



Spiritual, Intellectual, Physical, Social





MARCH 18 - 24

Monday, March 18	Tuesday, March 19	Wednesday, March 20	Thursday, March 21	Friday, March 22	Saturday, March 23	Sunday, March 24		
<p>6:00 - 11:00 am OPEN SWIM 2:00 - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p>R.E.A.L Art Engagement w/ Pamela Alderman Bistro & PDR - 10:00 am</p> </div> <p>10:00-2:00 Breton Market - TLL 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:20 Heart Healthy Dance - VI 10:45 Strength Training - IFC</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p>R.E.A.L Art Engagement w/ Pamela Alderman Bistro & PDR - 10:45 am</p> </div> <p>11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Women's Bible Study - VI & RI 1:15 Water Fusion - Pool 2:00-3:00 Adults Only - Pool 2:15 Ice Cream Social - VI 2:30 Wii Bowling - EX 2:30 Wii Bowling - VI 3:00 Resident Representative Committee Meeting - CP 3:00 Ladies Tea - TPDR 6:30 Games - EX 6:30 Bridge - WC</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>8-10:00 Coffee - WC, RI 9:00 Water Blast - Pool 10:00 Water Fusion - Pool 10:00 Ladies Billiards - GR 10:30 Feldenkrais - BS</p> <div style="border: 1px solid green; padding: 5px; text-align: center;"> <p>Lunch & Music at Mid-day at Park Church Be in the lobby 10:45 am (bring \$6 - prior sign up)</p> </div> <p>11:15 Balance & Core - IFC 1:00 Ping Pong - IFC 1:00 Pinochle - TB 1:30 Pinochle - BI 1:50 Fitness Fusion - BS 2:00 Knitting/Crocheting - EX 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 3:00 Ladies Billiards - BR 7:00 Scrabble - TF 7:00 Square Dancing - EX</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:30 Bible Study - CP 9:50 Circuit Training - BS</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p>R.E.A.L Harmonica Lessons RPDR - 10:00 am</p> </div> <p>10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:30 Pastoral Advisory Committee Meeting - TPDR 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - RPDR</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p>R.E.A.L Art Engagement w/ Pamela Alderman Woods Cafe - 2:00 pm</p> </div> <p>2:00 Coffee Break Bible Study - RPDR 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Wii Bowling - VI</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p>R.E.A.L Art Engagement w/ Pamela Alderman Woods Cafe - 2:45 pm</p> </div> <p>4:30 Social Hour - RPDR</p> <div style="border: 1px solid green; padding: 5px; text-align: center;"> <p>St. Patrick's Dinner Bistro 5:00 - 6:30 pm </p> </div> <p>6:45 Euchre - WC 7:00 Dominos - TL, RL 7:00 Games/Bridge/Mahjong - BI</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>6:30 St. Mary's Lab - RPDR 7:00 St. Mary's Lab - HC </p> <p>8:00-10:00 Coffee - WC, BI 9:00 Water Blast - Pool 9:30 Creative Writing - RPDR 10:00 Wii Bowling - BECS 10:00 Water Fusion - Pool 11:15 Balance & Core - IFC 1:00 Line Dancing - EX 1:00 Ping Pong - VI 1:00 Volunteer Flower Arranging - BRLC 1:30 Quilting - AS 1:50 Fitness Fusion - BS 2:15 Alley's Ragtime Band - EX 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 2:30 Ridge Dining Committee Meeting - BI 3:00 Knit Wits - BI 3:30 Choir Rehearsal - CP 4:00 Social Hour - TPDR</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p>R.E.A.L "The Face in My Window" book Centre Place - 7:00 pm (transportation at 6:30 pm)</p> </div>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p>R.E.A.L Levels of Care Vineyard - 10:00 am</p> </div> <p>10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL</p> <div style="border: 1px solid blue; padding: 5px; text-align: center;"> <p> Vibrant Living Class of the Month - Indoor Games Ristorante 10:30 am</p> </div> <p>10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool</p> <div style="border: 1px solid blue; padding: 5px; text-align: center;"> <p> Vibrant Living Class of the Month - Pool Volleyball Pool 12:30 pm</p> </div> <p>1:00 Men's Billiards - GR 1:30 Ice Cream Social - WC 2:00-3:00 Adults Only - Pool</p> <div style="border: 1px solid purple; padding: 5px; text-align: center;"> <p>Lenten Series Centre Place 3:00 pm </p> </div> <p>7:00 Family Movie - VI 7:00 Movie - TH 7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI 9:00 Hymn Sing - TL 2:00 Color My World - BI 3:15 Afternoon Swing - VI</p> <div style="border: 1px solid green; padding: 5px; text-align: center;"> <p>Singles' Potluck Woods Café 5:00 pm (seating begins at 4:45) (sign-up)</p> </div> <p>7:00 Family Movie - TH 7:00 Movie - VI</p>	<p>All Day Open Swim - Pool</p> <p>2:30 Table Games - BI 6:00 Worship Service w/ Rev. Jerry DeVries Transportation pick-up at 5:30 pm (return ride after the service)</p>		
					<p style="text-align: center;">LOCATION KEY</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>Breton Terrace</p> <p>AS - Art Studio BR - Billiard Room CP - Centre Place EX - Expressions HC - Health Centre IFC - Fitness Centre TB - Terrace Balcony TL - Terrace Lobby TLL - Terrace Lower Level TLI - Terrace Library TPDR - Terrace Private Dining Room</p> <p>TH - Theatre WC - Woods Café WS - Woodshop</p> </td> <td style="width: 50%; vertical-align: top;"> <p>Breton Ridge</p> <p>BI - Bistro BS - Body Shop CR - Craft Room GR - Game Room RPDR - Ridge Private Dining Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library VI - Vineyard</p> <p>BRLC - Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South</p> </td> </tr> </table>		<p>Breton Terrace</p> <p>AS - Art Studio BR - Billiard Room CP - Centre Place EX - Expressions HC - Health Centre IFC - Fitness Centre TB - Terrace Balcony TL - Terrace Lobby TLL - Terrace Lower Level TLI - Terrace Library TPDR - Terrace Private Dining Room</p> <p>TH - Theatre WC - Woods Café WS - Woodshop</p>	<p>Breton Ridge</p> <p>BI - Bistro BS - Body Shop CR - Craft Room GR - Game Room RPDR - Ridge Private Dining Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library VI - Vineyard</p> <p>BRLC - Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South</p>
<p>Breton Terrace</p> <p>AS - Art Studio BR - Billiard Room CP - Centre Place EX - Expressions HC - Health Centre IFC - Fitness Centre TB - Terrace Balcony TL - Terrace Lobby TLL - Terrace Lower Level TLI - Terrace Library TPDR - Terrace Private Dining Room</p> <p>TH - Theatre WC - Woods Café WS - Woodshop</p>	<p>Breton Ridge</p> <p>BI - Bistro BS - Body Shop CR - Craft Room GR - Game Room RPDR - Ridge Private Dining Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library VI - Vineyard</p> <p>BRLC - Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South</p>							



Spiritual, Intellectual, Physical, Social

MARCH 25 - 31

Monday, March 25	Tuesday, March 26	Wednesday, March 27	Thursday, March 28	Friday, March 29	Saturday, March 30	Sunday, March 31
6:00 - 11:00 am OPEN SWIM 2:00 - 10:00 pm -POOL	6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL	6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL	6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL	6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL	All Day Open Swim - Pool	All Day Open Swim - Pool
8:00-10:00 Coffee - WC, BI	8:00-10:00 Coffee - WC, RI	8:00-10:00 Coffee - WC, BI	6:30 St. Mary's Lab - RPDR 	8:00-10:00 Coffee - WC, BI	8:00-10:00 Coffee - WC & BI	2:30 Table Games - BI
8:10 Stretch & Flex - BS	9:00 Water Blast - Pool	8:10 Stretch & Flex - BS	7:00 St. Mary's Lab - HC	8:10 Stretch & Flex - BS	9:00 Hymn Sing - TL	6:00 Worship Service w/ Calvin College Seminarian Travis Jamieson
8:30 Women's Circuit - IFC	10:00 Ladies Billiards - GR	8:30 Women's Circuit - IFC	8:00-10:00 Coffee - WC, BI	8:30-11:15 Drop-in hours for Blood Pressure Checks - HC	2:00 Color My World - BI	Transportation pick-up at 5:30 pm (return ride after the service)
9:00 Strength Training - IFC	10:00 Water Fusion - Pool	9:00 Strength Training - IFC	9:00 Water Blast - Pool	8:30 Women's Circuit - IFC	7:00 Family Movie - TH	
9:10 Strength Training - BS		9:10 Strength Training - BS	10:00 Wii Bowling - BECS		7:00 Movie VI	
9:50 Circuit Training - BS		9:30 Bible Study - CP	10:00 Water Fusion - Pool			
10:00 Prayer Meeting - TPDR	REAL Fasting with Parkinsons Vineyard - 10:00 am	REAL Harmonica Lessons RPDR - 10:00 am	10:00 Wii Bowling - BECS			
10:00 Men's Circuit - IFC	10:30 Feldenkrais - BS	10:00 Men's Circuit - IFC	10:30 Prayer for Spiritual Awakening - TPDR	9:00 Strength Training - IFC		
10:00-2:00 Breton Market - TLL	11:15 Balance & Core - IFC	10:00-2:00 Breton Market - TLL	11:15 Balance & Core - IFC	9:10 Strength Training - BS		
10:20 Heart Healthy Dance - VI	1:00 Ping Pong - IFC	10:45 Strength Training - IFC	1:00 Line Dancing - EX	9:50 Circuit Training- BS		
10:45 Strength Training - IFC	1:00 Pinochle - TB	11:00 Stretch & Flex - EX	1:00 Ping Pong - VI	10:00 Men's Circuit - IFC		
11:00 Stretch & Flex - EX	1:30 Pinochle - BI	11:20 Water Walking - Pool	1:00 Volunteer Flower Arranging - BRLC	10:00-2:00 Breton Market - TLL		
11:20 Water Walking - Pool	1:50 Fitness Fusion - BS	1:00 Bus Pick-up for Meijer	1:30 Quilting - AS	10:45 Strength Training - IFC		
1:00 Women's Bible Study - VI & RI	2:00 Knitting/Crocheting - EX	1:00 Podiatrist - HC 	1:50 Fitness Fusion - BS	11:00 Stretch & Flex - EX		
1:15 Water Fusion - Pool	2:00-3:00 Adults Only - Pool	1:00-2:00 Drop-in Blood Pressure Checks - PDR	2:15 Alley's Ragtime Band - EX	11:20 Water Walking - Pool		
2:00-3:00 Adults Only - Pool	2:30 Balance & Core - BS	2:00 Coffee Break Bible Study - RPDR	2:00 Men's Billiards - BR	1:00 Men's Billiards - GR		
2:15 Ice Cream Social - VI	3:00 Ladies Billiards - BR	2:00 Men's Billiards - BR	2:00-3:00 Adults Only - Pool	1:30 Ice Cream Social - WC		
2:30 Wii Bowling - EX	7:00 Scrabble - TF	2:00-3:00 Adults Only - Pool	2:30 Balance & Core - BS	2:00-3:00 Adults Only - Pool		
2:30 Wii Bowling - BI	7:00 Square Dancing - EX	3:00 Breton Readers - TPDR	2:30 Terrace Dining Service Meeting - Open Forum- TPDR			
3:00 Ladies Tea - TPDR		4:30 Social Hour - RPDR	3:00 Knit Wits - BI			
6:30 Games - EX, TL, TB			3:30 Choir Rehearsal - CP			
6:30 Bridge - WC			4:00 Social Hour - TPDR			
			6:30 Final Dress Rehearsal / Audition for Variety Show			
		Opera in the Woods: "Dialogues des Carmelites" Theatre - 6:30pm		Lenten Series Centre Place 3:00 pm 		
		6:45 Euchre - WC		7:00 Family Movie - VI		
		7:00 Dominos - TL, RL		7:00 Movie - TH		
		7:00 Games/Bridge/MahJong-BI		7:00 Canasta and Scrabble - BI		

Resident Service Office Monday-Fri. 9 am - 4:30 pm Terrace: 643-2720 Ridge: 643-2728	Sales Department 643-2730
Facility Services 235-2787	Health Centre Open Monday - Friday 7:00 am - 5:00 pm 5:00 - 7:00 pm by appt. 643-2712
Salon - 643-2714 Tuesday-Friday by Appt.	Woods Café - 643-2716 Monday-Thursday: 11:30 am - 6:30 pm Friday: 5-6:30 pm
Notary Services Resident Service Offices	On-Campus Rides M-F, 8:45 am - 4:15 pm 643-2582
Bistro - 643-2598 Tuesday & Friday: 11:30 am - 1:30 pm Mon & Wed: 5 - 6:30 pm	Resident Portal: mybretonwoods.org
After Hours Nurse Mon-Thurs: 11 pm - 7 am 7 pm Friday - 7 am Monday 485-7435	Breton Woods Vine mspweb1@gmail.com
Noon Meals from BRLC 643-2549	Breton Market Terrace Lower Level Mon. & Wed. & Fri. 10:00 am - 2:00 pm