




Spiritual, Intellectual, Physical, Social

MAY 28 - JUNE 3



Monday, May 28	Tuesday, May 29	Wednesday, May 30	Thursday, May 31	Friday, June 1	Saturday, June 2	Sunday, June 3
<p>Happy Memorial Day!</p>  <p>Terrace & Ridge offices are closed.</p> <p>Fitness classes cancelled.</p> <p>Bistro & Woods Café are closed.</p> <p>Heath Centre is closed.</p> <p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>10:00 Prayer Meeting - TPDR</p> <p>10:00 Crafts/Cards- AS</p> <p>2:30 Wii Bowling - EX</p> <p>3:00 Wii Bowling - VI</p> <div style="border: 1px solid red; padding: 5px; margin: 10px 0;"> <p>Memorial Day Potluck Terrace Woods Cafe 5:00pm</p> </div> <div style="border: 1px solid blue; padding: 5px; margin: 10px 0;"> <p>Memorial Day Potluck Ridge Vineyard 5:00pm - Social Hour 6:00pm - Dinner</p> </div> <p>6:30 Games - EX</p> <p>7:00 Bridge - WC</p>	<p>6 -9 am, 10:45 am -10 pm</p> <p>Open Swim - Pool</p> <p>8-10:00 Coffee - WC, RI</p> <p>9:00 Water Blast - Pool</p> <p>10:00 Water Fitness - Pool</p> <p>10:00 Ladies Billiards - GR</p> <p>10:30 Feldenkrais - BS</p> <p>11:00 Bretonaires Practice - EX</p> <p>11:15 Balance & Core - IFC</p> <p>1:00 Ping Pong - IFC</p> <p>1:00 Pinochle - TB</p> <p>1:30 Pinochle - BI</p> <p>1:50 Fitness Fusion - BS</p> <p>2:00 Knitting/Crocheting - EX</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Balance & Core - BS</p> <p>3:00 Ladies Billiards - BR</p> <p>7:00 Scrabble - TF</p> <p>7:00 Square Dancing - EX</p>	<p>6 - 11:15 am, 12 - 10 pm</p> <p>Open Swim - Pool</p> <p>8:00 Men's Circuit - IFC</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:10 Stretch & Flex - BS</p> <p>8:40 Women's Circuit - IFC</p> <p>9:10 Cardio Action - BS</p> <p>9:20 Cardio Action - IFC</p> <p>9:50 Cardio Circuit - BS</p> <p>10:00 Terrace Volunteer Receptionist Meeting - TPDR</p> <p>10:00 Men's Circuit - IFC</p> <p>10:45 Cardio Action - IFC</p> <p>11:00 Stretch & Flex - EX</p> <p>11:20 Water Walking - Pool</p> <p>1:00 Bus Pick-up for Meijer</p> <p>1:00-2:00 Drop-in Blood Pressure Checks - RPDR</p> <p>1:30 Quilting- AS</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>Strong Minds: Train the Brain Vineyard - 2:00pm</p> </div> <p>2:00 Men's Billiards - BR</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Wii Bowling - EX, VI</p> <p>3:00 Breton Readers - TPDR</p> <p>4:30 Social Hour - RPDR</p> <p>6:45 Euchre - WC</p> <p>7:00 Dominos - TL, RL</p> <p>7:00 Games/Bridge/MahJong - BI</p> <div style="border: 1px solid red; padding: 5px; margin: 10px 0;"> <p>Veterans Memorial Service Centre Place - 7:00pm Transportation at 6:30pm</p> </div>	<p>6 -9 am, 10:45 am -10 pm</p> <p>Open Swim - Pool</p> <p>6:30 St. Mary's Lab - RPDR</p> <p>7:00 St. Mary's Lab - HC</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>9:00 Water Blast - Pool</p> <p>10:00 Water Fusion - Pool</p> <p>11:15 Balance & Core - IFC</p> <p>1:00 Ping Pong - VI</p> <p>1:00 Flower Arranging - BRLC</p> <p>1:50 Fitness Fusion - BS</p> <p>2:00 Men's Billiards - BR</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Balance & Core - BS</p> <p>3:00 Knit Wits: Knitting & Fellowship - BI</p> <p>4:00 Social Hour - TPDR</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>REAL Senior Expert Series: Fraud & Scams Centre Place - 7:00pm Make ride requests by noon</p> </div>	<p>6 - 11:15 am, 12 - 10 pm</p> <p>Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:00 Men's Circuit - IFC</p> <p>8:10 Stretch & Flex - BS</p> <p>8:30-11:15 Drop-in hours for Blood Pressure Checks - HC</p> <p>8:40 Women's Circuit - IFC</p> <p>9:10 Cardio Action - BS</p> <p>9:20 Cardio Action - IFC</p> <p>9:45 Bretonaires Practice - EX</p> <p>9:50 Cardio Circuit - BS</p> <p>10:00 Men's Circuit - IFC</p> <p>10:45 Cardio Action - IFC</p> <p>11:00 Stretch & Flex - EX</p> <p>11:20 Water Walking - Pool</p> <p>12:00 Heart Healthy Dance- EX</p> <p>1:00 Men's Billiards - GR</p> <p>1:30 Ice Cream Social - WC</p> <p>2:00-3:00 Adults Only - Pool</p> <p>7:00 Family Movie - VI</p> <p>7:00 Movie - TH</p> <p>7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>2:00 Color My World - BI</p> <p>3:15 Afternoon Swing - VI</p> <p>7:00 Family Movie - TH</p> <p>7:00 Movie - VI</p>	<p>All Day Open Swim - Pool</p> <p>2:30 Table Games - BI</p> <p>6:00 Worship Service in Centre Place</p> <p>w/ Rev. Ruth Romeyn</p> <p>Offering: Worship Fund</p> <p>Transportation Provided</p> <p>Pick-up at 5:30pm</p> <p>Return after the service</p>
					<div style="border: 1px solid black; padding: 5px;"> <p>LOCATION KEY</p> <p>Breton Terrace AS - Art Studio BR - Billiard Room CP - Centre Place EX - Expressions HC - Health Centre IFC - Fitness Centre TB - Terrace Balcony TL - Terrace Lobby TLI - Terrace Library TPDR - Terrace Private Dining Room TH - Theatre WC - Woods Café WS - Woodshop</p> <p>Breton Ridge BI - Bistro BS - Body Shop CR - Craft Room GR - Game Room RPDR - Ridge Private Dining Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library VI- Vineyard</p> <p>BRLC- Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South</p> </div>	



Spiritual, Intellectual, Physical, Social

JUNE 4 - JUNE 10



Monday, June 4	Tuesday, June 5	Wednesday, June 6	Thursday, June 7	Friday, June 8	Saturday, June 9	Sunday, June 10
<p>6 - 11:15 am, 1:45 - 10 pm Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:00 Men's Circuit - IFC</p> <p>8:10 Stretch & Flex - BS</p> <p>8:40 Women's Circuit - IFC</p> <p>9:10 Cardio Action - BS</p> <p>9:20 Cardio Action - IFC</p> <p>9:50 Cardio Circuit - BS</p> <p>10:00 Crafts/Cards- AS</p> <p>10:00 Make Patriotic Cards - RI</p> <p>10:00 Prayer Meeting - TPDR</p> <p>10:00 Men's Circuit - IFC</p> <p>10:20 Heart Healthy Dance - VI</p> <p>10:45 Cardio Action - IFC</p> <p>11:00 Stretch & Flex - EX</p> <p>11:20 Water Walking - Pool</p> <p>1:00 Water Fusion - Pool</p> <p>2:00 Balance Circuits - IFC</p> <p>2:00 Ice Cream Social - VI</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Wii Bowling - EX</p> <p>3:00 Wii Bowling - VI</p> <p>3:00 Ladies Tea - TPDR</p> <p>3:15 Praying the Rosary - RPDR</p> <p>6:30 Games - EX, TL, TB</p> <p>7:00 Bridge - WC</p>	<p>6 - 9 am, 10:45 am - 10 pm Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, RI</p> <p>9:00 Water Blast - Pool</p> <div style="border: 1px solid green; padding: 5px; text-align: center;"> <p>Fulton Street Farmer's Market Bus pick-up: 10:00am</p> </div> <p>10:00 Water Fitness - Pool</p> <p>10:00 Ladies Billiards - GR</p> <p>10:30 Feldenkrais - BS</p> <p>11:00 Bretonaires Practice - EX</p> <p>11:15 Balance & Core - IFC</p> <p>1:00 Ping Pong - IFC</p> <p>1:00 Pinochle - TB</p> <p>1:30 Pinochle - BI</p> <p>1:50 Fitness Fusion - BS</p> <p>2:00 Breton Readers - RI</p> <p>2:00 Knitting/Crocheting - EX</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Balance & Core - BS</p> <p>3:00 Ladies Billiards - BR</p> <p>3:15 Praying the Rosary - RPDR</p> <p>7:00 Scrabble - TF</p> <p>7:00 Square Dancing - EX</p>	<p>6 - 11:15 am, 12 - 10 pm Open Swim - Pool</p> <p>8:00 Men's Circuit - IFC</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:10 Stretch & Flex - BS</p> <p>8:40 Women's Circuit - IFC</p> <p>9:10 Cardio Action - BS</p> <p>9:20 Cardio Action - IFC</p> <p>9:50 Cardio Circuit - BS</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p>REAL Medicaid & Estate Planning Vineyard - 2:00pm</p> </div> <div style="border: 1px solid green; padding: 5px; text-align: center;"> <p>100th Birthday Party for Donn Palmer! Woods Café -2:00pm</p> </div> <p>10:00 Men's Circuit - IFC</p> <p>10:45 Cardio Action - IFC</p> <p>11:00 Stretch & Flex - EX</p> <p>11:20 Water Walking - Pool</p> <p>1:00 Core Strength - BS</p> <p>1:00 Bus Pick-up for Meijer</p> <p>1:00-2:00 Drop-in Hours for Blood Pressure Checks - RPDR</p> <p>1:30 Quilting- AS</p> <p>2:00 Men's Billiards - BR</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Wii Bowling - EX, VI</p> <p>3:15 Praying the Rosary - RPDR</p> <p>4:30 Social Hour - RPDR</p> <p>6:45 Euchre - WC</p> <p>7:00 Dominos - TL, RL</p> <p>7:00 Games/Bridge/Mahjong- BI</p> <div style="border: 1px solid green; padding: 5px; text-align: center;"> <p>The King & I Bus pick-up: 6:30pm Pre-ticketed Event</p> </div>	<p>6 - 9 am, 10:45 am - 10 pm Open Swim - Pool</p> <p>6:30 St. Mary's Lab - RPDR</p> <p>7:00 St. Mary's Lab - HC</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>9:00 Water Blast - Pool</p> <p>9:30 Creative Writing - RPDR</p> <p>10:00 Catholic Mass - CP</p> <p>10:00 Water Fusion - Pool</p> <p>11:00 Woodshop Cleaning - WS</p> <p>11:15 Balance & Core - IFC</p> <div style="border: 1px solid blue; padding: 5px; text-align: center;"> <p>Outdoor Stretch & Flex Meet in the Terrace Lobby 12:45pm</p> </div> <p>1:00 Ping Pong - VI</p> <p>1:00 Flower Arranging - BRLC</p> <p>1:50 Fitness Fusion - BS</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p>REAL Aging Spine Centre Place - 2:00pm</p> </div> <p>2:00 Men's Billiards - BR</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Balance & Core - BS</p> <p>3:00 Knit Wits: Knitting & Fellowship - BI</p> <p>4:00 Social Hour - TPDR</p>	<p>6 - 11:15 am, 12 - 10 pm Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:00 Men's Circuit - IFC</p> <p>8:10 Stretch & Flex - BS</p> <p>8:30-11:15 Drop-in hours for Blood Pressure Checks - HC</p> <p>8:40 Women's Circuit - IFC</p> <p>9:10 Cardio Action - BS</p> <p>9:20 Cardio Action - IFC</p> <p>9:45 Bretonaires Practice - EX</p> <p>9:50 Cardio Circuit - BS</p> <p>10:00 Men's Circuit - IFC</p> <p>10:45 Cardio Action - IFC</p> <p>11:00 Stretch & Flex - EX</p> <p>11:20 Water Walking - Pool</p> <div style="border: 1px solid green; padding: 5px; text-align: center;"> <p>Flower and Rock Garden Bus pick-up: 11:30am Sign-up Required</p> </div> <p>1:00 Men's Billiards - GR</p> <p>1:30 Ice Cream Social - WC</p> <p>7:00 Family Movie - VI</p> <p>7:00 Movie - TH</p> <p>7:00 Canasta and Scrabble -BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>2:00 Color My World - BI</p> <p>3:15 Afternoon Swing - VI</p> <div style="border: 1px solid green; padding: 5px; text-align: center;"> <p>Bretonaires Spring Concert Woods Café - 7:00pm</p> </div> <p>7:00 Family Movie - TH</p> <p>7:00 Movie - VI</p> <div style="border: 1px solid blue; padding: 5px;"> <p>Resident Service Office Monday-Fri. 9am - 4:30pm Terrace: 643-2720 Ridge: 643-2728</p> <p>Facility Services 235-2787</p> <p>Salon - 643-2714 Tuesday-Friday by Appt.</p> <p>Notary Services Resident Service Offices</p> <p>Bistro - 643-2598 Tuesday, Thursday & Friday: 11:30am - 1:30pm Wednesday: 5 - 6:30pm</p> <p>After Hours Nurse Mon-Thurs: 11pm - 7am Friday-Sat: 7pm - 7am 485-7435</p> </div>	<p>All Day Open Swim - Pool</p> <p>2:30 Table Games - BI</p> <p>6:00 Worship Service in Centre Place w/ Communion w/ Rev. Frank Guter</p> <p>Offering: Worship Fund</p> <p>7:00 Coffee/Fellowship - WC</p> <p><u>Transportation Provided</u> Pick-up at 5:30pm Return after the service & after fellowship</p> <div style="border: 1px solid blue; padding: 5px;"> <p>Noon Meals from BRLC 643-2549</p> <p>Sales Department 643-2730</p> <p>Health Centre Open Monday-Friday Hours: 7:30am - 4pm 643-2712</p> <p>Woods Café - 643-2716 Monday-Thursday: 11:30am - 6:30pm</p> <p>On-Campus Rides M-F, 8:45am - 4:15pm 643-2582</p> <p>Resident Portal: mybretonwoods.org</p> <p>Breton Woods Vine mspweb1@gmail.com</p> </div>