







*Spiritual, Intellectual, Physical,
Social, Emotional*



JANUARY 6 - 12

Monday, Jan. 6	Tuesday, Jan. 7	Wednesday, Jan. 8	Thursday, Jan. 9	Friday, Jan. 10	Saturday, Jan. 11	Sunday, Jan. 12	
<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS</p> <div style="border: 1px solid green; padding: 5px; margin: 5px 0;"> <p>Packing Up Christmas Decorations Terrace Lobby 10:00 am</p> </div> <p>10:00 Sew Wonderful Quilters (open quilting until 4:00 pm) AS 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:20 Heart Healthy Dance - VI 10:45 Strength Training - IFC</p> <div style="border: 1px solid green; padding: 5px; margin: 5px 0;"> <p>ROMEO Men's Lunch at HopCat Bus pick-up: 11:00 am</p> </div> <p>11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 1:00 Open Gym - IFC 1:00 "The Armor of God" Bible Study - VI & RI 2:00-3:00 Adults Only - Pool 2:15 Ice Cream Social - VI 2:30 Wii Bowling - BI</p> <div style="border: 1px solid orange; padding: 5px; margin: 5px 0;"> <p>"Hummingbirds" video Terrace & Ridge Theatres 3:00 pm</p> </div> <p>3:00 Ladies Tea - TPDR 6:30 Games - EX, TL, TB 6:30 Bridge - WC</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>9:30 Aqua Fit - Pool</p> <p>10:00 Ladies Billiards - GR</p> <p>10:30 Feldenkrais - BS</p> <div style="border: 1px solid green; padding: 5px; margin: 5px 0;"> <p>Ladies' Lunch at The Old Goat Bus pick-up: 11:00 am</p> </div> <p>11:15 Balance & Core - IFC</p> <p>1:00 Balance & Core - IFC</p> <p>1:00 Ping Pong - IFC</p> <p>1:00 Men's Billiards - GR</p> <p>1:00 Pinochle - TB</p> <p>1:50 Fitness Fusion - BS</p> <p>2:00 Knitting/Crocheting - EX (supplies available)</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Balance & Core - BS</p> <p>2:00 Breton Readers - RI</p> <p>3:00 Ladies Billiards - BR</p> <p>7:00 Scrabble - TF</p> <p>7:00 Square Dancing - EX</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00 - 10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool</p> <div style="border: 1px solid orange; padding: 5px; margin: 5px 0;"> <p>January Series: "The Fierce Humility of Winning" Amber Warners 12:30 pm Terrace - CP 12:30 pm Ridge - VI</p> </div> <p>1:00 Men's Billiards - GR 1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - RPDR</p> <div style="border: 1px solid blue; padding: 5px; margin: 5px 0;"> <p>Walking Club Terrace Lobby - 1:30 pm</p>  </div> <p>2:00 Coffee Break Bible Study on the book of Genesis w/ Joanne Miersma - RPDR 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:00 Open Gym - BS 2:30 Wii Bowling - VI 4:30 Social Hour - RPDR 6:45 Euchre - WC 7:00 Dominos - TL, RL 7:00 Games/Bridge/MahJong - BI</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>6:30 St. Mary's Lab - RPDR 7:00 St. Mary's Lab - HC 8:00-10:00 Coffee - WC, BI 8:30 Building & Grounds Open Forum Meeting - RPDR 9:15 Bowen Readers - TL, RL 9:30 Prayer for Spiritual Awakening - RPDR 9:30 Aqua Fit - Pool 10:20 Library Committee Meeting - TLI 11:15 Balance & Core - IFC</p> <div style="border: 1px solid orange; padding: 5px; margin: 5px 0;"> <p>January Series: "Moving Beyond Labels to a Christian Dialogue about Creation and Evolution" Todd Charles Wood and Darrel R. Falk 12:30 pm Terrace - CP 12:30 pm Ridge - VI</p> </div> <div style="border: 1px solid green; padding: 5px; margin: 5px 0;"> <p>Line Dancing Demo Expressions 1:00 pm</p>  </div> <p>1:00 Men's Billiards - GR 1:00 Ping Pong - VI 1:00 Volunteer Flower Arranging - BRLC 1:00 Balance & Core - IFC 1:50 Fitness Fusion - BS 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 3:00 Knit Wits - BI 4:00 Social Hour - TPDR 4:15 Choir Practice - CP</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00 - 10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC</p> <p>8:30-11:15 Drop-in hours for Blood Pressure Checks - HC</p> <p>9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool</p> <div style="border: 1px solid orange; padding: 5px; margin: 5px 0;"> <p>January Series: "Replenish: The Virtuous Cycle of Water and Prosperity" Sandra Postel 12:30 pm Terrace - CP 12:30 pm Ridge - VI</p> </div> <p>1:00 Men's Billiards - GR</p> <div style="border: 1px solid green; padding: 5px; margin: 5px 0;"> <p>Birthday Social and Baking Bread Pudding Demo w/ Chef James Woods Cafe 1:30 pm</p> </div> <div style="border: 1px solid blue; padding: 5px; margin: 5px 0;"> <p>Walking Club Ridge Lobby - 2:00 pm</p>  </div> <p>2:00-3:00 Adults Only - Pool 7:00 Movie - TT 7:00 Family Movie - RT 7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>10:00 Hymn Sing - TL</p> <p>1:00 Men's Billiards - GR</p> <div style="border: 1px solid green; padding: 5px; margin: 5px 0;"> <p> Bingo Bistro 1:00 - 3:00 pm</p> </div> <p>2:00 Color My World - RPDR 7:00 Family Movie - TT 7:00 Movie - RT</p>	<p>All Day Open Swim - Pool</p> <p>2:30 Table Games - BI</p> <p>6:00 Worship Service & Communion in Centre Place w/ Rev. Frank Guter</p> <p>7:00 Coffee/Fellowship - WC</p> <p>Transportation pick-up at 5:30 pm (return ride after the service and after fellowship)</p>	
<p>LOCATION KEY</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>Breton Terrace</p> <p>AS - Art Studio BR - Billiard Room CP - Centre Place EX - Expressions HC - Health Centre IFC - Fitness Centre TB - Terrace Balcony TL - Terrace Lobby TC - Terrace Courtyard TLL - Terrace Lower Level TLI - Terrace Library TPDR - Terrace Private Dining Room</p> </td> <td style="width: 50%; vertical-align: top;"> <p>Breton Ridge</p> <p>BI - Bistro BS - Body Shop CR - Craft Room GR - Game Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RPDR - Ridge Private Dining Room RT - Ridge Theatre VI - Vineyard</p> <p>BRLC - Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South</p> </td> </tr> </table>						<p>Breton Terrace</p> <p>AS - Art Studio BR - Billiard Room CP - Centre Place EX - Expressions HC - Health Centre IFC - Fitness Centre TB - Terrace Balcony TL - Terrace Lobby TC - Terrace Courtyard TLL - Terrace Lower Level TLI - Terrace Library TPDR - Terrace Private Dining Room</p>	<p>Breton Ridge</p> <p>BI - Bistro BS - Body Shop CR - Craft Room GR - Game Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RPDR - Ridge Private Dining Room RT - Ridge Theatre VI - Vineyard</p> <p>BRLC - Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South</p>
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JANUARY 13 - 19

Monday, Jan. 13	Tuesday, Jan. 14	Wednesday, Jan. 15	Thursday, Jan. 16	Friday, Jan. 17	Saturday, Jan. 18	Sunday, Jan. 19
<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC</p> <div style="border: 1px solid purple; padding: 5px;"> <p>I Samuel (Part I) Bible Study w/ MaryAnn Oatis TPDR - 8:30 am</p> </div> <p>9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Sew Wonderful Quilters (open quilting until 4:00 pm) AS 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:20 Heart Healthy Dance - VI 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool</p> <div style="border: 1px solid orange; padding: 5px;"> <p>January Series: "The Coddling of the American Mind" Jonathan Haidt 12:30 pm Terrace - CP 12:30 pm Ridge - VI</p> </div> <p>1:30 "The Armor of God" Bible Study - VI & RI 1:00 Open Gym - IFC 1:00 Men's Billiards - GR 2:00-3:00 Adults Only - Pool 2:30 Birthday Social - VI 2:30 Wii Bowling - BI 3:00 Ladies Tea - TPDR 6:30 Games - EX, TL, TB 6:30 Bridge - WC</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI</p> <div style="border: 1px solid purple; padding: 5px;"> <p>I Samuel (Part I) Bible Study w/ MaryAnn Oatis RPDR - 8:30 am</p> </div> <p>9:30 Aqua Fit - Pool</p> <div style="border: 1px solid orange; padding: 5px;"> <p>Board Report w/ Mina & David Vineyard - 10:00 am</p> </div> <p>10:00 Ladies Billiards - GR 10:30 Feldenkrais - BS 11:15 Balance & Core - IFC</p> <div style="border: 1px solid orange; padding: 5px;"> <p>January Series: "Weapons of Math Destruction: How Big Data Increases Inequality and Threatens Democracy" Cathy O'Neil 12:30 pm Terrace - CP 12:30 pm Ridge - VI</p> </div> <p>1:00 Balance & Core - IFC 1:00 Ping Pong - IFC 1:00 Men's Billiards - GR 1:00 Pinochle - TB 1:50 Fitness Fusion - BS 2:00 Knitting/Crocheting - EX (supplies available) 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 3:00 Ladies Billiards - BR 7:00 Scrabble - TF 7:00 Square Dancing - EX</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00 - 10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:30 Pastoral Advisory Committee - TPDR 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool</p> <div style="border: 1px solid orange; padding: 5px;"> <p>January Series: "Our Towns: A 100,000 Mile Journey into the Heart of America" Deborah & James Fallows 12:30 pm Terrace - CP 12:30 pm Ridge - VI</p> </div> <p>1:00 Men's Billiards - GR 1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - PDR</p> <div style="border: 1px solid blue; padding: 5px;"> <p>Walking Club Terrace Lobby - 1:30 pm</p>  </div> <p>2:00 Coffee Break Bible Study on the book of Genesis w/ Joanne Miersma - RPDR 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:00 Open Gym - BS 2:30 Wii Bowling - VI 4:30 Social Hour - RPDR 6:45 Euchre - WC 7:00 Dominos - EX, RL 7:00 Games/Bridge/MahJong-BI</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>6:30 St. Mary's Lab - RPDR 7:00 St. Mary's Lab - HC</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>9:30 Creative Writing - RPDR</p> <p>9:30 Aqua Fit - Pool</p> <p>11:15 Balance & Core - IFC</p> <div style="border: 1px solid orange; padding: 5px;"> <p>January Series: "The Five Browns in Concert" 12:30 pm Terrace - CP 12:30 pm Ridge - VI</p> </div> <p>1:00 Line Dancing - EX 1:00 Men's Billiards - GR 1:00 Ping Pong - VI 1:00 Volunteer Flower Arranging - BRLC 1:00 Balance & Core - IFC 1:50 Fitness Fusion - BS 2:00 Ridge Dining Committee Meeting - BI 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 3:00 Knit Wits - BI 4:00 Social Hour - TPDR 4:15 Choir Practice - CP</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00 - 10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC</p> <p>9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool</p> <div style="border: 1px solid orange; padding: 5px;"> <p>January Series: "When Caesar Demands to be God: Religious Freedom in China" Bob Fu 12:30 pm Terrace - CP 12:30 pm Ridge - VI</p> </div> <p>1:00 Men's Billiards - GR 1:30 Ice Cream Social - WC 2:00-3:00 Adults Only - Pool</p> <div style="border: 1px solid blue; padding: 5px;"> <p>Walking Club Ridge Lobby - 2:00 pm</p>  </div> <div style="border: 1px solid green; padding: 5px;"> <p>POPs Symphony at DeVos Hall Bus pick-up - 6:30 pm (pre-ticketed event)</p> </div> <p>7:00 Movie - TT 7:00 Family Movie - RT 7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>10:00 Hymn Sing - TL</p> <p>1:00 Men's Billiards - GR</p> <p>2:00 Color My World - BI</p> <p>7:00 Family Movie - TT</p> <p>7:00 Movie - RT</p> <div style="border: 1px solid lightblue; padding: 5px;"> <p>Reception Desk Terrace: 643-2717 Ridge: 643-2582</p> <p>Resident Service Office Mon-Fri 9:00 am - 4:30 pm Terrace: 643-2720 Ridge: 643-2728</p> <p>Notary Services Resident Service Offices</p> <p>Woods Café - 643-2716 Monday-Thursday: 11:30 am - 6:30 pm Friday: 5-6:30 pm</p> <p>Bistro - 643-2598 Tuesday & Friday: 11:30 am - 1:30 pm Mon & Wed: 5 - 6:30 pm</p> <p>Noon Meals from BRLC 643-2549</p> <p>Sales Department 643-2730</p> <p>Salon - 643-2714 Tuesday-Friday by appt.</p> </div>	<p>All Day Open Swim - Pool</p> <p>2:30 Table Games - BI</p> <p>6:00 Worship Service in Centre Place w/ Rev. Ruth Romeyn Transportation pick-up at 5:30 pm (return ride after the service)</p> <div style="border: 1px solid lightblue; padding: 5px;"> <p>Facility Services 235-2787</p> <p>Health Centre Open Monday - Friday 7:00 am - 5:00 pm 5:00 - 7:00 pm by appt. 643-2712</p> <p>After Hours Nurse Mon-Thurs: 11 pm - 7 am 7 pm Friday - 7 am Monday 485-7435</p> <p>Breton Market Terrace Lower Level Mon. & Wed. & Fri. 10:00 am - 2:00 pm</p> <p>On-Campus Rides M-F, 8:45 am - 4:15 pm 643-2582</p> <p>Resident Portal: mybretonwoods.org</p> <p>Breton Woods Vine mspweb1@gmail.com</p> </div>