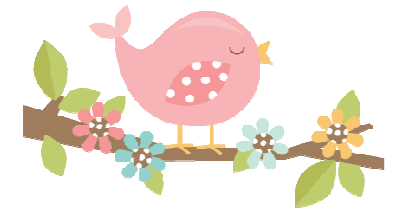




Spiritual, Intellectual, Physical, Social

MARCH 19 - MARCH 25



Monday, March 19	Tuesday, March 20	Wednesday, March 21	Thursday, March 22	Friday, March 23	Saturday, March 24	LOCATION KEY
<p>6 - 11:15 am, 1:45 - 10 pm Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:00 Men's Circuit - IFC</p> <p>8:10 Stretch & Flex - BS</p> <p>8:40 Women's Circuit - IFC</p> <p>9:10 Cardio Action - BS</p> <p>9:20 Cardio Action - IFC</p> <p>9:50 Cardio Circuit - BS</p> <p>10:00 Prayer Meeting - TPDR</p> <p>10:00 Men's Circuit - IFC</p> <p>10:00 Crafts/Cards - AS</p> <p>10:20 Heart Healthy Dance - VI</p> <p>10:45 Cardio Action - IFC</p> <p>11:00 Stretch & Flex - EX</p> <p>11:20 Water Walking - Pool</p> <p>1:00 Women's Bible Study - RI</p> <p>1:00 Water Fusion - Pool</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>REAL Cooking with Chef O Woods Café - 2:00 pm Sign-up Required</p> </div> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Wii Bowling - EX</p> <p>2:30 Birthday Ice Cream Social - VI</p> <p>3:00 Resident Representative Committee Meeting - CP</p> <p>3:00 Wii Bowling - VI</p> <p>3:00 Ladies Tea - TPDR</p> <p>6:30 Games - EX</p> <p>7:00 Bridge - WC</p>	<p style="text-align: center;">1st Day of SPRING</p> <p>6 - 9 am, 10:45 am - 10 pm Open Swim - Pool</p> <p>8-10:00 Coffee - WC, RI</p> <p>9:00 Water Blast - Pool</p> <p>9:30 Walk to the Beat - EX (on your own)</p> <p>10:00 Water Fitness - Pool</p> <p>10:00 Ladies Billiards - GR</p> <p>10:30 Feldenkrais - BS</p> <p>11:15 Balance & Core - IFC</p> <p>1:00 Ping Pong - VI</p> <p>1:00 Pinochle - TB</p> <p>1:30 Pinochle - BI</p> <p>1:50 Fitness Fusion - BS</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:00 Knitting/Crocheting - EX</p> <p>2:30 Balance & Core - BS</p> <p>3:00 Baking Group - BEC South</p> <p>3:00 Ladies Billiards - BR</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Girls' Choral Academy Terrace Lobby 6:00 pm Make ride requests by noon</p> </div> <p>7:00 Scrabble - TF</p> <p>7:00 Square Dancing - EX</p>	<p>6 - 11:15 am, 12 - 10 pm Open Swim - Pool</p> <p>8:00 Men's Circuit - IFC</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:10 Stretch & Flex - BS</p> <p>8:40 Women's Circuit - IFC</p> <p>9:10 Cardio Action - BS</p> <p>9:20 Cardio Action - IFC</p> <p>9:30 Bible Study w/ Diane - CP</p> <p>9:50 Cardio Circuit - BS</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Wii Bowling Tournament BEC South - 10:00 am</p> </div> <p>10:00 Men's Circuit - IFC</p> <p>10:30 Pastoral Advisory Committee Meeting - TPDR</p> <p>10:45 Cardio Action - IFC</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Bus/van pick-up: Ladies Lunch - 11:00 am</p> </div> <p>11:00 Stretch & Flex - EX</p> <p>11:20 Water Walking - Pool</p> <p>1:00 Functional Circuits - IFC</p> <p>1:00 Bus Pick-up for Meijer</p> <p>1:00-2:00 Drop-in Blood Pressure Checks - RPDR</p> <p>1:30 Quilting - AS</p> <p>2:00 Coffee Break Study - RI</p> <p>2:00 Men's Billiards - BR</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Wii Bowling - EX, VI</p> <p>3:30 Lenten Service - CP</p> <p>4:30 Social Hour - RPDR</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Bus pick up - 5:45 pm Passport to Adventure</p> </div> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Opera in the Woods: Theatre - 6:30 pm</p> </div> <p>7:00 Euchre - TB</p> <p>7:00 Dominos - TL, RL</p> <p>7:00 Games/Bridge/MahJong - BI</p>	<p>6 - 9 am, 10:45 am - 10 pm Open Swim - Pool</p> <p>6:30 St. Mary's Lab - RPDR</p> <p>7:00 St. Mary's Lab - HC</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>9:00 Water Blast - Pool</p> <p>10:00 Water Fusion - Pool</p> <p>10:30 Prayer for Spiritual Awakening - CP</p> <p>11:15 Balance & Core - IFC</p> <p>1:00 Men's Bible Study - RI</p> <p>1:00 Line Dancing - EX</p> <p>1:00 Ping Pong - IFC</p> <p>1:00 Flower Arranging - BRLC</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Bus/van pick-up: Train Building Tour - 1:30 pm</p> </div> <p>1:50 Fitness Fusion - BS</p> <p>2:00 Men's Billiards - BR</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Terrace Dining Committee Meeting - TPDR</p> <p>2:30 Balance & Core - BS</p> <p>3:00 Knitting Projects - BI</p> <p>3:30 Choir Rehearsal - CP</p> <p>4:00 Social Hour - TPDR</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Opera in the Woods: Theatre - 6:30 pm</p> </div> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>REAL The Scarlett Cord: Healing for Sex Trafficked Children Centre Place - 7:00 pm</p> </div>	<p>6 - 11:15 am, 12 - 10 pm Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:00 Men's Circuit - IFC</p> <p>8:10 Stretch & Flex - BS</p> <p>8:30-11:15 Drop-in hours for Blood Pressure Checks - HC</p> <p>8:40 Women's Circuit - IFC</p> <p>9:10 Cardio Action - BS</p> <p>9:20 Cardio Action - IFC</p> <p>9:50 Cardio Circuit - BS</p> <p>10:00 Back to God Ministries Coffee Meet & Greet - TPDR</p> <p>10:00 Men's Circuit - IFC</p> <p>10:45 Cardio Action - IFC</p> <p>11:00 Stretch & Flex - EX</p> <p>11:20 Water Walking - Pool</p> <p>1:00 Ice Cream Social - WC</p> <p>1:00 Functional Circuits - IFC</p> <p>1:00 Men's Billiards - GR</p> <p>2:00-3:00 Adults Only - Pool</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Hobo Soup Supper Woods Café - 5:00 pm</p> </div> <p>7:00 Family Movie - VI</p> <p>7:00 Movie - TH</p> <p>7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>9:00 Hymn Sing - TL</p> <p>2:00 Color My World - BI</p> <p>3:15 Afternoon Swing - VI</p> <p>6:00 Bingo & Pizza - EX</p> <p>7:00 Family Movie - TH</p> <p>7:00 Movie - VI</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p style="text-align: center;">Sunday, March 25</p> </div> <p>All Day Open Swim - Pool</p> <p>10:30 Hymn Sing at BEC South - Join them!</p> <p>2:30 Table Games - BI</p> <p>6:00 Worship Service in Centre Place w/ Rev. Bill Mosher</p> <p style="text-align: center;">Offering: Breton Worship Fund</p> <p style="text-align: center;"><u>Transportation Provided</u> Pick-up at 5:30 pm Return after the service</p>	<p style="text-align: center;">TERRACE</p> <p>AS - Art Studio</p> <p>BR - Billiard Room</p> <p>CAM - Cambridge</p> <p>CP - Centre Place</p> <p>EX - Expressions</p> <p>HC - Health Centre</p> <p>IFC - Fitness Centre</p> <p>TB - Terrace Balcony</p> <p>TL - Terrace Lobby</p> <p>TLI - Terrace Library</p> <p>TPDR - Terrace Private Dining Room</p> <p>TH - Theatre</p> <p>WC - Woods Café</p> <p>WS - Woodshop</p> <p style="text-align: center;">RIDGE</p> <p>BI - Bistro</p> <p>BS - Body Shop</p> <p>CR - Craft Room</p> <p>GR - Game Room</p> <p>RPDR - Ridge Private Dining Room</p> <p>RI - Ristorante</p> <p>RL - Ridge Lobby</p> <p>RLI - Ridge Library</p> <p>SCR - Sales Consult Rm</p> <p>VI - Vineyard</p> <p style="text-align: center;">BRLC - Breton Rehab & Living Centre</p>



Spiritual, Intellectual, Physical, Social

MARCH 26 - APRIL 1



Monday, March 26	Tuesday, March 27	Wednesday, March 28	Thursday, March 29	Friday, March 30	Saturday, March 31	SERVICES
<p>6 - 11:15 am, 1:45 - 10 pm Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:00 Men's Circuit - IFC</p> <p>8:10 Stretch & Flex - BS</p> <p>8:40 Women's Circuit - IFC</p> <p>9:10 Cardio Action - BS</p> <p>9:20 Cardio Action - IFC</p> <p>9:50 Cardio Circuit - BS</p> <p>10:00 Crafts/Cards - AS</p> <p>10:00 Prayer Meeting - TPDR</p> <p>10:00 Men's Circuit - IFC</p> <p>10:20 Heart Healthy Dance - VI</p> <p>10:45 Cardio Action - IFC</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Bus/van pick-up: Men's ROMEO Lunch 11:00 am</p> </div> <p>11:00 Stretch & Flex - EX</p> <p>11:20 Water Walking - Pool</p> <p>1:00 Women's Bible Study - RI</p> <p>1:00 Water Fusion - Pool</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Ice Cream Social - VI</p> <p>2:30 Wii Bowling - EX</p> <p>3:00 Wii Bowling - VI</p> <p>3:00 Ladies Tea - TPDR</p> <p>6:30 Games - EX, TL, TB</p> <p>7:00 Bridge - WC</p>	<p>6 - 9 am, 10:45 am - 10 pm Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, RI</p> <p>9:00 Water Blast - Pool</p> <p>9:30 Walk to the Beat - EX (on your own)</p> <div style="border: 1px solid orange; padding: 10px; margin: 10px 0;"> <p style="text-align: center;">REAL</p> <p style="text-align: center;">Understanding Your Comcast Voice Remote</p> <p style="text-align: center;">Bistro - 10:00 am Terrace Lobby - 1:00 pm <i>Sign-up Required</i></p> </div> <p>10:00 Water Fitness - Pool</p> <p>10:00 Ladies Billiards - GR</p> <p>10:30 Feldenkrais - BS</p> <p>11:15 Balance & Core - IFC</p> <p>1:00 Ping Pong - VI</p> <p>1:00 Pinochle - TB</p> <p>1:30 Pinochle - BI</p> <p>1:50 Fitness Fusion - BS</p> <p>2:00 Knitting/Crocheting - EX</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Balance & Core - BS</p> <p>3:00 Baking Group - BEC South</p> <p>3:00 Ladies Billiards - BR</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Bus/van pick-up: Potting Party 5:00 pm</p> </div> <p>7:00 Scrabble - TF</p> <p>7:00 Square Dancing - EX</p>	<p>6 - 11:15 am, 12 - 10 pm Open Swim - Pool</p> <p>8:00 Men's Circuit - IFC</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:10 Stretch & Flex - BS</p> <p>8:40 Women's Circuit - IFC</p> <p>9:10 Cardio Action - BS</p> <p>9:20 Cardio Action - IFC</p> <p>9:50 Cardio Circuit - BS</p> <p>10:00 Men's Circuit - IFC</p> <p>10:45 Cardio Action - IFC</p> <p>11:00 Stretch & Flex - EX</p> <p>11:20 Water Walking - Pool</p> <p>1:00 Functional Circuits - IFC</p> <p>1:00 Bus Pick-up for Meijer</p> <p>1:00-2:00 Drop-in Hours for Blood Pressure Checks - RPDR</p> <p>1:30 Quilting- AS</p> <p>2:00 Coffee Break Study - RI</p> <p>2:00 Men's Billiards - BR</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Wii Bowling - EX, VI</p> <p>3:00 Breton Readers - TPDR</p> <p>4:30 Social Hour - RPDR</p> <p>7:00 Euchre - TB</p> <p>7:00 Dominos - TL, RL</p> <p>7:00 Games/Bridge/MahJong- BI</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p style="text-align: center;">Girls' Choral Academy Vineyard - 7:00 pm <i>Make ride requests by noon</i></p> </div>	<p>6 - 9 am, 10:45 am - 10 pm Open Swim - Pool</p> <p>6:30 St. Mary's Lab - RPDR</p> <p>7:00 St. Mary's Lab - HC</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>9:00 Water Blast - Pool</p> <p>10:00 Water Fusion - Pool</p> <p>11:15 Balance & Core - IFC</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p style="text-align: center;">Tigers' Opening Day Hot Dog Buffet Bistro 11:00 am - 2:00 pm</p> </div> <p>1:00 Men's Bible Study - RI</p> <p>1:00 Line Dancing - EX</p> <p>1:00 Ping Pong - IFC</p> <p>1:00 Flower Arranging - BRLC</p> <p>1:50 Fitness Fusion - BS</p> <p>2:00 Men's Billiards - BR</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Balance & Core - BS</p> <p>3:00 Knitting Projects - BI</p> <p>4:00 Social Hour - TPDR</p>	<p>6 - 11:15 am, 12 - 10 pm Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:00 Men's Circuit - IFC</p> <p>8:10 Stretch & Flex - BS</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p style="text-align: center;">Bus/van pick-up: Coffee Classics - 8:30 am</p> </div> <p>8:30-11:15 Drop-in hours for Blood Pressure Checks - HC</p> <p>8:40 Women's Circuit - IFC</p> <div style="border: 1px solid pink; padding: 5px; margin: 10px 0;"> <p style="text-align: center;">Breakfast Bar Ridge Bistro 9:00 - 11:00 am <i>The Bistro is closed for lunch</i></p> </div> <p>9:10 Cardio Action - BS</p> <p>9:20 Cardio Action - IFC</p> <p>9:50 Cardio Circuit - BS</p> <p>10:00 Men's Circuit - IFC</p> <p>10:45 Cardio Action - IFC</p> <p>11:00 Stretch & Flex - EX</p> <p>11:20 Water Walking - Pool</p> <p>1:00 Ice Cream Social - WC</p> <p>1:00 Functional Circuits - IFC</p> <p>1:00 Men's Billiards - GR</p> <div style="border: 1px solid blue; padding: 5px; margin: 10px 0;"> <p style="text-align: center;"> Water Kick-Boarding 1:30 pm - Pool</p> </div> <p>3:00 Good Friday Service - CP</p> <p>7:00 Family Movie - VI</p> <p>7:00 Movie - TH</p> <p>7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>9:00 Hymn Sing - TL</p> <p>2:00 Color My World - BI</p> <p>3:15 Afternoon Swing - VI</p> <p>7:00 Family Movie - TH</p> <p>7:00 Movie - VI</p> <div style="background-color: #e0f0e0; padding: 5px; margin: 10px 0;"> <p style="text-align: center;">Sunday, April 1</p> </div> <p style="text-align: center;"> Easter Sunday</p> <p>All Day Open Swim - Pool</p> <p>10:30 Hymn Sing at BEC South - Join them!</p> <p>2:30 Table Games - BI</p> <p>6:00 Worship Service in Centre Place w/ Rev. Ruth Romeyn</p> <p style="text-align: center;">Offering: Breton Worship Fund</p> <p style="text-align: center;"><u>Transportation Provided</u> Pick-up at 5:30 pm Return after the service</p>	<p>Resident Service Office Monday-Fri. 9 am - 4:30 pm Terrace: 643-2720 Ridge: 643-2728</p> <p>Facility Services 235-2787</p> <p>Salon - 643-2714 Tuesday-Friday by Appt.</p> <p>Notary Services Resident Service Offices</p> <p>Bistro - 643-2598 Tuesday, Thursday & Friday: 11:30 am - 1:30 pm Wednesday: 5 - 6:30 pm</p> <p>Woods Café - 643-2716 Monday-Thursday: 11:30 am - 6:30 pm Friday: 5 - 6:30 pm</p> <p>Health Centre Open Monday-Friday Hours: 7:30 am - 4 pm 643-2712</p> <p>After Hours Nurse Mon-Thurs: 11 pm - 7 am Friday-Sat: 7 pm - 7 am 485-7435</p> <p>On-Campus Rides Available Monday-Friday 8:45 am - 4:15 pm Call 643-2582 with Requests</p> <p>Resident Portal: mybretonwoods.org</p> <p>Breton Woods Vine mspweb1@gmail.com</p>