



May 17-23

Monday, May 17	Tuesday, May 18	Wednesday, May 19	Thursday, May 20	Friday, May 21	Saturday, May 22	Sunday, May 23
<p>Open Swim - Pool 6:00 - 8:15 am 9:15 am - 10:00 pm</p> <div style="border: 1px solid green; padding: 5px;"> <p>Sunrise Social (Monday - Saturday) 8:00 - 10:00 am Bistro & Woods Café (Bring your own beverage.)</p> </div> <p>8:15 Stretch and Flex - BS 8:30 Aqua Fit - Pool 9:15 Strength Training - VI 9:30 Strength Training - EX 10:00 Intercessory Prayer - TPDR 10:15 Heart Healthy Dance - VI 11:00 Stretch and Flex - EX 1:00 Bible Study w/ Suzie Z. - RI (check for availability) 1:00 Strength Training - VI 1:00 Men's Billiards - GR 1:15 Strength Training - EX 1:30 Open Gym - BS</p> <div style="border: 1px solid green; padding: 5px;"> <p>May Birthdays Ridge Ice Cream Social 2:15 pm - Bistro \$2.25/dish & \$1.25/drink</p> </div> <p>2:30 Bretonaires Practice - EX 3:00 Resident Advisory Council Meeting via ZOOM 6:30 Games - EX, TL, TB</p> <div style="border: 1px solid green; padding: 5px;"> <p>National Pack Rat Day Declutter and donate. Check the wish list in the Buzz of items for Life Enrichment and donate items in the RSO.</p> </div>	<p>Open Swim - Pool 6:00 - 10:45 am 12:00 - 10:00 pm</p> <p>8:00-10:00 Sunrise Social - BI & WC 8:30 Open Gym - IFC 9:30 Balance and Core - EX 10:00 Bible Study w/ Mary Ann O. - EX (check with Pastor Frank for availability) 10:00-4:00 Quilting - AS 10:00 Ladies Billiards 10:15 Cardio Express - TPDR 10:30 Feldenkrais - VI 11:00 Water Walking - Pool</p> <div style="border: 1px solid green; padding: 5px;"> <p>"Lunch Out w/ Friends" Meet at 11:30 am at FireRock Grille Sign-up required. Busing not available.</p> </div> <p>1:00 Bible Study w/ Mary Ann O. - RI (check with Pastor Frank for availability) 1:00 Men's Billiards - GR 1:00 Seated Tai Chi - EX 1:00 Open Gym - BS 1:30 Knit Wits - BI 2:00 Knitting/Crocheting - EX 2:00 Balance and Core - TPDR 2:30 Balance and Core - VI 3:00 Ladies Tea - TPDR & BI 3:00 Ladies Billiards - BR 7:00 Scrabble - TL</p>	<p>Open Swim - Pool 6:00 - 8:15 am 9:15 am - 10:00 pm</p> <p>8:00-10:00 Sunrise Social - BI & WC 8:15 Stretch and Flex - BS 8:30 Aqua Fit - Pool 9:15 Strength Training - VI 9:30 Strength Training - EX</p> <div style="border: 1px solid purple; padding: 5px;"> <p>!!! Breton Market !!! Open: 10:00 am - 1:00 pm</p> </div> <p>10:15 Heart Healthy Dance - VI 11:00 Stretch and Flex - EX</p> <div style="border: 1px solid green; padding: 5px;"> <p>Grocery Shopping to Meijer Terrace pick-up: 1:00 pm Ridge pick-up: 1:10 pm</p> </div> <p>1:00 Dog Party - TC 1:00 Strength Training - VI 1:00 Men's Billiards - GR 1:15 Strength Training - EX 1:30 Open Gym - BS</p> <div style="border: 1px solid black; padding: 5px;"> <p>Building and Grounds Meeting - Open Forum 2:00 pm Terrace Centre Place</p> </div> <p>2:00 Men's Billiards - BR</p> <div style="border: 1px solid green; padding: 5px;"> <p>Wednesday Art "Memory Shadow Box" 2:00 pm Ridge Ristorante</p> </div> <p>2:00 Men's Billiards - BR</p> <div style="border: 1px solid blue; padding: 5px;"> <p>Walking Club w/ Liz Terrace Lobby - 2:15 pm</p> </div> <p>4:00 Social Hour - BI 6:45 Mah Jongg - RL 6:45 Euchre - TB 7:00 Dominos - TL, RL 7:00 Games - BI/RL</p>	<p>Open Swim - Pool 6:00 - 10:45 am 12:00 - 10:00 pm</p> <p>8:00-10:00 Sunrise Social - BI & WC 8:30 Open Gym - IFC 9:30 Balance and Core - EX 10:15 Cardio Express - TPDR 11:00 Water Walking - Pool 1:00 Men's Billiards - GR 1:00 Line Dancing - EX 1:00 Seated Tai Chi - VI</p> <div style="border: 1px solid green; padding: 5px;"> <p>May Birthdays Terrace Ice Cream Social 1:30 pm - Woods Café \$2.25/dish & \$1.25/drink</p> </div> <p>1:30 Open Gym - BS 2:00 Men's Billiards - BR 2:00 Balance and Core - TPDR 2:30 Balance and Core - VI 2:30 Bretonaires Practice - EX</p> <div style="border: 1px solid green; padding: 5px;"> <p>Terrace In-Person Bingo 3:30 pm Expressions Prizes and fun!</p> </div> <p>4:00 Social Hour - TPDR</p>	<p>Open Swim - Pool 6:00 am - 10:00 pm</p> <p>8:00-10:00 Sunrise Social - BI & WC 8:15 Stretch and Flex - CX 8:30 Open Gym - CX</p> <div style="border: 1px solid blue; padding: 5px;"> <p>Weight Lifting w/ Hannah 9:30 am - Expressions</p> </div> <p>9:15 Strength Training - CX 9:30 Strength Training - CX</p> <div style="border: 1px solid green; padding: 5px;"> <p>"Japanese Gardens" Meet Patty at 10:00 am at the ticket desk at Fredrick Meijer Gardens for a free ticket. Sign-up required. Busing not available.</p> </div> <p>10:15 Heart Healthy Dance - CX</p> <div style="border: 1px solid blue; padding: 5px;"> <p>Gymnastics w/ Hannah 11:00 am - Expressions</p> </div> <p>11:00 Stretch and Flex - CX</p> <div style="border: 1px solid blue; padding: 5px;"> <p>Bean Bag Tournament 1:00 pm Ridge Main Entrance</p> </div> <p>1:00 Men's Billiards - GR</p> <div style="border: 1px solid green; padding: 5px;"> <p>Shopping Trip to Hobby Lobby / Dollar Tree Terrace pick-up: 1:00 pm Ridge pick-up: 1:10 pm</p> </div> <p>1:15 Strength Training - CX 1:30 Open Gym - CX</p> <div style="border: 1px solid blue; padding: 5px;"> <p>Shuffleboard 2:30 pm - Expressions</p> </div> <div style="border: 1px solid purple; padding: 5px;"> <p>Breton Ridge Worship Service 3:00 pm - Vineyard</p> </div>	<p>Open Swim - Pool 6:00 am - 10:00 pm</p> <p>8:00-10:00 Sunrise Social - BI & WC 7:00 Movie Night - TT/RT Movie: "A Long Way Home"</p>	<div style="border: 1px solid purple; padding: 5px;"> <p>Breton Terrace Worship Service 6:00 pm Centre Place</p> </div>
					<div style="border: 1px solid orange; padding: 10px;"> <p>Reception Desk Terrace: 643-2717 Ridge: 643-2582</p> <p>Resident Service Office Mon-Fri 9:00 am - 4:30 pm Terrace: 643-2720 Ridge: 643-2728</p> <p>Postage Stamps & Notary Services Resident Service Offices</p> <p>Woods Café - 643-2716 Bistro - 643-2598 Monday-Friday 12:00 - 4:30 pm</p> <p>Sales Department 643-2730</p> <p>Salon - 643-2714 Tuesday-Friday by appt.</p> <p>Resident Portal: mybretonwoods.org</p> </div>	
					<p>Facility Services 235-2787</p> <p>Health Centre Open Monday - Friday 7:00 am - 5:00 pm 5:00 - 7:00 pm by appt. 643-2712</p> <p>After Hours Nurse Mon-Thurs: 11:00 pm - 7:00 am 7:00 pm Fri - 7:00 am Mon 485-7435</p> <p>Breton Market Open Wednesdays 10:00 am - 1:00 pm 643-2725</p> <p>On-Campus Rides M-Th, 9:00 am - 1:45 pm Call by noon the day prior to when you need a ride. 643-2627</p> <p>Breton Woods Vine mspweb1@gmail.com</p>	



May 24-30

Monday, May 24	Tuesday, May 25	Wednesday, May 26	Thursday, May 27	Friday, May 28	Saturday, May 29	Sunday, May 30
<p>Open Swim - Pool 6:00 - 8:15 am 9:15 am - 10:00 pm</p> <div style="border: 1px solid green; padding: 5px;"> <p>Sunrise Social (Monday - Saturday) 8:00 - 10:00 am Bistro & Woods Café (Bring your own beverage.)</p> </div> <p>8:15 Stretch and Flex - BS 8:30 Aqua Fit - Pool 9:15 Strength Training - VI 9:30 Strength Training - EX 10:00 Intercessory Prayer - TPDR 10:15 Heart Healthy Dance - VI 11:00 Stretch and Flex - EX 1:00 Bible Study w/ Suzie Z. - RI (check for availability) 1:00 Men's Billiards - GR 1:00 Strength Training - VI 1:15 Strength Training - EX 1:30 Open Gym - BS</p> <div style="border: 1px solid green; padding: 5px;"> <p>Ridge Ice Cream Social (every Monday) 2:15 pm - Bistro \$2.25/dish & \$1.25/drink</p> </div> <p>2:30 Bretonaires Practice - EX 6:30 Games - EX, TL, TB</p> <div style="border: 1px solid green; padding: 5px;"> <p>National Scavenger Hunt Day</p> <p>Lists available by the Mailboxes for the outdoor scavenger hunt. Hand in your completed list for a prize by Wednesday, May 26.</p> </div>	<p>Open Swim - Pool 6:00 - 10:45 am 12:00 - 10:00 pm</p> <p>8:00-10:00 Sunrise Social - BI & WC 8:30 Open Gym - IFC 9:30 Balance and Core - EX 10:00 Bible Study w/ Mary Ann O. - EX (check with Pastor Frank for availability) 10:00-4:00 Quilting - AS 10:00 Ladies Billiards 10:15 Cardio Express - TPDR 10:30 Feldenkrais - VI 11:00 Water Walking - Pool 1:00 Bible Study w/ Mary Ann O. - RI (check with Pastor Frank for availability) 1:00 Men's Billiards - GR 1:00 Seated Tai Chi - EX 1:00 Open Gym - BS 1:30 Knit Wits - BI 2:00 Knitting/Crocheting - EX 2:00 Balance and Core - TPDR 2:30 Balance and Core - VI 3:00 Ladies Tea - TPDR & BI 3:00 Ladies Billiards - BR 7:00 Scrabble - TL</p>	<p>Open Swim - Pool 6:00 - 8:15 am 9:15 am - 10:00 pm</p> <p>8:00-10:00 Sunrise Social - BI & WC 8:15 Stretch and Flex - BS 8:30 Aqua Fit - Pool 9:15 Strength Training - VI 9:30 Strength Training - CX</p> <div style="border: 1px solid blue; padding: 5px;"> <p>Karate and Cookies 9:30 am Expressions</p> </div> <div style="border: 1px solid magenta; padding: 5px;"> <p>!!! Breton Market !!! Open: 10:00 am - 1:00 pm</p> </div> <p>10:15 Heart Healthy Dance - VI 11:00 Stretch and Flex - EX</p> <div style="border: 1px solid green; padding: 5px;"> <p>Grocery Shopping to Meijer Terrace pick-up: 1:00 pm Ridge pick-up: 1:10 pm</p> </div> <p>1:00 Dog Party - TC 1:00 Strength Training - VI 1:00 Men's Billiards - GR 1:15 Strength Training - EX 1:30 Open Gym - BS</p> <div style="border: 1px solid green; padding: 5px;"> <p>Wednesday Art "Painting Flamingos in Water Colors" with Marian Houtman 2:00 pm Terrace Art Studio</p> </div> <p>2:00 Men's Billiards - BR</p> <div style="border: 1px solid blue; padding: 5px;"> <p>Walking Club w/ Liz Terrace Lobby - 2:15 pm</p> </div> <p>3:00 Breton Readers - EX 4:00 Social Hour - BI 6:45 Mah Jongg - RL 6:45 Euchre - TB 7:00 Dominos - TL, RL 7:00 Games - BI/RL</p>	<p>Open Swim - Pool 6:00 - 10:45 am 12:00 - 10:00 pm</p> <p>8:00-10:00 Sunrise Social - BI & WC 8:30 Open Gym - IFC 9:30 Balance and Core - EX 10:15 Cardio Express - TPDR 11:00 Water Walking - Pool 1:00 Men's Billiards - GR 1:00 Line Dancing - EX 1:00 Seated Tai Chi - VI</p> <div style="border: 1px solid green; padding: 5px;"> <p>Terrace Ice Cream Social (every Thursday) 1:30 pm - Woods Café \$2.25/dish & \$1.25/drink</p> </div> <p>1:30 Open Gym - BS 2:00 Men's Billiards - BR 2:00 Balance and Core - TPDR 2:30 Balance and Core - VI 2:30 Bretonaires Practice - EX</p> <div style="border: 1px solid green; padding: 5px;"> <p>Ridge In-Person Bingo 3:30 pm Ristorante Prizes and fun!</p> </div> <p>4:00 Social Hour - TPDR</p>	<p>Open Swim - Pool 6:00 - 8:15 am 9:15 am - 10:00 pm</p> <p>8:00-10:00 Sunrise Social - BI & WC 8:15 Stretch and Flex - BS 8:30 Aqua Fit - Pool 9:15 Strength Training - VI 9:30 Strength Training - EX 10:15 Heart Healthy Dance - VI 11:00 Stretch and Flex - EX 1:00 Men's Billiards - GR</p> <div style="border: 1px solid green; padding: 5px;"> <p>Shopping Trip to Target Terrace pick-up: 1:00 pm Ridge pick-up: 1:10 pm</p> </div> <p>1:15 Strength Training - EX 1:30 Open Gym - BS</p> <div style="border: 1px solid purple; padding: 5px;"> <p>Breton Ridge Worship Service 3:00 pm Vineyard</p> </div> <p>7:00 Movie Night - TT /RT Movie: "Suffragette"</p> <div style="border: 1px solid black; padding: 5px; margin-top: 20px;"> <p>Terrace Resident Services Office - CLOSED</p> </div>	<p>Open Swim - Pool 6:00 am - 10:00 pm</p> <p>8:00-10:00 Sunrise Social - BI & WC 7:00 Movie Night - TT /RT Movie: "Too Young the Hero"</p>	<div style="border: 1px solid purple; padding: 5px;"> <p>Breton Terrace Worship Service 6:00 pm Centre Place</p> </div>

LOCATION KEY

<p>Breton Terrace</p> <p>AS - Art Studio BR - Billiard Room CP - Centre Place EX - Expressions HC - Health Centre IFC - Israel's Fitness Centre TB - Terrace Balcony TL - Terrace Lobby TC - Terrace Courtyard TLL - Terrace Lower Level TLI - Terrace Library TPDR - Terrace Private Dining Room TT - Terrace Theatre WC - Woods Café WS - Woodshop</p>	<p>Breton Ridge</p> <p>BI - Bistro BS - Body Shop CR - Craft Room GR - Game Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RPDR - Ridge Private Dining Room RT - Ridge Theatre VI - Vineyard</p> <p>BRLC - Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South CX = canceled today</p>
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