




Spiritual, Intellectual, Physical, Social

JANUARY 7 - 13



	Tuesday, Jan. 8	Wednesday, Jan. 9	Thursday, Jan. 10	Friday, Jan. 11	Saturday, Jan. 12	Sunday, Jan. 13
6:00 - 11:00 am OPEN SWIM 2:00 - 10:00 pm -POOL	6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL	6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL	6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL	6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL	All Day Open Swim - Pool	All Day Open Swim - Pool
8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - "On your own" - BS 10:00 Terrace Christmas Take-down - lobby 10:00-2:00 Breton Market - TLL 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - "On your own" - IFC 10:20 Heart Healthy Dance - Cancelled - VI 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool	8-10:00 Coffee - WC, RI 9:00 Water Blast - Pool 10:15 Water Fusion - Pool 10:00 Ladies Billiards - GR 10:30 Feldenkrais - BS 11:15 Balance & Core - IFC	8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:30 Bible Study - (resumes February 6) 9:50 Circuit Training - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool	6:30 St. Mary's Lab - RPDR 7:00 St. Mary's Lab - HC 8:00-10:00 Coffee - WC, BI 8:30 Building & Grounds Open Forum Meeting - RPDR 9:00 Water Blast - Pool 9:30 Prayer for Spiritual Awakening - RPDR 10:15 Water Fusion - Pool 10:00 Wii Bowling - BECS 10:20 Library Committee Meeting - TLI 11:15 Balance & Core - IFC	8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC	8:00-10:00 Coffee - WC, BI 9:00 Hymn Sing - TL	2:30 Table Games - BI
January Series: "Finally, Some Good News About Cancer" Dr. Jimmy Lin 12:30 pm Terrace - CP 12:30 pm Ridge - VI	January Series: "Growing Young: Helping Young People Discover and Love the Church" Kara Powell 12:30 pm Terrace - CP (discussion following) 12:30 pm Ridge - VI	January Series: "Finding Refuge on the Stage" Mariela Shaker 12:30 pm Terrace - CP 12:30 pm Ridge - VI	January Series: "A Moderated Conversation with Barbara Pierce Bush" 12:30 pm Terrace - CP 12:30 pm Ridge - VI	Coffee Classics Bus pick-up: 8:30 am	 Bingo Bistro 1:00 pm	6:00 Worship Service & Communion in Centre Place w/ Rev. Frank Guter Offering: Worship Fund 7:00 Coffee/Fellowship - WC Transportation pick-up at 5:30 pm (return ride after the service and after fellowship)
January Series: 1:15 Water Fusion - Pool 1:00 Women's Bible Study - (resumes January 28) 1:30 Ice Cream Social - BI 2:00-3:00 Adults Only - Pool 1:30 Ice Cream Social - BI 2:30 Wii Bowling - EX 2:30 Wii Bowling - VI 3:00 Ladies Tea - TPDR 3:15 Praying the Rosary - RPDR 6:30 Games - EX 6:30 Bridge - WC	1:00 Praying the Rosary - RPDR 1:00 Ping Pong - IFC 1:00 Pinochle - TB 1:30 Pinochle - BI 1:50 Fitness Fusion - BS 2:00 Breton Readers - RI 2:00 Knitting/Crocheting - EX 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 3:00 Catholics Connecting - TPDR 3:00 Ladies Billiards - BR 7:00 Scrabble - TF 7:00 Square Dancing - EX	1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - RPDR 1:30 Quilting - AS 2:00 Coffee Break Bible Study - resumes TODAY! - RPDR 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Wii Bowling - EX, VI 3:15 Praying the Rosary - RPDR 4:30 Social Hour - RPDR 6:45 Euchre - WC 7:00 Dominos - TL, RL 7:00 Games/Bridge/MahJong - BI	1:00 Line Dancing - EX 1:00 Ping Pong - VI 1:00 Flower Arranging - BRLLC 1:50 Fitness Fusion - BS 2:00 Alley's Ragtime Band - EX 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 3:00 Knit Wits - BI 3:30 Choir Rehearsal - resumes TODAY! - CP 4:00 Social Hour - TPDR	10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool	2:00 Color My World - BI 3:15 Afternoon Swing - VI 7:00 Family Movie - TH 7:00 Movie - VI	
				January Series: "Searching for the Image of God in a Digital Age" Craig Detweiler 12:30 pm Terrace - CP 12:30 pm Ridge - VI (discussion following)	LOCATION KEY	Breton Ridge BI - Bistro BS - Body Shop CR - Craft Room GR - Game Room RPDR - Ridge Private Dining Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library VI - Vineyard BRLLC - Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South
					Breton Terrace AS - Art Studio BR - Billiard Room CP - Centre Place EX - Expressions HC - Health Centre IFC - Fitness Centre TB - Terrace Balcony TL - Terrace Lobby TLL - Terrace Lower Level TLI - Terrace Library TPDR - Terrace Private Dining Room TH - Theatre WC - Woods Café WS - Woodshop	



Spiritual, Intellectual, Physical, Social

JANUARY 14 - 20



Monday, Jan. 14	Tuesday, Jan. 15	Wednesday, Jan. 16	Thursday, Jan. 17	Friday, Jan. 18	Saturday, Jan. 19	Sunday, Jan. 20
<p>6:00 - 11:00 am OPEN SWIM 2:00 - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:20 Heart Healthy Dance - VI 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool</p> <p>January Series: "Lessons from 30 Years of Covering the World" Nicholas Kristof 12:30 pm Terrace - CP 12:30 pm Ridge - VI</p> <p>1:00 Women's Bible Study - (resumes January 28) 1:15 Water Fusion - Pool 1:30 Ice Cream Social - BI 2:00-3:00 Adults Only - Pool 2:30 Wii Bowling - EX 2:30 Wii Bowling - BI 3:00 Ladies Tea - TPDR 6:30 Games - EX, TL, TB 6:30 Bridge - WC</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, RI 9:00 Water Blast - Pool 10:15 Water Fusion - Pool</p> <p>Board Report w/ Mina & David Vineyard 10:00 am</p> <p>10:00 Ladies Billiards - GR 10:30 Feldenkrais - BS 11:15 Balance & Core - IFC</p> <p>January Series: "Chasing Space: An Astronaut's Story of Grit, Grace and Second Chances" Leland Melvin 12:30 pm Terrace - CP 12:30 pm Ridge - VI</p> <p>1:00 Ping Pong - IFC 1:00 Pinochle - TB 1:30 Pinochle - BI 1:50 Fitness Fusion - BS 2:00 Knitting/Crocheting - EX 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 3:00 Ladies Billiards - BR 7:00 Scrabble - TF 7:00 Square Dancing - EX</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:30 Bible Study - (resumes February 6) 9:50 Circuit Training - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:30 Pastoral Advisory Committee - TPDR 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool</p> <p>January Series: "Sustainability, Happiness, and the Slow Movement" William Powers 12:30 pm Terrace - CP 12:30 pm Ridge - VI</p> <p>1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - PDR 1:30 Quilting - AS 2:00 Coffee Break Bible Study - RPDR 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Wii Bowling - EX, VI 4:30 Social Hour - RPDR 6:45 Euchre - WC 7:00 Dominos - TL, RL 7:00 Games/Bridge/MahJong-BI</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>6:30 St. Mary's Lab - RPDR 7:00 St. Mary's Lab - HC 8:00-10:00 Coffee - WC, BI 9:00 Water Blast - Pool 9:30 Creative Writing - RPDR 10:15 Water Fusion - Pool 10:00 Wii Bowling - BECS 11:15 Balance & Core - IFC</p> <p>January Series: "Incomplete without You: The Church and People with Disabilities" Erik W. Carter 12:30 pm Terrace - CP (discussion following) 12:30 pm Ridge - VI</p> <p>1:00 Line Dancing - EX 1:00 Ping Pong - VI 1:00 Flower Arranging - BRLC 1:50 Fitness Fusion - BS 2:00 Alley's Ragtime Band - EX 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Ridge Dining Committee Meeting - BI 2:30 Balance & Core - BS 3:00 Knit Wits - BI 3:30 Choir Rehearsal - CP 4:00 Social Hour - TPDR</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC 8:30 Women's Circuit - IFC 9:00 - 11:00 Sonus Hearing - HC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool</p> <p>January Series: "The Art of Storytelling Through Costume Design" Ruth Carter 12:30 pm Terrace - CP 12:30 pm Ridge - VI</p> <p>1:00 Men's Billiards - GR 1:30 Ice Cream Social - WC 2:00-3:00 Adults Only - Pool 7:00 Family Movie - VI 7:00 Movie - TH 7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC & BI 9:00 Hymn Sing - TL 2:00 Color My World - BI 3:15 Afternoon Swing - VI 7:00 Family Movie - TH 7:00 Movie - VI</p> <p>Resident Service Office Monday-Fri. 9 am - 4:30 pm Terrace: 643-2720 Ridge: 643-2728 Facility Services 235-2787 Salon - 643-2714 Tuesday-Friday by Appt. Notary Services Resident Service Offices Bistro - 643-2598 Tuesday & Friday: 11:30 am - 1:30 pm Mon & Wed: 5 - 6:30 pm After Hours Nurse Mon-Thurs: 11 pm - 7 am 7 pm Friday - 7 am Monday 485-7435 Noon Meals from BRLC 643-2549</p>	<p>All Day Open Swim - Pool</p> <p>2:30 Table Games - BI 6:00 Worship Service w/ Rev. Carolyn Cammenga Centre Place Transportation pick-up at 5:30 pm (return ride after the service)</p> <p>Sales Department 643-2730 Health Centre Open Monday - Thursday 7:30 am - 4 pm Friday 7:30 am - noon 643-2712 Woods Café - 643-2716 Monday-Thursday: 11:30 am - 6:30 pm Friday: 5-6:30 pm On-Campus Rides M-F, 8:45 am - 4:15 pm 643-2582 Resident Portal: mybretonwoods.org Breton Woods Vine mspweb1@gmail.com Breton Market Terrace Lower Level Mon. & Wed. & Fri. 10:00 am - 2:00 pm</p>