



# April 5-11

Monday, April 5	Tuesday, April 6	Wednesday, April 7	Thursday, April 8	Friday, April 9	Saturday, April 10	Sunday, April 11
<p><b>Open Swim</b> Pool - 8:30 am - 9:00 pm (sign in at main reception)</p> <div style="border: 1px solid green; padding: 5px;"> <p><b>Sunrise Social</b> (Monday - Saturday) 8:00 - 10:00 am <b>Bistro &amp; Woods Café</b> (Bring your own beverage.)</p> </div> <p>8:15 Stretch and Flex - BS 8:30 Open Gym - IFC 9:15 Strength Training - VI 9:30 Strength Training - EX 10:00 Intercessory Prayer - TPDR 10:15 Heart Healthy Dance - VI 11:00 Stretch and Flex - EX 1:00 Bible Study w/ Suzie Z. - RI (check for availability) 1:00 Men's Billiards - GR 1:00 Strength Training - VI 1:15 Strength Training - EX 1:30 Open Gym - BS</p> <div style="border: 1px solid green; padding: 5px;"> <p><b>Ridge Ice Cream Social</b> (every Monday) 2:15 pm - <b>Bistro</b> \$2.25/dish &amp; \$1.25/drink</p> </div> <p>2:30 Bretonaires Practice - EX 6:30 Games - EX, TL, TB</p>	<p><b>Open Swim</b> Pool - 8:30 am - 9:00 pm (sign in at main reception)</p> <p>8:00-10:00 Sunrise Social - BI &amp; WC 8:30 Open Gym - IFC 9:30 Balance and Core - EX</p> <div style="border: 1px solid orange; padding: 5px;"> <p><b>R.E.A.L.</b> "Exercise Snacks" 10:00 am <b>Vineyard</b></p> </div> <p>10:00 Ladies Billiards 10:00 Bible Study w/ Mary Ann O. - EX (check for availability) 10:30 - Feldenkrais - RI 11:00 - Cardio Express - TPDR</p> <div style="border: 1px solid green; padding: 5px;"> <p><b>"Greeting Cards"</b> 1:00 pm <b>Terrace Art Studio</b></p> </div> <p>1:00 Bible Study w/ Mary Ann O. - RI (check for availability) 1:00 Men's Billiards - GR 1:00 Seated Tai Chi - canceled 1:00 Open Gym - BS 2:00 Breton Readers - RI 2:00 Knitting/Crocheting - EX 2:00 Balance and Core - TPDR 2:30 Balance and Core - VI 3:00 Ladies Tea - EX &amp; BI 3:00 Ladies Billiards - BR 7:00 Scrabble - TL</p>	<p><b>Open Swim</b> Pool - 8:30 am - 9:00 pm (sign in at main reception)</p> <p>8:00-10:00 Sunrise Social - BI &amp; WC 8:15 Stretch and Flex - BS 8:30 Open Gym - IFC 9:15 Strength Training - VI 9:30 Strength Training - EX</p> <div style="border: 1px solid orange; padding: 5px;"> <p><b>R.E.A.L.</b> <b>National Geographic DVDs</b> 10:00 am - TT and RT</p> </div> <div style="border: 1px solid orange; padding: 5px;"> <p><b>R.E.A.L.</b> "Salad Garden 101" 11:00 am - <b>Centre Place</b></p> </div> <div style="border: 1px solid blue; padding: 5px;"> <p><b>Walk with Madye</b> 11:00 am - <b>Ridge Lobby</b></p> </div> <p>11:00 Stretch and Flex - EX</p> <div style="border: 1px solid green; padding: 5px;"> <p><b>Grocery Shopping to Meijer</b> Terrace pick-up: 1:00 pm Ridge pick-up: 1:10 pm</p> </div> <p>1:00 Men's Billiards - GR 1:00 Strength Training - VI 1:15 Strength Training - EX 1:30 Open Gym - BS</p> <div style="border: 1px solid green; padding: 5px;"> <p><b>Wednesday Art</b> "Shadow Box Memory Art" 2:00 pm - <b>Terrace Art Studio</b></p> </div> <p>2:00 Heart Healthy Dance - VI 2:00 Men's Billiards - BR</p> <div style="border: 1px solid blue; padding: 5px;"> <p><b>Walk with Liz</b> 2:15 pm - <b>Terrace Lobby</b></p> </div> <p>4:00 Social Hour - RI &amp; EX 6:45 Euchre - TB 7:00 Dominos - TL, RL 7:00 Games - BI/RL</p>	<p><b>Open Swim</b> Pool - 8:30 am - 9:00 pm (sign in at main reception)</p> <p>8:00-10:00 Sunrise Social - BI &amp; WC 8:30 Open Gym - IFC 9:30 Balance and Core - EX 10:00-4:00 Quilting - AS 10:15 Library Committee Meeting - EX</p> <div style="border: 1px solid orange; padding: 5px;"> <p><b>R.E.A.L.</b> "Salad Garden 101" 11:00 am - <b>Vineyard</b></p> </div> <p>11:00 Cardio Express - TPDR 1:00 REAL Board Meeting - TPDR 1:00 Men's Billiards - GR 1:00 Line Dancing - EX 1:00 Seated Tai Chi - VI</p> <div style="border: 1px solid green; padding: 5px;"> <p><b>Terrace Ice Cream Social</b> (every Thursday) 1:30 pm - <b>Woods Café</b> \$2.25/dish &amp; \$1.25/drink</p> </div> <p>1:30 Open Gym - BS 2:00 Men's Billiards - BR 2:00 Balance and Core - TPDR 2:30 Bretonaires Practice - EX 2:30 Balance and Core - VI</p> <div style="border: 1px solid orange; padding: 5px;"> <p><b>R.E.A.L.</b> "How to Pray for Your Family" w/ Ray Paget 3:00 pm <b>CP and Live Stream</b></p> </div> <div style="border: 1px solid green; padding: 5px;"> <p><b>BINGO..... In person!</b> 3:30 pm <b>Ridge Ristorante</b></p> </div>	<p><b>Open Swim</b> Pool - 8:30 am - 9:00 pm (sign in at main reception)</p> <p>8:00-10:00 Sunrise Social - BI &amp; WC 8:15 Stretch and Flex - BS 8:30 Open Gym - IFC 9:15 Strength Training - VI 9:30 Strength Training - EX 10:15 Heart Healthy Dance - VI 11:00 Stretch and Flex - EX</p> <div style="border: 1px solid green; padding: 5px;"> <p><b>Grocery Shopping to Meijer</b> Terrace pick-up: 1:00 pm Ridge pick-up: 1:10 pm</p> </div> <p>1:00 Men's Billiards - GR 1:15 Strength Training - EX 1:30 Open Gym - BS</p> <div style="border: 1px solid purple; padding: 5px;"> <p><b>Breton Ridge Worship Service</b> 3:00 pm <b>Vineyard</b></p> </div> <p>7:00 Movie Night - TT /RT Movie: "Grand Daddy Daycare"</p>	<p><b>Open Swim</b> Pool - 8:30 am - 9:00 pm (sign in at main reception)</p> <p>8:00-10:00 Sunrise Social - BI &amp; WC 7:00 Movie Night - TT/RT Movie: "Radium Girls"</p>	<div style="border: 1px solid purple; padding: 5px;"> <p><b>Breton Terrace Worship Service</b> 6:00 pm <b>Centre Place</b></p> </div>
<div style="border: 1px solid orange; padding: 10px;"> <p><b>Reception Desk</b> Terrace: 643-2717 Ridge: 643-2582</p> <p><b>Resident Service Office</b> Mon-Fri 9:00 am - 4:30 pm Terrace: 643-2720 Ridge: 643-2728</p> <p><b>Postage Stamps &amp; Notary Services</b> Resident Service Offices</p> <p><b>Woods Café - 643-2716</b> <b>Bistro - 643-2598</b> Monday-Friday 12:00 - 4:30 pm</p> <p><b>Sales Department</b> 643-2730</p> <p><b>Salon - 643-2714</b> Tuesday-Friday by appt.</p> <p><b>Resident Portal:</b> mybretonwoods.org</p> </div>						<div style="border: 1px solid orange; padding: 10px;"> <p><b>Facility Services</b> 235-2787</p> <p><b>Health Centre</b> Open Monday - Friday 7:00 am - 5:00 pm 5:00 - 7:00 pm by appt. <b>643-2712</b></p> <p><b>After Hours Nurse</b> Mon-Thurs: 11:00 pm - 7:00 am 7:00 pm Fri - 7:00 am Mon <b>485-7435</b></p> <p><b>Breton Market</b> Open Wednesdays beginning April 14 10:00 am - 1:00 pm <b>643-2628</b></p> <p><b>On-Campus Rides</b> M-Th, 9:00 am - 1:45 pm Call by noon the day prior to when you need a ride. <b>643-2627</b></p> <p><b>Breton Woods Vine</b> mspweb1@gmail.com</p> </div>



# April 12-18

Monday, April 12	Tuesday, April 13	Wednesday, April 14	Thursday, April 15	Friday, April 16	Saturday, April 17	Sunday, April 18
<p><b>Open Swim</b> Pool - 8:30 am - 9:00 pm (sign in at main reception)</p> <div style="border: 1px solid green; padding: 5px;"> <p><b>Sunrise Social</b> (Monday - Saturday) 8:00 - 10:00 am <b>Bistro &amp; Woods Café</b> (Bring your own beverage.)</p> </div> <p>8:15 Stretch and Flex - BS 8:30 Open Gym - IFC 9:15 Strength Training - VI 9:30 Strength Training - EX 10:00 Intercessory Prayer - TPDR 10:15 Heart Healthy Dance - VI 11:00 Stretch and Flex - EX 1:00 Bible Study w/ Suzie Z. - RI (check for availability) 1:00 Men's Billiards - GR 1:00 Strength Training - VI 1:15 Strength Training - EX 1:30 Open Gym - BS</p> <div style="border: 1px solid green; padding: 5px;"> <p><b>ZOOM BINGO</b> 2:00 pm Sign up on the Resident Portal to get the link and kit. <b>Meeting ID: 988 4230 3279</b></p> </div> <div style="border: 1px solid green; padding: 5px;"> <p><b>Ridge Birthday Ice Cream Social</b> 2:15 pm <b>Bistro</b> \$2.25/dish &amp; \$1.25/drink</p> <p>2:30 Bretonaires Practice - EX 6:30 Games - EX, TL, TB</p> </div> <div style="border: 1px solid green; padding: 5px;"> <p><b>Terrace Billiards Room</b> CLOSED for re-felting.</p> </div>	<p><b>Open Swim</b> Pool - 8:30 am - 9:00 pm (sign in at main reception)</p> <p>8:00-10:00 Sunrise Social - BI &amp; WC</p> <div style="border: 1px solid green; padding: 5px;"> <p><b>Donuts w/ the HH Development Team</b> 8:30 - 10:00 am <b>Ridge Bistro</b></p> </div> <p>8:30 Open Gym - IFC 9:30 Balance and Core - EX 10:00 Ladies Billiards 10:00 Bible Study w/ Mary Ann O. - EX (check for availability) 10:30 - Feldenkrais - VI 11:00 - Cardio Express - TPDR</p> <div style="border: 1px solid green; padding: 5px;"> <p><b>Sing-a-long with Pete, Jane &amp; Jim</b> 1:00 pm <b>CP and Live Stream</b></p> </div> <p>1:00 Bible Study w/ Mary Ann O. - RI (check for availability) 1:00 Men's Billiards - GR 1:00 Seated Tai Chi - EX 1:00 Open Gym - BS 2:00 Knitting/Crocheting - EX 2:00 Balance and Core - TPDR 2:30 Balance and Core - VI</p> <div style="border: 1px solid green; padding: 5px;"> <p><b>Caregiver Support Group</b> 3:30 pm <b>Terrace PDR</b></p> </div> <p>3:00 Ladies Tea - EX &amp; BI 3:00 Ladies Billiards - BR 7:00 Scrabble - TL</p>	<p><b>Open Swim</b> Pool - 8:30 am - 9:00 pm (sign in at main reception)</p> <p>8:00-10:00 Sunrise Social - BI &amp; WC 8:15 Stretch and Flex - BS 8:30 Open Gym - IFC 9:15 Strength Training - VI 9:30 Strength Training - EX</p> <div style="border: 1px solid orange; padding: 5px;"> <p><b>R.E.A.L</b> <b>National Geographic DVDs</b> 10:00 am - TT and RT</p> </div> <div style="border: 1px solid pink; padding: 5px;"> <p><b>!!! Breton Market !!!</b> Open: 10:00 am - 1:00 pm</p> </div> <p>11:00 Stretch and Flex - EX</p> <div style="border: 1px solid green; padding: 5px;"> <p><b>Grocery Shopping to Meijer</b> Terrace pick-up: 1:00 pm Ridge pick-up: 1:10 pm</p> </div> <p>1:00 Strength Training - VI 1:15 Strength Training - EX 1:30 Open Gym - BS 1:00 Men's Billiards - GR</p> <div style="border: 1px solid green; padding: 5px;"> <p><b>Wednesday Art "Butterflies" w/ Grace G.</b> 2:00 pm - Ridge Ristorante</p> </div> <p>2:00 Heart Healthy Dance - VI 2:00 Men's Billiards - BR 4:00 Social Hour - RI &amp; EX</p> <div style="border: 1px solid orange; padding: 5px;"> <p><b>R.E.A.L</b> <b>"Salvation Army Red Shield Event" with John O'Leary's Story</b> 6:30 pm <b>CP and Live Stream</b></p> </div> <p>6:45 Euchre - TB 7:00 Dominos - TL, RL 7:00 Games - BI/RL</p>	<p><b>Open Swim</b> Pool - 8:30 am - 9:00 pm (sign in at main reception)</p> <p>8:00-10:00 Sunrise Social - BI &amp; WC 8:30 Open Gym - IFC 9:30 Balance and Core - EX</p> <div style="border: 1px solid orange; padding: 5px;"> <p><b>R.E.A.L</b> <b>"From Three Thousand Feet" by Gordon Buys</b> 10:30 pm - Vineyard 1:00 pm - CP and Live Stream</p> </div> <p>11:00 - Cardio Express - TPDR 1:00 Men's Billiards - GR 1:00 Line Dancing - EX 1:00 Seated Tai Chi - RPDR</p> <div style="border: 1px solid green; padding: 5px;"> <p><b>Terrace Birthday Ice Cream Social</b> 1:30 pm <b>Woods Café</b> \$2.25/dish &amp; \$1.25/drink</p> </div> <p>1:30 Open Gym - BS 2:00 Men's Billiards - BR 2:00 Balance and Core - TPDR 2:30 Bretonaires Practice - EX 2:30 Balance and Core - VI 3:00 Knit Wits - BI</p> <div style="border: 1px solid green; padding: 5px;"> <p><b>BINGO..... In person!</b> 3:30 pm <b>Terrace Expressions</b></p> </div> <div style="border: 1px solid green; padding: 5px;"> <p><b>"World Art Day" Resident-made Art Showcase</b> <b>Lobbies</b> Contact Patty by 4/9 if you'd like to display your artwork.</p> </div>	<p><b>Open Swim</b> Pool - 8:30 am - 9:00 pm (sign in at main reception)</p> <p>8:00-10:00 Sunrise Social - BI &amp; WC 8:15 Stretch and Flex - BS 8:30 Open Gym - IFC 9:15 Strength Training - VI 9:30 Strength Training - EX</p> <div style="border: 1px solid green; padding: 5px;"> <p><b>"Butterflies are Blooming"</b> 10:00 am <b>Meet Patty at Fredrick Meijer Gardens for a free ticket to see the butterflies.</b> Sign-up required. Busing not available.</p> </div> <p>10:15 Heart Healthy Dance - VI 11:00 Stretch and Flex - EX</p> <div style="border: 1px solid green; padding: 5px;"> <p><b>Grocery Shopping to Meijer</b> Terrace pick-up: 1:00 pm Ridge pick-up: 1:10 pm</p> </div> <p>1:00 Men's Billiards - GR 1:15 Strength Training - EX 1:30 Open Gym - BS</p> <div style="border: 1px solid purple; padding: 5px;"> <p><b>Breton Ridge Worship Service</b> 3:00 pm <b>Vineyard</b></p> </div> <p>7:00 Movie Night - TT /RT Movie: "Audrey"</p>	<p><b>Open Swim</b> Pool - 8:30 am - 9:00 pm (sign in at main reception)</p> <p>8:00-10:00 Sunrise Social - BI &amp; WC 7:00 Movie Night - TT/RT Movie: "All Together Now"</p>	<p><b>Open Swim</b> Pool - 8:30 am - 9:00 pm (sign in at main reception)</p> <div style="border: 1px solid purple; padding: 5px;"> <p><b>Breton Terrace Worship Service</b> 6:00 pm <b>Centre Place</b></p> </div>
					<div style="border: 1px solid green; padding: 5px;"> <p><b>LOCATION KEY</b></p> <p><b>Breton Terrace</b> AS - Art Studio BR - Billiard Room CP - Centre Place EX - Expressions HC - Health Centre IFC - Israels Fitness Centre TB - Terrace Balcony TL - Terrace Lobby TC - Terrace Courtyard TLL - Terrace Lower Level TLI - Terrace Library TPDR - Terrace Private Dining Room TT - Terrace Theatre WC - Woods Café WS - Woodshop</p> <p><b>Breton Ridge</b> BI - Bistro BS - Body Shop CR - Craft Room GR - Game Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RPDR - Ridge Private Dining Room RT - Ridge Theatre VI - Vineyard</p> <p><b>BRLC</b>- Breton Rehab &amp; Living Centre <b>BECC</b> - Breton Extended Care Centre <b>BECS</b> - Breton Extended Care South</p> </div>	