

October 16 – October 22

Estates & Homes



VibrantLiving



Based On Information Known At Time Of Print

Sunday 16	Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21	Saturday 22	
<p>OPEN SWIM 9:30Chapel Service - Rev. Jim Evenhouse, Retired CRC (CH) 6:15Chapel Service - Calvin Seminary Student TBD (CH)</p>	<p>OPEN SWIM: 5:30am-10am, 11am-10pm 8:30Men's Social Hour (SDR) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:00REAL: iPad Basics with Resident Tech Mgr Jessie Riley (Course 2 of 3) (FR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 1:30Corn Hole (E2P) 1:30EI/EII Bible Study w/Barbara Hampton (CR) 2:00Exercise w/the GR Ballet (FR) 2:30REAL: Fitness Center Essentials w/Fitness Team (BWC) 3:00Open Gym (BWC) 3:00Coffee Time (LA) 4:00Restaurant Outing to Peppinos - SUR (OFFS) 6:30Pool League - NEW LOCATION (RBB) 7:00Movie Night (FR)</p>	<p>OPEN SWIM: 5:30am-10:45am, 11:45am-10pm 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:00EII Bible Study - Lew Vander Meer (LDR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 1:30Live Stream Calvin CALL Course - Joan of Arc w/Dr. Karin Maag - \$30 - Registration Req at 1st Course (SDR) 3:00Coffee Time (LA) 6:30Pool League - NEW LOCATION (RBB) 7:00Game Night (CR) 7:00Jubilee Women's Ensemble (CH)</p>	<p>OPEN SWIM: 5:30am-10am, 11am-10pm 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:20FALL FLING - \$50 SUR - EI Lobby PU: 9:20am, EII Lobby PU: 9:30am (No EIII Pick Up) (OFFS) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 2:00Open Swim (POOL) 3:00Coffee Time (LA) 3:30Open Gym (BWC) 6:30Pool League - NEW LOCATION (RBB) 7:00Game Night (Except the 3rd Wed Each Month) (GP) 7:00Hymn Sing Along (GP)</p>	<p>OPEN SWIM: 5:30am-10:45am, 11:45am-10pm 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 11:00Chronic Pain Support Group (SDR) 1:15First Step (BWC) 1:30Pumpkin Decorating (see flyer for more information) (GP) 2:15BUCKET GOLF (E2P) 3:00Coffee Time (LA) 6:00Service of Remembrance (For residents passing between January-July 2020) (CH)</p>	<p>OPEN SWIM: 5:30am-10am, 11am-10pm 9:00Robinettes Shopping - Lobby PU, EI/9am & EII/9:05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p>OPEN SWIM 10:00Coffee Time (Except when there is the EI/EIII Birthday Social) (CR) 7:00Movie Night (SDR)</p>	
<p>CONTACTS</p> <p>ESTATES & HMS OFFICE 616-235-5006 M-F, 8:00am-4:30pm</p> <p>HEALTH CENTER</p> <p>EI: 616-235-5721 8:30am-12:00pm</p> <p>EII: 616-235-5675 1:00pm-4:30pm</p> <p>EMERG RESPONSE 5:00pm-8:00am</p> <p>VAN'S MARKET M,W & F - 10:30am-1:00pm</p> <p>FACILITY SERVICES 616-235-2787</p> <p>ESTATES SALON 616-235-5701</p> <p>VOLUNTEER SERVICES 616-235-5717</p> <p>NOTARY SERVICES Office, By Appointment</p>							<p>LOCATION LEGEND</p> <p>SUR-Sign Up Required \$\$-Cost Involved</p> <p>BWC-Buiten Wellness Center CH-Chapel CR-EI Club Room CS-EII Coffee Shop E2P-EII Patio GR-Game Room GP-Gathering Place SDR-Small Dining Room LDR-Large Dining Room LA-EII Lounge FR-Friendship Room OFFS-Offsite POOL-Pool RB-Ray's Bistro RBB-Ray's Bistro Billiards RMP-Manor Parking Lot TRAN-Transportation</p>



Raybrook
of Holland Home™

October 23 – October 29

Estates & Homes



VibrantLiving



Based On Information Known At Time Of Print

Sunday 23	Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28	Saturday 29
<p>OPEN SWIM</p> <p>9:30Chapel Service - Rev. Brian Smilde, RCA (CH)</p> <p>6:15Chapel Service - Rev. Henry Admiraal, Retired CRC (CH)</p>	<p>OPEN SWIM: 5:30am-10am, 11am-10pm</p> <p>8:30Men's Social Hour (SDR)</p> <p>9:15Cardio Express (BWC)</p> <p>9:30Coffee Connections (LA)</p> <p>9:45Strength Training (BWC)</p> <p>10:00RAY'S BISTRO - 10:00am - 1:30pm (RB)</p> <p>10:00Coffee Time (CR)</p> <p>10:00REAL: iPad Basics with Resident Tech Mgr Jessie Riley (Course 3 of 3) (FR)</p> <p>10:15Water Walking (POOL)</p> <p>10:30Van's Market (MKT)</p> <p>11:00Cardio Express (BWC)</p> <p>11:30Strength Training (BWC)</p> <p>1:00Raybrook Purls Knitting/Crocheting (LA)</p> <p>1:30Corn Hole (E2P)</p> <p>2:00Exercise w/the GR Ballet (FR)</p> <p>3:00Coffee Time (LA)</p> <p>3:00Open Gym (BWC)</p> <p>6:30Pool League - NEW LOCATION (RBB)</p> <p>7:00Movie Night (FR)</p>	<p>OPEN SWIM: 5:30am-10:45am, 11:45am-10pm</p> <p>8:15Stretch and Flex (GP)</p> <p>9:30Coffee Connections (LA)</p> <p>9:30Balance and Core Stability (BWC)</p> <p>10:00RAY'S BISTRO - 10:00am - 1:30pm (RB)</p> <p>10:00Coffee Time (CR)</p> <p>10:00EII Bible Study - Lew Vander Meer (LDR)</p> <p>10:15Balance and Core Stability (BWC)</p> <p>11:00Water Aerobics (POOL)</p> <p>1:15First Step (BWC)</p> <p>1:30Live Stream Calvin CALL Course - Joan of Arc w/Dr. Karin Maag - \$30 - Registration Req at 1st Course (SDR)</p> <p>3:00Coffee Time (LA)</p> <p>6:30Pool League - NEW LOCATION (RBB)</p> <p>7:00Game Night (CR)</p> <p>7:00REAL: Films with Chester Alkema - Philomena (SDR)</p> <p>7:00Book Club - Contact Pat Guikema w/questions at 616-455-5308 (GP)</p>	<p>OPEN SWIM: 5:30am-10am, 11am-10pm</p> <p>9:00Meijer Shopping-El PU: 9am, EII PU:9:05am-SUR (TRAN)</p> <p>9:15Cardio Express (BWC)</p> <p>9:30Coffee Connections (LA)</p> <p>9:45Strength Training (BWC)</p> <p>10:00RAY'S BISTRO - 10:00am - 1:30pm (RB)</p> <p>10:00Coffee Time (CR)</p> <p>10:15Water Walking (POOL)</p> <p>10:30Van's Market (MKT)</p> <p>11:00Cardio Express (BWC)</p> <p>11:30Strength Training (BWC)</p> <p>2:00Open Swim (POOL)</p> <p>3:00Coffee Time (LA)</p> <p>3:00Smore's & Hot Chocolate/Coffee - \$3pp - SUR (E2P)</p> <p>3:30Open Gym (BWC)</p> <p>6:30Pool League - NEW LOCATION (RBB)</p> <p>7:00Game Night (Except the 3rd Wed Each Month) (GP)</p>	<p>OPEN SWIM: 5:30am-10:45am, 11:45am-10pm</p> <p>8:15Stretch and Flex (GP)</p> <p>8:30Building & Grounds Meeting (FR)</p> <p>9:30Coffee Connections (LA)</p> <p>9:30Balance and Core Stability (BWC)</p> <p>10:00RAY'S BISTRO - 10:00am - 1:30pm (RB)</p> <p>10:00Coffee Time (CR)</p> <p>10:00REAL: Board Coffee w/Holland Home Executive Team (FR)</p> <p>10:15Balance and Core Stability (BWC)</p> <p>11:00Water Aerobics (POOL)</p> <p>1:00Caregiver's Support Group (CR)</p> <p>1:15First Step (BWC)</p> <p>3:00Coffee Time (LA)</p> <p>7:00Metropolitan Choir of Praise (CH)</p>	<p>OPEN SWIM: 5:30am-10am, 11am-10pm</p> <p>9:00Horrock's Shopping - Lobby PU, EI/9am & EII/9:05am (EL)</p> <p>9:15Cardio Express (BWC)</p> <p>9:30Coffee Connections (LA)</p> <p>9:45Strength Training (BWC)</p> <p>10:00RAY'S BISTRO - 10:00am - 1:30pm (RB)</p> <p>10:00Coffee Time (CR)</p> <p>10:00Estates II Welcome Coffee (LDR)</p> <p>10:15Water Walking (POOL)</p> <p>10:30Van's Market (MKT)</p> <p>11:00Cardio Express (BWC)</p> <p>11:30Strength Training (BWC)</p> <p>2:00Pumpkin Decorating/Carving Viewing & Voting (FR)</p> <p>3:00Coffee Time (LA)</p> <p>7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p>OPEN SWIM</p> <p>10:00Coffee Time (Except when there is the EI/EIII Birthday Social) (CR)</p> <p>10:00EI/EIII Birthday Social (FR)</p> <p>7:00Movie Night (SDR)</p> <div style="background-color: #f4a460; padding: 5px; text-align: center; font-weight: bold; margin-top: 20px;">SAVE THE DATE!</div> <p>NOVEMBER 2 CHILI COOKOFF Details Coming</p> <p>NOVEMBER 5 BRETON HOLIDAY MARKET IS BACK! Details Coming</p> <p>NOVEMBER 11 VETERAN'S DAY PROGRAM</p>