



Spiritual, Intellectual, Physical, Social

FEBRUARY 4 - 10

Monday, Feb. 4	Tuesday, Feb. 5	Wednesday, Feb. 6	Thursday, Feb. 7	Friday, Feb. 8	Saturday, Feb. 9	Sunday, Feb. 10
<p>6:00 - 11:00 am OPEN SWIM 2:00 - 10:00 pm -POOL</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Terrace Resident Services Office - CLOSED</p> </div> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS</p> <div style="border: 1px solid green; padding: 5px; text-align: center;">  <p>Valentine Card Making Art Studio: 10:00 am</p> </div> <p>10:00-2:00 Breton Market - TLL 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:20 Heart Healthy Dance - VI 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Women's Bible Study - VI & RI (resumes TODAY!) 1:15 Water Fusion - Pool 2:00-3:00 Adults Only - Pool 2:15 Ice Cream Social - VI 2:30 Wii Bowling - EX 2:30 Wii Bowling - VI 3:00 Ladies Tea - TPDR 3:15 Praying the Rosary - RPDR 6:30 Games - EX 6:30 Bridge - WC</p> <div style="border: 1px solid purple; padding: 5px; text-align: center;">  <p>Breton Woods Memorial Service Centre Place 7:00 pm</p> </div>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>8-10:00 Coffee - WC, RI 9:00 Water Blast - Pool 10:15 Water Fusion - Pool 10:00 Ladies Billiards - GR 10:30 Feldenkrais - BS 11:15 Balance & Core - IFC 1:00 Ping Pong - IFC 1:00 Pinochle - TB 1:30 Pinochle - BI 1:50 Fitness Fusion - BS 2:00 Breton Readers - RI</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p>REAL Hospice Centre Place 2:00 pm</p> </div> <p>2:00 Knitting/Crocheting - EX 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 3:00 Ladies Billiards - BR 3:15 Praying the Rosary - RPDR 7:00 Scrabble - TF 7:00 Square Dancing - EX</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:30 Bible Study - CP (resumes TODAY) 9:50 Circuit Training - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Podiatrist - HC 1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - RPDR 1:30 Quilting - AS 2:00 Coffee Break Bible Study - RPDR 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Wii Bowling - VI 3:15 Praying the Rosary - RPDR 4:30 Social Hour - RPDR 6:45 Euchre - WC 7:00 Dominos - TL, RL 7:00 Games/Bridge/MahJong - BI</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p>Teepa Snow at Forest Hills Fine Arts Center</p> <p>*Sign up* for the bus - Be in the lobby at 6:00 pm</p> </div>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>6:30 St. Mary's Lab - RPDR 7:00 St. Mary's Lab - HC  8:00-10:00 Coffee - WC, BI 9:00 Water Blast - Pool 9:30 Creative Writing - RPDR 10:00 Catholic Mass - CP 10:00 Wii Bowling - BECS 10:15 Water Fusion - Pool 10:20 Library Committee Meeting - TLI 11:15 Balance & Core - IFC 1:00 Line Dancing - EX 1:00 Ping Pong - VI 1:00 Flower Arranging - BRLC 1:50 Fitness Fusion - BS 2:15 Alley's Ragtime Band - EX 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 3:00 Knit Wits - BI 3:30 Choir Rehearsal - CP 4:00 Social Hour - TPDR</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p>REAL The Cold War Centre Place - 7:00 pm (make ride requests by noon)</p> </div>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS</p> <div style="border: 1px solid orange; padding: 5px; text-align: center;"> <p>REAL John Adams - Independence Part 2 of 7 Theatre - 10:00 am</p> </div> <p>10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR</p> <div style="border: 1px solid green; padding: 5px; text-align: center;">  <p>Birthday Ice Cream Social Woods Café 1:30 pm</p> </div> <p>2:00-3:00 Adults Only - Pool 7:00 Family Movie - VI 7:00 Movie - TH 7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI 9:00 Hymn Sing - TL 2:00 Color My World - BI</p> <div style="border: 1px solid green; padding: 5px; text-align: center;">  <p>Pizza & Game Day Party Vineyard/Ristorante 3:00 - 6:30 pm Come anytime!</p> </div> <p>7:00 Family Movie - TH 7:00 Movie - VI</p> <div style="border: 1px solid black; padding: 5px;"> <p>LOCATION KEY</p> <p>Breton Terrace AS - Art Studio BR - Billiard Room CP - Centre Place EX - Expressions HC - Health Centre IFC - Fitness Centre TB - Terrace Balcony TL - Terrace Lobby TLL - Terrace Lower Level TLI - Terrace Library TPDR - Terrace Private Dining Room TH - Theatre WC - Woods Café WS - Woodshop</p> </div>	<p>All Day Open Swim - Pool</p> <p>2:30 Table Games - BI</p> <p>6:00 Worship Service & Communion in Centre Place w/ Rev. Frank Guter Offering: Worship Fund</p> <p>7:00 Coffee/Fellowship - WC Transportation pick-up at 5:30 pm (return ride after the service and after fellowship)</p> <div style="border: 1px solid black; padding: 5px;"> <p>Breton Ridge BI - Bistro BS - Body Shop CR - Craft Room GR - Game Room RPDR - Ridge Private Dining Room RI - Ristorante RL - Ridge Lobby RLI - Ridge Library VI - Vineyard</p> <p>BRLC - Breton Rehab & Living Centre BECC - Breton Extended Care Centre BECS - Breton Extended Care South</p> </div>



Spiritual, Intellectual, Physical, Social

FEBRUARY 11 - 17

Monday, Feb. 11	Tuesday, Feb. 12	Wednesday, Feb. 13	Thursday, Feb. 14	Friday, Feb. 15	Saturday, Feb. 16	Sunday, Feb. 17
<p>6:00 - 11:00 am OPEN SWIM 2:00 - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>Board Report w/ Mina & David Vineyard 10:00 am</p> </div> <p>10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:20 Heart Healthy Dance - CANCELLED 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Women's Bible Study - VI & RI 1:15 Water Fusion - Pool 2:00-3:00 Adults Only - Pool</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Birthday Ice Cream Social Vineyard 2:15 pm</p> </div> <p>2:30 Wii Bowling - EX 2:30 Wii Bowling - BI 3:00 Ladies Tea - TPDR 6:30 Games - EX, TL, TB 6:30 Bridge - WC</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, RI 9:00 Water Blast - Pool 10:00 Ladies Billiards - CANCELLED due to Tournament</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Ladies Billiards Tournament 10:00 am - GR</p> </div> <p>10:15 Water Fusion - Pool 10:30 Feldenkrais - BS 11:15 Balance & Core - IFC 1:00 Ping Pong - IFC 1:00 Pinochle - TB 1:30 Pinochle - BI 1:50 Fitness Fusion - BS</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>REAL Stroke Series - Part 1 of 3 - Dr. Singer Centre Place - 2:00 pm</p> </div> <p>2:00 Knitting/Crocheting - EX 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 3:00 Catholics Connecting - TPDR 3:00 Ladies Billiards - BR 7:00 Scrabble - TF 7:00 Square Dancing - EX</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:30 Bible Study - CP 9:50 Circuit Training - BS</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>REAL Tour of the Children's Healing Center Be in the lobby - 10:00 am *Bus*</p> </div> <p>10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - PDR 1:30 Quilting - AS 2:00 Coffee Break Bible Study - RPDR 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Wii Bowling - VI 4:30 Social Hour - RPDR 6:45 Euchre - WC 7:00 Dominos - TL, RL 7:00 Games/Bridge/MahJong-BI</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>6:30 St. Mary's Lab - RPDR 7:00 St. Mary's Lab - HC 8:00-10:00 Coffee - WC, BI 8:30 Building & Grounds Open Forum Meeting - CP 9:00 Water Blast - Pool 9:30 Prayer for Spiritual Awakening - RPDR 10:15 Water Fusion - Pool 10:00 Wii Bowling - BECS 11:15 Balance & Core - IFC</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>REAL Looking Up Centre Place 1:00 pm</p> </div> <p>1:00 Line Dancing - EX 1:00 Ping Pong - VI 1:00 Flower Arranging - BRLC 1:15 REAL Board Meeting - TPDR 1:50 Fitness Fusion - BS 2:15 Alley's Ragtime Band - EX 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 3:00 Knit Wits - BI 3:30 Choir Rehearsal - CP 4:00 Social Hour - TPDR</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p>REAL John Adams - Independence Part 3 of 7 Theatre - 10:00 am</p> </div> <p>10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool</p> <div style="border: 1px solid blue; padding: 5px; margin: 10px 0;"> <p>Vibrant Living Class of the Month - Functional Circuits 1:00 pm - IFC</p> </div> <p>1:00 Men's Billiards - GR 1:30 Ice Cream Social - WC 2:00-3:00 Adults Only - Pool</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p>Murder Mystery & Dinner Woods Café 6:00 pm (seating at 5:45) (call Patty to get on the waitlist) (make ride requests by noon)</p> </div> <p>7:00 Family Movie - VI 7:00 Movie - TH 7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC & BI 9:00 Hymn Sing - TL 2:00 Color My World - BI 7:00 Family Movie - TH 7:00 Movie VI</p>	<p>All Day Open Swim - Pool</p> <p>2:30 Table Games - BI 6:00 Worship Service w/ Pastor Bob Zoerman Ridge Vineyard Transportation pick-up at 5:30 pm (return ride after the service)</p>
					<div style="border: 1px solid black; padding: 5px;"> <p>Resident Service Office Monday-Fri. 9 am - 4:30 pm Terrace: 643-2720 Ridge: 643-2728</p> <p>Facility Services 235-2787</p> <p>Salon - 643-2714 Tuesday-Friday by Appt.</p> <p>Notary Services Resident Service Offices</p> <p>Bistro - 643-2598 Tuesday & Friday: 11:30 am - 1:30 pm Mon & Wed: 5 - 6:30 pm</p> <p>Noon Meals from BRLC 643-2549</p> </div>	
					<p>Sales Department 643-2730</p> <p>Health Centre Open Monday - Friday 7:00 am - 5:00 pm 5:00 - 7:00 pm by appt. 643-2712</p> <p>Woods Café - 643-2716 Monday-Thursday: 11:30 am - 6:30 pm Friday: 5-6:30 pm</p> <p>On-Campus Rides M-F, 8:45 am - 4:15 pm 643-2582</p> <p>Resident Portal: mybretonwoods.org</p> <p>Breton Woods Vine mspweb1@gmail.com</p> <p>Breton Market Terrace Lower Level Mon. & Wed. & Fri. 10:00 am - 2:00 pm</p>	