







Spiritual, Intellectual, Physical, Social









MARCH 4 - 10

Monday, March 4	Tuesday, March 5	Wednesday, March 6	Thursday, March 7	Friday, March 8	Saturday, March 9	Sunday, March 10		
<p>Pool & Spa & Locker Rooms - Closed for Routine Maintenance</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p>REAL Art Engagement w/ Pamela Alderman Bistro - 10:00 am</p> </div> <p>10:00-2:00 Breton Market - TLL 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:20 Heart Healthy Dance - VI 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Cardio Express - IFC 11:20 Water Walking - Cancelled 1:00 Women's Bible Study - VI & RI 1:15 Water Fusion - CANCELLED</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p>REAL Transportation Options Centre Place - 2:00 pm</p> </div> <p>2:00-3:00 Adults Only - CANCELLED 2:15 Ice Cream Social - VI 2:30 Wii Bowling - EX 2:30 Wii Bowling - VI 3:00 Ladies Tea - TPDR 3:15 Praying the Rosary - RPDR 6:30 Games - EX 6:30 Bridge - WC</p>	<p>Pool & Spa & Locker Rooms - Closed for Routine Maintenance</p> <p>8-10:00 Coffee - WC, RI 9:00 Water Blast - CANCELLED 10:15 Water Fusion - CANCELLED 10:00 Ladies Billiards - GR 10:00 Seated Yoga - IFC 10:30 Feldenkrais - BS 11:15 Balance & Core - IFC 1:00 Ping Pong - IFC 1:00 Pinochle - TB 1:30 Pinochle - BI 1:50 Fitness Fusion - BS 2:00 Breton Readers - RI 2:00 Knitting/Crocheting - EX 2:00-3:00 Adults Only - CANCELLED 2:30 Balance & Core - BS 3:00 Ladies Billiards - BR 3:15 Praying the Rosary - RPDR</p> <div style="border: 1px solid green; padding: 5px; text-align: center;">  <p>Mardi Gras Fat Tuesday Dinner Party Woods Café - 5:00 pm</p> </div> <p>7:00 Scrabble - TF 7:00 Square Dancing - EX</p>	<p>Pool & Spa & Locker Rooms - Closed for Routine Maintenance</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:30 Bible Study - CP 9:50 Circuit Training - BS</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p>REAL Harmonica Lessons RPDR - 10:00 am</p> </div> <p>10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC</p> <div style="border: 1px solid purple; padding: 5px; text-align: center;">  <p>ASH Wednesday Service Centre Place - 10:45 am</p> </div> <p>11:00 Stretch & Flex - EX 11:20 Cardio Express - IFC 11:20 Water Walking - CANCELLED 1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - RPDR 1:30 Quilting - AS</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p>REAL Art Engagement w/ Pamela Alderman Woods Cafe - 2:00 pm</p> </div> <p>2:00 Coffee Break Bible Study - RPDR 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - CANCELLED 2:30 Wii Bowling - VI 3:15 Praying the Rosary - RPDR 4:30 Social Hour - RPDR 6:45 Euchre - WC 7:00 Dominos - TL, RL 7:00 Games/Bridge/MahJong - BI</p>	<p>Pool & Spa & Locker Rooms - Closed for Routine Maintenance</p> <p>6:30 St. Mary's Lab - RPDR 7:00 St. Mary's Lab - HC 8:00-10:00 Coffee - WC, BI 9:00 Water Blast - CANCELLED 9:30 Creative Writing - RPDR</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p>REAL Art Engagement w/ Pamela Alderman Art Studio - 10:00 am</p> </div> <p>10:00 Wii Bowling - BECS 10:00 Catholic Mass - CP 10:00 Seated Yoga - IFC 10:15 Water Fusion - CANCELLED 11:15 Balance & Core - IFC 1:00 Line Dancing - EX 1:00 Ping Pong - VI 1:00 Volunteer Flower Arranging - BRLC 1:50 Fitness Fusion - BS 2:15 Alley's Ragtime Band - EX 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - CANCELLED 2:30 Balance & Core - BS 3:00 Knit Wits - BI 3:30 Choir Rehearsal - CP 4:00 Social Hour - TPDR</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p>REAL John Adams - Unnecessary War Part 6 of 7 Theatre - 10:00 am</p> </div> <p>10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC</p> <div style="border: 1px solid red; padding: 5px; text-align: center;"> <p>Breton Campus Health Services Forum Centre Place - 11:00 am</p> </div> <p>11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 1:30 Ice Cream Social - WC 2:00-3:00 Adults Only - Pool</p> <div style="border: 1px solid green; padding: 5px; text-align: center;"> <p>POPs Symphony at DeVos Hall Lobby - 7:00 pm (pre-ticketed event)</p> </div> <p>7:00 Family Movie - VI 7:00 Movie - TH 7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI 9:00 Hymn Sing - TL</p> <div style="border: 1px solid green; padding: 5px; text-align: center;">  <p>Bingo Bistro 12:30 - 3:30pm</p> </div> <p>2:00 Color My World - BI 7:00 Family Movie - TH 7:00 Movie - VI</p>	<div style="border: 1px solid black; padding: 5px; text-align: center;">  <p>Don't forget to set all of your clocks one hour ahead!</p> </div> <p>All Day Open Swim - Pool 2:30 Table Games - BI 6:00 Worship Service & Communion in Centre Place w/ Rev. Frank Guter Offering: Worship Fund 7:00 Coffee/Fellowship - WC Transportation pick-up at 5:30 pm (return ride after the service and after fellowship)</p>		
					<div style="border: 1px solid black; padding: 5px;"> <p>LOCATION KEY</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>Breton Terrace</p> <p>AS - Art Studio BR - Billiard Room CP - Centre Place EX - Expressions HC - Health Centre IFC - Fitness Centre TB - Terrace Balcony TL - Terrace Lobby TLL - Terrace Lower Level TLI - Terrace Library TPDR - Terrace Private Dining Room</p> <p>TH - Theatre WC - Woods Café WS - Woodshop</p> </td> <td style="width: 50%; vertical-align: top;"> <p>Breton Ridge</p> <p>BI - Bistro BS - Body Shop CR - Craft Room GR - Game Room RPDR - Ridge Private Dining Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library VI - Vineyard</p> <p>BRLC - Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South</p> </td> </tr> </table> </div>		<p>Breton Terrace</p> <p>AS - Art Studio BR - Billiard Room CP - Centre Place EX - Expressions HC - Health Centre IFC - Fitness Centre TB - Terrace Balcony TL - Terrace Lobby TLL - Terrace Lower Level TLI - Terrace Library TPDR - Terrace Private Dining Room</p> <p>TH - Theatre WC - Woods Café WS - Woodshop</p>	<p>Breton Ridge</p> <p>BI - Bistro BS - Body Shop CR - Craft Room GR - Game Room RPDR - Ridge Private Dining Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library VI - Vineyard</p> <p>BRLC - Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South</p>
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Spiritual, Intellectual, Physical, Social

MARCH 11 - 17

Monday, March 11	Tuesday, March 12	Wednesday, March 13	Thursday, March 14	Friday, March 15	Saturday, March 16	Sunday, March 17		
<p>6:00 - 11:00 am OPEN SWIM 2:00 - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:10 Stretch & Flex - BS</p> <p>8:30 Women's Circuit - IFC</p> <p>9:00 Strength Training - IFC</p> <p>9:10 Strength Training - BS</p> <p>9:50 Circuit Training - BS</p> <p>10:00 Prayer Meeting - TPDR</p> <p>10:00 Men's Circuit - IFC</p> <p>10:00-2:00 Breton Market - TLL</p> <p>10:20 Heart Healthy Dance - VI</p> <p>10:45 Strength Training - IFC</p> <p>11:00 Stretch & Flex - EX</p> <p>11:20 Water Walking - Pool</p> <p>1:00 Women's Bible Study - VI & RI</p> <p>1:15 Water Fusion - Pool</p> <p>2:00-3:00 Adults Only - Pool</p> <div style="border: 1px solid green; padding: 5px; margin-top: 10px;"> <p>Birthday Ice Cream Social Vineyard 2:15 pm</p>  </div> <p>2:30 Wii Bowling - EX</p> <p>2:30 Wii Bowling - BI</p> <p>3:00 Ladies Tea - TPDR</p> <p>6:30 Games - EX, TL, TB</p> <p>6:30 Bridge - WC</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, RI</p> <p>9:00 Water Blast - Pool</p> <p>10:00 Ladies Billiards - GR</p> <p>10:00 Water Fusion - Pool</p> <p>10:30 Feldenkrais - BS</p> <p>11:15 Balance & Core - IFC</p> <p>1:00 Ping Pong - IFC</p> <p>1:00 Pinochle - TB</p> <p>1:30 Pinochle - BI</p> <p>1:50 Fitness Fusion - BS</p> <p>2:00 Knitting/Crocheting - EX</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Balance & Core - BS</p> <p>3:00 Catholics Connecting - TPDR</p> <p>3:00 Ladies Billiards - BR</p> <p>7:00 Scrabble - TF</p> <p>7:00 Square Dancing - EX</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:10 Stretch & Flex - BS</p> <p>8:30 Women's Circuit - IFC</p> <p>9:00 Strength Training - IFC</p> <p>9:10 Strength Training - BS</p> <p>9:30 Bible Study - CP</p> <p>9:50 Circuit Training - BS</p> <div style="border: 1px solid green; padding: 5px; margin-top: 10px;">  <p>Spring Door Hanger Art Art Studio 10:00 am</p> </div> <div style="border: 1px solid orange; padding: 5px; margin-top: 10px;"> <p>REAL Harmonica Lessons RPDR - 10:00 am</p> </div> <p>10:00 Men's Circuit - IFC</p> <p>10:00-2:00 Breton Market - TLL</p> <p>10:45 Strength Training - IFC</p> <p>11:00 Stretch & Flex - EX</p> <p>11:20 Water Walking - Pool</p> <p>1:00 Bus Pick-up for Meijer</p> <p>1:00-2:00 Drop-in Blood Pressure Checks - PDR</p> <p>1:30 Quilting- AS</p> <p>2:00 Coffee Break Bible Study - RPDR</p> <p>2:00 Men's Billiards - BR</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Wii Bowling - VI</p> <div style="border: 1px solid purple; padding: 5px; margin-top: 10px;"> <p>Lenten Series Centre Place 3:15 pm</p>  </div> <p>4:30 Social Hour - RPDR</p> <p>6:45 Euchre - WC</p> <p>7:00 Dominos - TL, RL</p> <p>7:00 Games/Bridge/MahJong-BI</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>6:30 St. Mary's Lab - RPDR </p> <p>7:00 St. Mary's Lab - HC</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:30 Building & Grounds Open Forum Meeting - RPDR</p> <p>9:00 Water Blast - Pool</p> <p>9:30 Prayer for Spiritual Awakening - RPDR</p> <p>10:00 Wii Bowling - BECS</p> <p>10:00 Water Fusion - Pool</p> <p>10:00 Wii Bowling - BECS</p> <p>10:20 Library Committee Meeting - TLI</p> <p>11:15 Balance & Core - IFC</p> <p>1:00 Line Dancing - EX</p> <p>1:00 Ping Pong - VI</p> <p>1:00 Volunteer Flower Arranging - BRLC</p> <p>1:15 REAL Board Meeting - TPDR</p> <p>1:50 Fitness Fusion - BS</p> <p>2:15 Alley's Ragtime Band - EX</p> <p>2:00 Men's Billiards - BR</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Balance & Core - BS</p> <p>3:00 Knit Wits - BI</p> <p>3:30 Choir Rehearsal - CP</p> <p>4:00 Social Hour - TPDR</p> <div style="border: 1px solid orange; padding: 5px; margin-top: 10px;"> <p>REAL City of Kentwood Update With Mayor Kepley Centre Place - 7:00pm</p> </div>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:10 Stretch & Flex - BS</p> <p>8:30-11:15 Drop-in hours for Blood Pressure Checks - HC</p> <p>8:30 Women's Circuit - IFC</p> <p>9:00 Sonus Hearing - HC </p> <p>9:00 Strength Training - IFC</p> <p>9:10 Strength Training - BS</p> <p>9:50 Circuit Training- BS</p> <div style="border: 1px solid orange; padding: 5px; margin-top: 10px;"> <p>REAL John Adams - Peacefield Part 7 of 7 Theatre - 10:00 am</p> </div> <p>10:00 Men's Circuit - IFC</p> <p>10:00-2:00 Breton Market - TLL</p> <p>10:45 Strength Training - IFC</p> <p>11:00 Stretch & Flex - EX</p> <div style="border: 1px solid blue; padding: 5px; margin-top: 10px;"> <p>PATH Party - Vineyard 11:00 am - 12:00 pm</p> </div> <div style="border: 1px solid blue; padding: 5px; margin-top: 10px;"> <p>PATH Party - Expressions 12:30 - 1:30 pm</p> </div> <p>11:20 Water Walking - Pool</p> <div style="border: 1px solid green; padding: 5px; margin-top: 10px;"> <p>Birthday Ice Cream Social Woods Café 1:30 pm</p>  </div> <p>2:00-3:00 Adults Only - Pool</p> <div style="border: 1px solid orange; padding: 5px; margin-top: 10px;"> <p>St. Patrick's Dinner Woods Cafe 5:00 - 6:30 </p> </div> <p>7:00 Family Movie - VI</p> <p>7:00 Movie - TH</p> <p>7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC & BI</p> <p>9:00 Hymn Sing - TL</p> <p>2:00 Color My World - BI</p> <p>7:00 Family Movie - TH</p> <p>7:00 Movie VI</p>	<div style="text-align: center;">  <p><i>Happy St. Patrick's Day</i></p> </div> <p>All Day Open Swim - Pool</p> <p>2:30 Table Games - BI</p> <p>6:00 Worship Service w/ Rev. Carolyn Cammenga Transportation pick-up at 5:30 pm (return ride after the service)</p>		
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