



Spiritual, Intellectual, Physical, Social

DECEMBER 24 - 30



Monday, Dec.24	Tuesday, Dec. 25	Wednesday, Dec. 26	Thursday, Dec. 27	Friday, Dec. 28	Saturday, Dec. 29	Sunday, Dec. 30		
<p>6 - 11:00 am, 2:00 - 10 pm Open Swim - Pool</p> <p>Terrace & Ridge Resident Services Offices are CLOSED.</p> <p>8:00-10:00 Coffee - WC, BI 8:00 Men's Circuit - IFC (on your own) 8:10 Stretch & Flex - BS 8:40 Women's Circuit - IFC (on your own) 9:10 Cardio Action - BS 9:20 Cardio Action - IFC (on your own) 9:50 Cardio Circuit - BS 10:00-2:00 Breton Market - TLL 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC (on your own) 10:20 Heart Healthy Dance - VI 10:45 Cardio Action - IFC (on your own) 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool (on your own) 1:00 Water Fusion - Pool (on your own) 1:00 Women's Bible Study - (resumes January 28) 2:00-3:00 Adults Only - Pool 2:15 Ice Cream Social - cancelled 2:30 Wii Bowling - cancelled 2:30 Wii Bowling - cancelled 3:00 Ladies Tea - cancelled 6:30 Games - EX 6:30 Bridge - WC</p>	<p>All Day Open Swim - Pool</p> <p>Merry CHRISTmas!</p> <div style="border: 1px dashed gray; padding: 5px; text-align: center;"> <p>I bring you good tidings of great <i>joy</i>, which shall be to <i>all people</i>. For unto you is born this day in the city of David a <i>Saviour</i>, which is Christ the Lord.</p> <p><small>— Luke 2:10 & 11 —</small></p> </div> <p>2:00 Home for Christmas Gatherings</p> <p>Terrace Woods Cafe - If you are able, bring something to share.</p> <p>Ridge Vineyard - Hors'doeuvres & Dessert Potluck</p> <p>All are welcome at both locations!</p> <p>Offices - closed</p> <p>Fitness classes - cancelled</p> <p>Health Centre - closed</p> <p>Bistro & Woods Café - closed</p> <p>On-Campus Transportation - cancelled</p>	<p>6 - 11:00 am, 12:30 - 10 pm Open Swim - Pool</p> <p>8:00 Men's Circuit - IFC 8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:40 Women's Circuit - IFC 9:10 Cardio Action - BS 9:20 Cardio Action - IFC 9:30 Bible Study - (resumes February 6) 9:50 Cardio Circuit - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Cardio Action - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - RPDR 1:30 Quilting - AS 2:00 Coffee Break Bible Study - (resumes January 9) 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 3:00 Breton Readers - TPDR 2:30 Wii Bowling - EX, VI 4:30 Social Hour - RPDR 6:45 Euchre - WC 7:00 Dominos - TL, RL 7:00 Games/Bridge/MahJong - BI</p>	<p>6-8 am, 11:00 am -10 pm Open Swim - Pool</p> <p>6:30 St. Mary's Lab - RPDR 7:00 St. Mary's Lab - HC </p> <p>8:00-10:00 Coffee - WC, BI 9:00 Water Blast - Pool 10:00 Water Fusion - Pool 10:00 Wii Bowling - BECS 10:30 Prayer for Spiritual Awakening - CP 11:15 Balance & Core - IFC 1:00 Line Dancing - EX 1:00 Ping Pong - VI 1:00 Flower Arranging - BRLC 1:50 Fitness Fusion - BS 2:00 Alley's Ragtime Band - EX 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 2:30 Terrace Dining Committee Meeting - TPDR 3:00 Knit Wits - BI 3:30 Choir Rehearsal (resumes January 10) 4:00 Social Hour - TPDR</p>	<p>6 - 11:00 am, 12:30 - 10 pm Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI 8:00 Men's Circuit - IFC 8:10 Stretch & Flex - BS 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC 8:40 Women's Circuit - IFC 9:10 Cardio Action - BS 9:20 Cardio Action - IFC 9:50 Cardio Circuit - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Cardio Action - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 2:00-3:00 Adults Only - Pool 7:00 Family Movie - VI 7:00 Movie - TH 7:00 Canasta and Scrabble - BI 7:00 Family Movie - VI 7:00 Movie - TH 7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI 9:00 Hymn Sing - TL 2:00 Color My World - BI 3:15 Afternoon Swing - (resumes January 5)</p> <div style="border: 2px solid green; padding: 5px; text-align: center;"> <p>Singles' Potluck Woods Café 5:00 pm (seating begins at 4:45)</p> </div> <p>7:00 Family Movie - TH 7:00 Movie - VI</p>	<p>All Day Open Swim - Pool</p> <p>2:30 Table Games - BI</p> <p>6:00 Worship Service w/ Rev. Paul Bailey Centre Place Transportation pick-up at 5:30 pm (return ride after the service)</p>		
					<div style="border: 1px solid black; padding: 5px;"> <p>LOCATION KEY</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>Breton Terrace</p> <p>AS - Art Studio BR - Billiard Room CP - Centre Place EX - Expressions HC - Health Centre IFC - Fitness Centre TB - Terrace Balcony TL - Terrace Lobby TLL - Terrace Lower Level TLI - Terrace Library TPDR - Terrace Private Dining Room</p> <p>TH - Theatre WC - Woods Café WS - Woodshop</p> </td> <td style="width: 50%; vertical-align: top;"> <p>Breton Ridge</p> <p>BI - Bistro BS - Body Shop CR - Craft Room GR - Game Room RPDR - Ridge Private Dining Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library VI - Vineyard</p> <p>BRLC - Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South</p> </td> </tr> </table> </div>		<p>Breton Terrace</p> <p>AS - Art Studio BR - Billiard Room CP - Centre Place EX - Expressions HC - Health Centre IFC - Fitness Centre TB - Terrace Balcony TL - Terrace Lobby TLL - Terrace Lower Level TLI - Terrace Library TPDR - Terrace Private Dining Room</p> <p>TH - Theatre WC - Woods Café WS - Woodshop</p>	<p>Breton Ridge</p> <p>BI - Bistro BS - Body Shop CR - Craft Room GR - Game Room RPDR - Ridge Private Dining Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library VI - Vineyard</p> <p>BRLC - Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South</p>
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Spiritual, Intellectual, Physical, Social

DEC. 31 - JAN. 6



Monday, Dec. 31	Tuesday, Jan. 1	Wednesday, Jan. 2	Thursday, Jan. 3	Friday, Jan. 4	Saturday, Jan. 5	Sunday, Jan. 6		
<p>6 - 11:00 am, 2:00 - 10 pm Open Swim - Pool</p> <p>Terrace & Ridge RSO's close at 3:00 pm</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:20 Heart Healthy Dance - VI 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Women's Bible Study - (resumes January 28) 1:15 Water Fusion - Pool 2:00-3:00 Adults Only - Pool 2:15 Ice Cream Social - cancelled 2:30 Wii Bowling - cancelled 2:30 Wii Bowling - cancelled 3:00 Ladies Tea - cancelled</p> <div style="border: 1px solid blue; padding: 5px; margin-top: 10px;"> <p>New Year's Eve Celebrations</p> <p>Ridge Vineyard 5:00 pm - punch bowl 6:00 pm - dinner</p> <p>Terrace Woods Cafe 7:00 - 9:30 pm</p> </div> <p>6:30 Games - cancelled 6:30 Bridge - WC</p>	<p>All Day Open Swim - Pool</p> <div style="border: 1px solid red; padding: 10px; text-align: center; margin: 10px 0;"> </div> <p>Offices - closed</p> <p>Fitness classes - cancelled</p> <p>Health Centre - closed</p> <p>Bistro & Woods Café - closed</p> <p>No On-Campus Transportation</p>	<p>6 - 11:00 am, 12:30 - 10 pm Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:30 Bible Study - (resumes February 6) 9:50 Circuit Training - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - PDR 1:30 Quilting - AS 2:00 Coffee Break Bible Study - (resumes January 9) 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Wii Bowling - EX, VI 4:30 Social Hour - RPDR 6:45 Euchre - WC 7:00 Dominos - TL, RL 7:00 Games/Bridge/MahJong-BI</p>	<p>6 - 8 am, 11:00 am - 10 pm Open Swim - Pool</p> <p>6:30 St. Mary's Lab - RPDR 7:00 St. Mary's Lab - HC 8:00-10:00 Coffee - WC, BI 9:00 Water Blast - Pool 9:30 Creative Writing - RPDR 10:00 Catholic Mass - CP 10:15 Water Fusion - Pool 10:00 Wii Bowling - BECS 11:15 Balance & Core - IFC 1:00 Line Dancing - EX 1:00 Ping Pong - VI 1:00 Flower Arranging - BRLC 1:50 Fitness Fusion - BS 2:00 Alley's Ragtime Band - EX 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 3:00 Knit Wits - BI 3:30 Choir Rehearsal - (resumes January 10) 4:00 Social Hour - TPDR</p> <div style="border: 1px solid orange; padding: 5px; margin-top: 10px;"> <p>January Series: "The Transformative and Redemptive Power of (a Christian) Education" Todd Cioffi & Christiana deGroot 12:30 pm Terrace - CP (discussion following) 12:30 pm Ridge - VI</p> </div>	<p>6 - 11:00 am, 12:30 - 10 pm Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC 8:30 Women's Circuit - IFC 9:00 Woodshop Cleaning - WS 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:00 Ridge Christmas Take-down - lobby 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 1:30 Ice Cream Social - WC 2:00-3:00 Adults Only - Pool</p> <div style="border: 1px solid blue; padding: 5px; margin-top: 10px;"> <p>Vibrant Living Class of the Month - Cardio Express w/ Zack House 2:30 pm - IFC</p> </div> <p>7:00 Family Movie - VI 7:00 Movie - TH 7:00 Canasta and Scrabble - BI</p> <div style="border: 1px solid orange; padding: 5px; margin-top: 10px;"> <p>January Series: "Bringing America Together" Arthur C. Brooks 12:30 pm Terrace - CP 12:30 pm Ridge - VI (discussion following)</p> </div>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC & BI 9:00 Hymn Sing - TL 2:00 Color My World - BI 3:15 Afternoon Swing - VI 7:00 Family Movie - TH 7:00 Movie - VI</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>Resident Service Office Monday-Fri. 9 am - 4:30 pm Terrace: 643-2720 Ridge: 643-2728</p> <p>Facility Services 235-2787</p> <p>Salon - 643-2714 Tuesday-Friday by Appt.</p> <p>Notary Services Resident Service Offices</p> <p>Bistro - 643-2598 Tuesday & Friday: 11:30 am - 1:30 pm Mon & Wed: 5 - 6:30 pm</p> <p>After Hours Nurse Mon-Thurs: 11 pm - 7 am 7 pm Friday - 7 am Monday 485-7435</p> <p>Noon Meals from BRLC 643-2549</p> </td> <td style="width: 50%; vertical-align: top;"> <p>Sales Department 643-2730</p> <p>Health Centre Open Monday - Thursday 7:30 am - 4 pm Friday 7:30 am - noon 643-2712</p> <p>Woods Café - 643-2716 Monday-Thursday: 11:30 am - 6:30 pm Friday: 5-6:30 pm</p> <p>On-Campus Rides M-F, 8:45 am - 4:15 pm 643-2582</p> <p>Resident Portal: mybretonwoods.org</p> <p>Breton Woods Vine mspweb1@gmail.com</p> <p>Breton Market Terrace Lower Level Mon. & Wed. & Fri. 10:00 am - 2:00 pm</p> </td> </tr> </table> </div>	<p>Resident Service Office Monday-Fri. 9 am - 4:30 pm Terrace: 643-2720 Ridge: 643-2728</p> <p>Facility Services 235-2787</p> <p>Salon - 643-2714 Tuesday-Friday by Appt.</p> <p>Notary Services Resident Service Offices</p> <p>Bistro - 643-2598 Tuesday & Friday: 11:30 am - 1:30 pm Mon & Wed: 5 - 6:30 pm</p> <p>After Hours Nurse Mon-Thurs: 11 pm - 7 am 7 pm Friday - 7 am Monday 485-7435</p> <p>Noon Meals from BRLC 643-2549</p>	<p>Sales Department 643-2730</p> <p>Health Centre Open Monday - Thursday 7:30 am - 4 pm Friday 7:30 am - noon 643-2712</p> <p>Woods Café - 643-2716 Monday-Thursday: 11:30 am - 6:30 pm Friday: 5-6:30 pm</p> <p>On-Campus Rides M-F, 8:45 am - 4:15 pm 643-2582</p> <p>Resident Portal: mybretonwoods.org</p> <p>Breton Woods Vine mspweb1@gmail.com</p> <p>Breton Market Terrace Lower Level Mon. & Wed. & Fri. 10:00 am - 2:00 pm</p>	<p>All Day Open Swim - Pool</p> <p>2:30 Table Games - BI 6:00 Worship Service w/ Calvin Seminarian Centre Place Transportation pick-up at 5:30 pm (return ride after the service)</p>
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