



Spiritual, Intellectual, Physical, Social

NOV. 26 - DEC. 2



Monday, Nov. 26	Tuesday, Nov. 27	Wednesday, Nov. 28	Thursday, Nov. 29	Friday, Nov. 30	Saturday, Dec. 1	Sunday, Dec. 2		
<p>6 - 11:15 am, 1:45 - 10 pm Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:00 Men's Circuit - IFC</p> <p>8:10 Stretch & Flex - BS</p> <p>8:40 Women's Circuit - IFC</p> <p>9:10 Cardio Action - BS</p> <p>9:20 Cardio Action - IFC</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>Christmas Decorating Terrace Lobby Beginning at 9:30 am</p> </div> <p>9:50 Cardio Circuit - BS</p> <p>10:00-2:00 Breton Market - TLL</p> <p>10:00 Prayer Meeting - TPDR</p> <p>10:00 Men's Circuit - IFC</p> <p>10:20 Heart Healthy Dance - VI</p> <p>10:45 Cardio Action - IFC</p> <p>11:00 Stretch & Flex - EX</p> <p>11:20 Water Walking - Pool</p> <p>1:00 Water Fusion - Pool</p> <p>1:00 Women's Bible Study - RI</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:15 Ice Cream Social - VI</p> <p>2:30 Wii Bowling - EX</p> <p>2:30 Wii Bowling - VI</p> <p>3:00 Ladies Tea - TPDR</p> <p>6:30 Games - EX</p> <p>6:30 Bridge - WC</p>	<p>6 - 9 am, 10:45 am - 10 pm Open Swim - Pool</p> <p>8-10:00 Coffee - WC, RI</p> <p>9:00 Water Blast - Pool</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>Christmas Decorating Ridge Lobby Beginning at 9:30 am</p> </div> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p style="text-align: center; font-size: 1.2em;">REAL</p> <p style="text-align: center;">The Roosevelts: An Intimate History Part 4 of 7</p> <p style="text-align: center;">Theatre - 10:00 am <small>(make ride requests by 9:00 am)</small></p> </div> <p>10:00 Water Fitness - Pool</p> <p>10:00 Ladies Billiards - GR</p> <p>10:30 Feldenkrais - BS</p> <p>11:00 Bretonaires Practice - EX</p> <p>11:15 Balance & Core - IFC</p> <p>1:00 Ping Pong - IFC</p> <p>1:00 Pinochle - TB</p> <p>1:30 Pinochle - BI</p> <p>1:50 Fitness Fusion - BS</p> <p>2:00 Knitting/Crocheting - EX</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Balance & Core - BS</p> <p>3:00 Ladies Billiards - BR</p> <p>7:00 Scrabble - TF</p> <p>7:00 Square Dancing - EX</p>	<p>6 - 11:15 am, 12 - 10 pm Open Swim - Pool</p> <p>8:00 Men's Circuit - IFC</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:10 Stretch & Flex - BS</p> <p>8:40 Women's Circuit - IFC</p> <p>9:10 Cardio Action - BS</p> <p>9:20 Cardio Action - IFC</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>Christmas Decorating Ridge Lobby Beginning at 9:30 am</p> </div> <p>9:30 Bible Study - CP <small>(returns in Feb)</small></p> <p>9:50 Cardio Circuit - BS</p> <p>10:00 Men's Circuit - IFC</p> <p>10:00-2:00 Breton Market - TLL</p> <p>10:45 Cardio Action - IFC</p> <p>11:00 Stretch & Flex - EX</p> <p>11:20 Water Walking - Pool</p> <p>1:00 Bus Pick-up for Meijer</p> <p>1:00-2:00 Drop-in Blood Pressure Checks - RPDR</p> <p>1:30 Quilting - AS</p> <p>2:00 Coffee Break Bible Study - RPDR</p> <p>2:00 Men's Billiards - BR</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Wii Bowling - EX, VI</p> <p>4:30 Social Hour - RPDR</p> <p>6:45 Euchre - WC</p> <p>7:00 Dominos - TL, RL</p> <p>7:00 Games/Bridge/MahJong - BI</p>	<p>6 - 9 am, 10:45 am - 10 pm Open Swim - Pool</p> <p>6:30 St. Mary's Lab - RPDR</p> <p>7:00 St. Mary's Lab - HC</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>9:00 Water Blast - Pool</p> <p>10:00 Water Fusion - Pool</p> <p>10:00 Wii Bowling - BECS</p> <p>11:15 Balance & Core - IFC</p> <p>1:00 Line Dancing - EX</p> <p>1:00 Ping Pong - VI</p> <p>1:00 Flower Arranging - BRLC</p> <p>1:50 Fitness Fusion - BS</p> <p>2:00 Alley's Ragtime Band - EX</p> <p>2:00 Men's Billiards - BR</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Balance & Core - BS</p> <p>3:00 Knit Wits - BI</p> <p>3:30 Choir Rehearsal - CP</p> <p>4:00 Social Hour - TPDR</p>	<p>6 - 11:15 am, 12 - 10 pm Open Swim - Pool</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p style="text-align: center;">Pathways to Positive Dementia Care Conference "Connecting with the Person Inside the Disease"</p> <p style="text-align: center;">Watermark Country Club 8:00 am - 4:15 pm</p> </div> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:00 Men's Circuit - IFC</p> <p>8:10 Stretch & Flex - BS</p> <p>8:30-11:15 Drop-in hours for Blood Pressure Checks - HC</p> <p>8:40 Women's Circuit - IFC</p> <p>9:10 Cardio Action - BS</p> <p>9:20 Cardio Action - IFC</p> <p>9:30 Bretonaires Practice - EX</p> <p>9:50 Cardio Circuit - BS</p> <p>10:00 Men's Circuit - IFC</p> <p>10:00-2:00 Breton Market - TLL</p> <p>10:45 Cardio Action - IFC</p> <p>11:00 Stretch & Flex - EX</p> <p>11:20 Water Walking - Pool</p> <p>1:00 Men's Billiards - GR</p> <p>1:30 Ice Cream Social - WC</p> <p>2:00-3:00 Adults Only - Pool</p> <p>7:00 Family Movie - VI</p> <p>7:00 Movie - TH</p> <p>7:00 Canasta and Scrabble - BI</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p style="text-align: center;">Dinner & "Jersey Boys" Lobby - 4:45 pm</p> </div>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>9:00 Hymn Sing - TL</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p style="text-align: center;">Lionel O Gauge Train Layout Open House</p> <p style="text-align: center;">2502 Red Maple Drive 1:00 - 4:00 pm</p> </div> <p>2:00 Color My World - BI</p> <p>3:15 Afternoon Swing - VI</p> <p>7:00 Family Movie - TH</p> <p>7:00 Movie - VI</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p style="text-align: center;">Bretonaires Christmas Concert - 7:00 pm - Terrace Woods Café</p> <p style="text-align: center;"><small>Make ride requests by noon.</small></p> </div>	<p>All Day Open Swim - Pool</p> <p>2:30 Table Games - BI</p> <p>5:15 Choir Warm-Up - CP</p> <p>6:00 Worship Service w/ Rev. Ruth Romeyn & the Breton Woods Choir</p> <p style="text-align: center;">Centre Place</p> <p style="text-align: center;">Transportation pick-up at 5:30 pm <small>(return ride after the service)</small></p>		
					<div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;">LOCATION KEY</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>Breton Terrace</p> <p>AS - Art Studio</p> <p>BR - Billiard Room</p> <p>CP - Centre Place</p> <p>EX - Expressions</p> <p>HC - Health Centre</p> <p>IFC - Fitness Centre</p> <p>TB - Terrace Balcony</p> <p>TL - Terrace Lobby</p> <p>TLL - Terrace Lower Level</p> <p>TLI - Terrace Library</p> <p>TPDR - Terrace Private Dining Room</p> <p>TH - Theatre</p> <p>WC - Woods Café</p> <p>WS - Woodshop</p> </td> <td style="width: 50%; vertical-align: top;"> <p>Breton Ridge</p> <p>BI - Bistro</p> <p>BS - Body Shop</p> <p>CR - Craft Room</p> <p>GR - Game Room</p> <p>RPDR - Ridge Private Dining Room</p> <p>RI - Ristorante</p> <p>RL - Ridge Lobby</p> <p>RLI - Ridge Library</p> <p>VI - Vineyard</p> <p>BRLC - Breton Rehab & Living Centre</p> <p>BECC - Breton Extended Care Centre</p> <p>BECS - Breton Extended Care South</p> </td> </tr> </table> </div>		<p>Breton Terrace</p> <p>AS - Art Studio</p> <p>BR - Billiard Room</p> <p>CP - Centre Place</p> <p>EX - Expressions</p> <p>HC - Health Centre</p> <p>IFC - Fitness Centre</p> <p>TB - Terrace Balcony</p> <p>TL - Terrace Lobby</p> <p>TLL - Terrace Lower Level</p> <p>TLI - Terrace Library</p> <p>TPDR - Terrace Private Dining Room</p> <p>TH - Theatre</p> <p>WC - Woods Café</p> <p>WS - Woodshop</p>	<p>Breton Ridge</p> <p>BI - Bistro</p> <p>BS - Body Shop</p> <p>CR - Craft Room</p> <p>GR - Game Room</p> <p>RPDR - Ridge Private Dining Room</p> <p>RI - Ristorante</p> <p>RL - Ridge Lobby</p> <p>RLI - Ridge Library</p> <p>VI - Vineyard</p> <p>BRLC - Breton Rehab & Living Centre</p> <p>BECC - Breton Extended Care Centre</p> <p>BECS - Breton Extended Care South</p>
<p>Breton Terrace</p> <p>AS - Art Studio</p> <p>BR - Billiard Room</p> <p>CP - Centre Place</p> <p>EX - Expressions</p> <p>HC - Health Centre</p> <p>IFC - Fitness Centre</p> <p>TB - Terrace Balcony</p> <p>TL - Terrace Lobby</p> <p>TLL - Terrace Lower Level</p> <p>TLI - Terrace Library</p> <p>TPDR - Terrace Private Dining Room</p> <p>TH - Theatre</p> <p>WC - Woods Café</p> <p>WS - Woodshop</p>	<p>Breton Ridge</p> <p>BI - Bistro</p> <p>BS - Body Shop</p> <p>CR - Craft Room</p> <p>GR - Game Room</p> <p>RPDR - Ridge Private Dining Room</p> <p>RI - Ristorante</p> <p>RL - Ridge Lobby</p> <p>RLI - Ridge Library</p> <p>VI - Vineyard</p> <p>BRLC - Breton Rehab & Living Centre</p> <p>BECC - Breton Extended Care Centre</p> <p>BECS - Breton Extended Care South</p>							



Spiritual, Intellectual, Physical, Social

DECEMBER 3 - 9



Monday, Dec. 3	Tuesday, Dec. 4	Wednesday, Dec. 5	Thursday, Dec. 6	Friday, Dec. 7	Saturday, Dec. 8	Sunday, Dec. 9
<p>6 - 11:15 am, 1:45 - 10 pm Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:00 Men's Circuit - IFC</p> <p>8:10 Stretch & Flex - BS</p> <p>8:40 Women's Circuit - IFC</p> <p>9:10 Cardio Action - BS</p> <p>9:20 Cardio Action - IFC</p> <p>9:50 Cardio Circuit - BS</p> <p>10:00 Prayer Meeting - TPDR</p> <p>10:00 Men's Circuit - IFC</p> <p>10:00-2:00 Breton Market - TLL</p> <p>10:20 Heart Healthy Dance - VI</p> <p>10:45 Cardio Action - IFC</p> <p>11:00 Stretch & Flex - EX</p> <p>11:20 Water Walking - Pool</p> <p>1:00 Women's Bible Study - RI</p> <p>1:00 Water Fusion - Pool</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:00 Breton Readers Book Pickup - RI</p> <p>2:15 Ice Cream Social - BISTRO!</p> <p>2:30 Wii Bowling - EX</p> <p>2:30 Wii Bowling - VI</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>REAL Driver Safety Awareness Centre Place - 3:00 pm</p> </div> <p>3:00 Ladies Tea - TPDR</p> <p>3:15 Praying the Rosary - RPDR</p> <p>6:30 Games - EX, TL, TB</p> <p>6:30 Bridge - WC</p>	<p>6 - 9 am, 10:45 am - 10 pm Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, RI</p> <p>9:00 Water Blast - Pool</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>REAL The Roosevelts: An Intimate History Part 5 of 7 Theatre - 10:00 am (make ride requests by 9:00 am)</p> </div> <p>10:00 Water Fitness - Pool</p> <p>10:00 Ladies Billiards - GR</p> <p>10:30 Feldenkrais - BS</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>REAL Understanding Home Health Care Vineyard - 11:00 am</p> </div> <p>11:00 Bretonaires Practice - EX</p> <p>11:15 Balance & Core - IFC</p> <p>1:00 Ping Pong - IFC</p> <p>1:00 Pinochle - TB</p> <p>1:30 Pinochle - BI</p> <p>1:50 Fitness Fusion - BS</p> <p>2:00 Breton Readers - RI</p> <p>2:00 Knitting/Crocheting - EX</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Balance & Core - BS</p> <p>3:00 Ladies Billiards - BR</p> <p>3:15 Praying the Rosary - RPDR</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Meijer Gardens Christmas Trees Bus pick-up: 5:30</p> </div> <p>7:00 Scrabble - TF</p> <p>7:00 Square Dancing - EX</p>	<p>6 - 11:15 am, 12 - 10 pm Open Swim - Pool</p> <p>8:00 Men's Circuit - IFC</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:10 Stretch & Flex - BS</p> <p>8:40 Women's Circuit - IFC</p> <p>9:10 Cardio Action - BS</p> <p>9:20 Cardio Action - IFC</p> <p>9:30 Bible Study - CP (returns in Feb)</p> <p>9:50 Cardio Circuit - BS</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>REAL Steadi Fall Centre Place - 10:00 am</p> </div> <p>10:00 Men's Circuit - IFC</p> <p>10:00-2:00 Breton Market - TLL</p> <p>10:45 Cardio Action - IFC</p> <p>11:00 Stretch & Flex - EX</p> <p>11:20 Water Walking - Pool</p> <p>1:00 Bus Pick-up for Meijer</p> <p>1:00-2:00 Drop-in Blood Pressure Checks - RPDR</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>REAL Quilt As You Go Placemats Art Studio - 1:30 pm</p> </div> <p>1:30 Quilting - AS</p> <p>2:00 Coffee Break Bible Study - RPDR</p> <p>2:00 Men's Billiards - BR</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Wii Bowling - EX, VI</p> <p>3:15 Praying the Rosary - RPDR</p> <p>4:30 Social Hour - RPDR</p> <p>6:45 Euchre - WC</p> <p>7:00 Dominos - TL, RL</p> <p>7:00 Games/Bridge/MahJong - BI</p>	<p>6 - 9 am, 10:45 am - 10 pm Open Swim - Pool</p> <p>6:30 St. Mary's Lab - RPDR</p> <p>7:00 St. Mary's Lab - HC</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>9:00 Water Blast - Pool</p> <p>9:30 Creative Writing - RPDR</p> <p>10:00 Catholic Mass - CP</p> <p>10:00 Water Fusion - Pool</p> <p>10:00 Wii Bowling - BECS</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Ladies Lunch at Rose's on Reed's Lake Bus pick-up: 10:45 am</p> </div> <p>11:00 Woodshop Cleaning - WS</p> <p>11:15 Balance & Core - IFC</p> <p>1:00 Noodle Hockey - IFC </p> <p>1:00 Line Dancing - EX</p> <p>1:00 Ping Pong - VI</p> <p>1:00 Flower Arranging - BRLC</p> <p>1:50 Fitness Fusion - BS</p> <p>2:00 Alley's Ragtime Band - EX</p> <p>2:00 Men's Billiards - BR</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Balance & Core - BS</p> <p>3:00 Knit Wits - BI</p> <p>3:30 Choir Rehearsal - CP</p> <p>4:00 Social Hour - TPDR</p>	<p>6 - 11:15 am, 12 - 10 pm Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:00 Men's Circuit - IFC</p> <p>8:10 Stretch & Flex - BS</p> <p>8:30-11:15 Drop-in hours for Blood Pressure Checks - HC</p> <p>8:40 Women's Circuit - IFC</p> <p>9:10 Cardio Action - BS</p> <p>9:20 Cardio Action - IFC</p> <p>9:30 Bretonaires Practice - EX</p> <p>9:50 Cardio Circuit - BS</p> <p>10:00 Men's Circuit - IFC</p> <p>10:00-2:00 Breton Market - TLL</p> <p>10:45 Cardio Action - IFC</p> <p>11:00 Stretch & Flex - EX</p> <p>11:20 Water Walking - Pool</p> <p>1:00 Men's Billiards - GR</p> <p>1:30 Ice Cream Social - WC</p> <p>2:00-3:00 Adults Only - Pool</p> <p>7:00 Family Movie - VI</p> <p>7:00 Movie - TH</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>POPs Symphony at DeVos Hall Lobby - 7:00 pm (pre-ticketed event)</p> </div>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC & BI</p> <p>9:00 Hymn Sing - TL</p> <p>2:00 Color My World - BI</p> <p>3:15 Afternoon Swing - VI</p> <p>7:00 Family Movie - TH</p> <p>7:00 Movie - VI</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>Resident Service Office Monday-Fri. 9 am - 4:30 pm Terrace: 643-2720 Ridge: 643-2728</p> <p>Facility Services 235-2787</p> <p>Salon - 643-2714 Tuesday-Friday by Appt.</p> <p>Notary Services Resident Service Offices</p> <p>Bistro - 643-2598 Tuesday & Friday: 11:30 am - 1:30 pm Mon & Wed: 5 - 6:30 pm</p> <p>After Hours Nurse Mon-Thurs: 11 pm - 7 am 7 pm Friday - 7 am Monday 485-7435</p> <p>Noon Meals from BRLC 643-2549</p> </div>	<p>All Day Open Swim - Pool</p> <p>2:30 Table Games - BI</p> <p>6:00 Worship Service & Communion w/ Rev. Frank Guter Centre Place</p> <p>7:00 Coffee/Fellowship - WC Transportation pick-up at 5:30 pm (return ride after the service and after fellowship)</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>Sales Department 643-2730</p> <p>Health Centre Open Monday - Thursday 7:30 am - 4 pm Friday 7:30 am - noon 643-2712</p> <p>Woods Café - 643-2716 Monday-Thursday: 11:30 am - 6:30 pm Friday: 5-6:30 pm</p> <p>On-Campus Rides M-F, 8:45 am - 4:15 pm 643-2582</p> <p>Resident Portal: mybretonwoods.org</p> <p>Breton Woods Vine mspweb1@gmail.com</p> <p>Breton Market Terrace Lower Level Mon. & Wed. & Fri. 10:00 am - 2:00 pm</p> </div>