









Spiritual, Intellectual, Physical, Social

# JUNE 10 - 16

Monday, June 10	Tuesday, June 11	Wednesday, June 12	Thursday, June 13	Friday, June 14	Saturday, June 15	Sunday, June 16		
<p>6:00 - 11:00 am OPEN SWIM 2:00 - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch &amp; Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Sew Wonderful Quilters (open quilting until 4:00 pm) AS 10:00-2:00 Breton Market - TLL 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:20 Heart Healthy Dance - VI</p> <div style="border: 1px solid orange; padding: 5px; margin: 5px;"> <p><b>Campus Updates from Sara Heethuis</b> Centre Place - 10:30 am</p> </div> <p>10:45 Strength Training - IFC 11:00 Stretch &amp; Flex - EX 11:20 Water Walking - Pool</p> <div style="border: 1px solid orange; padding: 5px; margin: 5px;"> <p><b>Campus Updates from Sara Heethuis</b> Vineyard 1:00 pm</p> </div> <p>1:00 Men's Billiards - GR 1:00 A Matter of Balance - (part 5 of 8) - TPDR 1:15 Water Fusion - Pool 2:00-3:00 Adults Only - Pool 2:00 Ice Cream Social - VI</p> <div style="border: 1px solid orange; padding: 5px; margin: 5px;"> <p><b>REAL</b> Prayer as Problem w/ Rev. Bill VanDyke Centre Place - 2:00 pm</p> </div> <p>2:30 Wii Bowling - BI 3:00 Ladies Tea - TPDR 6:30 Games - EX, TL, TB 6:30 Bridge - WC</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, RI</p> <p>9:00 Water Blast - Pool</p> <p>10:00 Water Fusion - Pool</p> <p>10:00 Ladies Billiards - GR</p> <div style="border: 1px solid orange; padding: 5px; margin: 5px;"> <p><b>REAL</b> Immigration - Part 2 of 2 Vineyard - 10:00 am</p> </div> <p>10:30 Feldenkrais - BS</p> <div style="border: 1px solid green; padding: 5px; margin: 5px;"> <p><b>Ladies Lunch at Butch's Dry Dock and Shopping at Cotton Bay</b> Bus pick-up: 11:00 am</p> </div> <p>11:00 Bretonaires Practice - EX</p> <p>11:15 Balance &amp; Core - IFC</p> <p>1:00 Ping Pong - IFC</p> <p>1:00 Men's Billiards - GR</p> <p>1:30 Pinochle - BI</p> <p>1:50 Fitness Fusion - BS</p> <p>2:00 Knitting/Crocheting - EX</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Balance &amp; Core - BS</p> <p>3:00 Ladies Billiards - BR</p> <p>7:00 Scrabble - TF</p> <p>7:00 Square Dancing - EX</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:10 Stretch &amp; Flex - BS</p> <p>8:30 Women's Circuit - IFC</p> <p>9:00 Strength Training - IFC</p> <p>9:10 Strength Training - BS</p> <p>9:50 Circuit Training - BS</p> <p>10:00 Men's Circuit - IFC</p> <p>10:00-2:00 Breton Market - TLL</p> <p>10:45 Strength Training - IFC</p> <p>11:00 Stretch &amp; Flex - EX</p> <p>11:20 Water Walking - Pool</p> <p>1:00 Men's Billiards - GR</p> <p>1:00 Bus Pick-up for Meijer</p> <p>1:00-2:00 Drop-in Blood Pressure Checks - RPDR</p> <p>2:00 Men's Billiards - BR</p> <p>2:00-3:00 Adults Only - Pool</p> <div style="border: 1px solid orange; padding: 5px; margin: 5px;"> <p><b>REAL</b> Fitness Tech Hour (all fitness devices) 2:30 - 3:30 pm Body Shop &amp; Israel's Fitness</p> </div> <div style="border: 1px solid blue; padding: 5px; margin: 5px;"> <p><b>Patriotic Patio Party at the Ridge - 5:00 pm</b> Ribs &amp; Salmon \$15.00 (make ride requests by noon)</p> </div> <p>2:30 Wii Bowling - VI</p> <p>4:30 Social Hour - RPDR</p> <div style="border: 1px solid green; padding: 5px; margin: 5px;"> <p><b>Vintage Game Board Night &amp; Music</b> Terrace Lobby 7:00 pm</p>  </div> <p>6:45 Euchre - WC</p> <p>7:00 Dominos - TL, RL</p> <p>7:00 Games/Bridge/MahJong - BI</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>6:30 St. Mary's Lab - RPDR </p> <p>7:00 St. Mary's Lab - HC</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:30 Building &amp; Grounds Open Forum Meeting - TPDR</p> <p>9:00 Water Blast - Pool</p> <p>9:30 Prayer for Spiritual Awakening - RPDR</p> <p>10:00 Water Fusion - Pool</p> <p>11:15 Balance &amp; Core - IFC</p> <p>1:00 Ping Pong - VI</p> <p>1:00 Men's Billiards - GR</p> <p>1:00 Volunteer Flower Arranging - BRLC</p> <p>1:50 Fitness Fusion - BS</p> <p>2:00 Men's Billiards - BR</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Balance &amp; Core - BS</p> <p>3:00 Knit Wits - BI</p> <p>4:00 Social Hour - TPDR</p> <div style="border: 1px solid green; padding: 5px; margin: 5px;"> <p><b>Vintage Game Board Night &amp; Music</b> Terrace Lobby 7:00 pm</p>  </div>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <div style="text-align: center;">   <b>FLAG DAY</b> </div> <p>8:00-10:00 Coffee - WC, BI</p> <p>8:10 Stretch &amp; Flex - BS</p> <p>8:30 Women's Circuit - IFC</p> <p>8:30-11:15 Drop-in hours for Blood Pressure Checks - HC</p> <p>9:00 Strength Training - IFC</p> <p>9:10 Strength Training - BS</p> <p>9:30 Bretonaires Practice - EX</p> <p>9:50 Circuit Training - BS</p> <p>10:00 Men's Circuit - IFC</p> <div style="border: 1px solid blue; padding: 5px; margin: 5px;"> <p>*****</p> <p><b>Care Package Pack for the Troops</b> Art Studio - 10:00 am</p> </div> <div style="border: 1px solid orange; padding: 5px; margin: 5px;"> <p><b>REAL</b> John Adams Series - Part 2 of 7 Vineyard - 10:00 am</p> </div> <p>10:00-2:00 Breton Market - TLL</p> <p>10:45 Strength Training - IFC</p> <p>11:00 Stretch &amp; Flex - EX</p> <p>11:20 Water Walking - Pool</p> <p>1:00 Men's Billiards - GR</p> <div style="border: 1px solid green; padding: 5px; margin: 5px;"> <p><b>Birthday Ice Cream Social</b>  Woods Café 1:30 pm</p> </div> <p>2:00-3:00 Adults Only - Pool</p> <p>7:00 Family Movie - VI</p> <p>7:00 Movie - TH</p> <p>7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI</p> <p>1:00 Men's Billiards - GR</p> <p>2:00 Color My World - BI</p> <p>7:00 Family Movie - TH</p> <p>7:00 Movie - VI</p> <div style="border: 1px solid black; padding: 5px; margin: 5px;"> <p><b>LOCATION KEY</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <p><b>Breton Terrace</b></p> <p>AS - Art Studio</p> <p>BR - Billiard Room</p> <p>CP - Centre Place</p> <p>EX - Expressions</p> <p>HC - Health Centre</p> <p>IFC - Fitness Centre</p> <p>TB - Terrace Balcony</p> <p>TL - Terrace Lobby</p> <p>TLL - Terrace Lower Level</p> <p>TLI - Terrace Library</p> <p>TPDR - Terrace Private Dining Room</p> <p>TH - Theatre</p> <p>WC - Woods Café</p> <p>WS - Woodshop</p> </td> <td style="width: 50%; vertical-align: top;"> <p><b>Breton Ridge</b></p> <p>BI - Bistro</p> <p>BS - Body Shop</p> <p>CR - Craft Room</p> <p>GR - Game Room</p> <p>RPDR - Ridge Private Dining Room</p> <p>RI - Ristorante</p> <p>RL - Ridge Lobby</p> <p>RLI - Ridge Library</p> <p>VI - Vineyard</p> <p><b>BRLC</b> - Breton Rehab &amp; Living Centre</p> <p><b>BECC</b> - Breton Extended Care Centre</p> <p><b>BECS</b> - Breton Extended Care South</p> </td> </tr> </table> </div>	<p><b>Breton Terrace</b></p> <p>AS - Art Studio</p> <p>BR - Billiard Room</p> <p>CP - Centre Place</p> <p>EX - Expressions</p> <p>HC - Health Centre</p> <p>IFC - Fitness Centre</p> <p>TB - Terrace Balcony</p> <p>TL - Terrace Lobby</p> <p>TLL - Terrace Lower Level</p> <p>TLI - Terrace Library</p> <p>TPDR - Terrace Private Dining Room</p> <p>TH - Theatre</p> <p>WC - Woods Café</p> <p>WS - Woodshop</p>	<p><b>Breton Ridge</b></p> <p>BI - Bistro</p> <p>BS - Body Shop</p> <p>CR - Craft Room</p> <p>GR - Game Room</p> <p>RPDR - Ridge Private Dining Room</p> <p>RI - Ristorante</p> <p>RL - Ridge Lobby</p> <p>RLI - Ridge Library</p> <p>VI - Vineyard</p> <p><b>BRLC</b> - Breton Rehab &amp; Living Centre</p> <p><b>BECC</b> - Breton Extended Care Centre</p> <p><b>BECS</b> - Breton Extended Care South</p>	<p>All Day Open Swim - Pool</p> <div style="text-align: center;">  </div> <p>2:30 Table Games - BI</p> <p>6:00 <b>Worship Service &amp; Communion</b> w/ Rev. Frank Guter in the Ridge Vineyard</p> <p>7:00 Coffee/Fellowship - RI Transportation pick-up at 5:30 pm (return ride after the service and after fellowship)</p>
<p><b>Breton Terrace</b></p> <p>AS - Art Studio</p> <p>BR - Billiard Room</p> <p>CP - Centre Place</p> <p>EX - Expressions</p> <p>HC - Health Centre</p> <p>IFC - Fitness Centre</p> <p>TB - Terrace Balcony</p> <p>TL - Terrace Lobby</p> <p>TLL - Terrace Lower Level</p> <p>TLI - Terrace Library</p> <p>TPDR - Terrace Private Dining Room</p> <p>TH - Theatre</p> <p>WC - Woods Café</p> <p>WS - Woodshop</p>	<p><b>Breton Ridge</b></p> <p>BI - Bistro</p> <p>BS - Body Shop</p> <p>CR - Craft Room</p> <p>GR - Game Room</p> <p>RPDR - Ridge Private Dining Room</p> <p>RI - Ristorante</p> <p>RL - Ridge Lobby</p> <p>RLI - Ridge Library</p> <p>VI - Vineyard</p> <p><b>BRLC</b> - Breton Rehab &amp; Living Centre</p> <p><b>BECC</b> - Breton Extended Care Centre</p> <p><b>BECS</b> - Breton Extended Care South</p>							



Spiritual, Intellectual, Physical, Social

# JUNE 17 - 23

Monday, June 17	Tuesday, June 18	Wednesday, June 19	Thursday, June 20	Friday, June 21	Saturday, June 22	Sunday, June 23		
<p>6:00 - 11:00 am OPEN SWIM 2:00 - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch &amp; Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS</p> <div style="border: 1px solid green; padding: 5px; width: fit-content;"> <p><b>Glass Etching</b> Ristorante - 10:00 am</p> </div> <p>10:00 Sew Wonderful Quilters (open quilting until 4:00 pm) AS 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:20 Heart Healthy Dance - VI 10:45 Strength Training - IFC 11:00 Stretch &amp; Flex - EX 11:20 Water Walking - Pool</p> <div style="border: 1px solid blue; padding: 5px; width: fit-content;"> <p> <b>Vibrant Living Class of the Month - Walking with a Purpose</b> 1:00m - Ridge Lobby</p> </div> <p>1:00 Men's Billiards - GR 1:00 A Matter of Balance - (part 6 of 8) - TPDR 1:15 Water Fusion - Pool 2:00-3:00 Adults Only - Pool</p> <div style="border: 1px solid green; padding: 5px; width: fit-content;"> <p> <b>Birthday Ice Cream Social</b> Vineyard 2:00 pm</p> </div> <p>2:30 Wii Bowling - EX 2:30 Wii Bowling - BI 3:00 Resident Representative Committee Meeting - VI 3:00 Ladies Tea - TPDR 6:30 Games - EX, TL, TB 6:30 Bridge - WC</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, RI 9:00 Water Blast - Pool 10:00 Ladies Billiards - GR 10:00 Water Fusion - Pool 10:30 Feldenkrais - BS</p> <div style="border: 1px solid green; padding: 5px; width: fit-content;"> <p><b>ROMEO Men's Lunch at Fire Rock Grille</b> Bus pick-up: 11:00 am</p> </div> <p>11:00 Bretonaires Practice - EX 11:15 Balance &amp; Core - IFC 1:00 Men's Billiards - GR 1:00 Ping Pong - IFC 1:30 Pinochle - BI 1:50 Fitness Fusion - BS</p> <div style="border: 1px solid orange; padding: 5px; width: fit-content;"> <p><b>REAL</b> <b>Judge Sara Smolenski</b> Centre Place - 2:00 pm</p> </div> <p>2:00 Knitting/Crocheting - EX 2:00-3:00 Adults Only - Pool 2:30 Balance &amp; Core - BS 3:00 Ladies Billiards - BR 7:00 Scrabble - TF 7:00 Square Dancing - EX</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch &amp; Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch &amp; Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - PDR</p> <div style="border: 1px solid green; padding: 5px; width: fit-content;"> <p><b>Choo Choo Train Outing</b> Bus pickup: 1:45 pm</p> </div> <p>2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Wii Bowling - VI 4:30 Social Hour - RPDR 6:45 Euchre - WC 7:00 Dominos - TL, RL 7:00 Games/Bridge/MahJong-BI</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>6:30 St. Mary's Lab - RPDR  7:00 St. Mary's Lab - HC 8:00-10:00 Coffee - WC, BI</p> <div style="border: 1px solid green; padding: 5px; width: fit-content;"> <p><b>Gilmore Car Museum &amp; MOOville Creamery Trip</b> Bus pick-up: 9:00 am (will return by 4:00 pm)</p> </div> <p>9:00 Water Blast - Pool 9:30 Creative Writing - RPDR 10:00 Water Fusion - Pool 11:15 Balance &amp; Core - IFC 1:00 Men's Billiards - GR 1:00 Ping Pong - VI 1:00 Volunteer Flower Arranging - BRLC 1:50 Fitness Fusion - BS 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool</p> <div style="border: 1px solid orange; padding: 5px; width: fit-content;"> <p><b>REAL</b> <b>Next Steps to Better Nutrition</b> Vineyard - 2:00 pm</p> </div> <p>2:30 Balance &amp; Core - BS 2:30 Ridge Dining Committee Meeting - BI 3:00 Knit Wits - BI 4:00 Social Hour - TPDR</p> <div style="border: 1px solid green; padding: 5px; width: fit-content;"> <p><b>Terrace South Patio Party with the Calder City Concert Band</b> 5:30 pm (sign up in the Life Enrichment book for transportation)</p> </div>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch &amp; Flex - BS 8:30 Women's Circuit - IFC 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS</p> <div style="border: 1px solid orange; padding: 5px; width: fit-content;"> <p><b>REAL</b> <b>John Adams Series - Part 3 of 7</b> Vineyard - 10:00 am</p> </div> <p>10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch &amp; Flex - EX 11:20 Water Walking - Pool 12:00 Bretonaires Practice - EX 1:00 Men's Billiards - GR 1:30 Ice Cream Social - WC 2:00-3:00 Adults Only - Pool 7:00 Family Movie - VI 7:00 Movie - TH 7:00 Canasta and Scrabble - BI</p>	<p><b>All Day Open Swim - Pool</b></p> <p>8:00-10:00 Coffee - WC &amp; BI 1:00 Men's Billiards - GR 2:00 Color My World - BI 3:15 Afternoon Swing - VI 7:00 Family Movie - TH 7:00 Movie VI</p> <div style="border: 1px solid black; padding: 5px;"> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <p><b>Resident Service Office</b> Mon-Fri 9:00 am - 4:30 pm Terrace: 643-2720 Ridge: 643-2728</p> <p><b>Facility Services</b> 235-2787</p> <p><b>Salon - 643-2714</b> Tuesday-Friday by Appt.</p> <p><b>Notary Services</b> Resident Service Offices</p> <p><b>Bistro - 643-2598</b> Tuesday &amp; Friday: 11:30 am - 1:30 pm Mon &amp; Wed: 5 - 6:30 pm</p> <p><b>After Hours Nurse</b> Mon-Thurs: 11 pm - 7 am 7 pm Friday - 7 am Monday 485-7435</p> <p><b>Noon Meals from BRLC</b> 643-2549</p> </td> <td style="width: 50%; vertical-align: top;"> <p><b>Sales Department</b> 643-2730</p> <p><b>Health Centre</b> Open Monday - Friday 7:00 am - 5:00 pm 5:00 - 7:00 pm by appt. 643-2712</p> <p><b>Woods Café - 643-2716</b> Monday-Thursday: 11:30 am - 6:30 pm Friday: 5-6:30 pm</p> <p><b>On-Campus Rides</b> M-F, 8:45 am - 4:15 pm 643-2582</p> <p><b>Resident Portal:</b> mybretonwoods.org</p> <p><b>Breton Woods Vine</b> mspweb1@gmail.com</p> <p><b>Breton Market</b> Terrace Lower Level Mon. &amp; Wed. &amp; Fri. 10:00 am - 2:00 pm</p> </td> </tr> </table> </div>	<p><b>Resident Service Office</b> Mon-Fri 9:00 am - 4:30 pm Terrace: 643-2720 Ridge: 643-2728</p> <p><b>Facility Services</b> 235-2787</p> <p><b>Salon - 643-2714</b> Tuesday-Friday by Appt.</p> <p><b>Notary Services</b> Resident Service Offices</p> <p><b>Bistro - 643-2598</b> Tuesday &amp; Friday: 11:30 am - 1:30 pm Mon &amp; Wed: 5 - 6:30 pm</p> <p><b>After Hours Nurse</b> Mon-Thurs: 11 pm - 7 am 7 pm Friday - 7 am Monday 485-7435</p> <p><b>Noon Meals from BRLC</b> 643-2549</p>	<p><b>Sales Department</b> 643-2730</p> <p><b>Health Centre</b> Open Monday - Friday 7:00 am - 5:00 pm 5:00 - 7:00 pm by appt. 643-2712</p> <p><b>Woods Café - 643-2716</b> Monday-Thursday: 11:30 am - 6:30 pm Friday: 5-6:30 pm</p> <p><b>On-Campus Rides</b> M-F, 8:45 am - 4:15 pm 643-2582</p> <p><b>Resident Portal:</b> mybretonwoods.org</p> <p><b>Breton Woods Vine</b> mspweb1@gmail.com</p> <p><b>Breton Market</b> Terrace Lower Level Mon. &amp; Wed. &amp; Fri. 10:00 am - 2:00 pm</p>	<p><b>All Day Open Swim - Pool</b></p> <p>2:30 Table Games - BI 6:00 <b>Worship Service</b> in Centre Place w/ Rev. Carolyn Cammenga Transportation pick-up at 5:30 pm (return ride after the service)</p>
<p><b>Resident Service Office</b> Mon-Fri 9:00 am - 4:30 pm Terrace: 643-2720 Ridge: 643-2728</p> <p><b>Facility Services</b> 235-2787</p> <p><b>Salon - 643-2714</b> Tuesday-Friday by Appt.</p> <p><b>Notary Services</b> Resident Service Offices</p> <p><b>Bistro - 643-2598</b> Tuesday &amp; Friday: 11:30 am - 1:30 pm Mon &amp; Wed: 5 - 6:30 pm</p> <p><b>After Hours Nurse</b> Mon-Thurs: 11 pm - 7 am 7 pm Friday - 7 am Monday 485-7435</p> <p><b>Noon Meals from BRLC</b> 643-2549</p>	<p><b>Sales Department</b> 643-2730</p> <p><b>Health Centre</b> Open Monday - Friday 7:00 am - 5:00 pm 5:00 - 7:00 pm by appt. 643-2712</p> <p><b>Woods Café - 643-2716</b> Monday-Thursday: 11:30 am - 6:30 pm Friday: 5-6:30 pm</p> <p><b>On-Campus Rides</b> M-F, 8:45 am - 4:15 pm 643-2582</p> <p><b>Resident Portal:</b> mybretonwoods.org</p> <p><b>Breton Woods Vine</b> mspweb1@gmail.com</p> <p><b>Breton Market</b> Terrace Lower Level Mon. &amp; Wed. &amp; Fri. 10:00 am - 2:00 pm</p>							