



January 15th thru January 21st

Social, Spiritual, Intellectual, Medical, & Physical Offerings for the Terrace, Homes and Ridge



Sunday, Jan. 15	Monday, Jan. 16	Tuesday, Jan. 17	Wednesday, Jan. 18	Thursday, Jan. 19	Friday, Jan. 20	Saturday, Jan. 21
<p>All day– Open Swim</p> <p>6:00 Worship Service in Centre Place</p> <p>Led by: Rev. Ardean Brock-VanderWall Offering: Breton Woods Worship Fund 7:30 Jubal Brass Concert and hymn sing– a freewill offering will be taken!</p> <p><u>Transportation provided:</u> Pick up at 5:40 pm Drop off at 7:15 pm</p>	<p>6:00-11:15am, 1:30 - 400 Open Swim - Pool</p> <p>8:00-10:00 Coffee Time - WC & BI</p> <p>8:00 Men's Circuit - IFC 8:30 Yoga– RA 3303 8:40 Women's Circuit - IFC 9:20 Chair Aerobics - IFC 9:30 Chair Aerobics– BS 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:30 Circuit Training - BS 10:45 Chair Aerobics - IFC 11:00 NEW! Yoga at the Terrace-EX 11:20 Water Walking - pool 1:00 Water Tai Chi & Pilates-Pool</p> <p>2:30 Wii Bowling- VI 2:30 Wii Bowling- EX 3:00 Ladies Tea- TPDR 3:00 Resident Representative Meeting– EXP 3:30 Ladies Pool - GR 7:00 Bridge - WC Games - EX</p> <div style="border: 1px solid orange; padding: 5px; margin-top: 10px;"> <p>January Series: 12:30 pm Terrace– CP 7:00 pm Ridge– VI Jennifer Pharr Davis- “Adventures on the Appalachian Trail: True Stories of Lightning-Strikes, Stalkers and World Records”</p> </div>	<p><i>Wear your name tag!-Ridge</i></p> <p>6-9am, 11am-10pm Open Swim - Pool 8:00-10:00 Coffee Time- WC & VI 9:00 Pool Aerobics - pool</p> <p>9:30-10:30 Drop-in hours for Blood Pressure Checks-RPDR 10:00 The Bretonaires Practice-EX 10:00 Arthritis Aquatics –pool</p> <p>10:30 Feldenkrais –charge is \$5 per class RA 3303 1:30 Knitting & Quilting or any other project–EX 12:30 Pinochle– Terrace Balcony 1:00-3:00 Foot Dr.– Sign up at Terrace Reception Desk 1:30 Pinochle– BI 2:00 Crocheting - BI 3:00 Ladies Billiards - BR 7:00 Scrabble - Terrace Foyer 7:00 Wii Bowling– VI 7:00 Veteran's Club, Jay Lindquist– CP</p> <div style="border: 1px solid orange; padding: 5px; margin-top: 10px;"> <p>January Series: 12:30 pm Terrace– CP 7:00 pm Ridge– VI Adam Taylor- “Mobilizing Hope: Faith Inspired Activism for a Post-Civil Rights Generation”</p> </div>	<p>6:00-11:15am, 12:00-10:00pm Open Swim - Pool 6:15-6:30 St. Mary's Lab draw-HC 8:00-10:00 Coffee Time - WC & BI 8:00 Men's Circuit - IFC 8:30 Yoga– RA 3303 8:40 Women's Circuit - IFC 9:20 Chair Aerobics - IFC 9:30 Chair Aerobics– BS 10:00 Men's Circuit - IFC 10:30 Spiritual Care Committee Meeting– RPDR</p> <p>10:30 Circuit Training - BS 10:45 Chair Aerobics - IFC 11:20 Water Walking - pool 11:00 Ping Pong - VI 11:00 Yoga at the Terrace-EX 1:00 Q-Ball Club - BR Bus/Van pick up Grocery Shopping to Meijer 1:20 pm Terrace, Ridge 1:00 Tap Dancing– EX 2:00 Ridge Dining Committee Meeting-RPDR 2:30 Ice Cream Social-VI 2:30 Wii Bowling– EX 3:00 Wii Bowling– VI 7:00 Game Night & Bridge - BI 7:00 Euchre– 2nd floor balcony, Terrace</p> <div style="border: 1px solid orange; padding: 5px; margin-top: 10px;"> <p>January Series: 12:30 pm Terrace– CP 7:00 pm Ridge– VI Joel Salatin- "Dancing with Dinner"</p> </div> <div style="border: 1px solid green; padding: 5px; margin-top: 10px;"> <p>8:00 Calvin-Hope Men's Basketball game. In the Terrace Theatre and Ridge Vineyard!</p> </div>	<p>6-9am, 11am-10pm Open Swim - Pool 6:15-6:30 St. Mary's Blood Draw– Ridge PDR 8:00-10:00 Coffee Time– WC & BI 9:00 Pool Aerobics - pool 9:30 Creative Writing– RI 10:00 Ping-pong– IFC 10:00 Water tai-chi and Pilates– pool</p> <p>1:00 Line Dancing– EX 1:00 Q-Ball Club - BR 1:30 Fresh Flower Arranging with Ruth Westrate– Breton Manor Rec. Room 3:00 Knitting & Quilting or any other project - BI 3:30 Choir Practice-CP</p>	<p><i>Wear your name tag!</i></p> <p>6:00-11:15am, 12:00-10:00pm Open Swim - Pool 8:00-10:00 Coffee Time WC & BI 8:00 Men's Circuit-IFC 8:30 Yoga– RA 3303 8:30 - 11:15 - Drop-in for Blood Pressure Check - HC 8:40 Women's Circuit- IFC 9:20 Chair Aerobics-IFC 9:30 Chair Aerobics– BS 10:00 Men's Circuit- IFC 10:30 Circuit Training -BS 10:45 Chair Aerobics- IFC 11:00 Yoga at the Terrace-EX 11:20 Water Walking– pool 2:00 Ice-cream Social-WC 3:00 The Bretonaires Practice-EX 3:00 Men's Billiards-GR 7:00 Movie: “A Slight Case of Murder” - TH 7:00 Canasta and Scrabble– BI</p> <div style="border: 1px solid orange; padding: 5px; margin-top: 10px;"> <p>January Series: 12:30 pm Terrace– CP 7:00 pm Ridge– VI David Gergen- “The 2012 Elections: Issues and Answers”</p> </div> <div style="border: 1px solid purple; padding: 5px; margin-top: 10px;"> <p>Bus/van pick up 6:00 Calvin Travelogue “Heart of San Francisco”</p> </div>	<p>All day– Open Swim</p> <p>8:00-10:00 Coffee Time– WC, BI 9:15-10:00 Hymn Sing– Terrace Lobby 6:00 Bingo and Pizza and White elephant exchange– EXP 7:00 Movie: “A Slight Case of Murder” -VI</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Bank Open Monday and Thursdays Hours: 9:00-11:30 1:00-3:00 Phone #: 554-5653</p> <p>Salon Open Monday-Saturday Call 643-2714 to schedule an appointment.</p> <p>Bistro Tuesday, Thursday & Friday: 11:30 a.m.-1:30 p.m. Wednesdays: 5-6:30 p.m. Call 643-2598 reservations.</p> <p>Woods Café Call 643-2716 for current hours of operation and reservations.</p> <p>Ristorante Call 643-2588 for current hours of operation and reservations.</p> <p>Health Centre Open Monday thru Friday Hours: 7:30-3:30 Phone #: 643-2712</p> <p>Transportation Requests Call the Ridge at 643-2582 for requests and information. Available Monday thru Friday 8am-4pm</p> </div>

Location Key:
Terrace

- AS - Art Studio
- BR - Billiard Room
- CAM- Cambridge Place
- CP - Centre Place
- CS - Cyberspace
- EX - Expressions
- HC - Health Centre
- IFC - Fitness Centre
- TF- Terrace Foyer
- TLI - Terrace Library
- TPDR- Terrace Private Dining Room
- TRSO- Terrace Resident Service Office
- TH- Theatre
- WC - Woods Café
- Ridge**
- BI - Bistro
- BS - Body Shop
- GR- Game Room
- RPDR- Ridge Private Dining Room
- RA- Ridge Apt. 3303
- RI - Ristorante
- RLI- Library
- VI - Vineyard

January 22nd thru January 28th

Social, Spiritual, Intellectual, Medical, & Physical Offerings for the Terrace, Homes and Ridge



Sunday, Jan. 22	Monday, Jan. 23	Tuesday, Jan. 24	Wednesday, Jan. 25	Thursday, Jan. 26	Friday, Jan. 27	Saturday, Jan. 28
<p>All day– Open Swim</p> <div style="border: 1px solid blue; padding: 5px; margin: 10px 0;"> <p>12:00-2:00 pm Sunday Dinner In the Ridge Ristorante Call 643-2588 for Reservations</p> </div> <p>6:00 Worship service in Centre Place Led by: Rev. Ruth Romeyn and Choir Offering Breton Woods Worship Fund <u>Transportation provided:</u> Pick up at 5:40 pm Drop off at 7:15 pm</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Location Key: Terrace AS - Art Studio BR - Billiard Room CAM- Cambridge Place CP - Centre Place CS - Cyberspace EX - Expressions HC - Health Centre IFC - Fitness Centre TF- Terrace Foyer TLI - Terrace Library TPDR - Terrace Private Dining Room TRSO - Terrace Resident Service Office TH- Theatre WC - Woods Café Ridge BI - Bistro BS - Body Shop GR - Game Room RPDR- Ridge Private Dining Room RA- Ridge Apt.3303 RI - Ristorante RLI - Library VI - Vineyard</p> </div>	<p>6:00-11:15am, 1:30 - 400 Open Swim - Pool 8:00-10:00 Coffee Time- WC & BI 8:00 Men's Circuit - IFC 8:30 Yoga– RA 3303 8:40 Women's Circuit - IFC 9:20 Chair Aerobics - IFC 9:30 Chair Aerobics– BS 10:00 Prayer Meeting - TPDR 10:00 Men's Circuit - IFC 10:30 Circuit Training - BS 10:45 Chair Aerobics - IFC 11:00 Yoga at the Terrace-EX 11:20 Water Walking– pool 1:00 Water Tai Chi & Pilates- Pool 2:30 Wii Bowling- VI 2:30 Wii Bowling- EX 3:00 Ladies Tea- TPDR 3:30 Ladies Pool- GR 7:00 Bridge - WC Games - EX</p> <div style="border: 1px solid orange; padding: 5px; margin-top: 10px;"> <p>January Series: 12:30 pm Terrace– CP 7:00 pm Ridge– VI Ralph Edmond- “Real Solu- tions for Haiti’s Future”</p> </div>	<p>6-9am, 11am-10pm Open Swim - Pool Wear your name tag!-Ridge 8:00-10:00 Coffee Time- WC & VI 9:00 Pool Aerobics 9:30-10:30 Drop-in hours for Blood Pressure Checks—RPDR 10:00 The Bretonaires Practice-EX 10:00 Arthritis Aquatics 10:00 - 11:00 Pictures taken at Ridge Vineyard. 10:30 Feldenkrais-charge is \$5 per class - RA 3303 11:15 - 12:15 Pictures taken in Terrace Lobby. 1:30 Knitting & Quilting or any other project—EX 1:00-3:00 Breton Woods Quilting Bee– RA 12:30 Pinochle– Terrace Balcony 1:30 Pinochle– BI 3:00 Ladies Billiards - BR 3:30 Green Thumb Club - RPDR 7:00 Scrabble - Terrace Foyer 7:00 Wii Bowling– VI</p> <div style="border: 1px solid orange; padding: 5px; margin-top: 10px;"> <p>January Series: 12:30 pm Terrace– CP 7:00 pm Ridge– VI Deborah Lew- “Stories and Songs from the Broadway Stage”</p> </div>	<p>6:00-11:15am, 12:00-10:00pm Open Swim - Pool Wear your name tag! 6:15-6:30 St. Mary's Lab draw -HC 8:00 Men's Circuit - IFC 8:00-10:00 Coffee Time -WC & BI 8:30 Yoga– RA 3303 8:40 Women's Circuit - IFC 9:20 Chair Aerobics - IFC 9:30 Chair Aerobics– BS 10:00 Men's Circuit - IFC 10:30 Circuit Training - BS 10:45 Chair Aerobics - IFC 11:00 Yoga at the Terrace-EX 11:20 Water Walking 11:00 Ping Pong - VI 1:00 Tap Dancing– EX 1:00 Q-Ball Club - BR Bus/Van pick up- Grocery Shopping to Meijer 1:20 Terrace, Ridge 2:00 Terrace Dining Committee Meeting– TPDR 2:30 Birthday Ice Cream Social-VI 2:30 Wii Bowling– EX 3:00 Wii Bowling– VI 3:00 Breton Readers– TLI 7:00 Game Night & Bridge - BI 7:00 Euchre– 2nd floor balcony, Terrace</p> <div style="border: 1px solid orange; padding: 5px; margin-top: 10px;"> <p>January Series- Last One! 12:30 pm Terrace– CP 7:00 pm Ridge– VI N.T. Wright- How God Be- came King: Why We've All Misunderstood the Gospels</p> </div>	<p>6-9am, 11am-10pm Open Swim - Pool 6:15-6:30 St. Mary's Blood Draw– Ridge PDR 8:00-10:00 Coffee Time- WC& BI 9:00 Pool Aerobics 10:00 Water tai-chi and Pilates– pool 10:00 Ping-pong– IFC 10:15 Library Committee Meet- ing– TLI 1:00 Line Dancing– EX 1:00 Q-Ball Club - BR 1:30 Fresh Flower Arranging with Ruth Westrate– Breton Manor Rec. Room 1:30 Parkinson's Support Group- TPDR 3:00 Knitting & Quilting or any other project - BI 3:30 Choir Rehearsal-CP 3:00 Women's Tea– RPDR</p>	<p>Wear your name tag! 6:00-11:15am, 12:00-10:00pm Open Swim - Pool 8:00-10:00 Coffee Time-WC & BI 8:00 Men's Circuit-IFC 8:30 Yoga– RA 3303 8:40 Women's Circuit- IFC 8:30 - 11:15 - Drop-in for Blood Pressure Check - HC 9:20 Chair Aerobics-IFC 9:30 Chair Aerobics– BS 10:00 Men's Circuit- IFC</p> <div style="border: 1px solid orange; padding: 5px; margin-top: 10px;"> <p>10:30 Board Report with Mina and Dave T. in Centre Place at the Terrace!</p> </div> <p>10:30 Circuit Training - BS 10:45 Chair Aerobics- IFC 11:00 Yoga at the Terrace-EX- 11:20 Water Walking-pool 2:00 Birthday Ice Cream Social -WC 3:00 The Bretonaires Practice- EX 3:00 Men's Billiards-GR 7:00 Movie: “The Help ”- TH 7:00 Canasta and Scrabble– BI</p> <div style="border: 1px solid pink; padding: 5px; margin-top: 10px;"> <p>5:00-7:00 Ristorante Din- ner at the Ridge. French- Winter Theme Buffet!</p> </div>	<p>All day– Open Swim 8:00-10:00 Coffee Time-WC&BI 9:15-10:00 Hymn Sing– see below 7:00 Movie: “The Help ” VI</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Bank Open Monday and Thursdays Hours: 9:00-11:30 1:00-3:00 Phone #: 554-5653 Salon Open Monday-Saturday Call 643-2714 to schedule an appointment. Bistro Tuesday, Thursday & Friday: 11:30 a.m.-1:30 p.m. Wednesdays: 5-6:30 p.m. Call 643-2598 reservations. Woods Café Call 643-2716 for current hours of operation and reservations. Ristorante Call 643-2588 for current hours of operation and reservations. Health Center Open Monday thru Friday Hours: 7:30-3:00 Phone #: 643-2712 Transportation Requests Call the Ridge at 643-2582 for requests and information. Available Monday thru Friday 8am-4pm</p> </div>