







Spiritual, Intellectual, Physical, Social

SEPT. 30 - OCT. 6



Monday, Sept. 30	Tuesday, Oct. 1	Wednesday, Oct. 2	Thursday, Oct. 3	Friday, Oct. 4	Saturday, Oct. 5	Sunday, Oct. 6
6:00 - 11:00 am OPEN SWIM 2:00 - 10:00 pm -POOL	6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL	6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL	6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL	6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL	All Day Open Swim - Pool	All Day Open Swim - Pool
8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:00 Book of Nehemiah Bible Study w/ MaryAnn Oatis - EX 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Sew Wonderful Quilters (open quilting until 4:00 pm) AS 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:20 Heart Healthy Dance - VI 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Book of Nehemiah Bible Study w/ MaryAnn Oatis - RI 1:00 Men's Billiards - GR 1:00 Open Gym - IFC 2:00-3:00 Adults Only - Pool 2:15 Ice Cream Social - RI 2:30 Bretonaires Practice - EX 2:30 Wii Bowling - BI 3:00 Ladies Tea - TPDR 6:30 Games - EX, TL, TB	8:00-10:00 Coffee - WC, RI 9:30 Aqua Fit - Pool <div style="border: 1px solid green; padding: 5px; text-align: center;">Project I by ArtPrize Tour Lobby 10:00 am </div> 10:00 Ladies Billiards - GR 10:30 Feldenkrais - BS 11:15 Balance & Core - IFC 1:00 Balance & Core - IFC 1:00 Ping Pong - IFC 1:00 Men's Billiards - GR 1:00 Pinochle - TB 1:30 Pinochle - BI 1:50 Fitness Fusion - BS 2:00 Knitting/Crocheting - EX (supplies available) 2:00-3:00 Adults Only - Pool 2:00 Breton Readers - RI 2:30 Balance & Core - BS 3:00 Ladies Billiards - BR 7:00 Scrabble - TF <div style="border: 1px solid green; padding: 5px; text-align: center;">Square Dancing Demo Vineyard 7:00 pm</div>	8:00 - 10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:30 "The New Heaven and the New Earth" Bible Study w/ Diane Bloem - CP 9:50 Circuit Training - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool <div style="border: 1px solid orange; padding: 5px; text-align: center;">R.E.A.L How to Prepare for Open Enrollment Vineyard - 1:00 pm</div> 1:00 Dawg Days -TC  1:00 Men's Billiards - GR 1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - RPDR 2:00 Coffee Break Bible Study on the book of Genesis w/ Joanne Miersma - RPDR 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:00 Open Gym - BS 2:30 Wii Bowling - VI 4:30 Social Hour - RPDR 6:45 Euchre - WC 7:00 Dominos - TL, RL 7:00 Games/Bridge/MahJong - BI	6:30 St. Mary's Lab - RPDR  7:00 St. Mary's Lab - HC 8:00-10:00 Coffee - WC, BI 9:00 Pool Volleyball - Pool 9:30 Aqua Fit - Pool 9:30 Creative Writing - RPDR 10:00 Catholic Mass - CP 11:15 Balance & Core - IFC 1:00 Line Dancing - EX 1:00 Balance & Core - IFC 1:00 Ping Pong - VI 1:00 Men's Billiards - GR 1:00 Volunteer Flower Arranging - BRLLC 1:50 Fitness Fusion - BS <div style="border: 1px solid red; padding: 5px; text-align: center;">Breton Woods in Motion Support Group Terrace Private Dining Room 2:00 pm</div> <div style="border: 1px solid orange; padding: 5px; text-align: center;">R.E.A.L Caring for the Caregiver Centre Place - 2:00 pm</div> 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Bretonaires Practice - EX 2:30 Balance & Core - BS 3:00 Knit Wits - BI 4:00 Social Hour - TPDR 4:15 Choir Practice - CP	8:00 - 10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC <div style="border: 1px solid red; padding: 5px; text-align: center;">Memory Screening Resident Services Office Conference Room - Ridge 9:00 am - noon (by appointment only)</div> 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Woodshop Cleaning - WS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 1:30 Ice Cream Social - WC 2:00-3:00 Adults Only - Pool 7:00 Family Movie - VI 7:00 Movie - TH 7:00 Canasta and Scrabble - BI	8:00-10:00 Coffee - WC, BI 9:00 Hymn Sing - TL 1:00 Men's Billiards - GR 2:00 Color My World - BI <div style="border: 1px solid green; padding: 5px; text-align: center;">Pizza & Game Day Party  Vineyard/Ristorante 3:00 - 6:30 pm Come anytime!</div> 7:00 Family Movie - TH 7:00 Movie - VI	2:30 Table Games - BI 6:00 Worship Service in Centre Place w/ Rev. Ruth Romeyn Transportation pick-up at 5:30 pm (return ride after the service)

LOCATION KEY	
Breton Terrace AS - Art Studio BR - Billiard Room CP - Centre Place EX - Expressions HC - Health Centre IFC - Fitness Centre TB - Terrace Balcony TL - Terrace Lobby TC - Terrace Courtyard TLL - Terrace Lower Level TLI - Terrace Library TPDR - Terrace Private Dining Room	Breton Ridge BI - Bistro BS - Body Shop CR - Craft Room GR - Game Room RPDR - Ridge Private Dining Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library VI - Vineyard
BRLLC - Breton Rehab & Living Centre	BECC - Breton Extended Care Centre
BECS - Breton Extended Care South	



Spiritual, Intellectual, Physical, Social

OCTOBER 7 - 13

Monday, Oct. 7	Tuesday, Oct. 8	Wednesday, Oct. 9	Thursday, Oct. 10	Friday, Oct. 11	Saturday, Oct. 12	Sunday, Oct. 13
<p>6:00 - 11:00 am OPEN SWIM 2:00 - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:00 Book of Nehemiah Bible Study w/ MaryAnn Oatis - EX 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Sew Wonderful Quilters (open quilting until 4:00 pm) AS 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Art in the Studio Mini Pumpkin Painting Art Studio 10:15 am</p> </div> <p>10:20 Heart Healthy Dance - VI 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Book of Nehemiah Bible Study w/ MaryAnn Oatis - RI 1:00 Men's Billiards - GR 1:00 Open Gym - IFC 2:00-3:00 Adults Only - Pool 2:15 Ice Cream Social - RI 2:30 Bretonaires Practice - EX 2:30 Wii Bowling - BI 3:00 Ladies Tea - TPDR 3:15 Praying the Rosary - RPDR</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>Passport to Adventure @ Calvin College Bus pick-up: 5:45 pm (pre-ticketed event)</p> </div> <p>6:30 Games - EX, TL, TB 6:30 Bridge - WC</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, RI</p> <div style="border: 1px solid red; padding: 5px; margin: 10px 0;"> <p>Flu Shot Clinic Terrace Health Centre 8:30 - 11:30 am</p> </div> <p>9:30 Aqua Fit - Pool 10:00 Ladies Billiards - GR 10:30 Feldenkrais - BS 11:15 Balance & Core - IFC 1:00 Balance & Core - IFC 1:00 Ping Pong - IFC 1:00 Men's Billiards - GR 1:00 Pinochle - TB</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Celebrating 90 & 90+ Year Olds Vineyard - 1:15 pm (by invitation only)</p> </div> <p>1:30 Pinochle - BI 1:50 Fitness Fusion - BS 2:00 Knitting/Crocheting - EX (supplies available) 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 3:00 Ladies Billiards - BR 3:15 Praying the Rosary - RPDR 7:00 Scrabble - TF 7:00 Square Dancing - EX</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00 - 10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:30 "The New Heaven and the New Earth" Bible Study w/ Diane Bloem - CP 9:50 Circuit Training - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Dawg Days -TC  1:00 Men's Billiards - GR 1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - PDR 2:00 Coffee Break Bible Study on the book of Genesis w/ Joanne Miersma - RPDR 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:00 Open Gym - BS 2:30 Wii Bowling - VI 3:15 Praying the Rosary - RPDR 4:30 Social Hour - RPDR 6:45 Euchre - WC 7:00 Dominos - EX, RL 7:00 Games/Bridge/MahJong-BI</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>6:30 St. Mary's Lab - RPDR 7:00 St. Mary's Lab - HC 8:00-10:00 Coffee - WC, BI 8:30 Building & Grounds Open Forum Meeting - TPDR 9:00 Pool Volleyball - Pool 9:30 Aqua Fit - Pool 9:30 Prayer for Spiritual Awakening - RPDR</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>ROMEO Men's Lunch At Mission BBQ Bus pick-up: 11:00 am</p> </div> <p>11:15 Balance & Core - IFC 1:00 Line Dancing - EX 1:00 Men's Billiards - GR 1:00 Ping Pong - VI 1:00 Volunteer Flower Arranging - BRLC 1:00 Balance & Core - IFC 1:50 Fitness Fusion - BS 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 2:30 Bretonaires Practice - EX 3:00 Knit Wits - BI 4:00 Social Hour - TPDR 4:15 Choir Practice - CP</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00 - 10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Coffee Classics Bus pick-up: 8:30 am (pre-ticketed event)</p> </div> <p>9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Birthday Ice Cream Social  Woods Café 1:30 pm</p> </div> <p>2:00-3:00 Adults Only - Pool 7:00 Family Movie - VI 7:00 Movie - TH 7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC & BI 9:00 Hymn Sing - TL 1:00 Men's Billiards - GR 2:00 Color My World - BI 7:00 Family Movie - TH 7:00 Movie - VI</p>	<p>All Day Open Swim - Pool</p> <p>2:30 Table Games - BI 6:00 Worship Service & Communion in Centre Place w/ Rev. Frank Guter 7:00 Coffee/Fellowship - WC Transportation pick-up at 5:30 pm (return ride after the service and after fellowship)</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>Resident Service Office Mon-Fri 9:00 am - 4:30 pm Terrace: 643-2720 Ridge: 643-2728</p> <p>Facility Services 235-2787</p> <p>Salon - 643-2714 Tuesday-Friday by Appt.</p> <p>Notary Services Resident Service Offices</p> <p>Bistro - 643-2598 Tuesday & Friday: 11:30 am - 1:30 pm Mon & Wed: 5 - 6:30 pm</p> <p>After Hours Nurse Mon-Thurs: 11 pm - 7 am 7 pm Friday - 7 am Monday 485-7435</p> <p>Noon Meals from BRLC 643-2549</p> </div> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>Sales Department 643-2730</p> <p>Health Centre Open Monday - Friday 7:00 am - 5:00 pm 5:00 - 7:00 pm by appt. 643-2712</p> <p>Woods Café - 643-2716 Monday-Thursday: 11:30 am - 6:30 pm Friday: 5-6:30 pm</p> <p>On-Campus Rides M-F, 8:45 am - 4:15 pm 643-2582</p> <p>Resident Portal: mybretonwoods.org</p> <p>Breton Woods Vine mspweb1@gmail.com</p> <p>Breton Market Terrace Lower Level Mon. & Wed. & Fri. 10:00 am - 2:00 pm</p> </div>