



Spiritual, Intellectual, Physical, Social

# OCTOBER 15 - 21



Monday, Oct. 15	Tuesday, Oct. 16	Wednesday, Oct. 17	Thursday, Oct. 18	Friday, Oct. 19	Saturday, Oct. 20	Sunday, Oct. 21		
<p>6 - 11:15 am, 1:45 - 10 pm Open Swim - Pool</p> <div style="border: 1px solid black; padding: 5px; margin: 5px;"> <p><b>Women's Locker Room CLOSED 7:30 am - 12:30 pm</b></p> </div> <p>8:00-10:00 Coffee - WC, BI 8:00 Men's Circuit - IFC 8:10 Stretch &amp; Flex - BS 8:40 Women's Circuit - IFC 9:10 Cardio Action - BS 9:20 Cardio Action - IFC 9:50 Cardio Circuit - BS 10:00-2:00 Breton Market - TLL 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:20 Heart Healthy Dance - CANCELLED 10:45 Cardio Action - IFC 11:00 Stretch &amp; Flex - EX 11:20 Water Walking - Pool 1:00 Water Fusion - Pool 1:00 Women's Bible Study - CANCELLED</p> <div style="border: 1px solid red; padding: 5px; margin: 5px;"> <p><b>Retirement Open House Honoring H. David Claus</b> Former President &amp; CEO of Holland Home <b>2:00 - 4:00 pm</b> w/ a 3:00 pm presentation <b>Vineyard</b></p> </div> <p>2:00-3:00 Adults Only - Pool 2:15 Ice Cream Social - CANCELLED 2:30 Wii Bowling - EX 2:30 Wii Bowling - CANCELLED 3:00 Resident Representative Committee Meeting - CANCELLED 3:00 Ladies Tea - TPDR 6:30 Games - EX 7:00 Bridge - WC</p>	<p>6 - 9 am, 10:45 am - 10 pm Open Swim - Pool</p> <p>8-10:00 Coffee - WC, RI 9:00 Water Blast - Pool 10:00 Water Fitness - Pool 10:00 Ladies Billiards - GR</p> <div style="border: 1px solid green; padding: 5px; margin: 5px;"> <p><b>Ladies Lunch at Flat Water Grill</b> Bus pick-up: <b>10:00am</b></p> </div> <p>10:30 Feldenkrais - BS 11:00 Bretonaires Practice - EX 11:15 Balance &amp; Core - IFC</p> <div style="border: 1px solid black; padding: 5px; margin: 5px;"> <p><b>Women's Locker Room CLOSED 12:00 pm - 5:00 pm</b></p> </div> <p>1:00 Tai Chi - VI 1:00 Ping Pong - IFC 1:00 Pinochle - TB 1:30 Pinochle - BI 1:50 Fitness Fusion - BS 2:00 Knitting/Crocheting - EX 2:00-3:00 Adults Only - Pool 2:30 Balance &amp; Core - BS 3:00 Ladies Billiards - BR 7:00 Scrabble - TF 7:00 Square Dancing - EX</p>	<p>6 - 11:15 am, 12 - 10 pm Open Swim - Pool</p> <div style="border: 1px solid black; padding: 5px; margin: 5px;"> <p><b>Women's Locker Room CLOSED 7:30 am - 12:30 pm</b></p> </div> <p>8:00 Men's Circuit - IFC 8:00-10:00 Coffee - WC, BI 8:10 Stretch &amp; Flex - BS</p> <div style="border: 1px solid green; padding: 5px; margin: 5px;">  <p><b>Fall Color Tour</b> Lobby - 8:30 am</p> </div> <p>8:40 Women's Circuit - IFC 9:10 Cardio Action - BS 9:20 Cardio Action - IFC 9:30 Bible Study - CP 9:50 Cardio Circuit - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:30 Pastoral Advisory Committee - TPDR 10:45 Cardio Action - IFC 11:00 Stretch &amp; Flex - EX 11:20 Water Walking - Pool 1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - RPDR 1:30 Quilting - AS 2:00 Coffee Break Bible Study - RPDR 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 3:00 Wii Bowling - EX, VI 4:30 Social Hour - RPDR 6:45 Euchre - WC 7:00 Dominos - TL, RL 7:00 Games/Bridge/MahJong - BI</p>	<p>6 - 9 am, 10:45 am - 10 pm Open Swim - Pool</p> <p>6:30 St. Mary's Lab - RPDR 7:00 St. Mary's Lab - HC 8:00-10:00 Coffee - WC, BI 9:00 Water Blast - Pool 9:30 Creative Writing - RPDR 10:00 Water Fusion - Pool 10:00 Wii Bowling - BECS 11:15 Balance &amp; Core - IFC</p> <div style="border: 1px solid black; padding: 5px; margin: 5px;"> <p><b>Women's Locker Room CLOSED 12:00 pm - 5:00 pm</b></p> </div> <p>1:00 Line Dancing - EX 1:00 Ping Pong - VI 1:00 Flower Arranging - BRLC</p> <div style="border: 1px solid orange; padding: 5px; margin: 5px;"> <p><b>R.E.A.L</b> <b>Estate Planning</b> Vineyard - 1:45 pm (make ride requests by noon)</p> </div> <p>1:50 Fitness Fusion - BS 2:00 Alley's Ragtime Band - EX 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Ridge Dining Committee Meeting - BI 2:30 Balance &amp; Core - BS 3:00 Knit Wits - BI</p> <div style="border: 1px solid green; padding: 5px; margin: 5px;"> <p><b>Oktoberfest Celebration</b> BRLC 3:00 pm (make ride requests by noon)</p> </div> <p>3:30 Choir Rehearsal - CP 4:00 Social Hour - TPDR</p> <div style="border: 1px solid green; padding: 5px; margin: 5px;"> <p><b>Magic Bob &amp; Suzie Show</b> Vineyard - 7:00 pm (make ride requests by noon)</p> </div>	<p>6 - 11:15 am, 12 - 10 pm Open Swim - Pool</p> <div style="border: 1px solid black; padding: 5px; margin: 5px;"> <p><b>Women's Locker Room CLOSED 7:30 am - 12:30 pm</b></p> </div> <p>8:00-10:00 Coffee - WC, BI 8:00 Men's Circuit - IFC 8:10 Stretch &amp; Flex - BS 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC 8:40 Women's Circuit - IFC 9:10 Cardio Action - BS 9:20 Cardio Action - IFC 9:30 Bretonaires Practice - EX 9:50 Cardio Circuit - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:30 Ladies Tea - BECS 10:45 Cardio Action - IFC 11:00 Stretch &amp; Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 1:30 Ice Cream Social - WC 2:00-3:00 Adults Only - Pool</p> <div style="border: 1px solid green; padding: 5px; margin: 5px;">  <p><b>GRPM Organ Concert</b> Bus pick-up: 5:30pm</p> </div> <p>7:00 Family Movie - VI 7:00 Movie - TH 7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>9:00 Hymn Sing - TL</p> <p>2:00 Color My World - BI</p> <p>3:15 Afternoon Swing - VI</p> <p>7:00 Family Movie - TH</p> <p>7:00 Movie - VI</p>	<p>All Day Open Swim - Pool</p> <p>2:30 Table Games - BI</p> <p>6:00 <b>Worship Service</b> in Ridge Vineyard Pastor Bob Zoerman Offering: Worship Fund</p> <p>Transportation pick-up at 5:30pm (return ride after the service)</p>		
					<div style="border: 1px solid black; padding: 5px;"> <p><b>LOCATION KEY</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <p><b>Breton Terrace</b></p> <p>AS - Art Studio BR - Billiard Room CP - Centre Place EX - Expressions HC - Health Centre IFC - Fitness Centre TB - Terrace Balcony TL - Terrace Lobby TLL - Terrace Lower Level TLI - Terrace Library TPDR - Terrace Private Dining Room</p> <p>TH - Theatre WC - Woods Café WS - Woodshop</p> </td> <td style="width: 50%; vertical-align: top;"> <p><b>Breton Ridge</b></p> <p>BI - Bistro BS - Body Shop CR - Craft Room GR - Game Room RPDR - Ridge Private Dining Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library VI - Vineyard</p> <p><b>BRLC</b> - Breton Rehab &amp; Living Centre <b>BECC</b> - Breton Extended Care Centre <b>BECS</b> - Breton Extended Care South</p> </td> </tr> </table> </div>		<p><b>Breton Terrace</b></p> <p>AS - Art Studio BR - Billiard Room CP - Centre Place EX - Expressions HC - Health Centre IFC - Fitness Centre TB - Terrace Balcony TL - Terrace Lobby TLL - Terrace Lower Level TLI - Terrace Library TPDR - Terrace Private Dining Room</p> <p>TH - Theatre WC - Woods Café WS - Woodshop</p>	<p><b>Breton Ridge</b></p> <p>BI - Bistro BS - Body Shop CR - Craft Room GR - Game Room RPDR - Ridge Private Dining Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library VI - Vineyard</p> <p><b>BRLC</b> - Breton Rehab &amp; Living Centre <b>BECC</b> - Breton Extended Care Centre <b>BECS</b> - Breton Extended Care South</p>
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Spiritual, Intellectual, Physical, Social

# OCTOBER 22 - 28



Monday, Oct. 22	Tuesday, Oct. 23	Wednesday, Oct. 24	Thursday, Oct. 25	Friday, Oct. 26	Saturday, Oct. 27	Sunday, Oct. 28
<p>6 - 11:15 am, 1:45 - 10 pm Open Swim - Pool</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p><b>Women's Locker Room CLOSED</b></p> </div> <p>8:00-10:00 Coffee - WC, BI 8:00 Men's Circuit - IFC 8:10 Stretch &amp; Flex - BS 8:40 Women's Circuit - IFC 9:10 Cardio Action - BS 9:20 Cardio Action - IFC 9:50 Cardio Circuit - BS 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:20 Heart Healthy Dance - VI 10:45 Cardio Action - IFC</p> <div style="border: 1px solid green; padding: 5px; text-align: center;"> <p><b>ROMEO Men's Lunch</b> at The Beltline Bar Bus pick-up: 11:00 am</p> </div> <p>11:00 Stretch &amp; Flex - EX 11:20 Water Walking - Pool 1:00 Women's Bible Study - RI 1:00 Water Fusion - Pool 2:00-3:00 Adults Only - Pool 2:15 Birthday Ice Cream Social - VI 2:30 Wii Bowling - EX 2:30 Wii Bowling - VI 3:00 Ladies Tea - TPDR 6:30 Games - EX, TL, TB 7:00 Bridge - WC</p>	<p>6 - 9 am, 10:45 am - 10 pm Open Swim - Pool</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p><b>Women's Locker Room CLOSED</b></p> </div> <p>8:00-10:00 Coffee - WC, RI 9:00 Water Blast - Pool</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p><b>Board Report w/ Mina &amp; David</b> Centre Place 10:00 am</p> </div> <p>10:00 Water Fitness - Pool 10:00 Ladies Billiards - GR 10:30 Feldenkrais - BS 11:00 Bretonaires Practice - EX 11:15 Balance &amp; Core - IFC 1:00 Tai Chi - EX *note location change (final class) 1:00 Ping Pong - IFC 1:00 Pinochle - TB 1:30 Pinochle - BI 1:50 Fitness Fusion - BS 2:00 Knitting/Crocheting - EX 2:00-3:00 Adults Only - Pool</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p><b>REAL</b> <b>History of Dutch Names</b> Centre Place 2:00 pm (make ride requests by 10 am)</p> </div> <p>2:30 Balance &amp; Core - BS 3:00 Ladies Billiards - BR 7:00 Scrabble - TF 7:00 Square Dancing - EX</p>	<p>6 - 11:15 am, 12 - 10 pm Open Swim - Pool</p> <div style="border: 1px solid black; 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padding: 5px; text-align: center;"> <p><b>Women's Locker Room CLOSED</b></p> </div> <p>6:30 St. Mary's Lab - RPDR 7:00 St. Mary's Lab - HC 8:00-10:00 Coffee - WC, BI 9:00 Water Blast - Pool 10:00 Water Fusion - Pool 10:30 Prayer for Spiritual Awakening - CP 11:15 Balance &amp; Core - IFC 1:00 Line Dancing - EX 1:00 Ping Pong - VI 1:00 Flower Arranging - BRLC 1:50 Fitness Fusion - BS 2:00 Alley's Ragtime Band - EX 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Balance &amp; Core - BS 2:30 Terrace Dining Committee Meeting - TPDR 3:00 Knit Wits - BI 3:30 Choir Rehearsal - CP 4:00 Social Hour - TPDR</p>	<p>6 - 11:15 am, 12 - 10 pm Open Swim - Pool</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p><b>Women's Locker Room CLOSED</b></p> </div> <p>8:00-10:00 Coffee - WC, BI 8:00 Men's Circuit - IFC 8:10 Stretch &amp; Flex - BS 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC 8:40 Women's Circuit - IFC 9:10 Cardio Action - BS 9:20 Cardio Action - IFC 9:30 Bretonaires Practice - EX 9:50 Cardio Circuit - BS 10:00 Part I of 4 Bible Study on Acts - CP 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Cardio Action - IFC 11:00 Stretch &amp; Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 1:30 Ice Cream Social - WC</p> <div style="border: 1px solid green; padding: 5px; text-align: center;"> <p><b>Dominoes Train</b> BECS 3:00 pm (make ride requests by 10 am)</p> </div> <p>7:00 Family Movie - CANCELLED 7:00 Movie - TH 7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool 8:00-10:00 Coffee - WC 8:00-10:00 Coffee - BI - CANCELLED 9:00 Hymn Sing - TL</p> <div style="border: 1px solid green; padding: 5px; text-align: center;"> <p><b>Breton Woods Holiday Market</b> @ the Ridge 9:00 am - 3:00 pm (transportation available)</p> </div> <p>2:00 Color My World - CANCELLED 3:15 Afternoon Swing - CANCELLED 7:00 Family Movie - TH 7:00 Movie - CANCELLED</p>	<p>All Day Open Swim - Pool</p> <p>2:30 Table Games - BI</p> <p>6:00 <b>Worship Service</b> in Centre Place w/ Rev. James Evenhouse Offering: Worship Fund Transportation pick-up at 5:30 pm (return ride after the service)</p>
					<div style="border: 1px solid black; padding: 5px;"> <p><b>Resident Service Office</b> Monday-Fri. 9am - 4:30pm Terrace: 643-2720 Ridge: 643-2728</p> <p><b>Facility Services</b> 235-2787</p> <p><b>Salon - 643-2714</b> Tuesday-Friday by Appt.</p> <p><b>Notary Services</b> Resident Service Offices</p> <p><b>Bistro - 643-2598</b> Tuesday &amp; Friday: 11:30am - 1:30pm Mon &amp; Wed: 5 - 6:30pm</p> <p><b>After Hours Nurse</b> Mon-Thurs: 11pm - 7am Friday-Sat: 7pm - 7am 485-7435</p> <p><b>Noon Meals from BRLC</b> 643-2549</p> </div>	
					<div style="border: 1px solid black; padding: 5px;"> <p><b>Sales Department</b> 643-2730</p> <p><b>Health Centre</b> Open Monday-Friday Hours: 7:30am - 4pm 643-2712</p> <p><b>Woods Café - 643-2716</b> Monday-Thursday: 11:30am - 6:30pm Friday: 5-6:30pm</p> <p><b>On-Campus Rides</b> M-F, 8:45am - 4:15pm 643-2582</p> <p><b>Resident Portal:</b> mybretonwoods.org</p> <p><b>Breton Woods Vine</b> mspweb1@gmail.com</p> <p><b>Breton Market</b> Terrace Lower Level Mon. &amp; Wed. &amp; Fri. 10:00 am - 2:00 pm</p> </div>	