



# May 6th thru May 12th

**Social, Spiritual, Intellectual, Medical, & Physical Offerings for the Terrace, Homes and Ridge**



Sunday, May 6	Monday, May 7	Tuesday, May 8	Wednesday, May 9	Thursday, May 10	Friday, May 11	Saturday, May 12
<p><b>All day – Open Swim</b></p> <p><b>6:00 Worship Service in Centre Place</b></p> <p>Led by: Rev. Neva Evenhouse Soloist: Jean VerHulst</p> <p><b>Offering: Breton Woods Worship Fund</b></p> <p><u>Transportation provided:</u></p> <p>Pick up at 5:40 pm Drop off at 7:15 pm</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <p>Make sure to try the Scavenger Hunt walk this week!</p> </div> <p><b>6 - 11:15 am, 1:30 - 4 pm</b></p> <p>Open Swim - Pool</p> <p><b>8:00-10:00</b> Coffee Time - WC &amp; BI</p> <p><b>8:00</b> Men's Circuit - IFC</p> <p><b>8:30</b> Yoga - RA 3303</p> <p><b>8:40</b> Women's Circuit - IFC</p> <p><b>9:20</b> Chair Aerobics - IFC</p> <p><b>9:30</b> Chair Aerobics - BS</p> <p><b>10:00</b> Prayer Meeting - TPDR</p> <p><b>10:00</b> Men's Circuit - IFC</p> <p><b>10:30</b> Circuit Training - BS</p> <p><b>10:45</b> Chair Aerobics - IFC</p> <p><b>11:00</b> Yoga at the Terrace - EX</p> <p><b>11:20</b> Water Walking - pool</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><b>Nurse's Luncheon</b> Terrace Private Dining Room <b>11:30 am</b></p> </div> <p><b>1:00</b> Water Tai Chi &amp; Pilates - Pool</p> <p><b>2:30</b> Wii Bowling - VI</p> <p><b>2:30</b> Wii Bowling - EX</p> <p><b>3:00</b> Ladies Tea - TPDR</p> <p><b>3:30</b> Ladies Pool - GR</p> <p><b>7:00</b> Bridge - WC</p> <p>Games - EX</p>	<p><i>Wear your name tag! - Ridge</i></p> <p><b>6 - 9 am, 11 am - 10 pm</b></p> <p>Open Swim - Pool</p> <p><b>8:00-10:00</b> Coffee Time - WC &amp; Vineyard</p> <p><b>9:00</b> Pool Aerobics - Pool</p> <p><b>9:30-10:30</b> <b>MOVED TO WEDNESDAY</b> →</p> <p><b>10:00</b> The Bretonaires Practice - EX</p> <p><b>10:00</b> Arthritis Aquatics –pool</p> <p><b>10:30</b> Feldenkrais - charge is \$5 per class RA 3303</p> <p><b>1:00</b> Pinochle - Terrace Balcony</p> <p><b>1:00 - 3:00</b> Breton Woods Quilting Bee - RA 2104</p> <p><b>1:30</b> Knitting &amp; Quilting or any other project - EX</p> <p><b>1:30</b> Pinochle– BI</p> <p><b>3:00</b> Ladies Billiards - BR</p> <p><b>3:00</b> Short &amp; Sweet w/ Coffee bar &amp; cookies - BI</p> <p><b>7:00</b> Scrabble - Terrace Foyer</p> <p><b>7:00</b> Wii Bowling - VI</p>	<p><i>Wear your name tag! - Ridge</i></p> <p><b>6 - 11:15 am, 12 - 10 pm</b></p> <p>Open Swim - Pool</p> <p><b>6:15-6:30</b> St. Mary's Lab draw - HC</p> <p><b>8:00-10:00</b> Coffee Time - WC &amp; BI</p> <p><b>8:00</b> Men's Circuit - IFC</p> <p><b>8:30</b> Yoga - RA 3303</p> <p><b>8:40</b> Women's Circuit - IFC</p> <p><b>9:20</b> Chair Aerobics - IFC</p> <p><b>9:30</b> Chair Aerobics– BS</p> <p><b>9:30-10:30</b> Drop-in hours for Blood Pressure Checks - RPDR</p> <p><b>10:00</b> Men's Circuit - IFC</p> <p><b>10:30</b> Circuit Training - BS</p> <p><b>10:45</b> Chair Aerobics - IFC</p> <p><b>11:20</b> Water Walking - pool</p> <p><b>11:00</b> Ping Pong - VI</p> <p><b>11:00</b> Yoga at the Terrace - EX</p> <p><b>1:00</b> Q-Ball Club - BR</p> <p><b>Bus/Van pick up</b></p> <p><b>Grocery Shopping to Meijer</b></p> <p><b>1:15 pm</b> Terrace, Ridge</p> <p><b>2:30</b> Ice Cream Social - VI</p> <p><b>2:30</b> Wii Bowling - EX</p> <p><b>3:00</b> Wii Bowling - VI</p> <p><b>7:00</b> Game Night &amp; Bridge - BI</p> <p><b>7:00</b> Euchre - 2nd floor balcony, Terrace</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><b>Tallie &amp; Bob Green</b> Ridge Vineyard <b>7:00 pm</b></p> </div>	<p><b>6 - 9 am, 11 am-10 pm</b></p> <p>Open Swim - Pool</p> <p><b>6:15-6:30</b> St. Mary's Blood Draw - Ridge PDR</p> <p><b>8:00-10:00</b> Coffee Time - WC &amp; BI</p> <p><b>8:30</b> Building &amp; Grounds Committee Meeting - RPDR</p> <p><b>9:00</b> Pool Aerobics - Pool</p> <p><b>10:00</b> Ping-pong - IFC</p> <p><b>10:00</b> Water tai-chi and Pilates - Pool</p> <p><b>10:00</b> Intro to Yoga - RA 3303</p> <p><b>10:15</b> Library Committee Meeting - TLI</p> <p><b>1:00</b> Line Dancing - EX</p> <p><b>1:00</b> Q-Ball Club - BR</p> <p><b>1:30</b> Fresh Flower Arranging with Ruth Westrate - Breton Manor Rec. Room</p> <p><b>3:00</b> Knitting &amp; Quilting or any other project - BI</p> <p><b>3:00</b> Short &amp; Sweet w/ Coffee bar &amp; cookies - WC</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><b>Bus/van Pick-up</b> Tulip Time in Holland <b>3:30 pm.</b></p> </div>	<p><i>Wear your name tag! - Terrace</i></p> <p><b>6 - 11:15 am, 12 - 10 pm</b></p> <p>Open Swim - Pool</p> <p><b>8:00-10:00</b> Coffee Time - WC &amp; BI</p> <p><b>8:00</b> Men's Circuit - IFC</p> <p><b>8:30</b> Yoga– RA 3303</p> <p><b>8:30-11:15</b> Drop-in for Blood Pressure Checks - HC</p> <p><b>8:40</b> Women's Circuit- IFC</p> <p><b>9:20</b> Chair Aerobics-IFC</p> <p><b>9:30</b> Chair Aerobics– BS</p> <p><b>10:00</b> Men's Circuit- IFC</p> <p><b>10:30</b> Circuit Training -BS</p> <p><b>10:45</b> Chair Aerobics- IFC</p> <p><b>11:00</b> Yoga at the Terrace -EX</p> <p><b>11:20</b> Water Walking - pool</p> <p><b>2:00</b> Ice Cream Social - WC</p> <p><b>3:00</b> The Bretonaires Practice-EX</p> <p><b>3:00</b> Men's Billiards - GR</p> <p><b>7:00</b> <u>Movie:</u></p> <p>"Places in the Heart" - TH</p> <p><b>7:00</b> Canasta and Scrabble - BI</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><b>Bus/van Pick-up</b> VanAndel Organ Concert <b>6:15 pm</b></p> </div>	<p><b>All day - Open Swim</b></p> <p><b>8:00-10:00</b> Coffee Time -WC &amp;BI</p> <p><b>9:15-10:00</b> Hymn Sing - TF</p> <p><b>7:00</b> <u>Movie:</u></p> <p>"Places in the Heart" -VI</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><b>Bank</b> Open Monday and Thursdays Hours: 9:00-11:30 1:00-3:00 Phone #: <b>554-5653</b></p> <p><b>Salon</b> Open Monday-Saturday Call <b>643-2714</b> to schedule an appointment.</p> <p><b>Bistro</b> Tuesday, Thursday &amp; Friday: 11:30 a.m.-1:30 p.m. Wednesdays: 5-6:30 p.m. Call <b>643-2598</b> reservations.</p> <p><b>Woods Café</b> Call <b>643-2716</b> for current hours of operation and reservations.</p> <p><b>Ristorante</b> Call <b>643-2588</b> for current hours of operation and reservations.</p> <p><b>Health Centre</b> Open Monday thru Friday Hours: 7:30-3:30 Phone #: <b>643-2712</b></p> <p><b>Transportation Requests</b> Call the Ridge at <b>643-2582</b> for requests and information. Available Monday thru Friday 8am-4pm</p> </div>

**Location Key:**

**Terrace**

- AS - Art Studio
- BR - Billiard Room
- CAM- Cambridge Place
- CP - Centre Place
- CS - Cyberspace
- EX - Expressions
- HC - Health Centre
- IFC - Fitness Centre
- TF- Terrace Foyer
- TLI - Terrace Library
- TPDR- Terrace Private Dining Room
- TRSO- Terrace Resident Service Office
- TH- Theatre
- WC - Woods Café

**Ridge**

- BI - Bistro
- BS - Body Shop
- GR- Game Room
- RPDR- Ridge Private Dining Room
- RA- Ridge Apt. 3303
- RI - Ristorante
- RLI- Library
- VI - Vineyard



# May 13th thru May 19th



**Social, Spiritual, Intellectual, Medical, & Physical Offerings for the Terrace, Homes and Ridge**

Sunday, May 13	Monday, May 14	Tuesday, May 15	Wednesday, May 16	Thursday, May 17	Friday, May 18	Saturday, May 19
<p><b>All day – Open Swim</b></p> <div style="border: 1px solid blue; padding: 5px; margin: 10px 0;"> <p><b>11:30-2:00 pm</b>  <b>Mother's Day</b>  <b>Sunday Dinner</b>            In the Ristorante            Call 643-2588            for Reservations</p> </div> <p><b>6:00 Worship Service in</b>  <b>Centre Place</b>            w/ Rev. David Holwerda  <b>Offering: Breton Woods</b>  <b>Worship Fund</b>  <u>Transportation provided:</u>            Pick up at 5:40 pm            Drop off at 7:15</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><b>Location Key:</b>  <b>Terrace</b>            AS - Art Studio            BR - Billiard Room            CAM- Cambridge Place            CP - Centre Place            CS - Cyberspace            EX - Expressions            HC - Health Centre            IFC - Fitness Centre            TF- Terrace Foyer            TLI - Terrace Library            TPDR - Terrace Private            Dining Room            TRSO - Terrace Resident            Service Office            TH- Theatre            WC - Woods Café  <b>Ridge</b>            BI - Bistro            BS - Body Shop            GR - Game Room            RPDR- Ridge Private            Dining Room            RA- Ridge Apt.3303            RI - Ristorante            RLI - Library            VI - Vineyard</p> </div>	<p><b>6 -11:15 am, 1:30 - 4 pm</b>            Open Swim - Pool  <b>8:00-10:00</b> Coffee Time -            WC &amp; BI  <b>8:00</b> Men's Circuit - IFC  <b>8:30</b> Yoga - RA 3303  <b>8:40</b> Women's Circuit - IFC  <b>9:20</b> Chair Aerobics - IFC  <b>9:30</b> Chair Aerobics - BS  <b>10:00</b> Prayer Meeting - TPDR  <b>10:00</b> Men's Circuit - IFC  <b>10:30</b> Circuit Training - BS  <b>10:45</b> Chair Aerobics - IFC  <b>11:00</b> Yoga at the Terrace - EX  <b>11:20</b> Water Walking - pool  <b>1:00 - 3:00</b> Sonus Hearing - HC  <b>1:00</b> Water Tai Chi &amp; Pilates -            Pool  <b>2:30</b> Wii Bowling - VI  <b>2:30</b> Wii Bowling - EX  <b>3:00</b> Ladies Tea - TPDR  <b>3:30</b> Ladies Pool - GR  <b>7:00</b> Bridge - WC            Games - EX</p>	<p><i>Wear your name tag!-Ridge</i></p> <p><b>6 - 9 am, 11 am - 10 pm</b>            Open Swim - Pool  <b>8:00-10:00</b> Coffee Time -            WC &amp; VI  <b>9:00</b> Pool Aerobics - Pool  <b>9:30-10:30</b> Drop-in hours            for Blood Pressure Checks -            RPDR  <b>10:00</b> The Bretonaires            Practice - EX  <b>10:00</b> Arthritis Aquatics  <b>10:30</b> Feldenkrais - Cancelled</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p><b>Zumba Gold Class for</b>  <b>Walk to Wellness</b>            Expressions  <b>11:30 am</b></p> </div> <p><b>1:00</b> Pinochle-Terrace Balcony  <b>1:30</b> Knitting &amp; Quilting or            any other project - EX  <b>1:30</b> Pinochle - BI  <b>3:00</b> Ladies Billiards - BR  <b>3:00</b> Short &amp; Sweet w/            Crepe Suzette - BI  <b>7:00</b> Scrabble - Terrace Foyer  <b>7:00</b> Wii Bowling - VI</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><b>Veteran's Club:</b>  <b>Jose Cardenas</b>            Centre Place  <b>7:00 pm</b></p> </div>	<p><i>Wear your name tag! - Ridge</i></p> <p><b>6 -11:15 am, 12 -10 pm</b>            Open Swim - Pool  <b>6:15-6:30</b> St. Mary's Lab draw -HC  <b>8:00</b> Men's Circuit - IFC  <b>8:00-10:00</b> Coffee Time -WC &amp; BI  <b>8:30</b> Yoga - RA 3303  <b>8:40</b> Women's Circuit - IFC  <b>9:20</b> Chair Aerobics - IFC  <b>9:30</b> Chair Aerobics - BS  <b>10:00</b> Men's Circuit - IFC  <b>10:30</b> Spiritual Care Meeting -            RPDR  <b>10:30</b> Circuit Training - BS  <b>10:45</b> Chair Aerobics - IFC  <b>11:00</b> Yoga at the Terrace - EX  <b>11:00</b> Ping Pong - VI  <b>11:20</b> Water Walking - pool  <b>1:00</b> Q-Ball Club - BR  <b>Bus/Van pick up-</b>  <b>Grocery Shopping to Meijer</b>  <b>1:15</b> Terrace, Ridge  <b>2:00</b> Ridge Dining Committee            Meeting - RPDR  <b>2:30</b> Ice Cream Social - VI  <b>2:30</b> Wii Bowling - EX  <b>3:00</b> Wii Bowling - VI  <b>7:00</b> Game Night &amp; Bridge - BI  <b>7:00</b> Euchre - 2nd floor balcony,            Terrace</p>	<p><b>6 - 9 am, 11 am-10 pm</b>            Open Swim - Pool  <b>6:15-6:30</b> St. Mary's Blood            Draw - Ridge PDR  <b>8:00-10:00</b> Coffee Time -            WC &amp; BI  <b>9:00</b> Pool Aerobics - Pool  <b>9:30</b> Creative Writing - RI  <b>10:00</b> Water tai-chi and            Pilates - Pool  <b>10:00</b> Ping-pong - IFC  <b>10:00</b> Intro to Yoga - RA 3303  <b>10:00</b> Education Committee            Meeting - TPRD  <b>1:00</b> Line Dancing - EX  <b>1:00</b> Q-Ball Club - BR  <b>1:30</b> Fresh Flower Arranging            with Ruth Westrate - Breton            Manor Rec. Room  <b>3:00</b> Knitting &amp; Quilting or any            other project - BI  <b>3:00</b> Short &amp; Sweet w/            Crepe Suzette - WC</p> <div style="border: 1px solid pink; padding: 5px; margin-top: 10px;"> <p><b>Piano &amp; Banjo music w/</b>  <b>Annie &amp; Linda</b>            Centre Place  <b>7:00 pm</b></p> </div>	<p><i>Wear your name tag! - Terrace</i></p> <p><b>6 -11:15 am, 12 -10 pm</b>            Open Swim - Pool  <b>8:00-10:00</b> Coffee Time -            WC &amp; BI  <b>8:00</b> Men's Circuit - IFC  <b>8:30</b> Yoga - RA 3303  <b>8:30 - 11:15</b> Drop-in for            Blood Pressure Checks - HC  <b>8:40</b> Women's Circuit - IFC  <b>9:20</b> Chair Aerobics - IFC  <b>9:30</b> Chair Aerobics - BS  <b>10:00</b> Men's Circuit - IFC  <b>10:30</b> Circuit Training - BS  <b>10:45</b> Chair Aerobics - IFC  <b>11:00</b> Yoga at the Terrace - EX  <b>11:20</b> Water Walking - Pool  <b>2:00</b> Ice Cream Social - WC  <b>3:00</b> The Bretonaires Practice -            EX  <b>3:00</b> Men's Billiards - GR  <b>7:00</b> <u>Movie:</u> "Hugo" - TH  <b>7:00</b> Canasta and Scrabble - BI</p>	<p><b>All day – Open Swim</b></p> <p><b>8:00-10:00</b> Coffee Time - WC&amp;BI  <b>9:15-10:00</b> Hymn Sing - TF  <b>6:00</b> Bingo &amp; Pizza - EX  <b>7:00</b> <u>Movie:</u> "Hugo" - VI</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><b>Bank</b>            Open Monday and Thursdays            Hours: 9:00-11:30            1:00-3:00            Phone #: <b>554-5653</b>  <b>Salon</b>            Open Monday-Saturday            Call <b>643-2714</b> to schedule            an appointment.  <b>Bistro</b>            Tuesday, Thursday &amp; Friday:            11:30 a.m.-1:30 p.m.            Wednesdays: 5-6:30 p.m.            Call <b>643-2598</b> reservations.  <b>Woods Café</b>            Call <b>643-2716</b> for current            hours of operation and reservations.  <b>Ristorante</b>            Call <b>643-2588</b> for current            hours of operation and reservations.  <b>Health Center</b>            Open Monday thru Friday            Hours: 7:30-3:00            Phone #: <b>643-2712</b>  <b>Transportation Requests</b>            Call the Ridge at <b>643-2582</b>            for requests and information.            Available Monday thru Friday 8am-4pm</p> </div>