



Spiritual, Intellectual, Physical, Social


OCT. 28 - NOV. 3

Monday, Oct. 28	Tuesday, Oct. 29	Wednesday, Oct. 30	Thursday, Oct. 31	Friday, Nov. 1	Saturday, Nov. 2	Sunday, Nov. 3		
<p>6:00 - 11:00 am OPEN SWIM 2:00 - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - RPDR 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - RI 9:50 Circuit Training - RI 10:00 Sew Wonderful Quilters (open quilting until 4:00 pm) AS 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Monday Morning Music with Jane H. & Pete O. Centre Place - 10:15 am</p> </div> <p>10:20 Heart Healthy Dance - VI 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 1:00 Open Gym - IFC 1:00 "The Armor of God" Bible Study w/ SuZie Zoerman - VI & RI 2:00-3:00 Adults Only - Pool 2:15 Ice Cream Social - VI 2:30 Bretonaires Practice - EX 2:30 Wii Bowling - BI 3:00 Ladies Tea - TPDR 6:30 Games - EX, TL, TB 6:30 Bridge - WC</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, RI 9:30 Aqua Fit - Pool 10:00 Ladies Billiards - GR 10:30 Feldenkrais - RPDR 11:15 Balance & Core - IFC 1:00 Balance & Core - IFC 1:00 Ping Pong - IFC 1:00 Men's Billiards - GR 1:00 Pinochle - TB 1:50 Fitness Fusion - RI 2:00 Knitting/Crocheting - EX (supplies available) 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - RI 3:00 Ladies Billiards - BR 7:00 Scrabble - TF 7:00 Square Dancing - EX</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00 - 10:00 Coffee - WC, BI 8:10 Stretch & Flex - RPDR 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - RI 9:30 "The New Heaven and the New Earth" Bible Study w/ Diane Bloem - CP 9:50 Circuit Training - RI 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Dawg Days -TC 1:00 Men's Billiards - GR 1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - RPDR</p> <div style="border: 1px solid orange; padding: 10px; margin: 10px 0;"> <p style="text-align: center; font-size: 2em; font-weight: bold;">R.E.A.L</p> <p style="text-align: center;">What You May or May Not Know About Israel & the Bible Part 1 of 3 Vineyard - 2:00 pm</p> </div> <p>2:00 Coffee Break Bible Study on the book of Genesis w/ Joanne Miersma - RPDR 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:00 Open Gym - RI 2:30 Wii Bowling - VI 3:00 Breton Readers - TPDR 4:30 Social Hour - RPDR 6:45 Euchre - WC 7:00 Dominos - TL, RL 7:00 Games/Bridge/MahJong - BI</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p style="text-align: center; font-size: 3em; font-weight: bold; color: orange;">Halloween</p> <p>6:30 St. Mary's Lab - RPDR 7:00 St. Mary's Lab - HC 8:00-10:00 Coffee - WC, BI 9:30 Aqua Fit - Pool</p> <div style="border: 1px solid blue; padding: 10px; margin: 10px 0;"> <p style="text-align: center;"> Pool Volley BOO! Pool 10:30 am</p> </div> <p>11:15 Balance & Core - IFC 1:00 Line Dancing - EX 1:00 Balance & Core - IFC 1:00 Ping Pong - VI 1:00 Men's Billiards - GR 1:00 Volunteer Flower Arranging - BRLC 1:50 Fitness Fusion - RI 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - RI 2:30 Bretonaires Practice - EX 3:00 Knit Wits - BI 4:00 Social Hour - TPDR 4:15 Choir Practice - CP</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00 - 10:00 Coffee - WC, BI 8:10 Stretch & Flex - RPDR 8:30 Women's Circuit - IFC 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC</p> <div style="border: 1px solid red; padding: 10px; margin: 10px 0;"> <p style="text-align: center; font-weight: bold;">Memory Screening</p> <p style="text-align: center;">Resident Services Office Conference Room - Ridge 9:00 am - noon (by appointment only)</p> </div> <p>9:00 Strength Training - IFC 9:10 Strength Training - RI 9:50 Circuit Training - RI 10:00 Men's Circuit - IFC 10:00 Woodshop Cleaning - WS 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool</p> <div style="border: 1px solid orange; padding: 10px; margin: 10px 0;"> <p style="text-align: center; font-size: 1.5em; font-weight: bold;">R.E.A.L</p> <p style="text-align: center;">Portal 101 Vineyard - 1:00 pm</p> </div> <p>1:00 Men's Billiards - GR 1:30 Ice Cream Social - WC 2:00-3:00 Adults Only - Pool 7:00 Movie - TT 7:00 Family Movie - RT 7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI 10:00 Hymn Sing - TL 1:00 Men's Billiards - GR 2:00 Color My World - BI 7:00 Family Movie - TT 7:00 Movie - RT</p>	<p>All Day Open Swim - Pool</p> <div style="text-align: center;"> <p>Set your clocks back 1 hour</p> </div> <p>2:30 Table Games - BI 6:00 Worship Service in Centre Place w/ Rev. Garrett Stoutmeyer Transportation pick-up at 5:30 pm (return ride after the service)</p>		
					<div style="border: 1px solid black; padding: 10px;"> <p style="text-align: center; font-weight: bold; font-size: 1.2em;">LOCATION KEY</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>Breton Terrace</p> <p>AS - Art Studio BR - Billiard Room CP - Centre Place EX - Expressions HC - Health Centre IFC - Fitness Centre TB - Terrace Balcony TL - Terrace Lobby TC - Terrace Courtyard TLL - Terrace Lower Level TLI - Terrace Library TPDR - Terrace Private Dining Room TT - Theatre WC - Woods Café WS - Woodshop</p> </td> <td style="width: 50%; vertical-align: top;"> <p>Breton Ridge</p> <p>BI - Bistro BS - Body Shop CR - Craft Room GR - Game Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RPDR - Ridge Private Dining Room RT - Ridge Theatre VI - Vineyard</p> <p>BRLC - Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South</p> </td> </tr> </table> </div>		<p>Breton Terrace</p> <p>AS - Art Studio BR - Billiard Room CP - Centre Place EX - Expressions HC - Health Centre IFC - Fitness Centre TB - Terrace Balcony TL - Terrace Lobby TC - Terrace Courtyard TLL - Terrace Lower Level TLI - Terrace Library TPDR - Terrace Private Dining Room TT - Theatre WC - Woods Café WS - Woodshop</p>	<p>Breton Ridge</p> <p>BI - Bistro BS - Body Shop CR - Craft Room GR - Game Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library RPDR - Ridge Private Dining Room RT - Ridge Theatre VI - Vineyard</p> <p>BRLC - Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South</p>
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Spiritual, Intellectual, Physical, Social

NOVEMBER 4-10

Monday, Nov. 4	Tuesday, Nov. 5	Wednesday, Nov. 6	Thursday, Nov. 7	Friday, Nov. 8	Saturday, Nov. 9	Sunday, Nov. 10
<p>6:00 - 11:00 am OPEN SWIM 2:00 - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - RPDR 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - RI 9:50 Circuit Training - RI 10:00 Sew Wonderful Quilters (open quilting until 4:00 pm) AS 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Art in the Studio Gourd Painting Art Studio 10:00 am</p> </div> <p>10:20 Heart Healthy Dance - VI 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 "The Armor of God" Bible Study w/ SuZie Zoerman - VI & RI 1:00 Open Gym - IFC 1:00 Men's Billiards - GR 2:00-3:00 Adults Only - Pool 2:15 Ice Cream Social - VI 2:30 Bretonaires Practice - EX 2:30 Wii Bowling - BI 3:00 Ladies Tea - TPDR 3:15 Praying the Rosary - RPDR 6:30 Games - EX, TL, TB 6:30 Bridge - WC</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>R.E.A.L Roger B Chaffee: A Boy with a Dream, A Man on a Mission Vineyard - 7:00 pm (make ride requests by noon)</p> </div>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <div style="text-align: center; margin: 10px 0;">  <p>ELECTION DAY</p> </div> <p>8:00-10:00 Coffee - WC, RI 9:30 Aqua Fit - Pool 10:00 Ladies Billiards - GR 10:30 Feldenkrais - RPDR</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Music at Midday at Park Church w/ Chris Dekker on the Organ Bus pick-up: 11:00 am</p> </div> <p>11:15 Balance & Core - IFC 1:00 Balance & Core - IFC 1:00 Ping Pong - IFC 1:00 Men's Billiards - GR 1:00 Pinochle - TB 1:50 Fitness Fusion - RI 2:00 Knitting/Crocheting - EX (supplies available) 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - RI 3:00 Ladies Billiards - BR 3:15 Praying the Rosary - RPDR 7:00 Scrabble - TF 7:00 Square Dancing - EX</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00 - 10:00 Coffee - WC, BI 8:10 Stretch & Flex - RPDR 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - RI 9:30 "The New Heaven and the New Earth" Bible Study w/ Diane Bloem - CP 9:50 Circuit Training - RI 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - PDR</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>R.E.A.L What You May or May Not Know About Israel & the Bible Part 2 of 3 Vineyard - 2:00 pm</p> </div> <p>2:00 Coffee Break Bible Study on the book of Genesis w/ Joanne Miersma - RPDR 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:00 Open Gym - RI 2:30 Wii Bowling - VI 3:15 Praying the Rosary - RPDR 4:30 Social Hour - RPDR 6:45 Euchre - WC 7:00 Dominos - EX, RL 7:00 Games/Bridge/MahJong-BI</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>6:30 St. Mary's Lab - RPDR 7:00 St. Mary's Lab - HC 8:00-10:00 Coffee - WC, BI 9:30 Creative Writing - RPDR 9:30 Aqua Fit - Pool</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>R.E.A.L Portal 101 Vineyard - 10:00 am</p> </div> <p>10:00 Catholic Mass - CP 11:15 Balance & Core - IFC 1:00 Line Dancing - EX 1:00 Men's Billiards - GR 1:00 Ping Pong - canceled 1:00 Volunteer Flower Arranging - BRLC 1:00 Balance & Core - IFC 1:50 Fitness Fusion - RI</p> <div style="border: 1px solid red; padding: 5px; margin: 10px 0;"> <p>Breton Woods in Motion Support Group Terrace Private Dining Room 2:00 pm</p> </div> <p>2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - RI 2:30 Bretonaires Practice - EX 3:00 Knit Wits - BI 4:00 Social Hour - TPDR 4:15 Choir Practice - CP</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>The Jubilee Women's Music Ensemble Vineyard Cookies & Coffee - 6:15 pm Concert - 7:00 pm (make ride requests by noon)</p> </div>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00 - 10:00 Coffee - WC, BI 8:10 Stretch & Flex - RPDR 8:30 Women's Circuit - IFC 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC 9:00 Strength Training - IFC 9:10 Strength Training - RI 9:50 Circuit Training - RI</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>R.E.A.L An Update with Michigan Representative Steve Johnson Centre Place - 10:00 am</p> </div> <p>10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 1:30 Ice Cream Social - WC 2:00-3:00 Adults Only - Pool 7:00 Movie - TT 7:00 Family Movie - RT</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>POPs Symphony at DeVos Hall Bus pick-up - 7:00 pm (pre-ticketed event)</p> </div>	<p>All Day Open Swim - Pool Happy Birthday, Judy Garland! 8:00-10:00 Coffee - WC, BI 10:00 Hymn Sing - TL 1:00 Men's Billiards - GR 2:00 Color My World - RPDR</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Bingo Bistro 1:00 - 3:00pm</p> </div> <p>7:00 Family Movie - TT 7:00 Movie - RT</p> <div style="background-color: #e0f0ff; padding: 10px; margin-top: 10px;"> <p>Resident Service Office Mon-Fri 9:00 am - 4:30 pm Terrace: 643-2720 Ridge: 643-2728</p> <p>Facility Services 235-2787</p> <p>Salon - 643-2714 Tuesday-Friday by Appt.</p> <p>Notary Services Resident Service Offices</p> <p>Bistro - 643-2598 Tuesday & Friday: 11:30 am - 1:30 pm Mon & Wed: 5 - 6:30 pm</p> <p>After Hours Nurse Mon-Thurs: 11 pm - 7 am 7 pm Friday - 7 am Monday 485-7435</p> <p>Noon Meals from BRLC 643-2549</p> </div>	<p>All Day Open Swim - Pool 2:30 Table Games - BI 6:00 Worship Service & Communion in Centre Place w/ Rev. Frank Guter 7:00 Coffee/Fellowship - WC Transportation pick-up at 5:30 pm (return ride after the service and after fellowship)</p> <div style="background-color: #e0f0ff; padding: 10px; margin-top: 10px;"> <p>Sales Department 643-2730</p> <p>Health Centre Open Monday - Friday 7:00 am - 5:00 pm 5:00 - 7:00 pm by appt. 643-2712</p> <p>Woods Café - 643-2716 Monday-Thursday: 11:30 am - 6:30 pm Friday: 5-6:30 pm</p> <p>On-Campus Rides M-F, 8:45 am - 4:15 pm 643-2582</p> <p>Resident Portal: mybretonwoods.org</p> <p>Breton Woods Vine mspweb1@gmail.com</p> <p>Breton Market Terrace Lower Level Mon. & Wed. & Fri. 10:00 am - 2:00 pm</p> </div>