





Home is much more than a word or a collection of walls. Home is a feeling of belonging. It's security, care and comfort. It's all the things that Holland Home embodies. Believing that by giving you a place you can make yours, surrounded by friends and new experiences, we do more than provide a place to call home. We nurture untold possibilities and beautiful opportunities.

Holland Home is proud to be Michigan's largest non-profit provider of senior services.*



COMMITTED TO CARING A History of Care and Commitment Since 1892

> You can learn a lot in over a century of caring and commitment. Holland Home definitely has. Since 1892, we have helped countless older adults flourish. We have provided the care they needed as they needed it, with established communities and living spaces designed to satisfy ever-changing, always growing needs-all while maintaining a caring, Christ-centered culture that invites camaraderie. So, from independent living to in-home care, you can rely on Holland Home for comprehensive services and incomparable resources.



Holland Home provides independent living for adults 65 and older, assisted living for those needing help with everyday activities, as well as skilled nursing for an even higher level of care. So whether it's a spacious duplex or comfortable apartment, you're sure to find a home you love at Breton Woods, Raybrook or Fulton Manor.

OUR MISSION

In fulfilling God's calling to serve others, we will: Serve with love and compassion. Commit to excellence. Follow Christ's teachings and example in all we do.

LIFE-LONG CARE. HEARTFELT COMMITMENT

At Holland Home, caring isn't something we do part-time or just for awhile. It's what we're committed to doing regardless of your long-term financial circumstances. That's why we offer a lifecare promise and an all-encompassing continuum of care that includes independent living, assisted living, rehab, memory care, and long-term care. Plus, Holland Home provides a number of in-home services dedicated to helping you maintain your health and independence.

OUR LIFECARE PROMISE

Our commitment to Christ-like care isn't something we simply do. It's who we are and what we're dedicated to delivering. That is why every resident of each Holland Home community is offered the opportunity to have continuing care for the remainder of their life through our exclusive Continuing Care Agreement*, which promises:

- Our guarantee that you will always have a home at Holland Home
- Subsidized care should you outlive your resources
- Priority access to Holland Home's higher levels of service
- Discounted rates in our nursing and rehabilitation centers
- Access to Atrio Home Care for follow-up in-home nursing care or therapy
- A hospital liaison to help guide you through hospital processes and post-surgery care needs

So even if you exhaust your financial resources, we'll create an arrangement that fits your ability to pay. It's more than peace of mind. It's a reflection of our unwavering commitment to you.

A CONTINUUM OF CARE

Needs change, day by day. Holland Home understands this and provides a full continuum of care that satisfies those needs, big or small. This allows you to take comfort in the knowledge that as your care needs change, Holland Home is ready to accommodate them.



PROGRAMS FOR HEALTHY AGING

At the heart of our wellness culture is our commitment to helping you live a healthy lifestyle. Our Vibrant Living model is led by dedicated staff committed to enriching the lives of residents through activities and events that foster healthy aging and active living, giving those who participate the tools they need to remain healthy, vital, and independent.

REHABILITATION & SKILLED NURSING

Holland Home prides itself in providing the finest short-term rehabilitation and skilled nursing for long-term care. In both instances, our team of registered occupational therapists, physical therapists, and speech pathologists are with you every step of the way. Our results are proven in the fact that our outcomes are consistently above the national average.

If you are in need of long-term care, you can take comfort in a supportive staff that treats you like family and a warm setting that offers cable TV, catered dining, as well as entertainment and social activities.

For more information about Holland Home's comprehensive rehabilitation services, please call **(616) 235-5113**.

Holland Home is consistently rated at the highest level (four and five stars) on Medicare's Nursing Home Compare. Skilled nursing and rehabilitation care is available in your home or at one of our three locations; Fulton Manor, Raybrook Manor, or Breton Rehabilitation & Living Centre.





MEMORY CARE

Holland Home uses the Best Friends[™] Approach to dementia care, which is founded on the belief that what a person with memory loss needs most is a friend who will be there to provide loving care, accept their illness, and learn the skills required to deliver needed care. Our memory care residents enjoy:

- Secure units to allow freedom of movement while preventing wandering
- Predictable schedules that provides structure to the day
- Specialized activities designed to provide the best memory care and Alzheimer's care possible
- Relief for the caregiver, allowing them to spend quality time with their loved one

CARE AT HOME

Atrio Home Care understands the importance of in- home senior care. Not simply as a cost-effective way to ensure quality of life, but as an invaluable way to enable the independent lifestyles our clients treasure. For this reason, we offer two distinct divisions:

ATRIO HOME HEALTH

Our team is passionate about making a difference in the lives of those they serve. Atrio Home Health provides nursing care and rehabilitation services in your own home, from physical therapy to occupational therapy to memory care and more. Services include:

- Medical, Surgical, and Mental Health Nursing
- Physical, Occupational, and Speech Language Therapy
- Medical Social Services
- Home Health Aides
- Registered Dietitians
- Telehealth Monitoring

ATRIO HELP AT HOME

The in-home help seniors need by highly trained nurses and home assistants. Atrio Help at Home offers help with every day needs like bathing, preparing warm meals, or doing routine chores around the house. All done by caring individuals whose primary goal is to help you maintain your independent lifestyle. Atrio Help at Home provides the following services, and more:

- Personal Care
- Conversation and Friendship
- Care Coordination
- Light House Work
- Respite Care
- Medication Set-up/Reminders
- Meal Preparation and Related Services
- Massage Therapy
- Monitoring Options such as Personal Emergency Response Systems, Automated Medication Dispensers, and Video Monitoring and Sensors

To learn more about Atrio Home Care and our Home Health and Help at Home services, visit atriohomecare.org or call 616-235-4663 (Home Health) / 616-233-4142 (Help at Home)











THE PLACE TO LIVE. A TIME TO THRIVE.

Everyone is unique and so are their needs. That's why Holland Home has grown to include three distinct communities with amenities and features exclusive to each. All, however, share the common goal of creating a place dedicated to providing beautiful, spacious personalized living spaces designed to fit the diverse lives of mature adults

MAKE IT YOURS

Because it's your home, all Holland Home independent living options can be redecorated to suit your tastes, from paint colors to flooring to smart home technology and more. So it's not simply your home, it's a home you truly make yours.

BRETON WOODS Southeast Grand Rapids Independent Living, Assisted Living, Skilled Nursing, and Memory Care

Charming and active retirement living options for individuals, from elegant apartment homes in Breton Terrace and Breton Ridge to home-style townhome living in our Breton Homes neighborhood. Features 1 to 3 bedroom apartments, as well as 2 bedroom/2 bath duplex, triplex, and quad townhomes with attached garages. Community amenities include two wellness centers, wood shop and art studio, restaurants, and a chapel with weekly worship services.

RAYBROOK Calvin College Area Independent Living, Assisted Living, Skilled Nursing, and Memory Care

Offers a range of living choices; gracious apartments in Raybrook Estates, townhome-style homes in our Raybrook Homes, and spacious assisted-living rooms and suites in Raybrook Manor. Features 2 bedroom townhomes and 1 and 2 bedroom apartments. Community amenities include the William C. Buiten Wellness Center, plus on-site conveniences like a hair salon and a variety of assisted living services.

FULTON MANOR Eastown Area Assisted Living, Skilled Nursing, and Memory Care

An affordable retirement community offering all levels of care from assisted living and rehabilitation/skilled nursing to memory care. Fulton Manor features single, suite, and double apartments with a range of community amenities including tended courtyard gardens, a variety of stimulating outings and daily activities, and enhanced assisted living care.

LIVE A LIFE YOU LOVE Extensive Amenities & Features

How you live is as important as where. That's why Holland Home ensures each and every community boasts a variety of amenities and features that enhance your everyday life. At Holland Home, we offer ample opportunities to socialize and live an active lifestyle surrounded by welcoming neighbors and dedicated staff.



LIVING VIBRANTLY AT HOLLAND HOME

PHYSICAL WELLNESS

An active lifestyle is encouraged in all our communities and we have the activities and resources to show it, including exercise classes at the wellness centers, yoga, and an overarching commitment to successful aging and wellness.

EMOTIONAL WELL-BEING

At Holland Home, we care deeply about your emotional health. That's why we offer a truly supportive environment with a variety of resources, from grief support to mental health counseling to medical/diagnosis support and much more. So you can be sure that whatever your life challenges may be, we are here to help.

INTELLECTUAL DISCOVERY

A range of intellectually stimulating events and activities, such as book clubs, monthly lectures and seminars, anti-aging mental games, and more.

SOCIAL ENGAGEMENT

Frequent excursions and outings to area and state attractions, volunteering opportunities, community social gatherings, as well as organized events at each community.

SPIRITUAL FULFILLMENT

Weekly services at Breton Woods, Raybrook, and Fulton Manor led by an on-site Chaplain, choir practice, regular Bible studies, as well as other opportunities to gather, worship, and celebrate His word.

AMENITIES FOR ALL TO ENJOY

While each Holland Home community has its own distinct property features, they all have been designed to include:

- Beautiful grounds with walking paths
- · On-campus wellness centers with classes and activities
- Chapel with weekly worship services
- Library with computer room
- · Relaxed dining areas and lounges
- Activity centers, billiards rooms and sports courts
- On-site conveniences hair salon/barber shops, dining options and more
- Cable and Wi-Fi
- Ample parking for residents and their guests





EMBRACE THE POSSIBILITIES.

Peace of mind should be part of every life and every home. At Holland Home, it's what we strive to provide each resident. Give us a call today and schedule a private tour of any or all Holland Home communities. You can also inquire about our Holland Home Relocation Bonus* that can help you with moving-related costs, as well as our Home Buy-Out Program,* where we promise to buy your home after 180 days.

Let us show you how committed we are to your continued growth and prosperity. Schedule your own private tour today by calling 616-643-2730.

There's a certain comfort that comes from being in a home and community you love. That's why we're here and why we serve—always dedicated and forever committed to helping you enjoy life to its fullest.

*Both the Holland Home Relocation Bonus and Home Buy-Out Program apply to independent living options only, not for assisted living or long-term living options.



HOME BUY-OUT PROGRAM

Created to help you sell your home as quickly as possible, the program includes:

- A free comparative market analysis to determine the value of your home
- Professional and aggressive marketing of your home for up to 180 days
- Holland Home's promise to buy your home after 180 days.

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