



Spiritual, Intellectual, Physical, Social

# JUNE 24 - 30

Monday, June 24	Tuesday, June 25	Wednesday, June 26	Thursday, June 27	Friday, June 28	Saturday, June 29	Sunday, June 30
<p>6:00 - 11:00 am OPEN SWIM 2:00 - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch &amp; Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p><b>R.E.A.L</b> Eye Diseases Centre Place - 10:00 am</p> </div> <p>10:00 Sew Wonderful Quilters (open quilting until 4:00 pm) AS 10:00-2:00 Breton Market - TLL 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:20 Heart Healthy Dance - VI 10:45 Strength Training - IFC 11:00 Stretch &amp; Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 1:00 A Matter of Balance - (part 7 of 8) - TPDR 1:15 Water Fusion - Pool 2:00-3:00 Adults Only - Pool 2:00 Ice Cream Social - VI 2:30 Wii Bowling - BI 3:00 Ladies Tea - TPDR 6:30 Games - EX, TL, TB 6:30 Bridge - WC</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, RI 9:00 Water Blast - Pool 10:00 Water Fusion - Pool 10:00 Ladies Billiards - GR 10:30 Feldenkrais - canceled 11:15 Balance &amp; Core - IFC 1:00 Ping Pong - IFC 1:00 Men's Billiards - GR 1:00 Pinochle - TB 1:30 Pinochle - BI 1:50 Fitness Fusion - BS</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p><b>R.E.A.L</b> Genealogy Vineyard - 2:00 pm</p> </div> <p>2:00 Knitting/Crocheting - EX 2:00-3:00 Adults Only - Pool 2:30 Balance &amp; Core - BS 3:00 Ladies Billiards - BR 7:00 Scrabble - TF 7:00 Square Dancing - EX</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch &amp; Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS</p> <div style="border: 1px solid purple; padding: 5px; text-align: center;"> <p><b>Summer Bible Study</b> "Our Neighbor's Faith" w/ Carolyn Cammenga Part 1 of 4 Centre Place - 10:00 am</p> </div> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p><b>R.E.A.L</b> Costa Rica Birds Vineyard - 10:00 am</p> </div> <p>10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch &amp; Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - RPDR 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Wii Bowling - VI 3:00 Breton Readers - TPDR 4:30 Social Hour - RPDR 6:45 Euchre - WC 7:00 Dominos - TL, RL 7:00 Games/Bridge/MahJong - BI</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>6:30 St. Mary's Lab - RPDR 7:00 St. Mary's Lab - HC </p> <p>8:00-10:00 Coffee - WC, BI 9:00 Water Blast - Pool 10:00 Water Fusion - Pool 10:30 Prayer for Spiritual Awakening - TPDR 11:15 Balance &amp; Core - IFC 1:00 Ping Pong - VI 1:00 Men's Billiards - GR 1:00 Volunteer Flower Arranging - BRLC 1:50 Fitness Fusion - BS 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Terrace Dining Service Meeting - Open Forum- TPDR 2:30 Balance &amp; Core - BS 3:00 Knit Wits - BI 4:00 Social Hour - TPDR</p> <div style="border: 1px solid green; padding: 5px; text-align: center;"> <p><b>Kentwood Summer Concert Series - Blue Soul Express</b> Bus pick-up - 6:30pm (FREE - sign up)</p> </div>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch &amp; Flex - BS 8:30 Women's Circuit - IFC 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training- BS</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p><b>R.E.A.L</b> John Adams Series - Part 3 of 7 Vineyard - 10:00 am</p> </div> <p>10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch &amp; Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 1:30 Ice Cream Social - WC 2:00-3:00 Adults Only - Pool 7:00 Family Movie - VI 7:00 Movie - TH 7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI 1:00 Men's Billiards - GR 2:00 Color My World - BI</p> <div style="border: 1px solid green; padding: 5px; text-align: center;"> <p><b>Singles' Potluck</b> Woods Café 5:00 pm (seating begins at 4:45)</p> </div> <p>7:00 Family Movie - TH 7:00 Movie - VI</p>	<p>All Day Open Swim - Pool</p> <p>2:30 Table Games - BI 6:00 <b>Worship Service</b> in Centre Place w/ Rev. Ruth Romeyn Transportation pick-up at 5:30 pm (return ride after the service)</p>

LOCATION KEY	
<b>Breton Terrace</b>	<b>Breton Ridge</b>
AS - Art Studio	BI - Bistro
BR - Billiard Room	BS - Body Shop
CP - Centre Place	CR - Craft Room
EX - Expressions	GR - Game Room
HC - Health Centre	RPDR - Ridge Private Dining Room
IFC - Fitness Centre	RI - Ristorante
TB - Terrace Balcony	RL - Ridge Lobby
TL - Terrace Lobby	RLI - Ridge Library
TLL - Terrace Lower Level	VI - Vineyard
TLI - Terrace Library	
TPDR - Terrace Private Dining Room	<b>BRLC</b> - Breton Rehab & Living Centre
	<b>BECC</b> - Breton Extended Care Centre
	<b>BECS</b> - Breton Extended Care South



Spiritual, Intellectual, Physical, Social

# JULY 1 - 7

Monday, July 1	Tuesday, July 2	Wednesday, July 3	Thursday, July 4	Friday, July 5	Saturday, July 6	Sunday, July 7
<p>6:00 - 11:00 am OPEN SWIM 2:00 - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch &amp; Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Sew Wonderful Quilters (open quilting until 4:00 pm) AS 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:20 Heart Healthy Dance - VI 10:45 Strength Training - IFC 11:00 Stretch &amp; Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 1:00 A Matter of Balance - (part 8 of 8) - TPDR 1:15 Water Fusion - Pool 2:00-3:00 Adults Only - Pool 2:00 Ice Cream Social - canceled</p> <div style="border: 1px solid blue; padding: 5px; margin: 10px 0;"> <p><b>Vibrant Living Class</b> "Advanced Balance" 2:30 pm Israels Fitness Centre</p> </div> <p>2:30 Wii Bowling - EX 2:30 Wii Bowling - BI 3:00 Ladies Tea - TPDR 3:15 Praying the Rosary - RPDR</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p><b>Canada Day &amp; Food</b> Terrace &amp; Ridge Patios 5:00 pm</p> </div> <p>6:30 Games - EX, TL, TB 6:30 Bridge - WC</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, RI 9:00 Water Blast - Pool 10:00 Ladies Billiards - GR 10:00 Water Fusion - Pool 10:30 Feldenkrais - canceled 11:15 Balance &amp; Core - IFC 1:00 Men's Billiards - GR 1:00 Ping Pong - IFC 1:00 Pinochle - TB 1:30 Pinochle - BI 1:50 Fitness Fusion - BS 2:00 Breton Readers - RI 2:00 Knitting/Crocheting - EX 2:00-3:00 Adults Only - Pool 2:30 Balance &amp; Core - BS 3:00 Ladies Billiards - BR 3:15 Praying the Rosary - RPDR</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p><b>Tuesday Evening Music Club at Frederik Meijer Gardens</b> Bus pick-up: 5:00 pm (FREE - sign up)</p> </div> <p>7:00 Scrabble - TF 7:00 Square Dancing - EX</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>Terrace &amp; Ridge RSO's close at 3:00 pm Woods Café and Bistro - open for lunch only (11:30 am - 1:30 pm)</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch &amp; Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS</p> <div style="border: 1px solid purple; padding: 5px; margin: 10px 0;"> <p><b>Summer Bible Study</b> "Our Neighbor's Faith" w/ Carolyn Cammenga Part 2 of 4 Centre Place - 10:00 am</p> </div> <p>10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch &amp; Flex - EX 11:20 Water Walking - Pool</p> <div style="border: 1px solid blue; padding: 5px; margin: 10px 0;"> <p><b>Shuffleboard</b> 1:00 pm Expressions</p> </div> <p>1:00 Men's Billiards - GR 1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - PDR 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Wii Bowling - VI 3:15 Praying the Rosary - RPDR 4:30 Social Hour - RPDR 6:45 Euchre - WC 7:00 Dominos - TL, RL 7:00 Games/Bridge/MahJong-BI</p>	<p>All Day Open Swim - Pool</p> <div style="text-align: center;">  <p><b>4TH OF JULY</b></p> </div> <p>All Fitness Classes Canceled Offices - Closed Woods Café &amp; Bistro - Closed</p> <p>6:30 St. Mary's Lab - canceled 7:00 St. Mary's Lab - canceled 8:00-10:00 Coffee - WC, BI 9:00 Water Blast - canceled 10:00 Catholic Mass - CP 10:00 Water Fusion - canceled 11:15 Balance &amp; Core - canceled 1:00 Men's Billiards - canceled 1:00 Ping Pong - canceled 1:00 Volunteer Flower Arranging - canceled 1:50 Fitness Fusion - canceled 2:00 Men's Billiards - canceled 2:00-3:00 Adults Only - canceled 2:30 Balance &amp; Core - canceled 3:00 Knit Wits - canceled 4:00 Social Hour - canceled</p> <div style="border: 1px solid blue; padding: 5px; margin: 10px 0;"> <p><b>4th of July Festivities</b> Terrace Party 5:00 pm - Woods Cafe Ridge Pot Luck - Vineyard 5:00 pm - Social Hour 5:30 pm - Patriotic Sing-a-Long 6:00 pm - Pot Luck</p> </div>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>Terrace RSO - CLOSED Woods Café &amp; Bistro - Closed</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch &amp; Flex - BS 8:30 Women's Circuit - IFC 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC 10:00 Woodshop Cleaning - WS 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p><b>REAL</b> John Adams Series - Part 4 of 7 Vineyard - 10:00 am</p> </div> <p>10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch &amp; Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 1:30 Ice Cream Social - canceled 2:00-3:00 Adults Only - Pool 7:00 Family Movie - VI 7:00 Movie - TH 7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC &amp; BI 1:00 Men's Billiards - GR 2:00 Color My World - BI 7:00 Family Movie - TH 7:00 Movie - VI</p> <div style="border: 1px solid lightblue; padding: 5px; margin: 10px 0;"> <p><b>Resident Service Office</b> Mon-Fri 9:00 am - 4:30 pm Terrace: 643-2720 Ridge: 643-2728</p> <p><b>Facility Services</b> 235-2787</p> <p><b>Salon - 643-2714</b> Tuesday-Friday by Appt.</p> <p><b>Notary Services</b> Resident Service Offices</p> <p><b>Bistro - 643-2598</b> Tuesday &amp; Friday: 11:30 am - 1:30 pm Mon &amp; Wed: 5 - 6:30 pm</p> <p><b>After Hours Nurse</b> Mon-Thurs: 11 pm - 7 am 7 pm Friday - 7 am Monday 485-7435</p> <p><b>Noon Meals from BRLC</b> 643-2549</p> </div> <div style="border: 1px solid lightblue; padding: 5px; margin: 10px 0;"> <p><b>Sales Department</b> 643-2730</p> <p><b>Health Centre</b> Open Monday - Friday 7:00 am - 5:00 pm 5:00 - 7:00 pm by appt. 643-2712</p> <p><b>Woods Café - 643-2716</b> Monday-Thursday: 11:30 am - 6:30 pm Friday: 5-6:30 pm</p> <p><b>On-Campus Rides</b> M-F, 8:45 am - 4:15 pm 643-2582</p> <p><b>Resident Portal:</b> mybretonwoods.org</p> <p><b>Breton Woods Vine</b> mspweb1@gmail.com</p> <p><b>Breton Market</b> Terrace Lower Level Mon. &amp; Wed. &amp; Fri. 10:00 am - 2:00 pm</p> </div>	<p>All Day Open Swim - Pool</p> <p>2:30 Table Games - BI 6:00 <b>Worship Service</b> in Centre Place w/ Rev. Garrett Stoutmeyer Special Offering: HH Resident Assistance Fund Transportation pick-up at 5:30 pm (return ride after the service)</p>