





Spiritual, Intellectual, Physical, Social



JULY 22 - 28

Monday, July 22	Tuesday, July 23	Wednesday, July 24	Thursday, July 25	Friday, July 26	Saturday, July 27	Sunday, July 28
<p>6:00 - 11:00 am OPEN SWIM 2:00 - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS</p> <p>10:00 Sew Wonderful Quilters (open quilting until 4:00 pm) AS 10:00-2:00 Breton Market - TLL</p> <p>10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:20 Heart Healthy Dance - VI 10:45 Strength Training - IFC</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>ROMEO Men's Lunch - Reds at Thousand Oaks Bus pick-up: 11:00 am</p> </div> <p>11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 1:15 Water Fusion - Pool 2:00-3:00 Adults Only - Pool 2:00 Ice Cream Social - RI 2:30 Wii Bowling - BI</p> <div style="border: 1px solid blue; padding: 5px; margin: 10px 0;"> <p>Vibrant Living Class "Advanced Balance" 2:30 pm Israels Fitness Centre</p> </div> <p>6:30 Games - EX, TL, TB 6:30 Bridge - WC</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, RI 9:00 Water Blast - Pool 10:00 Water Fusion - Pool 10:00 Ladies Billiards - GR 10:30 Feldenkrais - BS 11:15 Balance & Core - IFC</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Art Project - Tea Cup Candles Art Studio - 1:00 pm</p> </div> <p>1:00 Ping Pong - IFC 1:00 Men's Billiards - GR 1:00 Pinochle - TB 1:30 Pinochle - BI 1:50 Fitness Fusion - BS</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>Genealogy Centre Place - 2:00 pm</p> </div> <p>2:00 Knitting/Crocheting - EX (supplies available) 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 3:00 Ladies Billiards - BR</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Tuesday Evening Music Club at Frederik Meijer Gardens Bus pick-up: 5:00 pm (FREE - sign up)</p> </div> <p>7:00 Scrabble - TF 7:00 Square Dancing - EX</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8 - 10 Coffee - WC, VI PATIO 8:10 OUTDOOR Stretch & Flex - meet in Ridge lobby 8:30 Women's Circuit - IFC</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>White River Knife & Tool Tour & Lunch Bus pick-up: 9:00 am</p> </div> <p>9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>R.E.A.L Comcastic Tech Class Vineyard - 10:00 am</p> </div> <p>10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 OUTDOOR Stretch & Flex - meet in Terrace lobby 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - RPDR 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Wii Bowling - VI 4:30 Social Hour - RPDR</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>Ridge Beach Patio Picnic 5:00 pm (make ride requests by noon)</p>  </div> <p>6:45 Euchre - WC 7:00 Dominos - TL, RL 7:00 Games/Bridge/Mahjong - BI</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>6:30 St. Mary's Lab - RPDR  7:00 St. Mary's Lab - HC 8:00-10:00 Coffee - WC, BI 9:00 Water Blast - Pool 9:30 Creative Writing - RPDR 10:00 Water Fusion - Pool 10:30 Prayer for Spiritual Awakening - TPDR 11:15 Balance & Core - IFC</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Dog "Pawty" in the Terrace Courtyard (then to BEC-C) 1:00 pm</p>  </div> <p>1:00 Ping Pong - VI 1:00 Men's Billiards - GR 1:00 Volunteer Flower Arranging - BRLC 1:50 Fitness Fusion - BS 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 2:30 Terrace Dining Service Meeting - Open Forum- TPDR 3:00 Knit Wits - BI 4:00 Social Hour - TPDR</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Picnic POPs Motown Concert w/ the GR Symphony Bus pick-up - 5:30 pm (pre-ticketed event)</p> </div>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8 - 10 Coffee - WC PATIO, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>R.E.A.L. John Adams Series - Part 7 of 7 Vineyard - 10:00 am</p> </div> <p>10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool</p> <div style="border: 1px solid purple; padding: 5px; margin: 10px 0;"> <p>Summer Bible Study Mosque Visit (prior sign-up required) Bus pick-up: 11:30 am</p> </div> <p>1:00 Men's Billiards - GR 1:30 Ice Cream Social - WC 2:00-3:00 Adults Only - Pool 7:00 Family Movie - VI 7:00 Movie - TH 7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI 1:00 Men's Billiards - GR 2:00 Color My World - BI 3:15 Afternoon Swing - VI</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Singles' Potluck Woods Café 5:00 pm (seating begins at 4:45)</p> </div> <p>7:00 Family Movie - TH 7:00 Movie - VI</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>LOCATION KEY</p> <p>Breton Terrace AS - Art Studio BR - Billiard Room CP - Centre Place EX - Expressions HC - Health Centre IFC - Fitness Centre TB - Terrace Balcony TL - Terrace Lobby TLL - Terrace Lower Level TLI - Terrace Library TPDR - Terrace Private Dining Room TH - Theatre WC - Woods Café WS - Woodshop</p> </div>	<p>All Day Open Swim - Pool</p> <p>2:30 Table Games - BI</p> <p>6:00 Worship Service in Centre Place w/ Rev. Jerry DeVries Transportation pick-up at 5:30 pm (return ride after the service)</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>Breton Ridge BI - Bistro BS - Body Shop CR - Craft Room GR - Game Room RPDR - Ridge Private Dining Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library VI - Vineyard</p> <p>BRLC - Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South</p> </div>



Spiritual, Intellectual, Physical, Social

JULY 29 = AUG 4

Monday, July 29	Tuesday, July 30	Wednesday, July 31	Thursday, Aug. 1	Friday, Aug. 2	Saturday, Aug. 3	Sunday, Aug. 4
<p>6:00 - 11:00 am OPEN SWIM 2:00 - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>John Ball Park Zoo Tour Bus pick-up: 10:00 am</p> </div> <p>10:00 Sew Wonderful Quilters (open quilting until 4:00 pm) AS 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:20 Heart Healthy Dance - VI 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 1:15 Water Fusion - Pool 2:00-3:00 Adults Only - Pool 2:00 Ice Cream Social - RI</p> <div style="border: 1px solid blue; padding: 5px; margin: 10px 0;"> <p>Vibrant Living Class "Advanced Balance" 2:30 pm Israels Fitness Centre</p> </div> <p>2:30 Wii Bowling - EX 2:30 Wii Bowling - BI 3:00 Ladies Tea - TPDR 6:30 Games - EX, TL, TB 6:30 Bridge - WC</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, RI 9:00 Water Blast - Pool 10:00 Ladies Billiards - GR 10:00 Water Fusion - Pool 10:30 Feldenkrais - BS 11:15 Balance & Core - IFC</p> <p>1:00 Men's Billiards - GR 1:00 Ping Pong - IFC 1:00 Pinochle - TB 1:30 Pinochle - BI 1:50 Fitness Fusion - BS 2:00 Knitting/Crocheting - EX (supplies available) 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 3:00 Ladies Billiards - BR</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Co-Ed Dinner at Bostwick Lake Inn Bus pick-up - 3:15 pm</p> </div> <p>7:00 Scrabble - TF 7:00 Square Dancing - EX</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8 - 10 Coffee - WC, VI PATIO 8:10 OUTDOOR Stretch & Flex - meet in Ridge lobby 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 OUTDOOR Stretch & Flex - meet in Terrace lobby 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - PDR</p> <div style="border: 1px solid blue; padding: 5px; margin: 10px 0;"> <p> Pool Volleyball Pool 3:00 pm</p> </div> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>REAL Law and Judging: Reflections of an Old Jurisprude Centre Place - 2:00 pm</p> </div> <p>2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Wii Bowling - VI 3:00 Breton Readers - TPDR 4:30 Social Hour - RPDR 6:45 Euchre - WC 7:00 Dominos - TL, RL 7:00 Games/Bridge/MahJong-BI</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>6:30 St. Mary's Lab - RPDR 7:00 St. Mary's Lab - HC 8:00-10:00 Coffee - WC, BI 9:00 Water Blast - Pool 9:30 Creative Writing - RPDR 10:00 Catholic Mass - CP 10:00 Water Fusion - Pool 11:15 Balance & Core - IFC</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p> Dog "Pawty" in the Terrace Courtyard (then to BEC-S) 1:00 pm</p> </div> <p>1:00 Men's Billiards - GR 1:00 Ping Pong - VI 1:00 Volunteer Flower Arranging - BRLC 1:50 Fitness Fusion - BS 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 3:00 Knit Wits - BI 4:00 Social Hour - TPDR</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Hope Heralds Concert and Surf & Turf Dinner - \$15 (sign up) Woods Café & Lobby 5:00 pm (make ride requests by noon)</p> </div>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8 - 10 Coffee - WC PATIO, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Woodshop Cleaning - WS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 1:30 Ice Cream Social - WC 2:00-3:00 Adults Only - Pool 7:00 Family Movie - VI 7:00 Movie - TH 7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC & BI 1:00 Men's Billiards - GR 2:00 Color My World - BI 7:00 Family Movie - TH 7:00 Movie - VI</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>Resident Service Office Mon-Fri 9:00 am - 4:30 pm Terrace: 643-2720 Ridge: 643-2728</p> <p>Facility Services 235-2787</p> <p>Salon - 643-2714 Tuesday-Friday by Appt.</p> <p>Notary Services Resident Service Offices</p> <p>Bistro - 643-2598 Tuesday & Friday: 11:30 am - 1:30 pm Mon & Wed: 5 - 6:30 pm</p> <p>After Hours Nurse Mon-Thurs: 11 pm - 7 am 7 pm Friday - 7 am Monday 485-7435</p> <p>Noon Meals from BRLC 643-2549</p> </div>	<p>All Day Open Swim - Pool</p> <p>2:30 Table Games - BI 6:00 Worship Service in Centre Place w/ Rev. Ruth Romeyn Transportation pick-up at 5:30 pm (return ride after the service)</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>Sales Department 643-2730</p> <p>Health Centre Open Monday - Friday 7:00 am - 5:00 pm 5:00 - 7:00 pm by appt. 643-2712</p> <p>Woods Café - 643-2716 Monday-Thursday: 11:30 am - 6:30 pm Friday: 5-6:30 pm</p> <p>On-Campus Rides M-F, 8:45 am - 4:15 pm 643-2582</p> <p>Resident Portal: mybretonwoods.org</p> <p>Breton Woods Vine mspweb1@gmail.com</p> <p>Breton Market Terrace Lower Level Mon. & Wed. & Fri. 10:00 am - 2:00 pm</p> </div>