



August 23 - 29

Monday, Aug. 23	Tuesday, Aug. 24	Wednesday, Aug. 25	Thursday, Aug. 26	Friday, Aug. 27	Saturday, Aug. 28	Sunday, Aug. 29
<p>Open Swim - Pool 6:00 - 8:15 am 9:15 am - 10:00 pm</p> <p>8:00-10:00 Sunrise Social - RP & WCP 8:15 Stretch & Flex - BS 8:30 Aqua Fit & Pool Volleyball - Pool 9:15 Strength Training - BS 9:30 Strength Training - IFC</p> <p>!!! Breton Market !!! Open: 10:00 am - 12:00 pm and 1:00 - 3:00 pm</p> <p>10:00 Prayer Group - TPDR 10:15 Heart Healthy Dance - VI</p> <p>R.E.A.L “Pre-Planning Your Funeral” 11:00 am Centre Place</p> <p>11:00 Stretch & Flex - EX 1:00 Men’s Billiards - GR 1:15 Strength Training - IFC 1:30 Open Gym - BS</p> <p>Ridge Ice Cream Social 2:00 pm - Bistro (\$2.25/dish & \$1.25/drink)</p> <p>Bean Bag & Ladder Toss 2:00 - 3:00 pm Terrace Courtyard</p> <p>3:00 Resident Advisory Council Meeting - CP 6:30 Games - EX, TL, TB</p>	<p>Open Swim - Pool 6:00 - 10:45 am 12:00 - 10:00 pm</p> <p>8:00-10:00 Sunrise Social - RP & WCP</p> <p>8:30 Stretch & Flex - TC</p> <p>Magic Show Bus Trip (sign up required) Bus pick-up: 9:30 am</p> <p>9:30 Balance & Core - IFC 10:00-4:00 Quilting - AS 10:00 Ladies Billiards - GR 10:30 Feldenkrais - BS 11:00 Water Walking - Pool 1:00 Men’s Billiards - GR 1:00 Seated Tai Chi - canceled 2:00 Knit Wits - BI 2:00 Knitting/Crocheting - EX 2:00 Balance and Core - IFC 2:30 Balance and Core - BS 3:00 Ladies Tea - WC & BI 3:00 Ladies Tea - BI 3:00 Ladies Billiards - BR 7:00 Scrabble - TL</p>	<p>Open Swim - Pool 6:00 - 8:15 am 9:15 am - 10:00 pm</p> <p>6:30 St. Mary’s Lab - RPDR 7:00 St. Mary’s Lab - HC</p> <p>8:00-10:00 Sunrise Social - RP & WCP 8:15 Stretch and Flex - BS 8:30 Aqua Fit & Pool Volleyball - Pool 9:15 Strength Training - BS 9:30 Strength Training - IFC 10:15 Heart Healthy Dance - VI 11:00 Stretch and Flex - EX 11:45 Walking Club - RL 12:30 Mah Jongg - TL</p> <p>Grocery Shopping to Meijer Terrace pick-up: 1:00 pm Ridge pick-up: 1:10 pm</p> <p>1:00 Dog Party - TC 1:00 Men’s Billiards - GR 1:15 Strength Training - IFC 1:30 Open Gym - BS 2:00 Cardio Express - IFC 2:00 Men’s Billiards - BR</p> <p>Vibrant Living App 2:30 - 3:30 pm Ridge PDR</p> <p>4:00 Social Hour - BI 6:45 Mah Jongg - RL 6:45 Euchre - WC 7:00 Dominos - TL & WC 7:00 Games - BI/RL</p>	<p>Open Swim - Pool 6:00 - 10:45 am 12:00 - 10:00 pm</p> <p>8:00-10:00 Sunrise Social - RP & WCP 8:30 Stretch & Flex - TC 9:30 Balance and Core - IFC</p> <p>!!! Breton Market !!! Open: 10:00 am - 12:00 pm and 1:00 - 3:00 pm</p> <p>R.E.A.L “Home & Person Safety w/ Kentwood PD” 11:00 am Vineyard</p> <p>R.E.A.L “Home & Person Safety w/ Kentwood PD” 1:00 pm Centre Place</p> <p>1:00 Men’s Billiards - GR 1:00 Seated Tai Chi - canceled</p> <p>Terrace Ice Cream Social 1:30 pm - Woods Cafe (\$2.25/dish & \$1.25/drink)</p> <p>2:00 Men’s Billiards - BR 2:00 Balance and Core - IFC 2:30 Balance and Core - BS 4:00 Social Hour - WCP</p>	<p>Open Swim - Pool 6:00 - 8:15 am 9:15 am - 10:00 pm</p> <p>8:00-10:00 Sunrise Social - RP & WCP 8:15 Stretch and Flex - BS 8:30 Aqua Fit & Pool Volleyball - Pool 9:15 Strength Training - BS 9:30 Strength Training - IFC 10:15 Heart Healthy Dance - VI</p> <p>Ladies Lunch at Rose’s On Reeds Lake (sign up required) Bus pick-up: 11:00 am</p> <p>11:00 Stretch and Flex - EX</p> <p>Shopping Trip to Trader Joe’s Terrace pick-up: 1:00 pm Ridge pick-up: 1:10 pm</p> <p>1:00 Men’s Billiards - GR 1:15 Strength Training - IFC 1:30 Open Gym - BS</p> <p>Breton Ridge Worship Service w/ Rev. Jerry DeVries 3:00 pm - Vineyard</p> <p>7:00 Movie Night - TT /RT Movie: “Social Dilemma”</p>	<p>Open Swim - Pool 6:00 am - 10:00 pm</p> <p>8:00-10:00 Sunrise Social - RP & WCP 7:00 Movie Night - TT/RT Movie: “Collateral Beauty”</p> <p>Reception Desk Terrace: 643-2717 Ridge: 643-2582</p> <p>Resident Service Office Mon-Fri 9:00 am - 4:30 pm Terrace: 643-2720 Ridge: 643-2728</p> <p>Woods Café - 643-2716 Bistro - 643-2598 Monday - Thursday 12:00 - 5:00 pm Friday 12:00 - 2:00 pm</p> <p>Sales Department 643-2730</p> <p>Salon - 643-2714 Tuesday-Friday by appt.</p> <p>Resident Portal: mybretonwoods.org</p>	<p>Open Swim - Pool 6:00 am - 10:00 pm</p> <p>Breton Terrace Worship Service w/ Rev. Jerry DeVries 6:00 pm - Centre Place</p> <p>Facility Services 235-2787</p> <p>Health Centre Open Monday - Friday 7:00 am - 5:00 pm 5:00 - 7:00 pm by appt. 643-2712</p> <p>After Hours Nurse Mon-Thurs: 11:00 pm - 7:00 am 7:00 pm Fri - 7:00 am Mon 485-7435</p> <p>Breton Market 643-2628 Open Mon. and Thurs. 10:00 am - 12:00 pm and 1:00 - 3:00 pm</p> <p>On-Campus Rides M-F, 9:00 am - 3:45 pm Schedule a ride no later than 10:00 am the day of the ride. 643-2627</p> <p>Breton Woods Vine and Care Concerns mspweb1@gmail.com</p>



Aug. 30 - Sept. 5

Monday, Aug. 30	Tuesday, Aug. 31	Wednesday, Sept. 1	Thursday, Sept. 2	Friday, Sept. 3	Saturday, Sept. 4	Sunday, Sept. 5
<p>Open Swim - Pool 6:00 - 8:15 am 9:15 am - 10:00 pm</p> <p>8:00-10:00 Sunrise Social - RP & WCP 8:15 Stretch & Flex - BS 8:30 Aqua Fit & Pool Volleyball - Pool 9:15 Strength Training - BS 9:30 Strength Training - IFC</p> <p>!!! Breton Market !!! Open: 10:00 am - 12:00 pm and 1:00 - 3:00 pm</p> <p>10:00 Prayer Group - TPDR 10:15 Heart Healthy Dance - VI 11:00 Stretch & Flex - EX</p> <p>August Birthday Social (by invitation only) 1:00 pm</p> <p>1:00 Men's Billiards - GR 1:15 Strength Training - IFC 1:30 Open Gym - BS</p> <p>REAL "Intro to Pickleball" 3:00 pm Vineyard</p> <p>Steak Dinner 5:00 pm Ridge Patio (sign up required)</p> <p>Big Band Music by "Good Medicine Band" 6:00 pm Vineyard</p> <p>6:30 Games - EX, TL, TB</p>	<p>Open Swim - Pool 6:00 - 10:45 am 12:00 - 10:00 pm</p> <p>8:00-10:00 Sunrise Social - RP & WCP 9:30 Balance & Core - IFC 10:00-4:00 Quilting - AS 10:00 Ladies Billiards - GR 10:30 Feldenkrais - BS 11:00 Water Walking - Pool 1:00 Men's Billiards - GR 1:00 Seated Tai Chi - EX 2:00 Knit Wits - BI 2:00 Knitting/Crocheting - EX 2:00 Balance & Core - IFC 2:30 Balance & Core - BS 3:00 Ladies Tea - WC & BI</p> <p>Ladies Garden Tea (sign up required) 3:00 pm Ridge Patio</p> <p>7:00 Scrabble - TL</p>	<p>Open Swim - Pool 6:00 - 8:15 am 9:15 am - 10:00 pm</p> <p>8:00-10:00 Sunrise Social - RP & WCP 8:15 Stretch & Flex - BS 8:30 Aqua Fit & Pool Volleyball - Pool 9:15 Strength Training - BS 9:30 Strength Training - IFC 10:15 Heart Healthy Dance - VI 11:00 Stretch & Flex - EX 12:30 Mah Jongg - TL</p> <p>Grocery Shopping to Meijer Terrace pick-up: 1:00 pm Ridge pick-up: 1:10 pm</p> <p>1:00 Dog Party - TC 1:00 Men's Billiards - GR 1:15 Strength Training - IFC 1:30 Open Gym - BS 2:00 Cardio Express - IFC 2:00 Men's Billiards - BR 4:00 Social Hour - RP 6:45 Mah Jongg - RL 6:45 Euchre - WC 7:00 Dominos - TL & WC 7:00 Games - BI/RL</p>	<p>Open Swim - Pool 6:00 - 10:45 am 12:00 - 10:00 pm</p> <p>8:00-10:00 Sunrise Social - RP & WCP 9:30 Balance & Core - IFC 9:30 Creative Writing - RPDR</p> <p>!!! Breton Market !!! Open: 10:00 am - 12:00 pm and 1:00 - 3:00 pm</p> <p>11:00 Water Walking - Pool 12:30 Walking Club - TME</p> <p>Genealogy Terrace Lobby - 1:00 pm</p> <p>1:00 Men's Billiards - GR 1:00 Seated Tai Chi - VI 2:00 Men's Billiards - BR 2:00 Balance & Core - IFC 2:30 Balance & Core - BS 4:00 Social Hour - WCP</p>	<p>Open Swim - Pool 6:00 - 8:15 am 9:15 am - 10:00 pm</p> <p>8:00-10:00 Sunrise Social - RP & WCP 8:15 Stretch and Flex - BS 8:30 Aqua Fit & Pool Volleyball - Pool 9:15 Strength Training - BS 9:30 Strength Training - IFC 10:15 Heart Healthy Dance - VI 11:00 Stretch & Flex - EX</p> <p>Shopping Trip to Dollar Tree & Hobby Lobby Terrace pick-up: 1:00 pm Ridge pick-up: 1:10 pm</p> <p>1:00 Men's Billiards - GR 1:15 Strength Training - IFC 1:30 Open Gym - BS</p> <p>Resident Services Offices close at 3:00 pm</p> <p>Breton Ridge Worship Service w/ Pastor Bob Zoerman 3:00 pm - Vineyard</p> <p>7:00 Movie Night - TT /RT Movie: "The Four Seasons"</p>	<p>Open Swim - Pool 6:00 am - 10:00 pm</p> <p>8:00-10:00 Sunrise Social - RP & WCP 7:00 Movie Night - TT /RT Movie: "The Incredible Jessica James"</p>	<p>Open Swim - Pool 6:00 am - 10:00 pm</p> <p>Breton Terrace Worship Service w/ Rev. Kwasi Kena 6:00 pm - Centre Place</p>
					<p>LOCATION KEY</p> <p>Breton Terrace AS - Art Studio BR - Billiard Room CP - Centre Place EX - Expressions HC - Health Centre IFC - Israel's Fitness Centre TB - Terrace Balcony TL - Terrace Lobby TC - Terrace Courtyard TLL - Terrace Lower Level TLI - Terrace Library TME - Terrace Main Entrance TPDR - Terrace Private Dining Room TT - Terrace Theatre WC - Woods Café WCP - Woods Café Patio WS - Woodshop</p> <p>Breton Ridge BI - Bistro BS - Body Shop CR - Craft Room GR - Game Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RME - Ridge Main Entrance RP - Ridge Patio RPDR - Ridge Private Dining Room RT - Ridge Theatre VI - Vineyard</p> <p>BRLC - Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South</p>	