



RAYBROOK FARMER'S MARKET

Beginning July 10, from 9:30 am – 11:30 am, Newton farms will come back to Raybrook to hold a farmer's market! Fresh produce and canned goods will be available for purchase in the Raybrook Manor parking lot, along with some fresh made, seasonal snacks from our chefs. There will also be space available for residents to display and sell produce, hand crafts, etc. Contact Nate Munn at 235.5682 if you would like to have a table at the market. We'll have 3 markets this summer on the 2nd Tuesday of the month (July, August, and September) from 9:30 – 11:30. See you there!

VIBRANT LIVING FITNESS EVENTS

Monday, July 9th- Friendship Room -1:00-2:30pm
PATH Party - Have you had a PATH appointment this year? Are you a new resident? Were you out of town over the winter? Busy with the holidays? Then this party is what you're looking for. Our entire fitness team will be on hand to do PATH reviews for anyone who wants to be tested. Walk right in.

These PATH reviews will measure your balance, endurance, flexibility, and strength. The report will let you know where you stand while compared to other men and woman the same age. It's a good habit to measure these things once a year to track how you're doing. If you have recently completed a PATH review with Sampson, or Katarina there is no need to be tested again so soon.



CLASS OF THE MONTH

July 11th - Buiten Wellness Center at 1:15pm
Vibrant Living Class of the Month - Barre Aerobics
Barre Aerobics is a 30 minute class that consists of light resistant training, light cardio, and deep stretching using different exercise equipment (balls, bands, free weights, discs). This type of exercise is great for your joints and focuses on smaller muscles that are usually harder to target, which significantly improves your overall physical capabilities. These exercises are adaptable and can be done seated or standing. Barre Aerobics welcomes all levels of fitness. Come have some fun with Katarina!

WIFFLEBALL

Friday, July 13th - Estates II Courtyard - 2:00pm
Wiffleball - Take me out to the ball game! Join us for our very own mid-summer classic. This baseball style game is played just from the offensive side. There is no glove required, just come ready to hit and to cheer on your teammates! We will be playing outside the Estates II dining room. Dress for the weather.

BOARD UPDATES WITH MINA & DAVID

Want to know what is going on at Holland Home? David and Mina will be updating residents over coffee and donuts. Feel free to come with your questions and concerns! Please join Mina and David on Friday, July 20 at 10:00 am in the Friendship Room.

SCRIPTURE & STRINGS

God's Word leads us. Comforts us. Even challenges us. Especially, the Bible shows us how much God loves us. No wonder He wants us to be devoted to reading it publicly (1 Tim. 4:13 NIV) ! Similarly, sacred music penetrates & thrills our souls. Join us as the Word is proclaimed and as a violinist from the GR Symphony ministers to us.

Refreshments & fellowship follow.

Mark your calendar for these dates through 2018:

- **Thursday, August 16 at 3:00/Chapel**
- **Thursday, October 11 at 3:/Chapel**
- **Thursday, December 13 at 3:00/Chapel**

RESIDENT RECRUITMENT

Wouldn't it be great to have some of your best friends become your neighbors? Help spread the word that Holland Home is a great place to live! Our "refer-a-friend" program can earn you up to a \$1,000 credit on your next monthly statement when your friend signs a Continuing Care Agreement and moves to Holland Home. It's simple – just request a resident recruitment form from the Sales & Information Centre at 643.2726 and we take care of the rest. If your friend isn't already in our system and they move-in, you receive the referral bonus!

ESTATE PLANNING & FAMILY TRUSTS

Do you have a Family Trust as part of your estate plan? If you have established a trust, you can assign the refundable portion of your Holland Home Entrance Fee to that trust. Contact Victoria Carson in the Sales Office if you have questions and we will be happy to walk you through the process and/or help you check to see if you have already established an "Assignment to Trust" document. Victoria can be reached at 643.2730.

HOLLAND HOME GOLF LEAGUE



Join us every Tuesday at 8:30 am at Stormy Creek Golf Course. Men and Women are welcome. Individuals, Twosomes and Foursomes. Take a friend! Questions? call Keith at 235.5460



INDEPENDENCE DAY CELEBRATION

Thursday, July 5
7:00 pm
Manor Parking Lot

Join us in celebrating the birth of America!

Music by Diana Dubbier. Red, white and blue pop-sicles and fireworks will be available!

CONCERTS IN THE CHAPEL - JULY

- ⇒ Tuesday, July 10 at 7:00 p.m. in the Chapel
Organ Concert with Ken Bos
- ⇒ Monday, July 16 at 7:00 p.m. (the Monday night movie in the Friendship Room is cancelled) in the Chapel
Grace Gospel Band; offering audio scripture ministries
- ⇒ Thursday, July 26 at 7:00 p.m. in the Chapel
Hope Herald's Men's Chorus

Family & friends are welcome!!!

NEW RESIDENTS LUNCHESES WITH MINA

Are you a new resident that moved into Raybrook Estates within the last year? You are invited to have **LUNCH with the CEO**, Mina Breuker and Foundation Executive Director, Scott Halquist. These are small group lunches held in the Estates II Small Dining Room. This is a wonderful time to get to know you and give you an opportunity to ask questions. Dates are: August 7 or August 17. Reserve your seat by calling Marcia Timmerman at 235.5118.

MEET CHARLIE BOOMGAARD DIRECTOR OF MAINTENANCE

Hi! My name is Brian Boomgaard, but please call me Charlie! I came to Raybrook in 2012 working in maintenance and was then promoted and transferred to the Fulton campus as the Fulton Director of Facility Services.

Before coming to Holland Home, I worked with my father doing floor installation. My wife and I (Sheryl) have 3 children and 4 grandchildren with another one of the way. We really enjoy being grandparents, enjoying every ounce of their energy! I am a big Detroit Tigers fan and have been to 12 different parks to watch them play. In my spare time, I enjoy golfing, camping and gardening. My favorite time of day is 3:30, when I am able to have family time. I really look forward getting to know of all you and serving you!



GRAND LADY RIVERBOAT DAY TRIP

Mark your calendars! On Friday, August 31, we are joining the Manor Residents to take a 2 hour ride on a majestic paddleboat on the Grand River. Sack lunches will be available. A riverboat staff member will provide historical narration during the trip. Sign up information will be coming soon!



VibrantLiving

MEET NEW RESIDENTS CONTINUED

~Hank & Nancy Verkaik~

Address: 2001 Mallard SE
Phone: 894.0885

Hank and Nancy Verkaik write:

Hank & I moved from the Cedar Springs/Greenville area where we resided for the last 16 years.



We built our home on Crawford Lake after we left East Lansing where we had lived for 37 years. We were born and raised in the Grand Rapids area and educated through the Christian School system. After Hank graduated from Calvin College and I from Butterworth Hospital, we moved to Lansing where he started working for the Executive office of the State of Michigan. At the age of 55 Hank was able to retire, and he enrolled in Colorado Christian University to earn a master's degree in family and marriage counseling. He was in a group practice for 20 years. I worked part time in Ingham Medical Hospital and then for a group of 8 surgeons while teaching part time in the community college.

We have two children and 6 grandchildren. Our daughter Sara and husband Scott have two children, a married daughter in Madison, WI, and a son just graduated from Calvin and starting grad school in Arizona this fall. Our son Marc, married to Lisa, is Superintendent of Kalamazoo Christian Schools. They have 3 children and an exchange student from Beijing, China, all attending Kalamazoo Christian.

We chose to move into Raybrook because we have enjoyed the continuing education at Calvin College, concerts, and of course all the sporting events offered. We are now closer to our children since our daughter teaches in the nursing department at Calvin and is a nurse practitioner for the Metro Urgent Care and Emergency Room. Over the years Hank & I have been foster parent to 12 teenage girls. Because we lived so close to the MSU campus in East Lansing, we were also able to have graduate students live with us. We volunteer at Degage Ministries and also Super Thrift, a Mission India Store. Over the years we worked at different disaster sites across America, volunteering with World Renew.

Our travels have taken us to about 65 countries over the last 56 years. We are thankful to God for all of the blessings he has given us and for allowing us to enjoy and marvel in His beautiful world.

Thank you for such a warm welcome to the Raybrook Campus. Many of you stopped in to introduce yourselves as we were making final arrangements and moving into our condo.

A hearty welcome to Hank and Nancy!