



Spiritual, Intellectual, Physical, Social

# APRIL 29 - MAY 4





Monday, April 29	Tuesday, April 30	Wednesday, May 1	Thursday, May 2	Friday, May 3	Saturday, May 4	Sunday, May 5
6:00 - 11:00 am OPEN SWIM 2:00 - 10:00 pm -POOL	6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL	6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL	6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL	6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL	All Day Open Swim - Pool	All Day Open Swim - Pool
8:00-10:00 Coffee - WC, BI	8-10:00 Coffee - WC, RI	8:00-10:00 Coffee - WC, BI	 <p>6:30 St. Mary's Lab - RPDR 7:00 St. Mary's Lab - HC 8:00-10:00 Coffee - WC, BI 9:00 Water Blast - Pool 9:30 Creative Writing - RPDR</p>	8:00-10:00 Coffee - WC, BI	8:00-10:00 Coffee - WC, BI	2:30 Table Games - BI
8:10 Stretch & Flex - BS	9:00 Water Blast - Pool	8:10 Stretch & Flex - BS		<div style="border: 1px solid blue; padding: 5px;"> <p>Please note that regular Friday fitness classes this month are replaced with Move In May opportunities.</p> </div>	9:00 Hymn Sing - TL	6:00 <b>Worship Service with Choir</b> in Centre Place w/ Rev. Gary Stoutmeyer Transportation pick-up at 5:30 pm (return ride after the service)
8:30 Women's Circuit - IFC	10:00 Water Fusion - Pool	8:30 Women's Circuit - IFC	 <p>"The Boy in the Striped Pajamas" Theatres - 10:00 am</p>	<div style="border: 1px solid green; padding: 5px;"> <p>Coffee Classics Bus pick-up: 8:30 am (pre-ticketed event)</p> </div>	7:00 Color My World - BI	
9:00 Strength Training - IFC	10:00 Ladies Billiards - GR	9:00 Strength Training - IFC	<div style="border: 1px solid green; padding: 5px;"> <p><b>Social Committee Re-Purpose Sale</b> Centre Place Lobby 10:00 am - 3:00 pm</p> </div>		7:00 Family Movie - TH	
9:10 Strength Training - BS	10:30 Feldenkrais - BS	9:10 Strength Training - BS	<div style="border: 1px solid green; padding: 5px;"> <p><b>Quilted Placemat Bag Class</b> Centre Place 1:30 pm</p> </div>	8:30-11:15 Drop-in hours for Blood Pressure Checks - HC	7:00 Movie - VI	
9:50 Circuit Training - BS	11:00 Bretonaires Practice - EX	9:50 Circuit Training - BS		<div style="border: 1px solid green; padding: 5px;"> <p><b>Spring Fever Painting Pots</b> Art Studio 10:00 am</p> </div>		
10:00-2:00 Breton Market - TLL	11:15 Balance & Core - IFC	10:00 Men's Circuit - IFC	<div style="border: 1px solid green; padding: 5px;"> <p><b>Drop off time for items for Social Committee Re-Purpose Sale</b> Centre Place Lobby 10:00 am - 2:00 pm</p> </div>			
10:00 Prayer Meeting - TPDR	<div style="border: 1px solid green; padding: 5px;"> <p><b>Campus Wide Event - Fishing w/ Great Lakes Fisherman's Digest Host John Bergsma at the BRLC / EC Pond 1:00 pm</b></p>  </div>	10:00-2:00 Breton Market - TLL	<p>10:00 Catholic Mass - CP 10:00 Wii Bowling - BECS 10:00 Water Fusion - Pool 11:15 Balance &amp; Core - IFC 1:00 Line Dancing - EX 1:00 Ping Pong - VI 1:00 Volunteer Flower Arranging - BRLC</p>			
10:20 Heart Healthy Dance - VI		1:00 Ping Pong - IFC	10:45 Strength Training - IFC			
10:45 Strength Training - IFC	1:00 Pinochle - TB	11:00 Stretch & Flex - EX		9:00 Marching in Morocco - BS		
11:00 Stretch & Flex - EX	1:30 Pinochle - BI	11:20 Water Walking - Pool		9:00 Woodshop Cleaning - WS		
11:20 Water Walking - Pool	1:50 Fitness Fusion - BS	1:00 Bus Pick-up for Meijer		9:45 Bretonaires Practice - EX		
1:00 Women's Bible Study - VI & RI	2:00 Knitting/Crocheting - EX	1:00-2:00 Drop-in Blood Pressure Checks - RPDR		10:00 Swim the Great Lakes - Pool		
1:15 Water Fusion - Pool	2:00-3:00 Adults Only - Pool	1:00-4:00 Podiatrist - HC 		10:00-2:00 Breton Market - TLL		
2:00-3:00 Adults Only - Pool	2:30 Balance & Core - BS	2:00 Men's Billiards - BR		1:00 Men's Billiards - GR		
2:15 Ice Cream Social - VI	3:00 Ladies Billiards - BR	2:00-3:00 Adults Only - Pool		<div style="border: 1px solid green; padding: 5px;"> <p><b>Birthday Ice Cream Social</b> Woods Café 1:30 pm</p>  </div>		
2:30 Wii Bowling - EX	7:00 Scrabble - TF	2:30 Wii Bowling - VI		2:00-3:00 Adults Only - Pool		
2:30 Wii Bowling - VI	7:00 Square Dancing - EX	4:30 Social Hour - RPDR		7:00 Family Movie - VI		
3:00 Ladies Tea - TPDR		6:45 Euchre - WC		7:00 Movie - TH		
6:30 Games - EX		7:00 Dominos - TL, RL				
6:30 Bridge - WC		7:00 Games/Bridge/MahJong - BI				

LOCATION KEY	
<b>Breton Terrace</b>	<b>Breton Ridge</b>
AS - Art Studio	BI - Bistro
BR - Billiard Room	BS - Body Shop
CP - Centre Place	CR - Craft Room
EX - Expressions	GR - Game Room
HC - Health Centre	RPDR - Ridge Private Dining Room
IFC - Fitness Centre	RI - Ristorante
TB - Terrace Balcony	RL - Ridge Lobby
TL - Terrace Lobby	RLI - Ridge Library
TLL - Terrace Lower Level	VI - Vineyard
TLI - Terrace Library	
TPDR - Terrace Private Dining Room	<b>BRLC</b> - Breton Rehab & Living Centre
	<b>BECC</b> - Breton Extended Care Centre
	<b>BECS</b> - Breton Extended Care South



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# MAY 6 - 12

Monday, May 6	Tuesday, May 7	Wednesday, May 8	Thursday, May 9	Friday, May 10	Saturday, May 11	Sunday, May 12
<p>6:00 - 11:00 am OPEN SWIM 2:00 - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch &amp; Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:20 Heart Healthy Dance - VI 10:45 Strength Training - IFC</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p><b>Terrace Social Committee Meeting</b> TPDR - 11:00 am</p> </div> <p>11:00 Stretch &amp; Flex - EX 11:20 Water Walking - Pool 11:00 A Matter of Balance - (part 1 of 8) - TPDR 1:00 Women's Bible Study - VI &amp; RI 1:15 Water Fusion - Pool 2:00-3:00 Adults Only - Pool 2:15 Ice Cream Social - VI 2:30 Wii Bowling - EX 2:30 Wii Bowling - BI 3:00 Ladies Tea - TPDR 3:15 Praying the Rosary - RPDR 6:30 Games - EX, TL, TB 6:30 Bridge - WC</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, RI 9:00 Water Blast - Pool</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p><b>Tulip Time</b> Coach pick-up: 9:30 am</p>  </div> <p>10:00 Ladies Billiards - GR 10:00 Water Fusion - Pool 10:30 Feldenkrais - BS 11:00 Bretonaires Practice - EX 11:15 Balance &amp; Core - IFC 1:00 Ping Pong - IFC 1:00 Pinochle - TB 1:30 Pinochle - BI 1:50 Fitness Fusion - BS 2:00 Breton Readers - RI 2:00 Knitting/Crocheting - EX 2:00-3:00 Adults Only - Pool 2:30 Balance &amp; Core - BS 3:00 Ladies Billiards - BR 3:15 Praying the Rosary - RPDR 7:00 Scrabble - TF 7:00 Square Dancing - EX</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch &amp; Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch &amp; Flex - EX 11:20 Water Walking - Pool</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p><b>FREE Grand Rapids Symphony Concert</b> Bus pick-up: 1:00 pm</p> </div> <p>12:00 Passport to Adventure Group Ticket Deadline (black box at reception desk) 1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - PDR 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Wii Bowling - VI 3:15 Praying the Rosary - RPDR 4:30 Social Hour - RPDR</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p><b>Euchre Tournamnet</b> Woods Café - 7:00 pm</p> </div> <p>7:00 Dominos - TL, RL 7:00 Games/Bridge/MahJong-BI</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>6:30 St. Mary's Lab - RPDR 7:00 St. Mary's Lab - HC  8:00-10:00 Coffee - WC, BI 8:30 Building &amp; Grounds Open Forum Meeting - RPDR 9:00 Water Blast - Pool 9:30 Prayer for Spiritual Awakening - RPDR 10:00 Wii Bowling - BECS 10:00 Water Fusion - Pool 10:00 Wii Bowling - BECS 10:20 Library Committee Meeting - TLI 11:15 Balance &amp; Core - IFC 1:00 Line Dancing - EX 1:00 Ping Pong - VI 1:00 Volunteer Flower Arranging - BRLC 1:30 Sew Wonderful Quilters-AS (Quilted Placemat Bag class) 1:50 Fitness Fusion - BS 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Balance &amp; Core - BS 3:00 Knit Wits - BI 3:30 Choir Rehearsal - CP 4:00 Social Hour - TPDR</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI</p> <div style="border: 1px solid blue; padding: 5px; margin: 10px 0;"> <p>Please note that regular Friday fitness classes this month are replaced with Move In May opportunities.</p> </div> <p>8:30-11:15 Drop-in hours for Blood Pressure Checks - HC 9:45 Bretonaires Practice - EX 10:00-2:00 Breton Market - TLL 11:00 Zumba in New Zealand - VI 12:00 Tastes From Around the World - WC 1:00 Men's Billiards - GR 1:15 Pool Volleyball - Pool 1:15 Shuffleboard Tournament - EX 1:30 Ice Cream Social - WC 2:00-3:00 Adults Only - Pool 7:00 Family Movie - VI 7:00 Movie - TH 7:00 Canasta and Scrabble - BI</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p><b>POPs Symphony at DeVos Hall</b> Bus pick-up - 7:00 pm (pre-ticketed event)</p> </div>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC &amp; BI</p> <p>9:00 Hymn Sing - TL</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p><b>Bingo</b> Bistro 1:00 - 3:00pm</p>  </div> <p>2:00 Color My World - BI 7:00 Family Movie - TH 7:00 Movie VI</p>	<p>All Day Open Swim - Pool</p> <p> 2:30 Table Games - BI 6:00 Sunday Worship Service &amp; Communion in Centre Place w/ Rev. Frank Guter 7:00 Coffee/Fellowship -WC Transportation pick-up at 5:30 pm (return ride after the service and after fellowship)</p>
					<p><b>Resident Service Office</b> Monday-Fri. 9 am - 4:30 pm Terrace: 643-2720 Ridge: 643-2728</p> <p><b>Facility Services</b> 235-2787</p> <p><b>Salon - 643-2714</b> Tuesday-Friday by Appt.</p> <p><b>Notary Services</b> Resident Service Offices</p> <p><b>Bistro - 643-2598</b> Tuesday &amp; Friday: 11:30 am - 1:30 pm Mon &amp; Wed: 5 - 6:30 pm</p> <p><b>After Hours Nurse</b> Mon-Thurs: 11 pm - 7 am 7 pm Friday - 7 am Monday 485-7435</p> <p><b>Noon Meals from BRLC</b> 643-2549</p>	
					<p><b>Sales Department</b> 643-2730</p> <p><b>Health Centre</b> Open Monday - Friday 7:00 am - 5:00 pm 5:00 - 7:00 pm by appt. 643-2712</p> <p><b>Woods Café - 643-2716</b> Monday-Thursday: 11:30 am - 6:30 pm Friday: 5-6:30 pm</p> <p><b>On-Campus Rides</b> M-F, 8:45 am - 4:15 pm 643-2582</p> <p><b>Resident Portal:</b> mybretonwoods.org</p> <p><b>Breton Woods Vine</b> mspweb1@gmail.com</p> <p><b>Breton Market</b> Terrace Lower Level Mon. &amp; Wed. &amp; Fri. 10:00 am - 2:00 pm</p>	