

October 2 – 8

Estates & Homes



Based On Information Known At Time Of Print

Sunday 2	Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7	Saturday 8
OPEN SWIM	OPEN SWIM: 5:30am-	OPEN SWIM: 5:30am-	OPEN SWIM: 5:30am-	OPEN SWIM: 5:30am-	OPEN SWIM: 5:30am-	OPEN SWIM
9:30Chapel Service - Rev.	10am, 11am-10pm	10:45am, 11:45am-10pm	10am, 11am-10pm	10:45am, 11:45am-10pm	10am, 11am-10pm	10:00Coffee Time (Except
Carolyn Cammenga,	8:30Men's Social Hour (SDR)	8:15Stretch and Flex (GP)	9:00Meijer Shopping-El PU:	8:15Stretch and Flex (GP)	9:00Aldi Shopping - Lobby	when there is the
Retired CRC (CH)	9:15Cardio Express (BWC)	9:30Coffee Connections	9am, Ell PU:9:05am-	8:30Homes Denny's	PU, El/9am &	EI/EIII Birthday Social)
6:15Chapel Service - Pastor	9:30Coffee Connections	(LA)	SUR (TRAN)	Breakfast - RSVP to	Ell/9;05am (EL)	(CR)
Josh Holwerda, CRC	(LA)	9:30Balance and Core	9:15Cardio Express (BWC)	Harriet Hasper at 616-	9:15Cardio Express (BWC)	7:00Movie Night (SDR)
(CH)	9:45Strength Training (BWC)	Stability (BWC)	9:30Coffee Connections	450-7428 or	9:30Coffee Connections	• • • •
	10:00Coffee Time (CR)	10:00Coffee Time (CR)	(LA)	hhspr25@gmail.com	(LA)	
	10:00RAY'S BISTRO -	10:00RAY'S BISTRO -	9:45Strength Training	(OFFS)	9:45Strength Training	
CONTACTS	10:00am - 1:30pm (RB) 10:15Water Walking (POOL)	10:00am - 1:30pm (RB)	(BWC)	9:30Coffee Connections	(BWC)	
ESTATES & HMS OFFICE	10:30Van's Market (MKT)	10:00Ell Bible Study - Lew	10:00Coffee Time (CR)	(LA)	10:00Coffee Time (CR)	
616-235-5006	11:00Cardio Express (BWC)	Vander Meer (LDR)	10:00RAY'S BISTRO -	9:30Balance and Core	10:00RAY'S BISTRO -	
M-F, 8:00am-4:30pm	11:30Strength Training	10:00Keeping Peace In Your	10:00am - 1:30pm (RB)	Stability (BWC)	10:00am - 1:30pm (RB)	
	(BWC)	Family with presenter		10:00Coffee Time (CR)	10:15Water Walking (POOL)	
HEALTH CENTER	1:00Raybrook Purls	Lindsay Canan, J.D.,	10:30Van's Market (MKT)	10:00RAY'S BISTRO -	10:30Van's Market (MKT)	
	Knitting/Crocheting (LA)	Estate Planning	11:00Cardio Express (BWC)	10:00am - 1:30pm (RB)	11:00Cardio Express (BWC)	
El: 616-235-5721 8:30am-12:00pm	1:30Corn Hole (E2P)	Attorney, Barnabas	11:30Strength Training	10:00EI/EIII Donuts with	11:30Strength Training	
	1:30EI/EIII Bible Study	Foundation - Hosted	(BWC)	Development (CR)	(BWC)	
Ell: 616-235-5675	w/Barbara Hampton	by Holland Home	2:00Open Swim (POOL)	10:15Balance and Core	1:30Bill & Dave Play Piano &	LOCATION LEGEND
1:oopm-4:30pm	(CR)	Foundation (FR)	2:30Current Events w/Hank	Stability (BWC)	Trumpet (CH)	LOCATION LEGEND
EMERG RESPONSE	2:00Exercise w/the GR	10:15Balance and Core	Post - MASK Req	11:00Water Aerobics	3:00Coffee Time (LA)	SUR-Sign Up Required
5:00pm-8:00am	Ballet (FR)	Stability (BWC)	(D1DR)	(POOL)	7:00Game Night (1st Friday	\$\$-Cost Involved
	2:00REAL: Open Enrollment	11:00Water Aerobics	3:00Coffee Time (LA)	1:00Tai Chi (FR)	ONLY begins with	BWC-Buiten Wellness Center
VAN'S MARKET	w/Jill England, Breton	(POOL)	3:30Open Gym (BWC)	1:15First Step (BWC)	BINGO) (CR)	CH-Chapel
M,W & F - 10:30am-1:00pm	Social Worker-SUR-Pick	1:15First Step (BWC)	6:30Pool League (GR)	2:30Sing A Long with Ruth		CR-El Club Room CS-Ell Coffee Shop
FACILITY SERVICES	Ups Begin at 1:30pm	2:30West Michigan New	7:00Game Night (Except	(CH)		E2P-EII Collee Shop
616-235-2787	(BR)	Horizons German Band	the 3rd Wed Each	2:30REAL: Matters of		GR-Game Room
	3:00Coffee Time (LA) 3:00Open Gym (BWC)	(CH)	Month) (GP)	Grave Momentum In		GP-Gathering Place SDR-Small Dining Room
ESTATES SALON 616-235-5701	6:30Pool League (GR)	3:00Coffee Time (LA)		The History Of The		LDR-Large Dining Room
	7:00Movie Night (FR)	6:30Pool League (GR)		Early CRC (1857-1880)		LA-Ell Lounge
VOLUNTEER SERVICES 616-235-5717		7:00Game Night (CR)		w/Janet Sheeres (FR)		FR-Friendship Room OFFS-Offsite
010-233-3717		7:00Ell Ice Cream Birthday		3:00Coffee Time (LA)		POOL-Pool
NOTARY SERVICES		Social - LDR (LDR)		. ,		RMP-Manor Parking Lot
Office, By Appointment		· ·				TRAN-Transportation



October 9 – 15

Estates & Homes



Based On Information Known At Time Of Print

OPEN SWIMOPEN SWIM: 5:30am-9:30Chapel Service - Rev.10am, 11am-10pmWayne Hall, Retired8:30Men's Social Hour	OPEN SWIM: 5:30am- 10:45am, 11:45am-10pm	OPEN SWIM: 5:30am-			
 (SDR) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Caffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:00REAL: iPad Basics w/Resident Technology Mgr Jessie Riley (FR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 10:00Raybrook Purls Knitting/Crocheting (LA) 1:30Corn Hole (E2P) 2:00Exercise w/the CP 	8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:00EII Bible Study - Lew Vander Meer (LDR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 11:30EIII Russ' Lunch - Invite your neighbor and See You There! (OFFS) 1:15First Step (BWC) 3:00Coffee Time (LA) 6:30Pool League (GR) 7:00Game Night (CR) 7:00REAL: Films with Chester Alkema - CODA (SDR)	10am, 11am-10pm 9:00 Meijer Shopping-El PU: 9am, Ell PU:9:05am-SUR (TRAN) 9:00 Outing to Ed Dunneback & Girls Farm Market - SUR - El Lobby PU: 9am, Ell Lobby PU 9:05am (OFFS) 9:15Cardio Express (BWC) 9:30 Coffee Connections (LA) 9:45 Strength Training (BWC) 10:00 Coffee Time (CR)	OPEN SWIM: 5:30am- 10:45am, 11:45am-10pm 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 9:30EII/Homes Donuts with Development (LA) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:00Caregiver's Support Group -CR (CR) 1:00Tai Chi (FR) 1:15First Step (BWC) 3:00Coffee Time (LA) 7:00HOMES Ice Cream Social - SUR with Ruth Sikkema or Marilyn Prince (LDR)	OPEN SWIM: 5:30am- 10am, 11am-10pm 9:00Forest Hill's Foods Shopping - Lobby PU, El/9am & Ell/9;05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 2:00REAL: Supporting Christ-Centered Schools in Meeting the Needs of Diverse Learners Through Belonging w/ Tyler Harms (FR) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)	OPEN SWIM 10:00Coffee Time (Except when there is the EI/EIII Birthday Social) (CR) 7:00Movie Night (SDR) SAVE THE DATE OCTOBER 17 PEPPINOS RESTAURANT Sign Up Begins October 3 (End of Day) OCTOBER 19 FALL FLING 2022 Sign Up Begins October 3 (End of Day) OCTOBER 26 SMORE'S ON THE PATIO