

For More Information Regarding  
• Holland Home Memory Care Units:

call (616) 235-5704

• In-home Memory Care:

call (616) 233-4142

*Holland Home complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.*

*Holland Home cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo.*

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Holland Home™

[hollandhome.org](http://hollandhome.org)

2100 Raybrook SE, Suite 300 | Grand Rapids, MI 49546



Holland Home™

MEMORY CARE

EXCEPTIONAL COMPASSION  
INNOVATIVE CARE

### OUR MISSION

In fulfilling God's calling to serve others, we will serve with love and compassion, commit to excellence, and follow Christ's teachings and example in all we do.



### WHAT IS DEMENTIA?

Dementia is a term that describes a wide range of symptoms associated with a decline in memory and other thinking skills. As the disease progresses, varying mental functions can be affected, such as memory, language, communication, focus, reasoning, judgment, and vision.

People usually progress through the stages of dementia at a slow and steady pace over an average of eight to ten years.

## CARE AND SUPPORT FOR THE JOURNEY AHEAD

Holland Home and our home care partner, Atrio Home Care, are here to help those living with dementia find joy in their journey while caring for them with compassion and empathy.

A person living with dementia is often living in the moment. We have the honor of being with them in their moments, creating a place of joy, peace, comfort, and security.

Our memory care services team works to create positive moments of joy for your loved one. We recognize that they may not remember a specific time or event, but the feelings of love, compassion, and understanding we leave with them can linger.

Dementia affects not just your loved one but you as well. We are here to support and be a resource for you.

Stand up in the presence of  
the aged, show respect for the  
elderly, and revere your God.  
I am the Lord.

**Leviticus 19:32**



## MEMORY CARE THAT GOES ABOVE AND BEYOND

At Holland Home, we are dedicated to enhancing the lives of those living with memory loss, wherever they call home. Backed by a committed team of experts, our goal is to ensure safety and security while helping your loved ones make the most of every day in every way possible.

We are driven to find new and innovative ways to approach and care for those living with dementia. With that in mind, we dedicate ourselves to providing ongoing training and education to ensure the best care possible.



# OUR PERSON-CENTERED APPROACH TO DEMENTIA CARE

## DEMENTIA TRAINING

All Holland Home memory care staff members take part in a unique training program called The Dementia Journey. The program is designed to simulate sound, vision, and sensory impairment, helping staff members better understand the confusion and impairments endured by those with memory loss. It not only helps create a higher level of insight into the disease but also greater empathy for those living with dementia.

## A POSITIVE APPROACH TO CARE

Holland Home has adopted renowned dementia expert Teepa Snow's Positive Approach to Care™ concept as a key element to its memory care services. This person-centered approach helps us change our own behavior in the moment, so we can meet the changing needs of those living with dementia. As a result, our caregivers have a better understanding of the disease's effect on behavior, and practice techniques that improve communication and care by respecting boundaries and creating compassionate connections with those in our care.

## CONNECT

We provide person-centered environments that promote engagement through a wealth of individualized activities. Rather than providing generic group activities,

we seek to connect our residents to their environment in meaningful ways, also known as the Montessori approach. By connecting with our residents' real-life stories and interests, we are better able to create an environment that provides purpose in their daily lives. Providing an engaging environment based upon their individual gifts and talents can spark interest and provide a sense of well-being.

Playing familiar tunes or hymns brings joy and peace as one relives and remembers their favorite music.

## HONOR CARE

Holland Home's mission is to honor all we serve through compassionate, Christ-centered care. But how do we show respect and honor when our loved one's

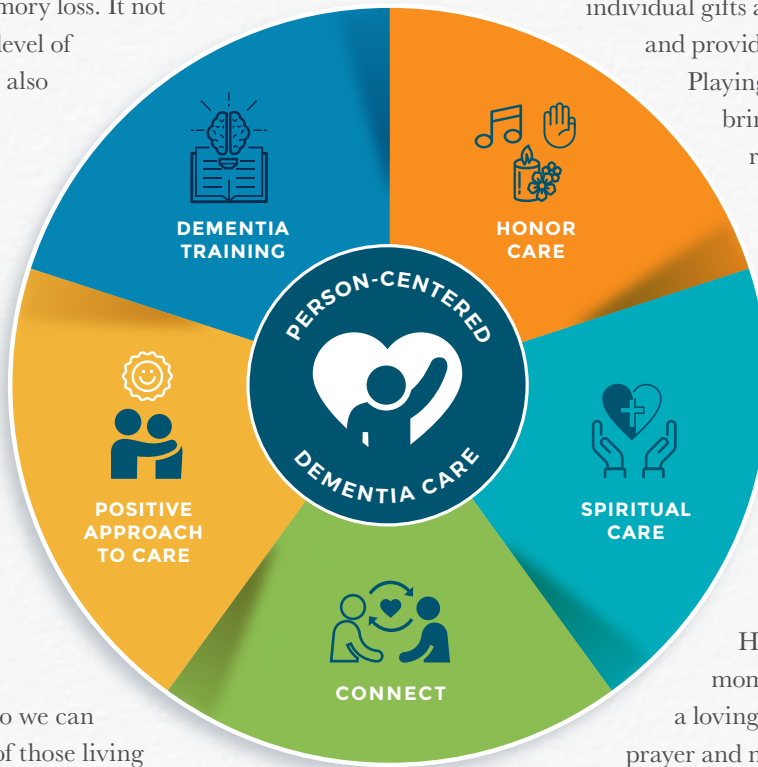
journey with dementia is approaching its end? Our

Honor Care method provides moments of meaning by offering a loving touch, calming aromas, prayer and music, and favorite foods in a

peaceful environment. We find that providing meaningful sensory experiences is key in caring for those with dementia and making a difference in their quality of life.

## SPIRITUAL CARE

Believing in the importance and value of practicing faith, we've created Evening Star™, a unique worship service that calls to mind memories of favorite hymns and Bible passages and allows our memory care residents to participate in worship.



## THE LITTLE THINGS THAT MAKE A BIG DIFFERENCE



Our memory care team consists of volunteers who create unique items such as weighted blankets and fidget aprons, which help soothe those in the later stages of dementia. We also provide individualized memory boxes for each resident that include items such as treasured photos, favorite music, a favorite Bible verse, or an autographed baseball. Memory boxes engage our residents in recalling precious mementos from their past — providing reminders from their lives that can be enjoyed by both staff and families.



## PROVIDING EXPERT MEMORY CARE WHEREVER IT IS NEEDED

Holland Home and our home care partner, Atrio Home Care, are dedicated to enhancing the lives of those living with memory loss, wherever they call home.

### ATRIO HELP AT HOME PROVIDES:

- As-needed or ongoing 24/7 assistance
- Stimulating activities and exercise therapy
- Assistance with personal needs, like bathing and dressing
- Meal preparation to ensure loved ones get the nourishment needed
- Relief for overworked caregivers

### ATRIO HOME HEALTH PROVIDES:

- Medical treatments via specially trained dementia nurses
- Assistance with behavioral health needs
- A variety of health services to help loved ones live safer and healthier at home



## RESIDENTIAL MEMORY CARE SERVICES

For those whose care needs have surpassed what's safely possible at home, Holland Home offers several safe and comfortable care settings. Those with advancing dementia can receive the care that's needed to live life as fully as possible.

Our memory care units have been specially designed to make living easier for residents progressing along their dementia journey — from soothing wall colors and carpeting to pleasant lighting and aromas. Holland Home's memory care units provide spacious rooms for single occupancy and one-bedroom suites for couples, open gathering spaces for socializing and family visits, and a staff specifically trained in memory care.



## TAKE COMFORT IN HOLLAND HOME

Tending to the needs and challenges of loved ones living with dementia can be overwhelming. That's where we come in. We are here to provide the right care, support, compassion, and expertise to help your loved one be as engaged, active, and joyful as possible — improving quality of life for your loved ones and those who care for them.

**To arrange a private facilities tour,  
or for more information about  
Holland Home's comprehensive  
dementia services, please call  
(616) 235-5704.**