Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Worship Service — Refreshments, Music and Devotions; **After Lunch:** Resident Choice, Travelogue; **Evening:** 6:30 LaGrave CRC Service, Coffee & Fellowship; Happy 65th Birthday to Tim!	**2** 9:15 Hymn Sing with Dee, Exercise, Refreshments and Devotions; **After Lunch:** 2:00 Scenic Bus Ride; **Evening:** Staff Choice	**3** 9:30 Knitting Club, 11:00 Vibrant Living Exercise Class of the Month – on unit; **After Lunch:** Game Hour, Refresh and Reminisce, Tabletop activities; **Evening:** Tabletop Bowling	**4** Exercise, 11:00 Evening Star Worship Service; **After Lunch:** Game Hour, Tabletop activities; **Evening:** Hangman or Name 10	**5** Exercise, Refreshments, Music and Devotions; **After Lunch:** Refresh and Reminisce; **Evening:** 7:00 Georgetown Woodwind Quintet at Chapel	**6** Exercise, Refreshments, Music and Devotions; **After Lunch:** Manicures, Refresh and Reminisce, 50 States Challenge; **Evening:** Movie Night or Staff Choice	**7** Exercise, Refreshments, Music and Devotions; **After Lunch:** Individual Leisure, Resident Choice, Trivia; **Evening:** Shuffleboard
8 9:30 Worship Service — Refreshments, Music and Devotions; **After Lunch:** Resident Choice, Travelogue; **Evening:** 6:30 LaGrave CRC Service, Coffee & Fellowship; Daylight Saving Time Begins	**9** 9:15 Hymn Sing with Dee, Exercise, Refreshments and Devotions; **After Lunch:** 12:00 Lunch Outing, Game Hour, Refresh and Reminisce/Trivia; **Evening:** 7:00 Rockford Community Band at Chapel; Purim Begins	**10** 9:30 Knitting Club; **After Lunch:** 2pm Music with Chris Sloan, Game Hour, Refresh and Reminisce; **Evening:** Tabletop Bowling	**11** Exercise, 11:00 Evening Star Worship Service; **After Lunch:** Staff Choice; **Evening:** 5:45 Dinner Music with Geneva, Hangman or Name 10	**12** Exercise, Refreshments, Music and Devotions; **After Lunch:** 2:30 Visit with Lincoln & Phoebe (Dogs), Bingo, Refresh and Reminisce; **Evening:** Shuffleboard	**13** 10:30 Intergenerational Social Time; **After Lunch:** Manicures, 3:00 Bible Stories and Songs with Marilyn, Refresh and Reminisce; **Evening:** Movie Night or Staff Choice; Happy 86th Birthday to Pat Doorn!	**14** Exercise, Refreshments, Music and Devotions; **After Lunch:** Individual Leisure, Resident Choice, Trivia; **Evening:** Shuffleboard
15 9:30 Worship Service — Refreshments, Music and Devotions; **After Lunch:** Resident Choice, Travelogue; **Evening:** 6:30 LaGrave CRC Service, Coffee & Fellowship	**16** 9:15 Hymn Sing with Dee, Exercise, Refreshments and Devotions; **After Lunch:** Game Hour, Refresh and Reminisce, Trivia; **Evening:** Staff Choice; Happy 58th Anniversary to Gord and Von!	**17** 9:30 Knitting Club, 9:45 Regina plays the Dulcimer; **After Lunch:** Game Hour, Refresh and Reminisce, Tabletop activities; **Evening:** 7:00 Eldermusic Ministries – On Unit; St. Patrick's Day	**18** Exercise, 10:00 Catholic Mass - FR, 11:00 Evening Star Worship Service, Refresh and Reminisce; **After Lunch:** Staff Choice; **Evening:** 7:00 Hymn Sing: "Christ, the Lamb of God" at Chapel	**19** Exercise, Refreshments, Music and Devotions; **After Lunch:** 1:30 Piano Music with Tricia, Bingo, Refresh and Reminisce; **Evening:** Shuffleboard; Happy 83rd Birthday to Marv!; Spring Begins	**20** Exercise, Refreshments, Music and Devotions; **After Lunch:** Manicures, Refresh and Reminisce, 50 States Challenge; **Evening:** Movie Night or Staff Choice	**21** Exercise, Refreshments, Music and Devotions; **After Lunch:** Individual Leisure, Resident Choice, Trivia; **Evening:** Shuffleboard
22 9:30 Worship Service — Refreshments, Music and Devotions; **After Lunch:** Resident Choice, Travelogue; **Evening:** 6:30 LaGrave CRC Service, Coffee & Fellowship	**23** 9:15 Hymn Sing with Dee, Exercise, Refreshments and Devotions; **After Lunch:** 2:00 Scenic Bus Ride; **Evening:** Staff Choice	**24** 9:30 Knitting Club; **After Lunch:** Game Hour, Refresh and Reminisce, Tabletop activities; **Evening:** Tabletop Bowling; Happy 79th Birthday to Louise!	**25** Exercise, 11:00 Evening Star Worship Service; **After Lunch:** 3:00 March Birthday Party; **Evening:** 5:45 Dinner Music with Geneva, Hangman or Name 10	**26** Exercise, Refreshments, Music and Devotions; **After Lunch:** 2:30 Visit with Lincoln & Phoebe (Dogs), Bingo/ Refresh and Reminisce; **Evening:** 6:30 Heritage Reformed Men's and Children's Choirs at Chapel	**27** 10:30 Intergenerational Social Time; **After Lunch:** Manicures, Refresh and Reminisce, 50 States Challenge; **Evening:** Movie Night or Staff Choice	**28** Exercise, Refreshments, Music and Devotions; **After Lunch:** Individual Leisure, Resident Choice, Trivia; **Evening:** Shuffleboard
29 9:30 Worship Service — Refreshments, Music and Devotions; **After Lunch:** Resident Choice, Travelogue; **Evening:** 6:30 LaGrave CRC Service, Coffee & Fellowship	**30** 9:15 Hymn Sing with Dee, Exercise, Refreshments and Devotions; **After Lunch:** Game Hour, Refresh and Reminisce, Trivia; **Evening:** Staff Choice	**31** 9:30 Knitting Club; **After Lunch:** 2:30 Rehoboth Christian School Choir at Chapel, Refresh and Reminisce, Tabletop activities; **Evening:** Tabletop Bowling				

March 2020

Raybrook Manor Cook Unit

We appreciate a little spontaneity on the Cook Unit. Therefore, calendar events are subject to change, without prior notice.