00 Movie Night - "Where Hope Grows" (TT) (RT)</p>	<p>6:00 Open Swim (6:00 am - 10:00 pm) (POOL)</p> <p>6:00 Terrace Worship Service - Rev. Jim Evenhouse (CP)</p>
				<p><b>VETERANS DAY</b></p>  <p>~ No mail today ~ Post Offices are closed ~ Most banks are closed</p>	<p><b>Location Key</b></p> <p><b>Breton Terrace</b></p> <p>AS - Art Studio CA - Cambridge CP - Centre Place EX - Expressions HC - Health Centre IFC - Israel's Fitness Centre TB - Terrace Balcony TBR - Terrace Billiard Room TC - Terrace Courtyard TL - Terrace Lobby TLI - Terrace Library TLL - Terrace Lower Level TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TSP - Terrace South Patio TT - Terrace Theatre WC - Woods Café WCP - Woods Café Patio WS - Woodshop</p>	<p><b>Breton Ridge</b></p> <p>BI - Bistro BP - Breton Park BS - Body Shop CR - Craft Room PC - Pickleball Courts RBR - Ridge Billiard Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RT - Ridge Theatre VI - Vineyard</p> <p>*****</p> <p>BRLC- Breton Rehab &amp; Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South OCO - Off Campus Outing</p>