

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="color: red; font-family: cursive;">February 2020</h1> <h2 style="color: red;">Raybrook Manor Cook Unit</h2>						<p>Exercise, Refreshments, Music and Devotions After Lunch: Individual Leisure Resident Choice Trivia Evening: Shuffleboard</p> <p>Happy 86th Birthday to Rich B!</p>
<p>9:30 Worship Service Refreshments, Music and Devotions After Lunch: Resident Choice Travelogue Evening: 6:30 LaGrave CRC Service Coffee & Fellowship</p> <p style="text-align: right;">2</p>	<p>9:15 Hymn Sing with Dee Exercise, Refreshments and Devotions 2:00 Scenic Bus Ride Evening: Staff Choice</p> <p style="text-align: right;">3</p>	<p>9:30 Knitting Club 11:00 Vibrant Living Exercise Class of the Month – on unit After Lunch: Game Hour Refresh and Reminisce Tabletop activities Evening: Tabletop Bowling</p> <p style="text-align: right;">4</p>	<p>Exercise 11:00 Evening Star Worship Service After Lunch: Game Hour Tabletop activities Evening: Hangman or Name 10</p> <p style="text-align: right;">5</p>	<p>10:30 Movin' and Groovin' with Lori Teft – on unit 2:30 Violin Music with Gene Hahn - Chapel Refresh and Reminisce Evening: Shuffleboard</p> <p style="text-align: right;">6</p>	<p>Exercise, Refreshments, Music and Devotions After Lunch: Manicures Refresh and Reminisce 50 States Challenge Evening: Movie Night or Staff Choice</p> <p style="text-align: right;">7</p>	<p>Exercise, Refreshments, Music and Devotions After Lunch: Individual Leisure Resident Choice Trivia Evening: Shuffleboard</p> <p style="text-align: right;">8</p>
<p>9:30 Worship Service Refreshments, Music and Devotions After Lunch: Resident Choice Travelogue Evening: 6:30 LaGrave CRC Service Coffee & Fellowship</p> <p style="text-align: right;">9</p> <p style="text-align: center;"><small>Groundhog Day</small></p>	<p>9:15 Hymn Sing with Dee Exercise, Refreshments and Devotions 12:00 Lunch Outing Game Hour Refresh and Reminisce Trivia Evening: Staff Choice</p> <p style="text-align: right;">10</p>	<p>9:30 Knitting Club After Lunch: Game Hour Refresh and Reminisce Tabletop activities Evening: Tabletop Bowling</p> <p style="text-align: right;">11</p>	<p style="text-align: center;">Summer in Winter: "A Day at the Beach"</p> <p style="text-align: right;">12</p> <p>10:00 "Where Am I?" trivia – FR 11:00 Evening Star Worship Service 2:30 "Picnic at the Beach" Social - FR 5:45 Dinner Music with Geneva</p>	<p style="text-align: center;">Summer in Winter: "You Are My Sunshine"</p> <p style="text-align: right;">13</p> <p>9:30 Mini Golf – FR 2:30 Garden Party – FR 2:30 Visit with Lincoln & Phoebe (Dogs) Evening: Shuffleboard</p>	<p style="text-align: center;">Summer in Winter: "Summer Love"</p> <p style="text-align: right;">14</p> <p>10:30 Intergenerational Social Time 3:00 Bible Stories and Songs with Marilyn Refresh and Reminisce Evening: Movie Night or Staff Choice</p> <p style="text-align: center;"><small>Valentine's Day</small></p>	<p>Exercise, Refreshments, Music and Devotions After Lunch: Individual Leisure Resident Choice Trivia Evening: Shuffleboard</p> <p style="text-align: right;">15</p> <p>Happy 89th Birthday to Jane!</p>
<p>9:30 Worship Service Refreshments, Music and Devotions After Lunch: Resident Choice Travelogue Evening: 6:30 LaGrave CRC Service Coffee & Fellowship</p> <p style="text-align: right;">16</p>	<p>9:15 Hymn Sing with Dee Exercise, Refreshments and Devotions After Lunch: Game Hour Refresh and Reminisce Trivia Evening: Staff Choice</p> <p style="text-align: right;">17</p> <p style="text-align: center;"><small>Presidents' Day (US)</small></p>	<p>9:30 Knitting Club 9:45 Regina plays the Dulcimer After Lunch: Game Hour Refresh and Reminisce Tabletop activities 7:00 Eldermusic Ministries – On Unit</p> <p style="text-align: right;">18</p>	<p>Exercise 10:00 Catholic Mass - Chapel 11:00 Evening Star Worship Service 2:30 Bingo Extravaganza! – FR Refresh and Reminisce Evening: Hangman or Name 10</p> <p style="text-align: right;">19</p>	<p>Exercise, Refreshments, Music and Devotions 1:00 Piano Music with Tricia 2:30 The Boogie Woogie Kid - Chapel Refresh and Reminisce Evening: Shuffleboard</p> <p style="text-align: right;">20</p>	<p>Exercise, Refreshments, Music and Devotions After Lunch: Manicures Refresh and Reminisce 50 States Challenge Evening: Movie Night or Staff Choice</p> <p style="text-align: right;">21</p>	<p>Exercise, Refreshments, Music and Devotions After Lunch: Individual Leisure Resident Choice Trivia Evening: Shuffleboard</p> <p style="text-align: right;">22</p> <p>Happy 63rd Anniversary to Rich and Connie!</p>
<p>9:30 Worship Service Refreshments, Music and Devotions After Lunch: Resident Choice Travelogue Evening: 6:30 LaGrave CRC Service Coffee & Fellowship</p> <p style="text-align: right;">23</p>	<p>9:15 Hymn Sing with Dee Exercise, Refreshments and Devotions 2:00 Scenic Bus Ride Evening: Staff Choice</p> <p style="text-align: right;">24</p>	<p>9:30 Knitting Club After Lunch: Game Hour Refresh and Reminisce Tabletop activities Evening: Tabletop Bowling</p> <p style="text-align: right;">25</p> <p style="text-align: center;"><small>Mardi Gras</small></p>	<p>Exercise 11:00 Evening Star Worship Service 3:00 February Birthday Party 5:45 Dinner Music with Geneva Evening: Hangman or Name 10</p> <p style="text-align: right;">26</p> <p>Happy 92nd Birthday to Ann F!</p>	<p>Exercise, Refreshments, Music and Devotions 2:30 Visit with Lincoln & Phoebe (Dogs) 3:00 Scripture and Strings - Chapel Bingo Refresh and Reminisce Evening: Shuffleboard</p> <p style="text-align: right;">27</p>	<p>10:30 Intergenerational Social Time After Lunch: Manicures Refresh and Reminisce 50 States Challenge Evening: Movie Night or Staff Choice</p> <p style="text-align: right;">28</p>	<p>Exercise, Refreshments, Music and Devotions After Lunch: Individual Leisure Resident Choice Trivia Evening: Shuffleboard</p> <p style="text-align: right;">29</p> <p style="text-align: center;"><small>Leap Day</small></p>

We appreciate a little spontaneity on the Cook Unit. Therefore, calendar events are subject to change, without prior notice.