

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Components of Vibrant Living:</p> <ul style="list-style-type: none"> * Social Engagement * Physical Wellness * Spiritual Fulfillment * Intellectual Discovery * Emotional Wellbeing 	<p>9:15 Hymn Sing with Dee 1 10:30 Exercise, Refreshments and Devotions 2:00 Scenic Bus Ride Evening: Staff Choice</p> <p style="text-align: center;">All Fools' Day</p>	<p>9:30 Knitting Club 2 After Lunch: Game Hour Refresh and Reminisce 4:00 Tabletop activities Evening: Staff Choice</p>	<p>10:30 Exercise 3 11:00 Evening Star After Lunch: Game Hour Refresh and Reminisce 4:00 Tabletop activities Evening: Hangman or Name 10</p>	<p>10:30 Exercise, Refreshments, Music and Devotions 4 1:00 Tigers Home Opener Evening: Shuffleboard</p>	<p>10:30 Intergenerational Social 5 Time After Lunch: Manicures Refresh and Reminisce 50 States Challenge Evening: Movie Night</p>	<p>After Breakfast: 6 Exercise, Refreshments, Music and Devotions After Lunch: Individual Leisure Resident Choice Trivia Evening: Shuffleboard</p>
<p>9:30 Worship Service 7 Refreshments, Music and Devotions After Lunch: Resident Choice Travelogue Evening: 6:30 LaGrave CRC Service Coffee & Fellowship</p>	<p>9:15 Hymn Sing with Dee 8 10:30 Exercise, Refreshments and Devotions After Lunch: Game Hour Refresh and Reminisce Trivia Evening: Staff Choice</p>	<p>9:30 Knitting Club 9 After Lunch: Game Hour Refresh and Reminisce 4:00 Tabletop activities 5:45 Dinner Music with Geneva 7:00 Heritage Reformed Men and Children's Choir - Chapel</p>	<p>10:30 Exercise 10 11:00 Evening Star After Lunch: Game Hour Refresh and Reminisce 4:00 Tabletop activities Evening: Hangman or Name 10</p>	<p>10:30 Exercise, Refreshments, Music and Devotions 11 2:00 Art Engagement Project – 3rd floor SNF 2:30 Visit with Lincoln (Dog) 3:00 Scripture and Strings - Chapel Refresh and Reminisce Evening: Shuffleboard</p>	<p>10:30 Exercise, Refreshments, Music and Devotions 12 After Lunch: Manicures 3:00 Piano Music with Colette – On Unit 50 States Challenge Evening: Movie Night</p>	<p>After Breakfast: 13 Exercise, Refreshments, Music and Devotions After Lunch: Individual Leisure Resident Choice Trivia Evening: Shuffleboard</p>
<p>9:30 Worship Service 14 Refreshments, Music and Devotions After Lunch: Resident Choice Travelogue Evening: 6:30 LaGrave CRC Service Coffee & Fellowship</p> <p style="text-align: center;">Palm Sunday</p>	<p>9:15 Hymn Sing with Dee 15 10:30 Exercise, Refreshments and Devotions After Lunch: Game Hour Refresh and Reminisce Trivia Evening: Staff Choice</p>	<p>9:30 Knitting Club 16 9:45 Regina plays the Dulcimer 2:30 Guitar and songs with Chris Sloan - Chapel Refresh and Reminisce 7:00 Eldermusic Ministries – On Unit</p>	<p>10:30 Exercise 17 11:00 Evening Star After Lunch: Game Hour Refresh and Reminisce 4:00 Tabletop activities Evening: Hangman or Name 10</p>	<p>10:30 Exercise, Refreshments, Music and Devotions 18 1:30 Piano Music with Tricia Bingo Refresh and Reminisce Evening: Shuffleboard</p>	<p>10:30 Intergenerational Social 19 Time 2:00 Good Friday Service - Chapel 50 States Challenge Evening: Movie Night</p> <p style="text-align: center;">Good Friday</p>	<p>After Breakfast: 20 Exercise, Refreshments, Music and Devotions After Lunch: Individual Leisure Resident Choice Trivia Evening: Shuffleboard</p>
<p>9:30 Worship Service 21 Refreshments, Music and Devotions After Lunch: Resident Choice Travelogue Evening: 6:30 LaGrave CRC Service Coffee & Fellowship Happy Birthday to John!</p> <p style="text-align: center;">Easter Sunday</p>	<p>9:15 Hymn Sing with Dee 22 10:30 Exercise, Refreshments and Devotions 2:00 Scenic Bus Ride 7:00 Heritage Voices Choir - Chapel</p> <p style="text-align: center;">Earth Day</p>	<p>9:30 Knitting Club 23 After Lunch: Game Hour Refresh and Reminisce 4:00 Tabletop activities 5:45 Dinner Music with Geneva Evening: Staff Choice</p>	<p>10:30 Exercise 24 11:00 Evening Star 3:00 April Birthday Party Evening: Hangman or Name 10</p>	<p>10:30 Exercise, Refreshments, Music and Devotions 25 After Lunch: Bingo 2:30 Visit with Lincoln (Dog) Refresh and Reminisce Evening: Shuffleboard</p>	<p>10:30 Exercise, Refreshments, Music and Devotions 26 After Lunch: Manicures Refresh and Reminisce 50 States Challenge Evening: Movie Night</p> <p style="text-align: center;">Arbor Day</p>	<p>After Breakfast: 27 Exercise, Refreshments, Music and Devotions After Lunch: Individual Leisure Resident Choice Trivia 7:00 Music with David Molinari</p>
<p>9:30 Worship Service 28 Refreshments, Music and Devotions After Lunch: Resident Choice Travelogue Evening: 6:30 LaGrave CRC Service Coffee & Fellowship</p>	<p>9:15 Hymn Sing with Dee 29 10:30 Exercise, Refreshments and Devotions After Lunch: Game Hour Refresh and Reminisce Trivia Evening: Staff Choice</p>	<p>9:30 Knitting Club 30 After Lunch: Game Hour Refresh and Reminisce 4:00 Tabletop activities 7:00 Old Songs and Stories with Al Mahan - Chapel</p>	<h1 style="margin: 0;">April 2019</h1> <h2 style="margin: 0;">Raybrook Manor Cook Unit</h2>			

We appreciate a little spontaneity on the Cook Unit. Therefore, calendar events are subject to change, without notice.