



Spiritual, Intellectual, Physical, Social

SEPTEMBER 16 - 22

Monday, Sept. 16	Tuesday, Sept. 17	Wednesday, Sept. 18	Thursday, Sept. 19	Friday, Sept. 20	Saturday, Sept. 21	Sunday, Sept. 22
<p>6:00 - 11:00 am OPEN SWIM 2:00 - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:00 Book of Nehemiah Bible Study w/ MaryAnn Oatis - EX 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Sew Wonderful Quilters (open quilting until 4:00 pm) AS 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL</p> <p>Monday Morning Music Old Tunes on the Victrola Centre Place - 10:15 am</p> <p>10:20 Heart Healthy Dance - VI 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool</p> <p>Men's 9 Ball Billiards Tournament 1:00 pm - GR</p> <p>1:00 Book of Nehemiah Bible Study w/ MaryAnn Oatis - RI 1:00 Open Gym - IFC 2:00-3:00 Adults Only - Pool</p> <p>Birthday Ice Cream Social Vineyard 2:15 pm</p> <p>2:30 Bretonaires Practice - EX 2:30 Wii Bowling - BI 3:00 Resident Representative Committee Meeting - CP 3:00 Ladies Tea - TPDR 6:30 Games - EX, TL, TB 6:30 Bridge - WC</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, RI 9:00 Water Blast - Pool</p> <p>Card Making Embellishments Art Studio - 10:00 am</p> <p>10:00 Water Fusion - Pool 10:00 Ladies Billiards - GR 10:30 Feldenkrais - BS</p> <p>ROMEO Men's Lunch at Founders Brewing Bus pick-up: 11:00 am</p> <p>11:15 Balance & Core - IFC 1:00 Ping Pong - IFC 1:00 Balance & Core - IFC 1:00 Pinochle - TB 1:30 Pinochle - BI 1:50 Fitness Fusion - BS 2:00 Knitting/Crocheting - EX (supplies available)</p> <p>R.E.A.L. Tuesdays w/ Teepa Snow Creating Moments of Joy Centre Place - 2:00 pm</p> <p>2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 3:00 Ladies Billiards - BR 7:00 Scrabble - TF 7:00 Square Dancing - EX</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00 - 10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS</p> <p>"The New Heaven and the New Earth" Bible Study w/ Diane Bloem Centre Place - 9:30 am</p> <p>9:50 Circuit Training - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL</p> <p>10:30 Pastoral Advisory Committee - TPDR 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 1:00 Bus Pick-up for Meijer</p> <p>1:00-2:00 Drop-in Blood Pressure Checks - RPDR 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Wii Bowling - VI 4:30 Social Hour - RPDR 6:45 Euchre - WC 7:00 Dominos - TL, RL 7:00 Games/Bridge/MahJong - BI</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>6:30 St. Mary's Lab - RPDR 7:00 St. Mary's Lab - HC 8:00-10:00 Coffee - WC, BI 9:00 Pool Volleyball - Pool 9:30 Creative Writing - RPDR 10:00 Water Fusion - Pool</p> <p>Ladies' Lunch at Downtown Market Bus pick-up: 11:00am</p> <p>11:15 Balance & Core - IFC 1:00 Line Dancing - EX 1:00 Balance & Core - IFC 1:00 Ping Pong - VI 1:00 Men's Billiards - GR 1:00 Volunteer Flower Arranging - BRLC 1:50 Fitness Fusion - BS 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Bretonaires Practice - EX 2:30 Ridge Dining Committee Meeting - BI 2:30 Balance & Core - BS 3:00 Knit Wits - BI 4:00 Social Hour - TPDR 4:15 Choir Practice - CP</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00 - 10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 1:30 Ice Cream Social - WC 2:00-3:00 Adults Only - Pool 7:00 Family Movie - VI 7:00 Movie - TH 7:00 Canasta and Scrabble - BI</p> <p>R.E.A.L. Kent County Commissioners Forum Centre Place - 7:00 pm (make ride requests by noon)</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI 9:00 Hymn Sing - TL 1:00 Men's Billiards - GR 2:00 Color My World - BI 7:00 Family Movie - TH 7:00 Movie - VI</p>	<p>All Day Open Swim - Pool</p> <p>- 50th Anniversary - Bob & SuZie Zoerman Vineyard 2:00 - 4:00 pm</p> <p>2:30 Table Games - BI 6:00 Worship Service in Centre Place w/ Rev. Jerry DeVries Transportation pick-up at 5:30 pm (return ride after the service)</p>

LOCATION KEY	
Breton Terrace	Breton Ridge
AS - Art Studio	BI - Bistro
BR - Billiard Room	BS - Body Shop
CP - Centre Place	CR - Craft Room
EX - Expressions	GR - Game Room
HC - Health Centre	RPDR - Ridge Private Dining Room
IFC - Fitness Centre	RI - Ristorante
TB - Terrace Balcony	RL - Ridge Lobby
TL - Terrace Lobby	RLI - Ridge Library
TLL - Terrace Lower Level	VI - Vineyard
TLI - Terrace Library	BRLC - Breton Rehab & Living Centre
TPDR - Terrace Private Dining Room	BECC - Breton Extended Care Centre
TH - Theatre	BECS - Breton Extended Care South
WC - Woods Café	
WS - Woodshop	



Spiritual, Intellectual, Physical, Social



SEPTEMBER 23 - 29

Monday, Sept. 23	Tuesday, Sept. 24	Wednesday, Sept. 25	Thursday, Sept. 26	Friday, Sept. 27	Saturday, Sept. 28	Sunday, Sept. 29
<p>6:00 - 11:00 am OPEN SWIM 2:00 - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:00 Book of Nehemiah Bible Study w/ MaryAnn Oatis - EX 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Sew Wonderful Quilters (open quilting until 4:00 pm) AS 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:20 Heart Healthy Dance - VI</p> <p>Biblical Hints on Healthy, Holistic Living Centre Place - 10:30 am</p> <p>10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool</p> <p>Back to Our Roots Tasting Woods Cafe - 12:00 pm</p> <p>1:00 Book of Nehemiah Bible Study w/ MaryAnn Oatis - RI 1:00 Men's Billiards - GR 1:00 Open Gym - IFC 2:00-3:00 Adults Only - Pool 2:15 Ice Cream Social - RI 2:30 Bretonaires Practice - EX 2:30 Wii Bowling - BI</p> <p>Bible Quiz Bowl Centre Place - 3:00 pm</p> <p>3:00 Ladies Tea - TPDR 6:30 Games - EX, TL, TB 6:30 Bridge - WC</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>Active Aging Week opportunities will replace the regular pool & fitness classes today.</p> <p>8:00-10:00 Coffee - WC, RI</p> <p>Zumba Gold Vineyard - 9:00 am</p> <p>10:00 Ladies Billiards - GR</p> <p>Feldenkrais Body Shop - 10:30 am</p> <p>Steps in September Terrace Lobby - 1:00 pm</p> <p>1:00 Men's Billiards - GR 1:00 Pinochle - TB 1:30 Pinochle - BI 2:00 Knitting/Crocheting - EX (supplies available) 3:00 Ladies Billiards - BR</p> <p>Senior Steppers Performance BRLC Main Dining - 2:30 pm</p> <p>SMARTfit - Isreals Fitness Centre - 3:00 pm</p> <p>Genealogy Terrace Lobby - 3:00 pm</p> <p>7:00 Scrabble - EX (due to AAW)</p> <p>Square Dancing Demo Terrace Lobby 7:00 pm</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00 - 10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:30 "The New Heaven and the New Earth" Bible Study w/ Diane Bloem - CP 9:50 Circuit Training - BS</p> <p>Art Engagement Bistro - 10:00 am</p> <p>10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool</p> <p>Timeless Connections Intergenerational Event - Centre Place 1:00 pm</p> <p>1:00 Men's Billiards - GR 1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - PDR</p> <p>Coffee Break Bible Study on the book of Genesis w/ Joanne Miersma Ridge PDR - 2:00 pm</p> <p>2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Wii Bowling - VI 3:00 Breton Readers - TPDR 4:30 Social Hour - RPDR</p> <p>Opera in the Woods: "Aida" - Theatre - 6:30pm</p> <p>6:45 Euchre - EX (due to AAW) 7:00 Dominos - EX, RL 7:00 Games/Bridge/MahJong-BI</p> <p>The Burgess Brothers in Concert - Centre Place 7:00 pm (make ride requests by noon)</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>Terrace Resident Services Office - CLOSED (due to Volunteer Appreciation Event)</p> <p>Scavenger Hunt - ALL DAY</p> <p>6:30 St. Mary's Lab - RPDR 7:00 St. Mary's Lab - HC 8:00-10:00 Coffee - WC, BI 9:00 Pool Volleyball - Pool</p> <p>Laughter Yoga - BRLC Rehab Gym - 10:00 am</p> <p>10:00 Water Fusion - Pool 10:30 Prayer for Spiritual Awakening - TPDR 11:15 Balance & Core - IFC 1:00 Line Dancing - EX 1:00 Men's Billiards - GR 1:00 Ping Pong - VI 1:00 Volunteer Flower Arranging - BRLC 1:00 Balance & Core - IFC 1:50 Fitness Fusion - BS 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 2:30 Terrace Dining Service Meeting - Open Forum- TPDR 2:30 Bretonaires Practice - EX 3:00 Knit Wits - BI 4:00 Social Hour - TPDR 4:15 Choir Practice - CP</p> <p>Resident Music Showcase Centre Place 7:00 pm (make ride requests by noon)</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>Ridge Resident Services Office - CLOSING at 1:00 pm</p> <p>8:00 - 10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool</p> <p>Brain Games Vineyard - 1:00 pm</p> <p>1:00 Men's Billiards - GR 1:30 Ice Cream Social - WC 2:00-3:00 Adults Only - Pool</p> <p>Michigan Wine Tasting & Presentation Ristorante - 3:00 pm</p> <p>POPs Symphony at DeVos Hall Bus pick-up - 7:00 pm (pre-ticketed event)</p> <p>7:00 Family Movie - VI 7:00 Movie - TH 7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC & BI 9:00 Hymn Sing - TL 1:00 Men's Billiards - GR 2:00 Color My World - BI 3:15 Afternoon Swing - VI</p> <p>Singles' Potluck Woods Café - 5:00 pm (seating begins at 4:45)</p> <p>7:00 Family Movie - TH 7:00 Movie - VI</p>	<p>All Day Open Swim - Pool</p> <p>2:30 Table Games - BI</p> <p>6:00 Worship Service in Centre Place w/ Rev. Safiyah Fosua</p> <p>Transportation pick-up at 5:30 pm (return ride after the service)</p>
					<p>Resident Service Office Mon-Fri 9:00 am - 4:30 pm Terrace: 643-2720 Ridge: 643-2728</p> <p>Facility Services 235-2787</p> <p>Salon - 643-2714 Tuesday-Friday by Appt.</p> <p>Notary Services Resident Service Offices</p> <p>Bistro - 643-2598 Tuesday & Friday: 11:30 am - 1:30 pm Mon & Wed: 5 - 6:30 pm</p> <p>After Hours Nurse Mon-Thurs: 11 pm - 7 am 7 pm Friday - 7 am Monday 485-7435</p> <p>Noon Meals from BRLC 643-2549</p>	
					<p>Sales Department 643-2730</p> <p>Health Centre Open Monday - Friday 7:00 am - 5:00 pm 5:00 - 7:00 pm by appt. 643-2712</p> <p>Woods Café - 643-2716 Monday-Thursday: 11:30 am - 6:30 pm Friday: 5-6:30 pm</p> <p>On-Campus Rides M-F, 8:45 am - 4:15 pm 643-2582</p> <p>Resident Portal: mybretonwoods.org</p> <p>Breton Woods Vine mspweb1@gmail.com</p> <p>Breton Market Terrace Lower Level Mon. & Wed. & Fri. 10:00 am - 2:00 pm</p>	