





Spiritual, Intellectual, Physical, Social

APRIL 1 - 7

Monday, April 1	Tuesday, April 2	Wednesday, April 3	Thursday, April 4	Friday, April 5	Saturday, April 6	Sunday, April 7
<p>6:00 - 11:00 am OPEN SWIM 2:00 - 10:00 pm -POOL</p>  <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00-2:00 Breton Market - TLL 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:20 Heart Healthy Dance - VI 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Women's Bible Study - VI & RI 1:15 Water Fusion - Pool 2:00-3:00 Adults Only - Pool 2:15 Ice Cream Social - VI 2:30 Wii Bowling - EX 2:30 Wii Bowling - VI 3:00 Ladies Tea - TPDR 3:15 Praying the Rosary - RPDR</p> <div data-bbox="77 1632 481 1834" style="border: 1px solid green; padding: 5px;"> <p>Tigers Opening Day Bistro 5:00 - 6:30 pm Watch the game at 6:35 pm</p> </div> <p>6:30 Games - EX 6:30 Bridge - WC</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>8-10:00 Coffee - WC, RI 9:00 Water Blast - Pool 10:00 Water Fusion - Pool 10:00 Ladies Billiards - GR 10:30 Feldenkrais - BS 11:15 Balance & Core - IFC 1:00 Ping Pong - IFC 1:00 Pinochle - TB 1:30 Pinochle - BI 1:50 Fitness Fusion - BS 2:00 Breton Readers - RI 2:00 Knitting/Crocheting - EX 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 3:00 Ladies Billiards - BR 3:15 Praying the Rosary - RPDR 7:00 Scrabble - TF 7:00 Square Dancing - EX</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - RPDR</p> <div data-bbox="947 1209 1320 1401" style="border: 1px solid orange; padding: 5px;"> <p>REAL Speak to A Geek Expressions - 2:00 pm (sign-up required)</p> </div> <p>2:00 Coffee Break Bible Study - CANCELLED TODAY 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Wii Bowling - VI 3:15 Praying the Rosary - RPDR 4:30 Social Hour - RPDR 6:45 Euchre - WC 7:00 Dominos - TL, RL 7:00 Games/Bridge/MahJong - BI</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>6:30 St. Mary's Lab - RPDR 7:00 St. Mary's Lab - HC 8:00-10:00 Coffee - WC, BI 9:00 Water Blast - Pool 9:30 Creative Writing - RPDR 10:00 Catholic Mass - CP 10:00 Wii Bowling - BECS 10:00 Water Fusion - Pool 11:15 Balance & Core - IFC</p> <div data-bbox="1367 887 1756 1048" style="border: 1px solid green; padding: 5px;"> <p>Tigers Opening Day Woods Cafe 11:30 am - 1:30 pm</p> </div> <p>1:00 Line Dancing - EX 1:00 Ping Pong - VI 1:00 Volunteer Flower Arranging - BRLC 1:30 Quilting - AS</p> <div data-bbox="1367 1260 1756 1421" style="border: 1px solid green; padding: 5px;"> <p>Watch the Tigers Game Theatre 1:30 pm</p> </div> <p>1:50 Fitness Fusion - BS 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS 3:00 Knit Wits - BI 3:30 Choir Rehearsal - CP 4:00 Social Hour - TPDR</p> <div data-bbox="1383 1753 1740 1905" style="border: 1px solid green; padding: 5px;"> <p>BW Variety Show Vineyard - 7:00 pm (make ride requests by noon)</p> </div>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC 8:30 Women's Circuit - IFC 9:00 Woodshop Cleaning - WS 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Men's Billiards - GR 1:30 Ice Cream Social - WC 2:00-3:00 Adults Only - Pool</p> <div data-bbox="1818 1320 2191 1501" style="border: 1px solid orange; padding: 5px;"> <p>REAL Bread Making with Mina Woods Café - 2:30 pm (sign-up required)</p> </div> <div data-bbox="1818 1562 2191 1733" style="border: 1px solid purple; padding: 5px;"> <p>Lenten Series Centre Place 3:00 pm</p>  </div> <p>7:00 Family Movie - VI 7:00 Movie - TH 7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC, BI 9:00 Hymn Sing - TL 2:00 Color My World - BI 7:00 Family Movie - TH 7:00 Movie - VI</p>	<p>All Day Open Swim - Pool</p> <p>2:30 Table Games - BI</p> <p>6:00 Worship Service in Centre Place w/ Rev. Ruth Romeyn Transportation pick-up at 5:30 pm (return ride after the service)</p>

LOCATION KEY

- Breton Terrace**
AS - Art Studio
BR - Billiard Room
CP - Centre Place
EX - Expressions
HC - Health Centre
IFC - Fitness Centre
TB - Terrace Balcony
TL - Terrace Lobby
TLL - Terrace Lower Level
TLI - Terrace Library
TPDR - Terrace Private Dining Room
TH - Theatre
WC - Woods Café
WS - Woodshop

- Breton Ridge**
BI - Bistro
BS - Body Shop
CR - Craft Room
GR - Game Room
RPDR - Ridge Private Dining Room
RI - Ristorante
RL - Ridge Lobby
RLI - Ridge Library
VI - Vineyard
- BRLC** - Breton Rehab & Living Centre
BECC - Breton Extended Care Centre
BECS - Breton Extended Care South



Spiritual, Intellectual, Physical, Social

APRIL 8 - 14

Monday, April 8	Tuesday, April 9	Wednesday, April 10	Thursday, April 11	Friday, April 12	Saturday, April 13	Sunday, April 14
<p>6:00 - 11:00 am OPEN SWIM 2:00 - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p style="text-align: center; color: orange; font-weight: bold; font-size: 1.2em;">R.E.A.L</p> <p style="text-align: center;">Art Engagement Part III w/ Pamela Alderman BRLC/EC - 10:00 am (call Robin at 643-2725 to sign-up to volunteer in assisting BRLC/EC residents)</p> </div> <p>10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:20 Heart Healthy Dance - VI 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Women's Bible Study - VI & RI 1:15 Water Fusion - Pool 2:00-3:00 Adults Only - Pool 2:15 Ice Cream Social - VI 2:30 Wii Bowling - EX 2:30 Wii Bowling - BI 3:00 Ladies Tea - TPDR 6:30 Games - EX, TL, TB 6:30 Bridge - WC</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>8:00-10:00 Coffee - WC, RI</p> <p>9:00 Water Blast - Pool</p> <p>10:00 Ladies Billiards - GR</p> <p>10:00 Water Fusion - Pool</p> <p>10:30 Feldenkrais - BS</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p style="text-align: center;">Ladies Lunch at Pietro's and Shopping Bus pick-up: 11:00 am</p> </div> <p>11:15 Balance & Core - IFC</p> <p>1:00 Ping Pong - IFC</p> <p>1:00 Pinochle - TB</p> <p>1:30 Pinochle - BI</p> <p>1:50 Fitness Fusion - BS</p> <p>2:00 Knitting/Crocheting - EX</p> <p>2:00-3:00 Adults Only - Pool</p> <p>2:30 Balance & Core - BS</p> <p>3:00 Ladies Billiards - BR</p> <p>7:00 Scrabble - TF</p> <p>7:00 Square Dancing - EX</p>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training - BS</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p style="text-align: center; color: orange; font-weight: bold; font-size: 1.2em;">R.E.A.L</p> <p style="text-align: center;">Art Engagement Part III w/ Pamela Alderman BRLC/EC - 10:00 am (call Robin at 643-2725 to sign-up to volunteer in assisting BRLC/EC residents)</p> </div> <p>10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool 1:00 Bus Pick-up for Meijer 1:00-2:00 Drop-in Blood Pressure Checks - PDR 2:00 Coffee Break Bible Study - RPDR 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Wii Bowling - VI 4:30 Social Hour - RPDR 6:45 Euchre - WC 7:00 Dominos - TL, RL 7:00 Games/Bridge/MahJong-BI</p>	<p>6:00 - 8:00 am OPEN SWIM 11:00 am - 10:00 pm -POOL</p> <p>6:30 St. Mary's Lab - RPDR 7:00 St. Mary's Lab - HC 8:00-10:00 Coffee - WC, BI 8:30 Building & Grounds Open Forum Meeting - TPDR 9:00 Water Blast - Pool 9:30 Prayer for Spiritual Awakening - RPDR</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p style="text-align: center;">Students Teaching Residents, and Lunch Expressions 9:30 am - noon</p> </div> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p style="text-align: center; color: orange; font-weight: bold; font-size: 1.2em;">R.E.A.L</p> <p style="text-align: center;">Art Engagement Part III w/ Pamela Alderman BRLC/EC - 10:00 am</p> </div> <p>10:00 Wii Bowling - BECS 10:00 Water Fusion - Pool 10:00 Wii Bowling - BECS 11:15 Balance & Core - IFC 1:00 Line Dancing - EX 1:00 Ping Pong - VI 1:00 Volunteer Flower Arranging - BRLC 1:30 Quilting - AS 1:50 Fitness Fusion - BS 2:00 Men's Billiards - BR 2:00-3:00 Adults Only - Pool 2:30 Balance & Core - BS</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p style="text-align: center; color: orange; font-weight: bold; font-size: 1.2em;">R.E.A.L</p> <p style="text-align: center;">Courageous Conversations with Dr. John Mulder Vineyard - 3:00 pm</p> </div> <p>3:00 Knit Wits - BI 3:30 Choir Rehearsal - CP 4:00 Social Hour - TPDR</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p style="text-align: center;">Passport to Adventure @ Calvin College Be in the lobby: 5:45 pm (pre-ticketed event)</p> </div>	<p>6:00 - 11:00 am OPEN SWIM 12:30 - 10 pm -POOL</p> <p>8:00-10:00 Coffee - WC, BI 8:10 Stretch & Flex - BS 8:30-11:15 Drop-in hours for Blood Pressure Checks - HC 8:30 Women's Circuit - IFC 9:00 Strength Training - IFC 9:10 Strength Training - BS 9:50 Circuit Training- BS</p> <div style="border: 1px solid orange; padding: 5px; margin: 10px 0;"> <p style="text-align: center; color: orange; font-weight: bold; font-size: 1.2em;">R.E.A.L</p> <p style="text-align: center;">Xfinity Voice Remote Bistro - 10:00 am (sign-up required)</p> </div> <p>10:00 Men's Circuit - IFC 10:00-2:00 Breton Market - TLL 10:45 Strength Training - IFC 11:00 Stretch & Flex - EX 11:20 Water Walking - Pool</p> <div style="border: 1px solid blue; padding: 5px; margin: 10px 0;"> <p style="text-align: center;"> Vibrant Living Class of the Month - Grip Strength 1:00 pm Body Shop</p> </div> <p>1:00 Men's Billiards - GR</p> <div style="border: 1px solid green; padding: 5px; margin: 10px 0;"> <p style="text-align: center;">Birthday Ice Cream Social Woods Café 1:30 pm</p> </div> <p>2:00-3:00 Adults Only - Pool</p> <div style="border: 1px solid purple; padding: 5px; margin: 10px 0;"> <p style="text-align: center;">Lenten Series Centre Place 3:00 pm </p> </div> <p>7:00 Family Movie - VI 7:00 Movie - TH 7:00 Canasta and Scrabble - BI</p>	<p>All Day Open Swim - Pool</p> <p>8:00-10:00 Coffee - WC & BI</p> <p>9:00 Hymn Sing - TL</p> <p>2:00 Color My World - BI</p> <p>7:00 Family Movie - TH</p> <p>7:00 Movie VI</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>Resident Service Office Monday-Fri. 9 am - 4:30 pm Terrace: 643-2720 Ridge: 643-2728</p> <p>Facility Services 235-2787</p> <p>Salon - 643-2714 Tuesday-Friday by Appt.</p> <p>Notary Services Resident Service Offices</p> <p>Bistro - 643-2598 Tuesday & Friday: 11:30 am - 1:30 pm Mon & Wed: 5 - 6:30 pm</p> <p>After Hours Nurse Mon-Thurs: 11 pm - 7 am 7 pm Friday - 7 am Monday 485-7435</p> <p>Noon Meals from BRLC 643-2549</p> </div>	<p>All Day Open Swim - Pool</p> <p>2:30 Table Games - BI</p> <p>6:00 Palm Sunday Worship Service & Communion in Centre Place w/ Rev. Frank Guter</p> <p>7:00 Coffee/Fellowship - WC Transportation pick-up at 5:30 pm (return ride after the service and after fellowship)</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>Sales Department 643-2730</p> <p>Health Centre Open Monday - Friday 7:00 am - 5:00 pm 5:00 - 7:00 pm by appt. 643-2712</p> <p>Woods Café - 643-2716 Monday-Thursday: 11:30 am - 6:30 pm Friday: 5-6:30 pm</p> <p>On-Campus Rides M-F, 8:45 am - 4:15 pm 643-2582</p> <p>Resident Portal: mybretonwoods.org</p> <p>Breton Woods Vine mspweb1@gmail.com</p> <p>Breton Market Terrace Lower Level Mon. & Wed. & Fri. 10:00 am - 2:00 pm</p> </div>