

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:30 Exercise</p> <p>11:00 Evening Star</p> <p>After Lunch:</p> <p>Game Hour</p> <p>Refresh and Reminisce</p> <p>4:00 Tabletop activities</p> <p>7:00 Dance to Music from Bob and Tally Green – Friendship Room</p> <p>May Day</p>	<p>10:30 Exercise, Refreshments, Music and Devotions</p> <p>After Lunch:</p> <p>Bingo</p> <p>Refresh and Reminisce</p> <p>Evening:</p> <p>Shuffleboard</p>	<p>10:30 Intergenerational Social Time</p> <p>After Lunch:</p> <p>Manicures</p> <p>Refresh and Reminisce</p> <p>3:00 Hymn sing with Marilyn</p> <p>Evening:</p> <p>Movie Night</p>	<p>After Breakfast:</p> <p>Exercise, Refreshments, Music and Devotions</p> <p>After Lunch:</p> <p>Individual Leisure</p> <p>Resident Choice</p> <p>Trivia</p> <p>Evening:</p> <p>Shuffleboard</p> <p>Happy Birthday to Helen!</p>	<p>10:30 Exercise, Refreshments, Music and Devotions</p> <p>After Lunch:</p> <p>Bingo</p> <p>2:30 Visit with Lincoln & Phoebe (Dogs)</p> <p>Refresh and Reminisce</p> <p>Evening:</p> <p>Shuffleboard</p>	<p>10:30 Exercise, Refreshments, Music and Devotions</p> <p>After Lunch:</p> <p>Manicures</p> <p>Refresh and Reminisce</p> <p>3:00 Bible Stories and Songs with Marilyn</p> <p>Evening:</p> <p>Movie Night</p>	<p>After Breakfast:</p> <p>Exercise, Refreshments, Music and Devotions</p> <p>After Lunch:</p> <p>Individual Leisure</p> <p>Resident Choice</p> <p>Trivia</p> <p>Evening:</p> <p>Shuffleboard</p>
<p>9:30 Worship Service</p> <p>Refreshments, Music and Devotions</p> <p>After Lunch:</p> <p>Resident Choice</p> <p>Travelogue</p> <p>Evening:</p> <p>6:30 LaGrave CRC Service</p> <p>Coffee & Fellowship</p> <p>Cinco de Mayo</p>	<p>9:15 Hymn Sing with Dee</p> <p>10:30 Exercise, Refreshments and Devotions</p> <p>2:00 Scenic Bus Ride To Holland to see the tulips!</p> <p>Evening:</p> <p>Staff Choice</p> <p>Ramadan</p>	<p>9:30 Knitting Club</p> <p>2:00 Jack B Nimble, the therapy cat, visits!</p> <p>Refresh and Reminisce</p> <p>4:00 Tabletop activities</p> <p>Evening:</p> <p>Tabletop Bowling</p>	<p>10:30 Exercise</p> <p>11:00 Evening Star</p> <p>After Lunch:</p> <p>Game Hour</p> <p>4:00 Reaching with Rhythm Dance Group – Friendship Room</p> <p>Evening:</p> <p>5:45 Men’s Group with Austin Hangman or Name 10</p>	<p>10:30 Exercise, Refreshments, Music and Devotions</p> <p>After Lunch:</p> <p>Bingo</p> <p>2:30 Visit with Lincoln & Phoebe (Dogs)</p> <p>Refresh and Reminisce</p> <p>Evening:</p> <p>Shuffleboard</p>	<p>10:30 Exercise, Refreshments, Music and Devotions</p> <p>After Lunch:</p> <p>Manicures</p> <p>Refresh and Reminisce</p> <p>3:00 Bible Stories and Songs with Marilyn</p> <p>Evening:</p> <p>Movie Night</p>	<p>After Breakfast:</p> <p>Exercise, Refreshments, Music and Devotions</p> <p>After Lunch:</p> <p>Individual Leisure</p> <p>Resident Choice</p> <p>Trivia</p> <p>Evening:</p> <p>Shuffleboard</p>
<p>9:30 Worship Service</p> <p>Refreshments, Music and Devotions</p> <p>After Lunch:</p> <p>Resident Choice</p> <p>Travelogue</p> <p>Evening:</p> <p>6:30 LaGrave CRC Service</p> <p>Coffee & Fellowship</p> <p>Mother’s Day</p>	<p>9:15 Hymn Sing with Dee</p> <p>10:30 Exercise, Refreshments and Devotions</p> <p>2:00-4:00 Opening Social of Long Term Care Week: Michigan Car Show with MI Root Beer – Manor Parking Lot</p> <p>Evening:</p> <p>Staff Choice</p> <p>Long Term Care Week</p>	<p>9:30 Knitting Club</p> <p>After Lunch:</p> <p>Game Hour</p> <p>Refresh and Reminisce</p> <p>4:00 Tabletop activities</p> <p>5:45 Dinner Music with Geneva</p> <p>7:00 “Made in Michigan” Hymn Sing with Emily Brink and Bruce Klanderma - Chapel</p> <p>Long Term Care Week</p>	<p>10:30 Exercise</p> <p>11:00 Evening Star</p> <p>2:30 Detroit Native, “The Boogie Woogie Kid”, Tickles the Ivories with Swing Era Favorites - Chapel</p> <p>Evening:</p> <p>Hangman or Name 10</p> <p>Long Term Care Week</p>	<p>10:30 Exercise, Refreshments, Music and Devotions</p> <p>After Lunch:</p> <p>1:00-4:00 Taps, Tigers and Tavern Fare: Tigers Game with MI Craft Beer and Food Samples – Friendship Room</p> <p>1:30 Piano Music with Tricia</p> <p>Evening:</p> <p>Shuffleboard</p> <p>Long Term Care Week</p>	<p>10:30 Intergenerational Social Time</p> <p>2:00-4:00 Closing Social: “Broken Wings”, A Butterfly’s Journey – Art Unveiling and Wine and Cheese Social – Friendship Room and Level One Dining Room</p> <p>3:00 Hymn Sing with Marilyn</p> <p>Movie Night</p> <p>Long Term Care Week</p>	<p>After Breakfast:</p> <p>Exercise, Refreshments, Music and Devotions</p> <p>After Lunch:</p> <p>Individual Leisure</p> <p>Resident Choice</p> <p>Trivia</p> <p>Evening:</p> <p>Shuffleboard</p> <p>Happy Birthday to Sue!</p> <p>Armed Forces Day</p>
<p>9:30 Worship Service</p> <p>Refreshments, Music and Devotions</p> <p>After Lunch:</p> <p>Resident Choice</p> <p>Travelogue</p> <p>Evening:</p> <p>6:30 LaGrave CRC Service</p> <p>Coffee & Fellowship</p>	<p>9:15 Hymn Sing with Dee</p> <p>10:30 Exercise, Refreshments and Devotions</p> <p>After Lunch:</p> <p>Game Hour</p> <p>Refresh and Reminisce</p> <p>Trivia</p> <p>7:00 Schubert Male Chorus</p> <p>Victoria Day (Canada)</p>	<p>9:30 Knitting Club</p> <p>9:45 Regina plays the Dulcimer</p> <p>After Lunch:</p> <p>Game Hour</p> <p>Refresh and Reminisce</p> <p>4:00 Tabletop activities</p> <p>7:00 Eldermusic Ministries – On Unit</p>	<p>10:30 Exercise</p> <p>11:00 Evening Star</p> <p>Game Hour</p> <p>Refresh and Reminisce</p> <p>4:00 Tabletop activities</p> <p>Evening:</p> <p>Hangman or Name 10</p>	<p>10:30 Exercise, Refreshments, Music and Devotions</p> <p>After Lunch:</p> <p>Bingo</p> <p>2:30 Visit with Lincoln & Phoebe (Dogs)</p> <p>Refresh and Reminisce</p> <p>Evening:</p> <p>Shuffleboard</p>	<p>10:30 Exercise, Refreshments, Music and Devotions</p> <p>After Lunch:</p> <p>Manicures</p> <p>Refresh and Reminisce</p> <p>3:00 Hymn Sing with Marilyn</p> <p>Evening:</p> <p>Movie Night</p>	<p>After Breakfast:</p> <p>Exercise, Refreshments, Music and Devotions</p> <p>After Lunch:</p> <p>Individual Leisure</p> <p>Resident Choice</p> <p>Trivia</p> <p>Evening:</p> <p>Shuffleboard</p>
<p>9:30 Worship Service</p> <p>Refreshments, Music and Devotions</p> <p>After Lunch:</p> <p>Resident Choice</p> <p>Travelogue</p> <p>Evening:</p> <p>6:30 LaGrave CRC Service</p> <p>Coffee & Fellowship</p>	<p>10:30 Exercise, Refreshments and Devotions</p> <p>After Lunch:</p> <p>Game Hour</p> <p>Refresh and Reminisce</p> <p>Trivia</p> <p>Evening:</p> <p>Staff Choice</p> <p>Memorial Day</p>	<p>9:30 Knitting Club</p> <p>2:30 Memorial Day Service - Chapel</p> <p>5:45 Dinner Music with Geneva</p> <p>Evening:</p> <p>Tabletop Bowling</p> <p>Happy Birthday to Rose!</p>	<p>10:30 Exercise</p> <p>11:00 Evening Star</p> <p>3:00 May Birthday Party</p> <p>Evening:</p> <p>Hangman or Name 10</p>	<p>10:30 Exercise, Refreshments, Music and Devotions</p> <p>After Lunch:</p> <p>Bingo</p> <p>Refresh and Reminisce</p> <p>Evening:</p> <p>Shuffleboard</p>	<p>10:30 Exercise, Refreshments, Music and Devotions</p> <p>After Lunch:</p> <p>Manicures</p> <p>Refresh and Reminisce</p> <p>50 States Challenge</p> <p>Evening:</p> <p>Movie Night</p>	<p>Components of Vibrant Living:</p> <ul style="list-style-type: none"> * Social Engagement * Physical Wellness * Spiritual Fulfillment * Intellectual Discovery * Emotional Wellbeing

We enjoy a little spontaneity on the Cook Unit. Therefore, calendar events are subject to change, without notice.