



SMART HOME

A Smarter Way to Live





WHAT IS A SMART HOME?

A smart home is one equipped with technological tools and adaptive devices that make the home safer and more comfortable for older adults. If you're caring for someone, these products provide you with peace of mind and may make care-giving easier.



WHY SMART HOME?

Smart Home technology isn't just about the convenience of having remotely controlled thermostats, appliances or window coverings—the new technology is changing the way people age—making it easier and safer for seniors to remain in their own homes longer.

THERE ARE MANY BENEFITS TO THE NEW SMART HOME TECHNOLOGY:

- Aging in place results in better health outcomes according to recent studies
- The new technology fosters greater independence
- It makes tasks easier for those with limited mobility
- It can help those with cognitive impairments remain at home longer
- It saves money when compared with traditional assisted living
- It provides peace of mind for caregivers

HEALTH SAFETY

A variety of equipment and adaptive devices are available to help maintain health and increase personal safety for older adults.

HEALTH SAFETY | OPTIONAL FEATURES:

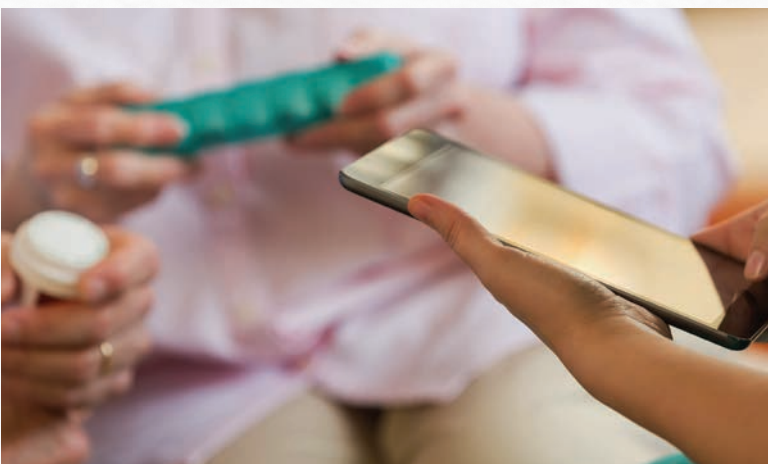
- Personal emergency response system
- Fall detectors
- Wall-mounted alarm button
- Telehealth monitors
- Medication dispensers
- Grab bars and other adaptive medical equipment

TELEHEALTH MEDICAL MONITORING:

HomeCare of Holland Home's telehealth program provides daily monitoring of patients with cardiac, pulmonary and other diagnoses. Telehealth is easy to use, cell capable and monitored by a registered nurse. The system provides remote monitoring of:

- Blood pressure
- Weight
- Heart rate
- Pulse oximetry
- Blood sugars

Telehealth monitoring helps provide early detection of symptoms which allows for early intervention.



HOME SAFETY

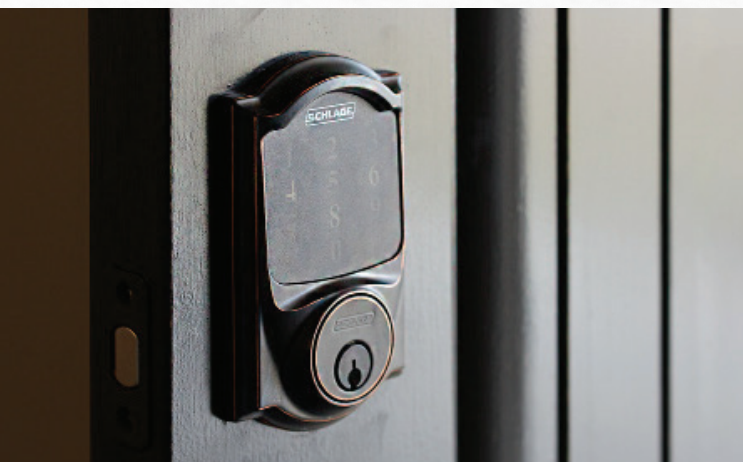
Many of the obstacles to remaining in your own home can be addressed through Smart Home technology—making it safer and more comfortable for you to age in place. Some of these items are standard in our residences or available as an option, and we can provide guidance in choosing and installing the appropriate technology in your home.

HOME SAFETY | STANDARD FEATURES:

- Low lip showers (new construction)
- 36 inch doorways
- Tall toilets
- Angled bathroom grab bars (new construction)
- Stair lighting (new construction)
- Double railings on stairs (new turnovers)
- Smooth floor transitions

HOME SAFETY | OPTIONAL FEATURES:

- Stair lighting (existing construction)
- Double railings on stairs (existing construction)
- Stair lift
- Stairwell gates
- Window and door monitors
- Bathroom grab bars (existing construction)





CONVENIENCE

New technology also offers many options for making life just that much easier.

CONVENIENCE | STANDARD FEATURES:

- Large bathrooms (new construction)
- Keyless entry (new construction)
- Refrigerator with freezer on bottom
- Automated thermostat (new construction)
- Under cabinet plugs
- Adjustable shower head in master bath
- Roll out shelves in base kitchen cabinets
- Automation in new construction: 3 zones of lighting, 2 thermostats, front door

CONVENIENCE | OPTIONAL FEATURES:

- Automated doorbell and camera
- Keyless entry (existing construction)
- Automated thermostat (existing construction)
- Adjustable closet rods (existing construction)

GIVE US A CALL.

For more information about smart home technology in our Holland Home communities, call 616-643-2730 and for more information about adapting your home with smart home technology, call 616-235-5113.



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